



September 2024 Newsletter

Dear Sunrise Community,
Happy Autumn! The school year is off to a great start, and the students are settling more into their classroom routines! It is important to keep morning drop off routines both on time and consistent. Additionally, it is best to keep goodbyes brief (as difficult as it may be at times). A reminder that our drop off time is from 8:30-8:45am.



Sunrise Parent Representatives

Sunrise has four Parent Representatives. **Classroom A** Parent Representatives are Manisha Thanneeru Pellore (Mihira's mom) and Erica Dicrescentis Cucino (Nora's mom). **Classroom B** Parent Representatives are Lindsay Fiorito (Jacob's mom) and Ana Paquette (Sebastian's mom). Our Parent Representatives can be reached at parentrep@mysunrisemontessori.com

Last week, the reps held Sunrise's first SPA (Sunrise Parent Association) meeting at the school. Thank you to the many families who attended that meeting. Many ideas and topics were discussed. Please reach out directly to the rep email for any details you may have missed. Thank you to Lindsay, Ana, Erica, and Manisha for helping connect with the Sunrise Parent Community. Their goal is to continue building communication in our school community throughout the year!

Sunrise Board of Directors

Sunrise is excited to announce our newest board members, Stephanie Rogers and Mark Letourneau. Stephanie is a current parent, and her son, Henry attends Classroom B. Mark is also a current parent whose son, Reid, attends Classroom B. Stephanie and Mark, thank you for taking time to volunteer and support the governing of our school.

Sensation Station Sessions begin in October

Our group sensory classes begin this month! The classrooms have been discussing what to expect with the students to help prepare for the class. Classroom B's scheduled sessions take place on **Wednesdays** and Classroom A's scheduled sessions take place on **Thursdays** (both sessions are from 9 – 10 am). The children absolutely LOVE the sessions – ask them about the fun!

Please dress your child in comfortable clothing (they will be climbing, swinging, running, jumping, etc.) and comfortable footwear. Additionally, if raining, please send your child to school wearing a raincoat and rainboots if necessary (no umbrellas). Thank you for your support with this!

Offering quality Montessori preschool, pre-k transitional and kindergarten programs since 2005.

31 Hayward St., Suite J2 PO Box 515 Franklin, MA 02038

www.MySunriseMontessori.com

Other Upcoming News & Events

Curriculum Night – Thursday, October 3rd 6:30-7:30pm

Curriculum Night will be held for both Classroom A and B from 6:30-7:30pm within each classroom. The event is for parents only to attend (we are unable to provide childcare). Curriculum night is a wonderful opportunity to hear about the Montessori Approach to Education from the Head Teachers and learn more about what a typical day looks like in your child's classroom. If you plan to attend and/or if you have any questions, please send an RSVP directly to me at

headofschool@mysunrisemontessori.com

First Professional Development Day Friday, October 4th – No School/Extended Day Program

You may have noticed on the school calendar that on October 4, November 1, January 17, March 14, and April 18 there will be no school and no extended day program for Sunrise students. These are in-house teacher/staff workdays. During these Professional Development Days, the teachers participate in team meetings, they deep clean the classrooms, change curriculum materials, and create lessons and materials. These days are busy and support the success of our program.

Classroom Student Communication Updates

On Visiting Day, you received a folder that included information about Student Communication Updates and Parent Conferences. You will receive your first student communication update the week of October 11th. Updates will provide you with information on how your child is doing within the classroom environment. After you receive your child's communication update, please send an email confirmation back to your child's teacher(s). The teachers want to make sure you have received the report, and they are happy to answer any questions you may have. The updates are an excellent communication tool for parents and teachers to remain connected about your child throughout the school year.

Holidays in the Classroom – What to Expect

Here at Sunrise we recognize the importance of family traditions and honor various cultural celebrations throughout the year. During the fall season in the Montessori Classroom, the students will be scrubbing pumpkins and gourds, cutting open a pumpkin to learn the parts of the pumpkin, making push-pin pumpkins or jack-o-lanterns, pumpkin pounding, reading fun seasonal stories and much more.



With the upcoming Halloween holiday, we *discourage* students from wearing any Halloween costumes or accessories during school for Halloween even though this holiday is celebrated by many families; it is a great event for families to participate in together at home and/or out in their community. We appreciate your understanding in advance!

The Classroom Newsletters provide the highlights of cultural events, seasonal activities, overview of holidays presented in the classroom and much more!

