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It Was Theirs To Give



Cameron Witkowski "recovers" after donating blood at Brooklin High's first blood donor clinic. His mother, Vanessa (left) and grandmother, Janice Grainger, look on proudly. See page 6 to read about Cameron's inspiration for organizing the event.

Highlights of this BTC

- | | |
|-------------------------------------|--|
| Attempted abductionpage 2 | George Canyon at Spring Fairpage 5 |
| BHS curling champspage 2 | BHS blood donor clinic.....page 6 |
| Council approves budget.....page 3 | New Whitby DRT services.....page 6 |
| About relative age biaspage 4 | BHS Diversity Bazaar.....page 8 |



Stephanie A. Miner
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Attempted Abduction in Brooklin

Police are investigating an attempted abduction of an 8-year-old boy in Brooklin. On Thursday, February 15, 2018, at approximately 3:20 p.m., an 8-year-old boy was walking home near Watford Street and Downey Drive in Brooklin. A small vehicle pulled up beside him and the driver said that the boy's father was involved in an accident. The boy immediately ran home and told his parents, who then called police.



The suspect vehicle is described as: a black, four-door, newer vehicle with tinted windows and a sunroof. No plate was obtained. The vehicle was last seen driving on Downey Drive toward Carnwith Drive East.

Anyone with new information is asked to contact D/Cst. Sullivan of Central West Division Criminal Investigations Bureau at **1-888-579-1520 ext. 1847**.

The suspect is described as: male, white, mid-40s with short, spiky brown hair, green eyes and a grey goatee. He is possibly 6' tall. There are no clothing descriptors at this time.

Anonymous information can be sent to Durham Regional Crime Stoppers at **1-800-222-TIPS (8477)** or online at durhamregionalcimestoppers.ca and tipsters may be eligible for a \$2,000 cash reward.

Brooklin High School LOSSA Curling Champs



Brooklin High's curling team recently captured the region's (LOSSA) Tier 1 Curling title. Team members are, from left to right: Greg Mazza, Grant Schnurr, Colin Schnurr, Scott Mitchell and Coach Susan Shoemaker.

Town Seeks Musical Performers

Whitby is searching for bands and musical performers who are interested in playing at this year's Town events and festivals, including Music in the Park, Canada Day, Brooklin Harvest Festival and other community events.

Tuesday, March 20, at 4 p.m. To be considered, applicants must complete the Expression of Interest application form and provide a three to four sentence biography, sample song list, promotional video and link to a website or live performance.

Applications can be submitted online at whitby.ca/callforperformers. The deadline for applications is

For more information, visit whitby.ca/callforperformers or email events@whitby.ca.



"Proud to be a Brooklinite"
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For advertising information, contact:
 905-655-7642
 Email: mulcahy42@rogers.com
 Next Issue: Friday, March 16, 2018
 Deadline: Friday, March 9, 2018

Town of Whitby | March 2, 2018

UPCOMING EVENTS

March Break Activities at Whitby Youth Rooms
 Free, daily activities during March Break, include:
 Paint Night - Monday, March 12, at 4:30 p.m.
 Taco Tuesday - Tuesday, March 13, at 5 p.m.
 Harry Potter Mania - Wednesday, March 14, at 3 p.m.
 Food Game Night - Thursday, March 15, at 4 p.m.
 Video Game Frenzy - Friday, March 16, at 3:30 p.m.
 For more details, visit whitby.ca/youthrooms

March Break in Whitby
 See what's happening March 9 to 18, visit whitby.ca/marchbreak

whitby.ca/calendar

Council Meetings

Operations Committee
 March 5 at 7 p.m.

Council
 March 19 at 7 p.m.

Planning and Development Committee
 March 26 at 7 p.m.

