

# SPOKE Notes

Newsletter of the Cyclonauts Bicycle Club, Springfield, MA

## THE PRESIDENT'S CORNER



***Thank you** to all those who volunteered to lead rides this past spring; we will be looking for ride leaders for the fall. Please consider leading a ride even if you have never led a ride before.*

***We are still seeking a new Secretary for the Cyclonauts Board. If you are interested in the position, please let me or any other Board Member know.***



***As a reminder, if you are a ride leader and have a non-member joining us for a ride, they must sign the release and waiver form and provide an emergency contact. This form can be found on our webpage.***



***I look forward to seeing everyone on the rides, and hopefully the Saturday weather will be better the rest of the year.***

James DeSellier  
President



# Summer Picnic

## Is On Its Way

### WHEN

August 9, 2025

@ 4:00

Families are  
welcome



See you there

### WHERE

@ Maryann Siron and Bill Steven's,  
280 Prospect Street Ext., Westfield, MA

### WHAT

As always, please bring:

- lawn chairs
- a dish to share
- eating utensils (plate and flatware)
- your favorite beverage

**RAIN DATE**  
**Aug. 10th**

**The club** will provide hamburgers, veggie burgers, hot dogs, buns, and condiments.

# Minutes from the Annual Meeting on April 13, 2025

The Club's Annual Meeting was held on Sunday, April 13, 2025, at Kaptain Jimmy's Restaurant. Thirty-three Club members attended.

The meeting was called to order by President James DeSellier at 3:45 pm.

James introduced the Board members who were present. He also paid homage to Irene Sherman, a longtime member, who passed away on January 13, 2025.

Janet Parslow, Club Treasurer, presented the membership report which consists of 43 single memberships, 16 family units (totaling 34 members), and 7 lifetime members. Current total Club members stand at 84. Seven single and 3 family memberships have thus far not been renewed.

Janet also presented the financial report. The current balance at the end of March was \$823.80, with a pending \$20.00 deposit.

Susan Strange presented the results of the election of Club officers, which was done through email. Forty-three yes votes, and 0 no votes were received. There were 35 non responses. The Club secretary position is vacant as Ann Morin has stepped down. If anyone is interested in assuming this Board position, which requires taking the minutes at four meetings per year, please contact James.

A request for a volunteer to host the Annual Picnic was made. Mary Ann Siron offered to host the event at her home. The date and further details will be provided as the time approaches.

In other business, Betty Siwinski asked if anyone was interested in purchasing Club jerseys. Information is available on the website gear page. Also, Liz Sturgen or Betty can be contacted regarding any gear.

Betty also said that volunteer ride leaders are sorely needed to fill the upcoming schedules. Cue sheets are required for Sundays but not for Saturday traditional rides. Trail rides can also be posted on the website although no formal schedule of trail rides will be solicited this year due to the lack of participation in the past year.

Pick up rides are welcome and will be emailed to members and also posted on the website.

A question arose about current membership lists. Janet Parslow will email the list to Club members at their request.

A motion to adjourn the meeting was made at 4:06 pm. The motion passed.

Submitted by  
Ann Morin  
Acting Club Secretary

## EDITOR'S REST STOP



Hi everyone,

**Just a reminder:** If you wish to contribute, please don't hesitate to submit information you think will be helpful or of interest to the other club members. Send letters to the Editor, or feedback to me at [donna.katz56@gmail.com](mailto:donna.katz56@gmail.com) regarding how SpokeNotes can be more interesting or useful to our members.

### LETTERS TO THE EDITOR:

*This is a place for club members to share their ideas and opinions with respect to all aspects of cycling and our club. Please limit letters to less than 200 words.*

A member recently suggested that club members might be interested in learning about, and perhaps purchasing a **Roadid** for themselves.



Follow this link to order a Roadid - <https://www.roadid.com>

You can wear this on your person or attach it to your bike in a visible place. It can also be used when hiking or during other activities when you're out on your own or with a group.



## Worcester Earn-A-Bike Community Bike Shop

4 King St, Around Back

Worcester, MA 01608

Whether you're interested in learning bike repair skills or already have some experience and want to give back, our Open Shop is the place for you!

Open shop runs every Thursday 5PM-8PM and Saturday 10AM-2PM throughout the summer.

Come volunteer your time—no experience necessary—and get hands-on while learning how to fix bikes. Already a skilled mechanic? We always welcome experienced volunteers to help others learn.

Looking to earn-a-bike? Youth can earn a bike with just 5 volunteer hours, and adults with 10 hours.

Event contact:

Nathan Lewis @  
nchenlewis789@gmail.com -  
774-242-0562

Below is a sample of community rides in the region. To find out more about the events below click on the title of the event. Go to the [MassBike](https://www.massbike.org/) website regularly to research more events in the region. New events are updated frequently.

July 19: Ride for Peace, Worcester, MA

[https://www.massbike.org/emmamassbike/ride\\_for\\_peace](https://www.massbike.org/emmamassbike/ride_for_peace)

Aug 16: Blazing saddles Century Ride, Byfield, MA

[https://www.massbike.org/klee/blazing\\_saddles\\_century\\_ride](https://www.massbike.org/klee/blazing_saddles_century_ride)

Sept 7: COVAC Century Ride <https://covacride.org/>

Sept 7: Twin Lights Ride, New Jersey (sponsored by NY Bike)

<https://www.bike.nyc/events/twin-lights-ride/>

Sept 21: Will Bike 4 Food

[https://www.massbike.org/37934/food\\_bank\\_of\\_western\\_massachusetts\\_15th\\_annual\\_will\\_bike\\_4\\_food](https://www.massbike.org/37934/food_bank_of_western_massachusetts_15th_annual_will_bike_4_food)

## THE WEBMASTER'S CORNER

As we have had a record number of rides rained out it is important to remind all ride leaders that all requests to have their ride cancelled must be sent to

[spfldcyclonauts@gmail.com](mailto:spfldcyclonauts@gmail.com) . Please keep in mind that all ride cancellation notices must be sent out the night before or by 6 AM the morning of the ride. The final responsibility lies with each rider to contact the ride leader if in doubt.

Ride pictures should also always be sent to [spfldcyclonauts@gmail.com](mailto:spfldcyclonauts@gmail.com) with a brief ride description.

Betty Siwinski  
Webmaster