Outdoor Clothing

As the season changes, your child's outdoor clothing and footwear should as well. Please remember to send a jacket as appropriate for the season. The children should always wear appropriate footwear (no exposed toes or heels) for safety reasons. It is a good idea to label your child's outdoor clothing as well!

Food Allergy Reminder

As a reminder, there are students with allergies in both classrooms; please do not send in snack or lunch food items containing peanuts or tree nuts of any kind. We appreciate your cooperation in this matter. If you send a product that might be mistaken for a peanut butter product, we ask that you label the item for clarification.

Plan Ahead for Student Sunrise's Picture Day on Tuesday November 5th - with Vicario Studios

For the past several years, Sunrise has both individual student and classroom group portraits done by Mr. Paul Vicario. Paul's studio is located right next to our school in the Moseley Complex and the students often greet Mr. Vicario from the playground as he is often walking outside.

You may choose to have your child participate in the individual and the classroom group photos, and an order form envelope from the studio will be sent home ahead of time for you to place your order.

On the morning of the photos (around 9am), the students walk over to the studio (one classroom at a time) with their teachers until their photos are completed. This takes about 30-40 minutes per classroom. If you have any questions or comments, please reach out to me.

Sunrise Amazon Wish List – Great way to support Sunrise's classrooms

If you like to shop online, this is a great way to support our classrooms. Classroom material items are added each month to purchase and ship directly to our program. If you are interested, please check out the following link: [Sunrise-Amazon-Wishlist](#)

Thank you to **Arinas Bouagal's family** for our first Amazon Wish List order of the school year! Our school received the following materials for the classrooms:

- A case of paper towels
- Pack of AA batteries - we use a fair number of batteries in the children's listening centers

Thank you to **Robert Anderson's family** for their donation of bird seed. The birds at Sunrise will be well fed throughout the upcoming cooler season.

Lastly, thank you to an alum family, **Katerina Oleynik**, for the generous donation of Keurig cups and specialty tea blends for our new staff room.

Passive Fundraising for October

Our school is the designated recipient each time someone purchases a reusable Community Bag in October at the Stop and Shop, located at [40 Franklin Village Drive, Franklin](#). Thank you for your support!





Congratulations to the Heineke family
They welcomed a baby girl this month.

Website and Facebook

Throughout the year the school uses its website and Facebook page to inform parents of current events and to post pictures from recent events. Please take a look at www.MySunriseMontessori.com

Keeping in touch

If you have any questions or comments, please know that you can reach us via email.



As the teachers are working with the children during the day, please note that a reply to your question may come after the afternoon dismissal or later.

If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.

Head of School

Andrea Rossick:
Headofschool@MySunriseMontessori.com

Co-Head Teachers

Emily Hill & Samantha Renaud:
Classroom-A@MySunriseMontessori.com

Head Teacher

Lynne Anselmo:
MsAnselmo@MySunriseMontessori.com

Sunrise Parent Representatives:

Erica Cucino, Lindsay Fiorito, Ana Paquette & Manisha Thanneeru
ParentRep@MySunriseMontessori.com

CALENDAR OF EVENTS

October 3: Curriculum Night – all parents encouraged to attend from 6:30-7:30pm.

October 4: Professional Development Day – no classes, no extended day program.

October 14: Columbus Day / Indigenous Peoples Day - no classes, no extended day program.

November 1: Professional Development Day – no classes, no extended day program.

November 5: Picture Day

November 11: Veteran's Day holiday – no classes, no extended day program.

November 27-29: Thanksgiving Break – no classes, no extended day program.

Pizza Friday Lunch: October 11, 18, 26 (no pizza on October 4 due to the Professional Development Day)

Sensation Station sessions: Wednesdays for Classroom B; Thursdays for Classroom A



Passive Fundraisers are just one of the many ways you can support Sunrise Montessori School!

Box Tops for Education

For over 20 years, Box Tops for Education has given families an easy way to earn cash for their school, with products they already buy. You have seen and clipped those rectangular box tops. Now you can simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to the school's earnings online. Go to www.boxtops4education.com to learn more.



Recycle your printer ink cartridges

Do you have used printer ink cartridges hanging around at home? Don't throw those out – Sunrise has a collection box for printer cartridges. Each month we turn them in at Staples for credit towards office supplies.



Restaurant Dine-In Events

Throughout the year our fundraising coordinators will set up local restaurant dine-in events. Enjoy a great meal and the company of family and friends all while supporting local businesses and Sunrise Montessori School.