For a full listing, visit whitby.ca/civicweb or contact the Clerks Department at clerks@whitby.ca or 905.430.4315

Notices

Interim Tax Bill Reminder
 Residential, Farmland, Pipeline and Managed Forest Properties. The first installment was due February 22. For details visit whitby.ca/tax or call 905.430.4304

Parking Study Pop-Up
 The Town is reviewing current and future residential parking needs. Share your opinions on March 9, from 9 a.m. to noon, at the Brooklin Community Centre and Library. whitby.ca/parkingstudy

News

Going Green on the Ice
 The Town recently purchased an electric ice resurfer (or Zamboni) to replace one of its existing natural gas powered machines. The change will not only result in a reduction of annual greenhouse gas emissions, but is also expected to generate approximately \$7,000 in annual cost savings. whitby.ca/news

2018 Budget Approved
 The Town's 2018 Budget was approved by Town Council on February 22. Specifically, the 2018 Budget focuses on building the downtowns as dynamic hubs; improving pedestrian and cycling opportunities and road safety; developing a Corporate IT Strategic Plan and Digital Strategy to deliver better customer service; and building walkable, cycling-friendly neighbourhoods. For more information visit whitby.ca/budget

REGISTRATION NOW OPEN!

Ready to get active?



All programs (except for aquatics programs for non-residents) are open for registration

MARCH 7: Aquatics for non-residents

For more information call 905.655.2010
whitby.ca/getactive

Call for Performers

The Town is looking for interested bands and musical performers to play at events and festivals this year.

Apply online by 4 p.m. on **March 20, 2018**

whitby.ca/callforperformers

Council Approves 2018 Budget

At a Special Council meeting on Feb. 22, Town Council approved the 2018 Budget that is focused on the continued delivery of high quality programs and services to residents, while making key investments that help prepare the Town for future growth.

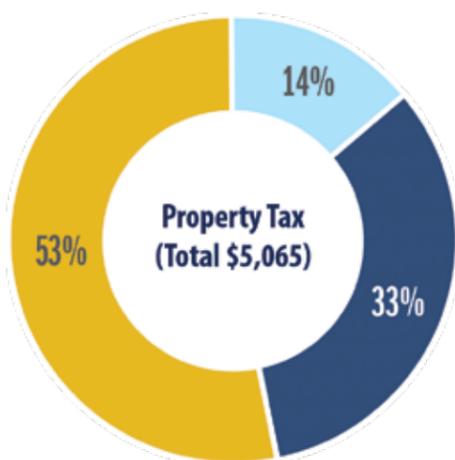
The Town's portion of the overall property tax bill increase is 0.98 per cent, or \$48 for the average household based on the average residential assessment value of \$401,000. The Town is responsible for collecting property taxes on behalf of the Region of Durham and the School Board. The overall tax increase when combined with the regional and educational portions is 1.98 per cent, or \$98 for the average household.

Program delivery

More than 85% of the budget is dedicated to the continued delivery of programs and services – including fire and emergency services, road and winter maintenance, libraries, recreation programs and parks – as well as supporting the ongoing maintenance of the Town's infrastructure and facilities.

Specifically, the 2018 Budget focuses on:

- building the downtowns as dynamic hubs;
- improving pedestrian and cycling opportunities and road safety;
- building walkable, cycling-friendly neighbourhoods;
- developing a Corporate IT Strategy to optimize technology and deliver better customer service;
- undertaking a community survey to inform operational plans and annual business plans;
- advancing the creation of a



- Region of Durham (\$2,667)
- Town of Whitby (\$1,680)
- School Board (\$718)

Based on the average assessment value of \$401,000 as identified by MPAC Property Notice Assessment (January 1, 2016).

Strategic Plan; • investing in economic development opportunities to support the Town's local economy; • developing a Public Engagement framework that inspires civic engagement; and, • continuing to move forward on Downtown Whitby Action Plan initiatives.

The following capital investments are also included within the 2018 Budget:

- parks (\$3.2M), recreation (\$3.6M) and active transportation (\$3.3M);
- fire and emergency services (\$2.1M);
- roads (\$20.9M) and facilities (\$1.6M);
- communications and technology (\$1.5M); and,
- library (\$1.0M).

Property taxes are just one of the revenue sources utilized by the Town to support its annual budget. Additional revenue sources include licensing fees, user charges and grants.

Other impacts

The 2018 Budget also takes into account financial pressures from other levels of government and external impacts beyond the Town's control such as the January 1, 2018, minimum wage increase included in Bill 148 (Fair Workplaces, Better Jobs Act) and Workplace Safety and Insurance Board premium increases.

For more information on the Town's 2018 Budget or to view the 2018 Budget Highlights, visit whitby.ca/budget. For comments or questions about the budget, contact the Corporate Services Department by email at treasury@whitby.ca or by phone at **905.430.4300 x2232**.

