

**College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES**

Friday, July, 19, 2019 – 11:00am to 12:30pm

Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Johnny Case, Kim Johnson, Penny Mack, Deloise Moore, and Debbie Acosta.

Guest: Cynthia Gouker, Sohail Eftekhazadeh, Orlando Vera, and Danisha Soto.

I. Call to Order – 11:02 am

- a) Welcome – Johnny welcomed the attendees.
- b) Approval of Agenda – The agenda was approved by Kim Johnson, seconded by Penny Mack.
- c) Approval of Minutes – The minutes were approved by Kim Johnson, seconded by Penny Mack.

II. Reports

- a) Program Director Report - Danisha Soto.
 - o Danisha read and explained the Program Director's Report.
- b) President's Report- Johnny Case
 - o Johnny discussed the meaning of recovery and how the Wellness Center Central (WCC) is important for so many people.

III. Unfinished Business

- a) Reading a portion of the by-laws.
 - o Debbie Acosta read Article II: Membership, Section III: Staff on page 4.
- b) Calendar of Assignments: Chat With MAB (July 2019)
 - o Wednesday, August 7th, 2019 – Johnny Case
 - o Wednesday, August 14th, 2019 – Penny Mack
 - o Wednesday, August 20th, 2019 – Kim Johnson
 - o Wednesday, August 28th, 2019 – Debbie Acosta
- c) WCC MAB Sub-Committee
 - o Delores announced there will be meeting on Saturday at 2pm to define sub-committees and bring up any comments and concerns.
 - o Sub-committee will be added to calendar once decision is made on date.
- d) Art Calendar Fair
 - o Johnny stated he knew the purpose of the Art Fair event was to pick artwork for the annual calendar. He asked that all the artist and all artwork be celebrated at the event.
 - o Danisha announced the last day to submit artwork for the event was extended to the close of business, Friday, July 19th, 2019.
- e) WCC 10 Year Anniversary
 - o Danisha announced the WCC 10-Year Anniversary Celebration may take place in January 2020.
 - o She asked interested MAB members to speak with Sohail about their ideas and being on the planning committee.
 - o Johnny suggested there be a memorial to acknowledge members and staff of the WCC who have passed away.
- f) Review monthly contract goals
 - o Danisha went of the contract goals. She announced the WCC met and exceeded the contract goals for fiscal year 2019-2020.

IV. New Business

- a) WCC Activities, Groups, and Classes

- Johnny asked MAB members to encourage WCC members to use the suggestion box. He added many groups and activities on the calendar are a result of a member submitting an idea.
 - Johnny announced that the Peer Partner Support Program (PPSP) will provide those who complete the class badges and a certificate.
 - Johnny asked MAB members to promote the computer classes. He stated that he witnessed a few WCC members ask for assistance with computers recently.
- b) Understanding WCC Social Agreement
- Sohail stated when members are not acting according to the WCC social agreements the situation will be investigated thoroughly and handled appropriately.
 - Penny asked that the Group Social Agreements be read at the beginning of each MAB meeting.
 - Johnny mentioned one of the WCC anchors is collaboration. He explained the importance of saying something if you see something.
- c) Celebration Recovery Picnic
- Sohail announced the WCC would shuttle members to and from the picnic starting at 10am.
 - Sohail informed everyone Jesse Torres would barbecue for the event.
- d) Recovery Focus
- Johnny mentioned he noticed member are starting to ask for specific foods or gifts. He stated members expressed the WCC does not spend enough on each individual.
 - Sohail announced that he with invite a county monitor to discuss contracts during a community meeting so members can gain a better understanding.
 - Sohail asked MAB members to promote and change the culture of members expecting things/gifts just for them.
- e) Review Chat with MAB results and member feedback
- No member feedback during the month.
 - Johnny said Chat with MAB should be asking members about their recovery goals.
 - Kim stated she had actually started talking to members about their personal goals and what groups may help them achieve them.

V. Announcements

- a) Johnny thanked Sohail for being supportive when he needed it.
- b) Sohail thanked Johnny for sharing that he admired Muhammad Ali.
- c) Johnny thanked Delores for her ideas and input.
- d) Orlando suggested MAB members attend the community meeting to recruit for the subcommittees and possibly for the MAB.
- e) Deloise informed Johnny that she appreciated all his hard work and his passion for the members of the WCC.
- f) Deloise stated the event sub-committee will start planning the Hispanic Heritage event scheduled in September.

VI. Open Forum (Visitors)

- a) The visitor did not have comments.

VII. Upcoming Calendar

- a) Art Calendar Fair, Wednesday, July 24, 2019, 1:00pm-3:00pm.
- b) Celebration Recovery Picnic, Saturday, July 27, 2019, 10:00am-4:00pm.
- c) Next meeting, Friday, August 16, 2019, 11:00am – 12:30pm
- d) Community Resource Fair, Wednesday, August 21, 2019, 1:00pm-3:00pm
- e) Collaborative Bingo, Thursday, August 29, 2019, 1:00pm-4:00pm

VIII. Adjournment

- a) Johnny adjourned the meeting at 12:28pm.