Grocery Shopping / Giving Bags

Purchase a \$2.50 reusable community bag at any Big Y, Shaw's or Stop & Shop store, follow the directions on the attached Giving Tag and direct a \$1 donation to Sunrise Montessori School (must be completed within 7 days of purchase).



Mabels Labels

This on-going fundraiser provides great ideas for labeling your child's items. Check out: <http://campaigns.mabelslabels.com/> and click on the school's name.

For Small Hands

Montessori items and activities for your child. Use the school code #573412 and Sunrise will receive a credit towards future material purchases through Montessori Services. For online orders, please visit forsmallhands.com or the eCatalog: forsmallhands.com/flip. You may also order via phone at (888) 513-3998.

Scholastic Books

Each month parents will receive flyers from Scholastic Books which offer titles for children of all ages. Points from your purchases accumulate for the school which are then redeemed for new books and materials for the classrooms.

The Giving Tree

Items for the classrooms will be added soon.

Amazon Wish List for Sunrise

Did you know? Sunrise has a Wish List on Amazon. Be sure to check out the following link: [Sunrise-Amazon-Wishlist](#). New items are added each month.

Thank you for supporting Sunrise Montessori School!



September 2024 Extended Day Newsletter

Our Extended Day program is filled with fun activities, games, and lots of projects. The afternoon schedule runs from 2:30 – 5:30 pm with Lead Teacher, Ms. Jessica and Ms. Amanda, as our Classroom Aide.

Currently we have fourteen Classroom A and B students participating in the program! As a reminder for students participating in the Extended Day program, please pack a separate snack (and drink if desired) and label as the afternoon snack in your child's backpack/lunch box.

Each week, Ms. Jessica and Ms. Amanda plan various science and art projects for the students to participate in. As one of the science projects this month the children learned about aerodynamics with a straw airplane and a parachute. They learned the meaning of aerodynamics, thrust, and air resistance. Aerodynamics is the way objects move through the air. Thrust is a force that moves something through the air. Air resistance is a force that slows motion down. We hope your children are enjoying our afterschool program!

Ms. Jessica and Ms. Amanda



The morning and afternoon Extended Day Programs offer a safe, fun and welcoming environment where children are offered age-appropriate activities which promote learning opportunities and social interaction with staff and classmates. This program is held in the front classroom of the school and on the playground.



Classroom A Newsletter September 2024

Dear Classroom A families,

It has been a great start to the school year! The children have all been so excited to make new friends. We start our day by greeting each other at arrival time. Once everyone has arrived, we begin circle time. At circle, we all greet each other and talk about the months of the year and the days of the week. We also discuss the weather and the temperature each day.

We begin the school year by working together and learning the classroom ground rules. The class also learns and discusses **Grace and Courtesy** lessons by exploring and practicing patience and manners. The returning students often help the new students learn these concepts.

This month, the children have been learning about apples! In **Science**, they explored the parts of an apple and heard about the apple's life cycle.

As a class, we did a science experiment - an apple volcano. The children learned that when a base (baking soda) and acid (vinegar) are mixed together, it causes a chemical reaction. In this science experiment, they got to experience what a volcanic eruption looks like with the three primary colors.

The children also explored apples with this apple dot-to-dot in the **Art** area. In **Math**, the children used apple counting cards.



We celebrated the **International Day of Peace** on September 21st. In our classroom, we have a peace table with a labyrinth rug. On the peace table is the peace rose. The peace rose is a visual aid to help the children when they disagree. This rose helps children express their thoughts and feelings on a situation and the children learn that they can work through almost anything.

The children have also been exploring our **Everyday Living** shelves. Everyday Living is essential for young children to work on their concentration, coordination, independence, and order. These works help the children build their pincer grip for writing and concentration for other more advanced works.

Kindergarten Corner



During the Kindergarten afternoon, the children have been discussing “All About Me”. This unit includes social, emotional, and physical connections about ourselves. The children have also been working very hard on letter recognition and the associated sound with the sandpaper letters! They practice handwriting skills by writing their names and numbers!

Every Friday, the Kindergarteners play a game together. This helps the children learn cooperation, turn-taking, and patience.

The children were excited to begin **Pizza Friday** with Gio the Giraffe this month!

A reminder to if you would like to sign up to be a guest reader next month, please sign up here: [Guest Reader Sign Up](#)

If you would like to bring flowers for the children to do flower arranging sign up here: [Flower Sign-up 2024-2025](#)

We would like to wish Aaryash a very happy birthday this month!