WORSHIP DIRECTORY

Burns Presbyterian Church
765 Myrtle Rd West
(just 4 minutes north of Brooklin)
10am Worship, Kids Zone Fun & Nursery Care
"Discovering God, Sharing God's Love"
905.655.8509 www.burnschurch.org

St. Thomas' Anglican Church
101 Winchester Road East
Sunday Services: 8:30 and 10:30 am
Sunday School & Nursery Program (10:30am)
Wednesday 10:00 a.m.
Communion and Healing Service
905-655-3883
www.stthomasbrooklin.ca

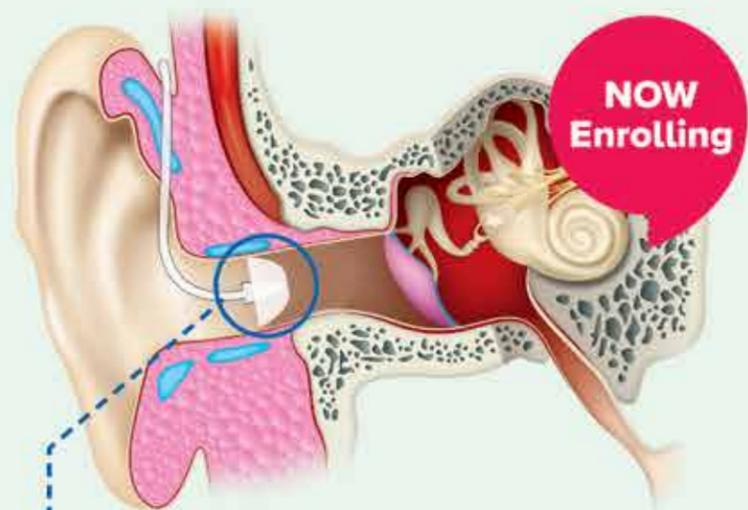
Brooklin United Church
19 Cassels Rd. E.
Sunday Services at 10:30 am
Sunday School & Nursery Care
www.brooklinunited.ca **905-655-4141**
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Renaissance Baptist Church of Brooklin
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The selection process ends on March 29th 2018.

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Call Samia at 1-877-503-5977
- Pickering**
1848 Liverpool Road
Call Jennifer at 1-877-501-8725
- Oshawa**
470 King Street West
Call Lyndsay or Abigail at 1-877-534-2111
- Whitby**
604 Garden Street
Call Karla at 1-877-504-2654



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* Offer valid until March 29th, 2018 and is subject to change without notice. Hearing tests are provided free of charge for adults ages 18 and older. Candidates must be private sale, or eligible for ADP or AADL. Some conditions may apply. Please see clinic for details. Offer not valid in Quebec. (1) <https://www.oticon.ca/solutions/opn>

Promo Code: NSP-WNTD-BRTC

Our Brooklin Kids By Leanne Brown



Relative age shouldn't leave kids out

(Part Two of Three)

Ally was born in January, made the rep soccer team and benefitted from more training and higher competition. Briana, born in December, was considered less skilled due to her 11 month age difference in development. For four years, while Ally has been on the rep team, Briana has been given the opportunity to hone her skills just like Ally but at a level appropriate to her relative age of development.

Growth and development can vary greatly so relative age plays an important role in coaching decisions as a 10-12 month difference can have such a big impact on selection, participation and performance.

Chronological vs. biological age
“A child with a chronological age of 12 years may possess a biological age of between 9 and 15 years.” (Borms, 1986, p. 5). Yet these athletes are often trained the same way and participate in age group compe-

titions, which give early maturers the advantage in performance and selection process. For late bloomer athletes like Briana, although they train hard, they cannot keep up physically and are often overlooked by coaches. Early maturers, who have always relied on their advanced developmental age and, as a result, may not have developed the necessary skills or fitness, often leave the sport once the later bloomers catch up.

Now at age 12, Briana has experienced a growth spurt and suddenly the added body mass and strength are really helping her game. This year, her skills and size measure up. She makes the team. This is in part due to Canada's Long-Term Athlete Development Program (LTAD) implemented by her club. The LTAD has guidelines to give all athletes the same opportunity with a “talent development” approach. Rather than trying to select talent by 10 years of age, the LTAD illustrates the im-

portance of providing excellent coaching and equal playing time for all kids and sees where they land later. It also recommends coaches encourage their players to participate in multiple sports rather than specialization until the age of 11 to 15, using what is known as physical literacy.

