



Marietta Martial Arts

Tommy Cho Martial Arts

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|----------------------------------|--|----------------------------------|--|----------------|--------------------------|
| L' Dragons (4-7) All Belts 45-min | 4:00 | 4:00 | 4:00 | 4:00 | Special Events | 9:00 am |
| Jr. TKD (7-11) All Belts 45-min | 4:00 or 4:45 or 5:30 | 4:00 or 4:45 or 5:30 or 6:15 | 4:00 or 4:45 or 5:30 | 4:00 or 4:45 or 5:30 or 6:15 | Special Events | 9:00 am or 9:45 am |
| Leadership | EL | EL | EL | EL | -- | -- |
| Teen / Adult TKD All Belts 45-min | 5:30 | 5:30 or 6:15 or 7:00 | 5:30 | 5:30 or 6:15 or 7:00 | Special Events | 9:00 am or 9:45 am |
| Sparring | -- | 5:30 | -- | 5:30 | -- | -- |
| Jui Jitsu 60-min | 5:30 kids 6:15 Adult | -- | 5:30 kids 6:15 Adult | -- | -- | 10:30 am |

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| Marietta Martial Arts @ East Lake 2145 Roswell Rd, Ste 200 770-321-1371 | Marietta Martial Arts @ Shallowford 4401 Shallowford Rd, Ste 154 404-369-9712 | Marietta Martial Arts @ Woodlawn 1205 Johnson Ferry Rd, Ste 106 770-977-9400 |
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