

# Woodwind Lakes

NEWSLETTER

JANUARY 2024

## BEST CHRISTMAS DECOR

### SECTION 1



9202 BRAHMS LANE

### SECTION 2



9007 RHAPSODY LANE

### SECTION 3



8746 SERENADE LANE

### SECTION 4



9307 SINFONIA DRIVE

# 2023 Christmas on the Lake



**Thanks to the wonderful  
Woodwind Lakes Christmas Committee  
for making it such a success.**



Special thanks to our talented and generous neighbor Hank Williams for being our photographer at the event. If your child was photographed with Santa, photos are available at higher resolution suitable for printing. For information, contact Hank at [hancqw@gmail.com](mailto:hancqw@gmail.com). Hank is kindly offering this at no cost!



See  
the next  
three pages for some  
photos from  
the event

# Christmas on the Lake 2023



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## Special thanks to our Super Star silent auction sponsors for another successful Christmas on the Lake event

★ Adriatic Cafe

★ Hacienda Don Jose

★ Quick Quack  
Car Wash

★ Amira's Salon

★ Hickory Hollow

★ Red Lobster

★ Back Yard Grill

★ JC Nursery

★ Royal Tea Cafe

★ Bella Mare

★ Logan's Roadhouse

★ Rita's Cantina

★ BJ's Restaurant  
& Brewhouse

★ Los Cucos

★ Simply Donuts

★ Blue Iris Florist

★ Love Bugs  
Playground

★ Sleek Society

★ Chili's

★ Lucky Thai

★ T-Nails

★ Christian Brothers  
Automotive

★ Mr. Detail Carwash

★ Top Shelf  
Liquor Store

★ Custom Hand  
Carwash-Gessner

★ Nouveau Skin and  
Wellness

★ Wanna Trav  
Gail Ford

★ EFI Auto Service

★ Party Pantry

★ ZAF Cleaners

★ Friends &  
Companions

★ Potbelly

*Thank You!*

Be sure and thank our local businesses for their support. It wouldn't have been possible without the participation of our awesome community and our fantastic volunteers!

## A big thank you from Gary House, our Christmas on the Lake entertainer

Gary would like to thank our residents for their generous donations. He collected **\$393.60** for St. Jude's Children's Research Hospital.

**St. Jude Children's Research Hospital** is a pediatric treatment and research facility located in Memphis, Tennessee. Founded by entertainer Danny Thomas in 1962, it is a 501(c)(3) designated nonprofit medical corporation which focuses on children's catastrophic diseases, particularly leukemia and other cancers. Daily operating costs average \$1.7 million, but patients are not charged for care. St. Jude treats patients up to age 21, and for some conditions, up to age 25. Although it was named after Thomas's patron saint, St. Jude is not a Catholic hospital and is a secular institution not affiliated with any religious organization.



*Gary is also very generous – he matches all of our donations with his own money.*



ONE OF THE MOST CRAVED TREATS IN THE WORLD

# Chocolate

The first solid chocolate bar, made from cocoa butter, cocoa powder and sugar, was introduced by the British chocolate company J.S. Fry & Sons in 1847 but the history of chocolate goes back at least 4,000 years.

Research has shown that chocolate, “the food of the Gods” has some rather impressive health benefits, provided you are willing to give up modern milk chocolate.

### Not all chocolate is created equal

Researchers say the higher the percentage of cocoa, the better it is for you. 70% or higher packs the best antioxidant punch. Antioxidants bind to free radicals (bad guys that cause cell damage) and keep them from destroying other cells. Dark chocolate has been shown to lower blood pressure, increase elasticity of blood vessels and decrease plaque on blood vessels. It also reduces inflammation in the body and can lower LDL or bad cholesterol.

As good as dark chocolate is for us, it does contain numerous calories.

It is best to stick to 1.5 to 3.5 ounces a

day and avoid drinking milk. Milk will inhibit the amount of

antioxidants your body can absorb from the chocolate.