Who gets advanced training?

So then, do rep teams play part of development? Given the number of star athletes who have emerged only later in adolescence, it makes sense to provide quality coaching, training, and playing opportunities beyond just the rep teams to any kids who love to play and want to get better. In many sports, advanced training is open to only “identified” players and it comes at a hefty price to parents, thus often making it a have/have not situation. The LTAD model demonstrates growth at every stage. As fundamentals are mastered, the athlete can then progress. The ex-



A Brooklin Toddler's Random Thoughts

“Grandma broke the tv three times.”

pected outcome is for continuous, incremental improvements so that an athlete can reach his/her potential.

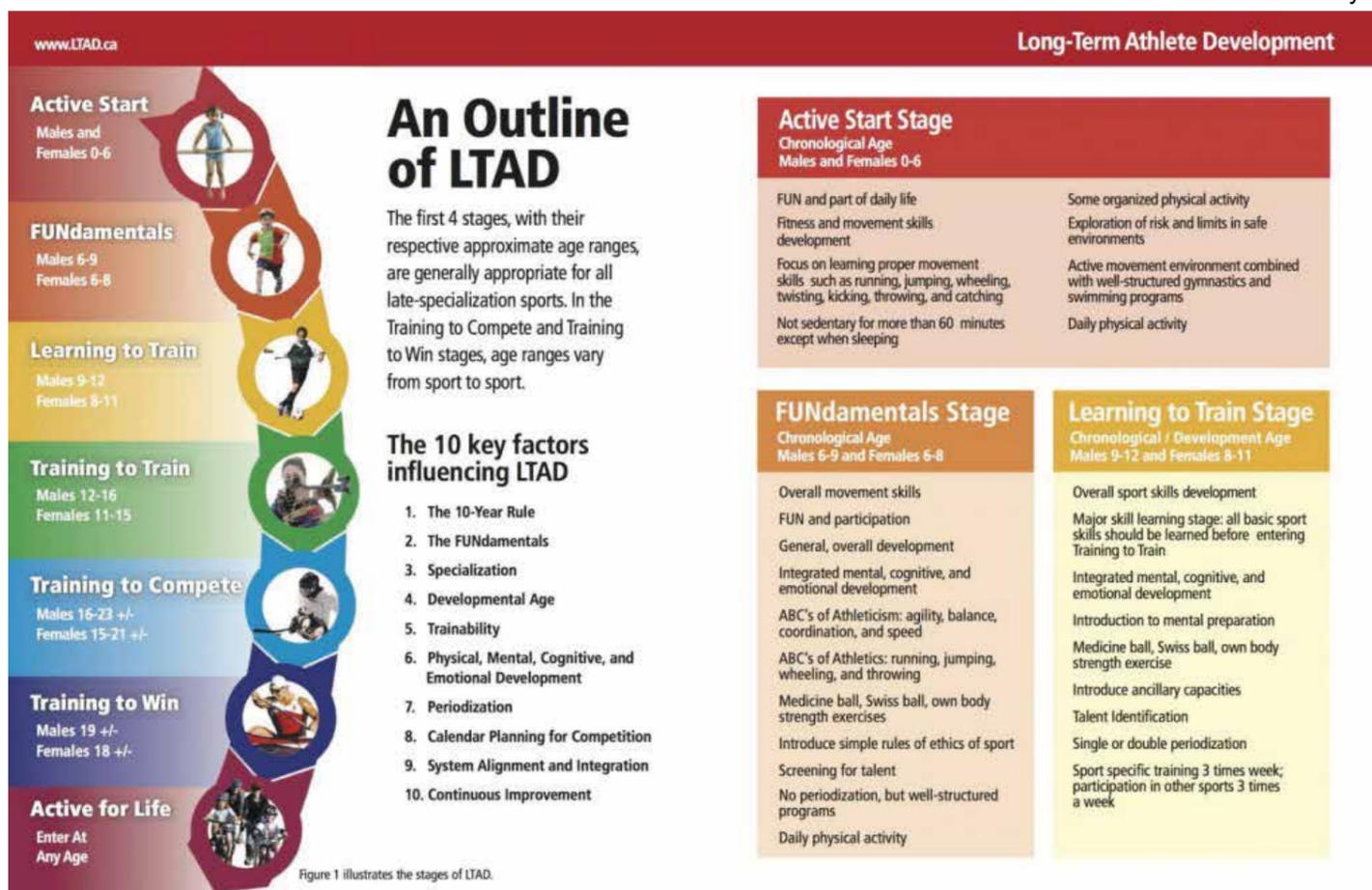
While sports organizations are expected to follow the LTAD program, local and regional sports are typically run by parents. Unfortunately, parental attitudes, beliefs, biases, and experiences are not necessarily conducive to supporting the LTAD. Often young athletes are placed in the hands of the least-qualified, least-experienced, and least-paid (if at all!) coaches, exactly at the stages of development where qualified and experienced instructors are required.