You can sign up for a birthday walk here: [Birthday Walk Sign Up](#)

Sincerely,
Your teachers,

Ms. Emily, Ms. Samantha, and Ms. Karen





Classroom B Newsletter September 2024

Hello Classroom B Parents,

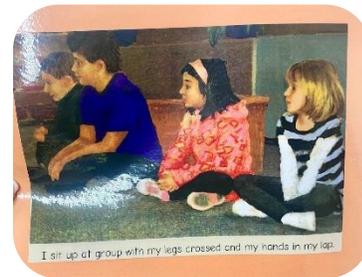
Happy September! As we come to the end of the summer season and welcome the new school year the children are off to a great start. This month we welcome back our returning students and our new students. We wanted to share with you what we are learning this month in our prepared environment.

September is filled with many transitions. Our mornings begin with greeting one another, then moving onto circle time. We are learning how to adapt to the environment as well as to one another.

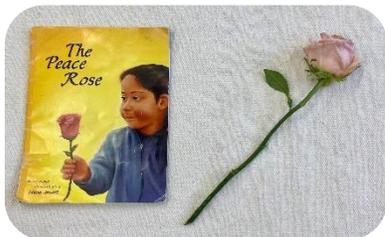
During circle time we learn about **Grace and Courtesy**.

These lessons are given daily. **Grace and Courtesy** lessons are an essential part of our classroom environment as they teach the child what it means to be polite and how to appropriately communicate his or her feelings.

The teachers role-model these lessons and then invite the children to role-model as well. A leader is chosen each day. Being a leader is a wonderful way to help the children gain confidence and model how to set a good example.



Group lessons are given each day in the morning and afternoon on how to properly use the materials, how to socially interact and how to move peacefully within our environment.



In the **Peace Corner/Zen Den** the children are learning how to deep-breathe, meditate, self-soothe and communicate. This area is also a wonderful place to self-reflect. We use this area to help the children with transitioning. When they feel ready to take on their day, they leave the peace area and move freely within their environment.

This month we also celebrated “International Day of Peace /World Peace Day” on September 21st.

September has been very busy as we focused our attention on body management along with social and emotional skills. The second year students are doing an amazing job helping the new students to make a smooth transition both socially and emotionally.



In the **Geography Area** the children learned about “The Moon Festival”. This is a celebration that took place on September 17th. It is a wonderful time when families and friends get together to view the beautiful large moon, recite poetry and listen to music. It is a connection that we can all feel no matter where we are - if we look up into the sky, we can all see the same moon.



On September 17th the moon phase was known as “waxing gibbous”. During this phase more than half of the moon’s face appears to be illuminated by the sun.



Lunchtime ~ The children are doing a great job learning how to prepare for lunchtime independently. They are taking this time to eat, unwind and reflect on their day.

Ms. Marianne and Miss Jess rotate reading stories before lunchtime to help the children transition from playtime to lunchtime smoothly. After lunch the children clean up their table area with help from the assistants and then head over to their nap cots for a quick power nap to prepare for the afternoon work cycle. Please keep in mind when packing your child’s lunch to pack healthy foods that will provide them with energy to get through the busy day.

NOTE: NO PEANUTS PLEASE; There is a peanut allergy in the classroom.

In the **Botany Area** the children are learning about the life cycle of an apple tree, the different types of apples, different colors and tastes.

The stages of the apple tree life cycle are - seed, seedling, tree, bud, flower and fruit.

The children enjoyed a botany lesson on the apple. We cut the apple in half and revealed the beautiful star pattern inside where the seeds are stored. The children were so excited by this discovery. Each child was able to explore, examine, smell and taste the fresh cut apples. We incorporated many new lessons into the environment to enhance their learning and knowledge of the apples and trees.



The Label Game ~ This label game helps the children to identify their name. This is also how the children are picked to go out into the classroom environment and select their work. It is not only a wonderful way to learn the spelling of their own name as well as their classmates' names, but it also allows the children to learn to focus and be patient as they wait for their turn.



During the **Kindergarten afternoon**, the children have been discussing "All About Me". This unit includes social, emotional, and physical connections about ourselves.

We are also learning to further develop the daily activities that we work with in our environment. In the **Reading Area** we are working on learning our sounds and identifying the letters. We are also practicing our handwriting skills. We are off to a great start in our Kindergarten class.

Happiest of birthdays to our September Friends!
Happy Birthday Deniz!!! We wish you a year full of special wishes!

"The greatest gifts we can give our children are the roots of responsibility and the wings of Independence."
Maria Montessori



Love, learn & grow!
Ms. Anselmo, Ms. Marianne and Ms. Jessica