### Here's a suggestion for a heart smart dessert

Arrange your favorite berries (fresh or frozen) on a plate with a small square of **dark** chocolate and 8-10 walnuts or pecan halves.

**Health Tip:** When paired, dark chocolate and apples have been shown to break up blood clots, thereby reducing the risk of stroke. There is a caveat. Look for organic apples because much of the antioxidant content is in the skin. With a non-organic apple you could be ingesting pesticides.

.....  
*“I have learned that love is a great investment. No matter whom you give it to, it returns great dividends.”*

Sincerely, Donna Konopka





WOMEN'S CLUB

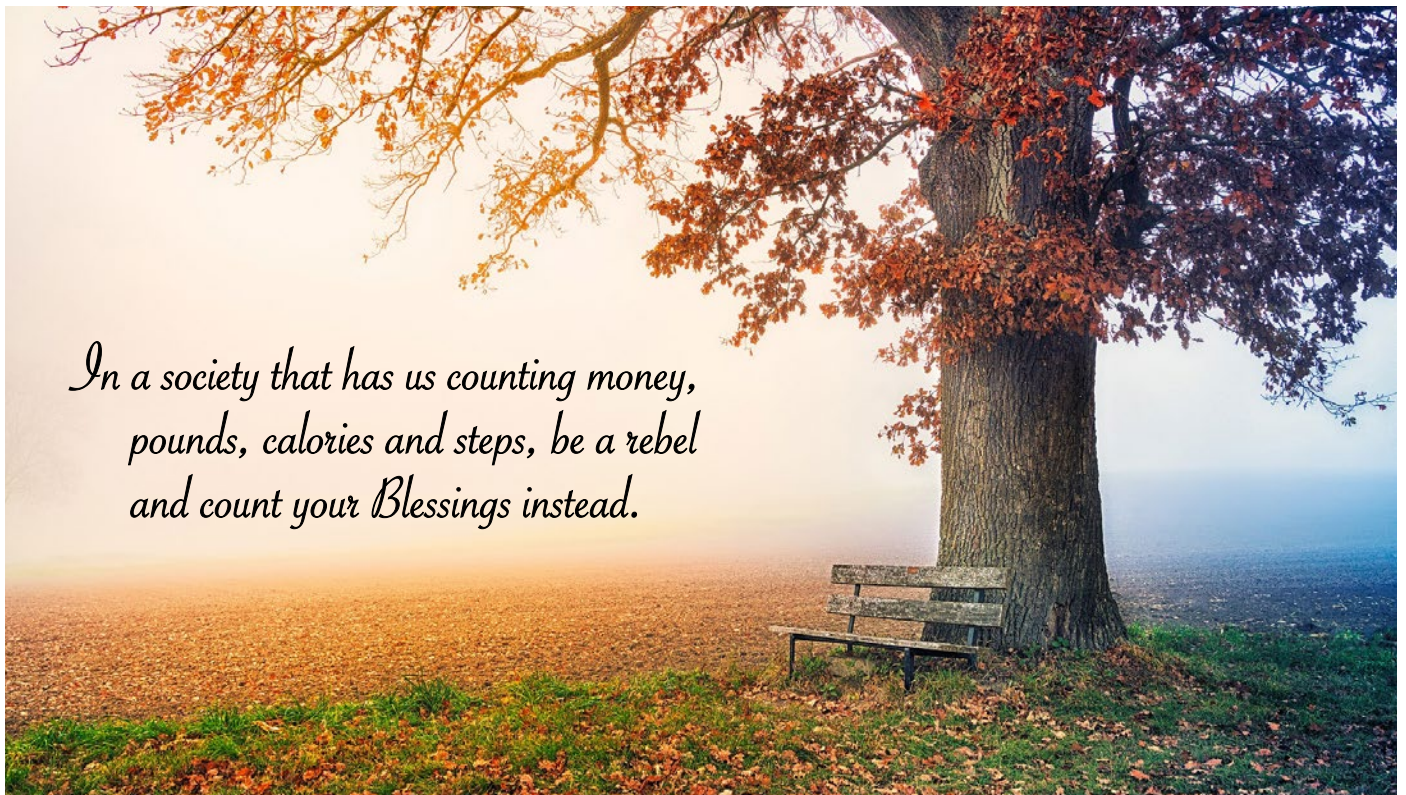
*Wednesday, January 10*

MUSEUM OF ILLUSIONS

5060 W. Alabama St. Suite 2D

For more information or to RSVP contact Ann Tatum:  
[anntatum9203@gmail.com](mailto:anntatum9203@gmail.com)