Local sports organizations can benefit from educating their leaders in the basics of child development so future sports stars may develop at their own pace.

Next issue: Does birthdate affect success in school and beyond?

Attention Business Owners and downtown shoppers!

Downtown Parking Study Pop-up Engagement Session at Brooklin Community Centre and Library on March 9th, 9-12.



Community Calendar

If you have a community not-for-profit event you would like included in the calendar, please email it to editorofBTC@gmail.com with the subject line “calendar.” Priority will be given to Brooklin events. Some editing may occur.

Sun., March 4: 11 am - 6 pm: Hurry Up and Wait: Thinking about Thinking with HD

In support of individuals and families impacted by Huntington disease Asking for a \$5 donation at the door Visit: hscevents.ca/DurhamInfo for more information and to RSVP. presented by Jim Pollard and Bright Spots in Research and Dr. Tamara Maiuri Dellagio Hall, 1801 Dundas Street West, Whitby, ON

Sun., March 4: 7:00 pm - Brooklin Pub Quiz Night

\$15 per person for a team of 4-8. Teams of 6 are best. Team gets a platter of wings and fries and a mug of beer. Winning team receives a \$10 gift certificate per person to the Brooklin Pub. All proceeds to Pulmonary Hypertension of Canada. Hints: 1. LEGO 2. Tripitaka

Fri., March. 23: 4:00 - 5:00 pm (4th Friday of each month)

Teen Leadership Council at Brooklin Library

Whitby Library's Brooklin Branch seeks Teen Leadership Council members to share ideas & assist with special events and programs. Grade 9-12 students earn community service hours. Snacks provided. No registration required. For information, email teenservices@whitbylibrary.ca.

Mon., April 9: 7-9 pm: Shine On: An Exciting Event for Women

“Real Women - Extraordinary Circumstances - Inspiring Stories” \$15/person - \$100/person for VIP tickets Deer Creek Golf and Banquet Facility 2700 Audley Rd. N., Ajax Email: shineonindurham@gmail.com

Sat., Apr. 14: 11 am: Big Bucks Euchre

Odd Fellows Hall, 42 Bagot St., Brooklin Regular progressive euchre. No partner required. \$10 includes lunch and excellent prizes.

Advance tickets only.

Proceeds to Camp Trillium camps for kids with cancer and their families. Call **905-655-4652**

Sat., April 14: 7-11 p.m.: Mayor's Community Fundraiser

Central Library, 405 Dundas Street West, Whitby Join Mayor Don Mitchell for an evening of food, friends, entertainment and music in support of the Mayor's Community Development Fund, benefiting local community groups, events and initiatives. Tickets on sale now!

mayorscommunityfundraiser.eventbrite.ca

\$85 per person or \$150 per couple. For more information, contact: WhitbyMayorsFundraiser@gmail.com

Mondays: 6:30-7 pm:

French Family Storytime: Children and their caregivers can join Madame Sue for weekly

French Family Storytime!

