SCHEDULE THROWERS CLUB MEET #3 - SEPTEMBER 9, 2017						
TIME	WEST HAMMER/DISCUS	WEST SHOT	WEST JAVELIN	EAST DISCUS	EAST SHOT	EAST JAVELIN
10:00 AM	HAMMER					
10:30 AM						
11:00 AM		SHOT FL#2		SHOT FL#1		
11:30 AM						
12:00 PM						
12:30 PM	DISCUS FL#1			DISCUS FL#2		
1:00 PM						
1:30 PM						
2:00 PM						JAVELIN
2:30 PM						FLT#1 followed by
3:00 PM				WGT THROW		FLT#2
3:30 PM						

Events include:

Throws Pentathlon (hammer, shot put, discus, javelin & weight throw - 3 throws) **TIMES ARE APPROXIMATE**

Throws Triathlon (shot put, discus & javelin - 3 throws)

Single Events (hammer, shot put, discus, javelin & weight throw - 6 throws)

Masters, Open, Junior & Para Ambulatory