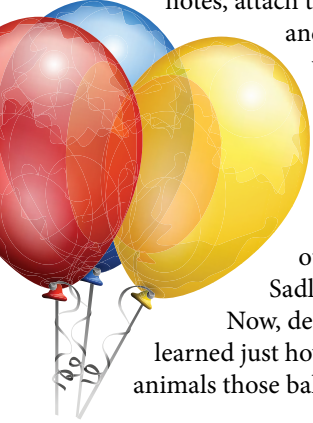
*Hope we see you there!*





# Deadly Consequences

I can remember as a child when my teacher brought helium balloons to class and gave one to each child. She explained we were going to write notes, attach them to the strings and release them. We were all hoping that someone would then find our notes and contact us. It would be so much fun to see how far our balloons traveled. Sadly, no one responded. Now, decades later, I have learned just how hazardous to animals those balloons were.



## It begins with good intentions

At least once a month, I hear of or see on the news people releasing balloons in remembrance of a lost loved one or in celebration of a special day or event. We know those who organize and participate in balloon releases have the best intentions but they don't consider the consequences of their actions. As you know, what goes up must come down and those balloons turn into unsightly litter. They can be found along beaches, in rivers, lakes, and oceans, as well as in forests, farmland and other green spaces. You can see them wrapped around power lines, in trees and even in yards.

## It ends with serious consequences

In addition to being unsightly litter, balloons are extremely hazardous to domestic animals and wildlife. The

National Oceanic and Atmospheric Administration (NOAA) states animals often believe the balloon pieces are food.

“Balloons that are released into the air don't just go away, they either get snagged on something such as tree branches or electrical wires, deflate and make their way back down or rise until they pop and fall back to Earth where they can create numerous problems. Many balloons that are not properly disposed of end up in the ocean and along shores, becoming marine debris. Balloons can also be mistaken for food and if eaten and ingested, balloons and other marine debris can lead to loss of nutrition, internal injury, starvation and death.”

## The bleak result

The latex or mylar gets lodged in the digestive tract and the animal can no longer eat. It's a slow, painful death by starvation. The strings or ribbons attached to the balloons are just as deadly. Birds can get them wrapped around their necks, beaks or feet. Again, it's a slow and painful death. So many animals have been killed — marine species like dolphins, whales and turtles; cows and sheep; pet dogs; ducks and geese.

The U.S. Fish and Wildlife Service and local chapters of the National Audubon Society are urging people to stop releasing balloons and to find alternatives that are safer for animals and our planet. Several states and cities in the U.S. and abroad have passed laws regarding mass balloon releases. The following ten states have laws banning or limiting the release of balloons: California,

Connecticut, Delaware, Florida, Hawaii, Maine, Maryland, Rhode Island, Tennessee and Virginia.

More than 270 scientists and other experts rated balloons as one of the major threats to marine mammals, seabirds and turtles. During an examination of more than 1700 deceased seabirds, researchers at the University of Tasmania found nearly one in five died from ingesting a balloon or balloon pieces. Soft plastics represented just five percent of the debris ingested but caused 40 percent of deaths. In an effort to convince people to stop releasing balloons, the U.S. Fish and Wildlife Service has even posted disturbing images of dead wildlife on their website.

## What can you do instead of releasing balloons?

1. I've seen many families and organizations plant trees in honor of someone. This gives you a chance to honor that person year after year as you watch the tree grow.
2. Blow bubbles. You can make an eco-friendly bubble solution with dish soap.
3. Throw flower petals.
4. Hold a beautiful candlelight vigil.
5. Have a bonfire.
6. Fly kites.