A half hour of French stories and songs, with a dash of English! Drop in at Central Library's Children's Program Room

Tuesdays: 7:25 pm:

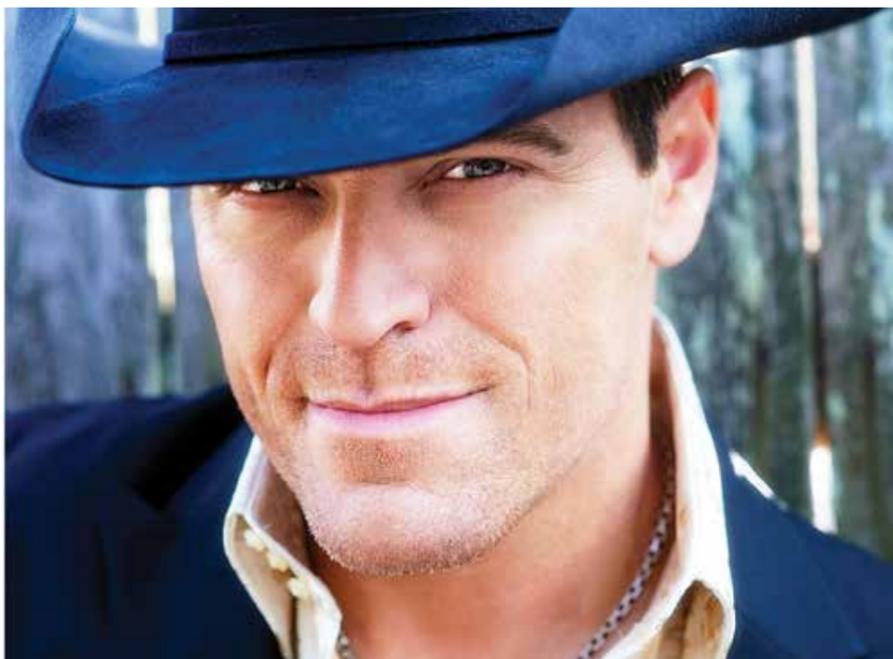
Brooklin Toastmasters Club Practice public speaking at Brooklin Community Centre & Library. Contact John Johnstone at jajhj@sympatico.ca or phone **905-683-4439** or Patricia Romano at promano257@outlook.com or phone **905-626-7055**.

1st & 3rd Tuesdays
Community Care Durham (CCD)
Basic Foot Care at St. Thomas' Anglican Church. **905-668-6779**

Mon.-Fri.

CCD delivers hot or frozen meals. To order: Karen Andrews **905-668-6779**

George Canyon Coming To Spring Fair



Country Music Star George Canyon will play the first ever up close and personal concert at the Brooklin Spring Fair on Thursday, May 31, with opening artist Greg Williams.

Inducted into the Nova Scotia Country Music Hall of Fame in 2015, George continues to thrill audiences from coast to coast. Winner of countless awards for his music and philanthropy, George Canyon is also an actor and an activist.

Advanced lawn seat tickets are \$30 and went on sale on February 13. Limited lawn seat tickets will be available at the gate for \$40. Admission to the Fair is not included in ticket price. The Back Forty (a licensed area) will only be open to concert ticket holders on May 31.

For more information on ticket sales, please contact Tracy Hanson, Brooklin Spring Fair Director at 289-423-6196.

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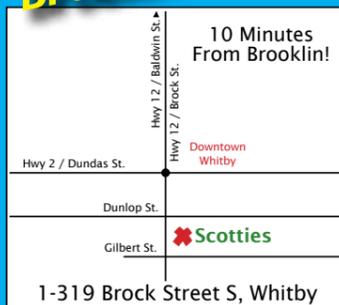
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Tanya Tierney Team

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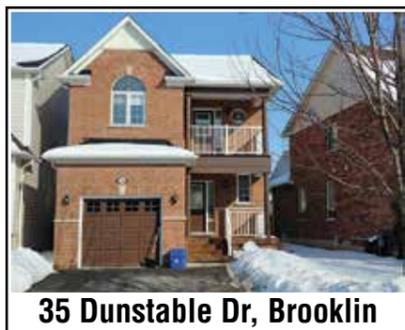


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Brooklin is Tanya Tierney Country!

Not intended to solicit those under contract.

New Services to Whitby from Durham Region Transit in 2018

High Frequency Network Effective June 25

DRT's network of high frequency routes makes travel within Durham easier. Additional buses would be added to routes 302 Baldwin to Brock, 915 Taunton, and 916 Rossland for service to start at 6:00 a.m. on Saturdays.

Route 302 Baldwin to Brock

• The route would be modified to include Carnwith Drive, west of Baldwin Street.

Route 915 Taunton

• Additional capacity would be implemented to support demand.

