



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev Fr. Joseph Stephen, C.Ss.R. (Parish Priest)

Rev. Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest)

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ANNOUNCEMENTS:

2nd FUND RAISING PROJECT.....

In 2023, the Parish Council approved to undertake two projects.

First project was to install the air-conditioning in the church that was completed last year.

The second project is to extend our St.Gerard’s Cafeteria which we use almost on a daily basis.

We plan to raise the funds by having a **Banana Leaf LUNCH on Sunday, 5 May, 2024 from 11.30 a.m. till 2.30 p.m.**

at OMPH parish hall.

Each ticket is priced at RM30/-.

Our cooks will cook for 1200 people.

You have a choice to dine in or take away.

The menu includes

Rice, Mutton, Chicken, Veggi,

Dhall, papadam, water.

Tickets will be on Sale

this weekend.

Get your tickets early for

we have limited tickets.

Join in the best delicious and

sumptuous lunch on 5/5/2024

in Ipoh!

CHINESE NEW YEAR OF the Dragon –

The Chinese community will be celebrating Chinese New Year on

*** Sat. 10 February, 2024 at 11 a.m. Mass in mandarin.**

APPEAL FOR MANDARIN ORANGES

Parishioners who would like to contribute a box or more of the mandarin oranges for the Chinese New Year celebration may bring the oranges to the parish office on 5 of Feb. and latest on Wed. 7 February, 2024 by 3p.m.

OLD PALM LEAVES from

last year are needed for Ash Wednesday.

Please place them in the boxes provided at the door of the church/office by 8 Feb., 2024.

ASH WEDNESDAY –

Blessing & Distribution of ashes on Wed. 14 Feb., 2024 at

1st Mass – 6.30 a.m. (E) (church)

2nd Mass – 8.00 p.m. (E) (church)

3rd Mass (T) – 8.00 p.m. (Parish hall)

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance. Next baptism will be on 7 April, 2024 during the 8 a.m. Mass

WEDDING BANNS:

* *Charles Michael & Mahaletchumi Rajandran.*

PARISH ACTIVITIES & MEETINGS: (February 2024)

- * 4/2/2024 - 8.00 a.m. – CLOW (St.Mk.Rm.)
- 11.3 a.m - Faith Educators (ven Francis Xavier Rm.)
- 7.30 p.m. - RCIA facilitators (St.Mk.Rm.)
- * 5/2/2024 - 7.30 p.m. - CCR – “Gifts of the H.Spirit...” (church)
- * 6/2/2024 - 8.00 p.m. – Tamil Charismatic (church)
- * 7/2/2024 - 7.30 p.m. - CCR – “Gifts of the H.Spirit...” (church)
- * 8/2/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 9/2/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)
- * 10/2/2024 - 5.45 p.m. - CLOW (St.Mk. Rm.)
- * 11/2/2024 - 8.00 a.m. – CLOW (St.Mk.Rm.)
- 11.30 a.m. – Tamil Apostolate (St.Mk.Rm.)
- * 13/2/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 15/2/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- 8.00 p.m. – Tamil Choir (St.Paul Rm.)
- * 16/2/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)
- * 17/2/2024 - 2.00 p.m. - Ablaze (ven Francis Xavier Rm.)
- * 18/2/2024 - 3.00 p.m. – Rite of Election (church)
- * 19/2/2024 - 7.30 p.m. - Caritas Committee (St.Mk.Rm.)
- * 20/2/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 21/2/2024 - 7.30 p.m. - CCR - Lenten Retreat (church)

BIBLE REFLECTION & HOME GATHERING: 4/2/24 @ 6 p.m. – Home of Sebastian Yoon.



Every last Friday at

8.00 p.m.in St.Mark’s room.
All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

EVENING FOR THE ENGAGED 2024

Couples planning to get married in the year 2024,
please take note of the EE Weekends held in english during the year.
You are requested to register six (6) weeks before the weekend

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| EE138 | 2 – 4 Feb., 2024 |
| EE139 | 10-12 May, 2024 |
| EE140 | 9 – 11 Aug.,2024 |
| EE 141 | 8-10 Nov.,2024 |

For Tamil marriage preparation course 2024 –

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|--------------------------------------|---|
| Dormitory St.Anne, Bukit Mertajam | Feb 17 & 18 |
| | May 25 & 26 |
| | Aug 24 & 25 |
| | Nov 16 & 17 |
| | (Closing date on: 1st day of each month) |

Please see your Parish Priest for registration.

COMING EVENTS:

DAUGHTERS OF ST. PAUL Book Mission

(date) Sat. 24 Feb., 2024
Sun. 25 Feb., 2024
(venue) OMPH church

PARISH PASTORAL COUNCIL MEETING on

(date) **Sunday, 3 March, 2024**
(time) 7.00 p.m.
(venue) St.Mark’s Rm.

LENTEN SEASON 2024

from 14 February to 31 March,2024.
* Palm Sunday – 24 March.
* Mon-Wed - 25 – 27 March
* Holy Thurs - 28 March.
* Good Fri. - 29 March.
* Easter Vigil - 30 March.
* Easter Sun. – 31 March

STATIONS OF THE CROSS

During the season of Lent, Stations of the Cross will be held on every Friday; starting from Friday, **16 Feb.,2024 at 7.30 p.m.** followed by Mass.

RITE OF ELECTION – 1st Sunday of Lent

The Rite of Election for District of Perak churches will be celebrated at Church of Our Mother of Perpetual Help, Ipoh on **Sunday, 18 February, 2024** at 3 p.m. with Cardinal Bishop Sebastian Francis.

REFLECTIVE STATIONS OF THE CROSS

The Youth & Altar Servers will be having a reflective Stations of the Cross on Sunday, **3 March, 2024** at 4.00 p.m. This event will be held outdoor in the church surroundings lasting for about 45 minutes.
The Youths are inviting all young people from the parish and schools to join us in this special event. Parents are also welcomed.

OMPH Catholic Charismatic Renewal Group

“Gifts of the Holy Spirit in the Synodal Process.”

- **Monday, 5 Feb., 2024 &**
- **Wednesday, 7 Feb.,2024**
@ 7.30 p.m. by Rev.Fr. Paul Kee
Each session will end with coffee fellowship.
A love offering will be taken up.
ALL ARE WELCOME

A LENTEN RETREAT

with Rev.Fr. Joseph Stephen.
Please bring along your Bible @ 7.30 p.m. on Wednesdays **21st Feb.,2024** **6th & 13th March, 2024.**
followed by coffee fellowship.
A love offering will be taken up.
Organized by: OMPH-CCR

LENTEN ALMSGIVING PROJECT

BY OMPH COMBINED LITCOM 2024.
Lent reminder Buttons will be sold after Masses starting on 1st Sunday of Lent. Proceeds will be donated to the poor via Caritas OMPH.
Minimum donation per button RM2/-.