I hope your spring has been delightful thus far. I just wanted to sent out a few safety tips and reminders and tips to be aware of during your weekend.

Lincoln Marathon Sunday May 6, 2018 starts at 7:00am-1:30pm

Please remember to plan an alternate route during these times. We also ask for your patience, respect and understanding in the delays that will occur during the marathon. Please follow the signs posted and police officers traffic directions. Best wishes to all of the participants! I've attached the link for the marathon for you to review the routes and information.

www.lincolnmarathon.org

Let's Reduce Larcenies from Autos this Spring!

With the beautiful weather which is now upon us, please don't forget to do the 9PM Routine!!

- -Keep your garage doors closed before going to bed
- -Lock your vehicles
- -Remove your valuables from your vehicles, GUNS included
- -If you see your neighbors garage door up, let them know. Let's look out for each other:)

Let's Get Physical!

- -If running or exercising outdoors, try to keep the volume of your music to your headphones to a comfortable level to be able to be aware of your surroundings.
- -Wear reflective wear or bright colors if you're riding or walking in the evening for motorists to see you
- -Let your family know the routes you take and set your location settings on your phone for them to be able to track you and know that you're safe
- *Also when you're headed to the local parks and trails, secure your valuables in the trunk of your vehicle.

Safe Kids!

Make sure you remind your children to play safely while outside here's some tips to keep them safe:

- -Parents, know who your children's friends are, their parents, addresses, and telephone numbers
- -Set a time for children to be home
- -Remind children of "Stranger Danger" and what to do if their encountered by a stranger in a suspicious manner

S.T.O.P

- -SCREAM STOP!
- -TELL
- **-OTHERS** (Friends parents, neighbors, public place employee)
- -POLICE

Make sure your children know their information and yours as well. Practice teaching them their full name, parents names, address, and phone numbers in the event they get lost. This will be the information that we'll need, to get them safely back to you.

"If You See Something, Say Something!"

Have a wonderful and safe weekend! Thanks again for all you do!

Officer Chassidy Jackson-Goodwin #1420

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