Service Increases and Enhancements Effective April 9

Route 301 West Lynde

• Service would be increased to operate on Saturdays and Sundays. To replace Route 318.

Route 303 Garden

• Service would be increased to operate on Saturdays and Sundays. To replace Route 318.

Service Increases and Enhancements Effective June 25

Route 305 Thickson

• Service would be extended to 18:40 on Sunday evenings.

Route 310 Winchester

• This route would operate seven days a week from current week-

day peak periods only.

- Monday to Friday all day, every 30 minutes.
- Saturday and Sunday, every 60 minutes.

Service Reduction Effective April 9

Route 318 Garden – West Lynde

• This route currently operates on Saturday and Sunday only and would be discontinued. o Service on routes 301 West Lynde and 303 Garden would be increased to operate on Saturdays and Sundays.

• Customers would see reduced travel times as service would be offered in both directions. The current Route 318 operates a big one-way loop: Whitby Station – Garden – West Lynde – Whitby Station.

Service Impacts

Rossland Road Closure

• Rossland Road is expected to be closed between Lake Ridge Road and McQuay Boulevard for a period of six months in 2018. This closure will require rerouting of Route 916 Rossland.

Brock Street Highway 401 Overpass

• The Ministry of Transportation of Ontario plans to start the replacement of the Brock Street Highway 401 overpass in 2018. Construction phasing is anticipated to maintain all road lanes, but delays are expected.

BHS Hosts First Blood Donor Clinic

When Jay Witkowski died on March 1, 2011, at age 44, he couldn't have known that his young nephew Cameron would one day honour him by arranging Brooklin High School's first ever blood donor clinic.

Coincidentally, on Valentine's Day, Cameron was front and centre in the BHS gym, along with his mother Vanessa Witkowski and grandmother Janice Grainger, as the school launched what he hopes will be an annual event. About 100 students and staff gave blood (donors must be age 17 and older), a remarkable number considering the newness of the school and the fact that there were only about 250 students eligible.

The logistics for the event were arranged by Carolyn Toll's grade 12 Leadership class which had only itself begun barely two weeks before. One student in the class, Claire O'Donoghue, commented, "When I heard about it, I immediately thought it was a good idea. It's important to give back what you can. This is so simple and it saves lives. I'd always wanted to donate blood and here was my chance."

Her classmate Riley Kapuscinski congratulated Cameron on the idea. "He just made it so accessible. Without his leadership, I don't know how this would have happened."

Cameron, a top grade 12 student sporting marks of 100% in multiple subjects, didn't need much inspiration, having lived his Uncle Jay's story and seeing his grandmother volunteer with Canadian Blood services.

Jay had a rare form of hemolytic anemia called stomatocytosis. At the time of his birth in 1966, his was the only case in Canada and only one of seven in North America. The disorder manifests itself when the bone marrow produces large, sticky blood cells that die very early. During a 15-year period, he received over 400 units of blood. This kept him alive but it was not a cure as he continued to

develop blood clots in spite of the blood thinners and transfusions. Ultimately, he suffered a major unrelenting seizure, a cortical thrombosis, followed by cardiac arrest. He never recovered.

"It was the blood donations that allowed him to have such a fulfilling life," Cameron says. "He was able to maintain relationships, be a father to his daughter. So, in the spirit of blood donation. I thought it would be great to carry on that legacy and sort of give back."

He chose this, his final high school year, to arrange the event for two reasons: now 17, he was at last eligible himself to donate blood, and secondly, he knew most of the students in his senior year, allowing for a wider network.

Upon graduation, he plans to study engineering somewhere in North America. Meanwhile, he's successfully held up the family legacy to honour his Uncle Jay.

To read more about Jay Witkowski, visit jaysangels.com.



KimFitPro on Campbell Street encouraged all Brooklin residents and business owners to give back to their community by donating blood during the month of February. It is estimated that half of all Canadians will either need blood or know someone who will need blood at some point in their lives, yet only 4 per cent of Canadians actually donate.

Proud to Support Our Community Groups!