Get creative. Come up with some other ways to honor/celebrate. Be responsible and think about your actions. No one wants to cause harm to animals or our environment.

*Cheryl Conley  
Lake Creek Preserve  
Board of Directors*



Left: Bird carcass strangled by balloon.  
Center: Bird carcass hanging by balloon string.  
Right: Sea turtle carcass caused by balloon suffocation.

MONARCH LANDSCAPE MANAGEMENT

# Woodwind Lakes Monthly Services Update



**December completed events**

- Irrigation inspection (comp 12/21)
- Site Audit
- Tocatta esplanade hole fill in and steel edging removal (comp 12/20)
- Shrub and groundcover fert. w/InD (comp 12/4)

**Upcoming events**

- Irrigation inspection (1/22)
- Site Audit

**Details we are focusing on this month**

- Debris removal on setbacks on Windfern.
- Remove fallen branches around lakes in natural areas in phases that we can manage.
- Trimming for layering on property.

Monarch Landscape Management will be providing monthly updates for our residents. Besides being included in the monthly newsletter, they will also be located on our website at [www.woodwindlakeshoa.com/Community/MonarchUpdates](http://www.woodwindlakeshoa.com/Community/MonarchUpdates).





# HARRIS COUNTY CONSTABLE, PRECINCT 4

## CONSTABLE MARK HERMAN

*"Proudly Serving the Citizens of Precinct 4"*

6831 Cypresswood Drive ★ Spring, Texas 77379 ★ (281) 376-3472 ★ www.ConstablePct4.com

Monthly Contract Stats

### WOODWIND LAKES

For December 2023

#### Categories

Burglary Habitation: 1	Burglary Vehicle: 0	Theft Habitation: 0
Theft Vehicle: 0	Theft Other: 0	Robbery: 0
Assault: 0	Sexual Assault: 0	Criminal Mischief: 0
Disturbance Family: 0	Disturbance Juvenile: 0	Disturbance Other: 0
Alarms: 5	Suspicious Vehicles: 2	Suspicious Persons: 0
Runaways: 0	Phone Harrassment: 0	Other Calls: 24

#### Detailed Statistics By Deputy

Unit Number	Contract Calls	District Calls	Reports Taken	Felony Arrests	Misd Arrests	Tickets Issued	Recovered Property	Charges Filed	Mileage Driven	Days Worked
W14	17	35	4	1	1	11	0	3	1032	18
W15	60	40	10	1	1	14	0	2	1044	19
<b>TOTAL</b>	<b>77</b>	<b>75</b>	<b>14</b>	<b>2</b>	<b>2</b>	<b>25</b>	<b>0</b>	<b>5</b>	<b>2076</b>	<b>37</b>

#### Summary of Events

##### BURGLARY HABITATION:

7900 SCHERZO LN- a Known female complainant stated that an unknown suspect(s) made entry into her home and stole property from within.

##### OTHER CALLS:

8100 WAYNEMER WAY- A known female complainant stated that an unknown suspect(s) struck the back side of her parked vehicle and then fled the scene without providing any information. The complainants vehicle was parked on the roadway where the offense occurred.

##### Alarms:

Deputies responded to 5 residential alarms that were all cleared as false or cancelled.

##### Suspicious Vehicles:

Deputies responded to a 2 suspicious vehicle calls that were all cleared as GOA or information.

##### Suspicious Persons:

Deputies responded to 0 suspicious person calls that were all cleared as GOA or information.

Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing the possibility of accidents.

Deputies conducted multiple contract, neighborhood and business checks within the contract increasing visibility while performing regular patrol duties.

Deputies responded to 24 other calls within the contract including:

Motor Vehicle Accidents	Follow Up Investigations	Stranded Motorist
Animal Humane	Information Calls	Traffic Hazard
Child Custody Disputes	Meet The Officer	Unknown Medical Emergency
Domestic Preventions	Lost Found Property	Abandoned/Speeding Vehicles
D.W.I.	Sex Offender Verification	Welfare Checks