100 Women who Care
Brooklin Horticultural Society
Brooklin Men's Hockey League
Optometry Giving Sight
Outdoor Movie Night to End Hunger
The Refuge Youth Outreach Centre
Durham Quarter Marathon
Sloane's House Respite Care
Whitby Eagles Softball
Whitby Wildcats Hockey
Oshawa Shamrocks Softball
Special Olympics

Brooklin Players
Immanuel Christian School
Possibilities House

OPTOMETRIST
BROOKLIN OPTOMETRIC CENTRE
Dr. Pui-Yee Ho
Dr. Stephanie Leon
Dr. Jane Yam
Dr. Renuka Sivanesan
Dr. Diana Le
905.655.6200
www.brooklineyecare.ca

Regional Chair To Be On 2018 Election Ballot

The Regional Municipality of Durham would like to remind eligible voters that the Office of Regional Chair will be a position on the ballots during the 2018 municipal elections which will take place on October 22, 2018.

Even though this is a Regional position, the area municipalities will conduct the election within their specific city/town and report voting results to the Regional Clerk. The Regional Clerk will then prepare a summary of the vote and announce the successful candidate.

In the 2018 municipal election, eligible electors may vote for a Regional Chair, in addition to offices of mayor,

local and regional councillors, and school board trustees. For the 2018 municipal elections, the nomination period will begin on May 1.

The Regional Chair provides representation to the approximately 673,000 residents of Durham Region. This individual is the head of Durham Regional Council and Chief Executive Officer of the municipality; presides over all meetings of Regional Council and committee; promotes and advances the Region's position on matters; represents Durham on various boards, committees and organizations; and performs other significant duties. To learn more, please visit durham.ca.

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Meet Your Local Merchant

Nutrition House Brooklin: Better Health Lives Here!

“Understanding the needs of our customers is an exciting part of our journey!”

Since **Nutrition House** first opened its doors at Brooklin Town Centre, we’ve learned about and adapted to the needs of our customers, thus providing Brooklin residents with personalized “Natural Health Solutions,” the highest quality products, and valuable in-store education.

As a natural health store retailer, we pride ourselves in providing our customers with a unique variety of products and natural health solutions that meet their needs: women’s and men’s health products, kids & teen health and sports nutrition, but also specific supplements for everyday ailments and conditions such as arthritis, colds & flu, heart health, digestion, stress & anxiety, pain management and more.

We know the Brooklin community is health conscious so we made it our goal to ensure that our level of knowledge provides our customers with the answers & solutions to their health conditions & concerns.

At **Nutrition House** we are always in the know of what is new and exciting in natural health, new products, new natural health research and new ways to live your best and healthiest life.

We have loyalty programs, everyday access to daily health tips, great pricing and everyday shopping deals. But mostly we have a love for our community and want to help our customers to make healthy natural choices.

The **Nutrition House Brooklin** team of natural health product advisors is here to help you find what best suits your personal needs and

health goals. Ask for them by name: Florina, Carly, Zuley, and Jessica. They are knowledgeable, experienced, passionate, friendly, and caring!

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Say Yes to Probiotics... Did you know the root of the word probiotic comes from the Greek word pro, meaning “promoting,” and biotic, meaning “life”? Probiotics (friendly bacteria) are associated with healthy digestion.

Probiotics aid digestion by helping to complete the digestive process. Since over 70% of immune cells reside in our gut, without probiotics the immune system can’t work properly. They help to relieve the symptoms of IBS, Crohn’s disease, ulcerative colitis and can prevent and treat candida and other fungal infections. They are recommended for eczema and other skin disorders and fight infection.

As a general guide, choose a multi-strain formula with at least 30 billion bacteria. After the age of 50, the levels of probiotics in our gut begin to decline, so a 50 billion probiotic is an important daily amount. Watch for the culture counts (total number of bacteria per serving) and look for “enteric coated.” This helps the bacteria bypass the stomach and get further into the gut where it is most beneficial. Lastly, watch the expiration date. You want a product that says “viable through end of shelf life,” which ensures the living microbes are in fact still living. Pass on the brand if it says “viable at time of manufacture.”



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For more information about this feature contact the Brooklin Town Crier at 905.655.7642

BHS Diversity Bazaar

Photos by Andrew Ali



Brooklin High held its first ever Diversity Bazaar on Feb. 22 in the school cafeteria. It was a joint venture between the Diversity Club headed by teachers Naima Shah and Courtney McNair and the school's student parliament under the direction of Saamah Jadoon.

Students from 16 different countries shared information and food about their cultures and dressed in traditional garb. Later that evening, students and some teachers performed to traditional music from their countries.



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