



Poutine Palooza 2019 –

Poutine Eating Contest

Official Rules and Regulations



1. The poutine eating competition is open to all amateur eaters 10 and under, 11-17 and 18 years or older who are in good health. Any competitor with a serious ailment or health problem may not compete in the contest. Participants must have no known food allergies, including but not limited to potatoes, gravy (beef or chicken) or cheese. Anyone appearing to be under the influence of any substance will not be allowed to enter the contest.
2. A nonrefundable entry fee for each category 10 and under **FREE**, 11-17 **\$10** and 18 and up **\$20** must be paid to participate (helps pay for trophies and prizes)
3. Registrations will be accepted until August 16 at 6:00pm. Registration forms can be downloaded from website at www.StJohnValleyChamber.org, click on **Poutine** banner. Return Registration form to Chamber at 356 Main Street, Madawaska, ME 04756 by above date.
4. The contestant that eats their entire poutine first will win. There will only be one first place winner for each age category
5. All contestants must arrive 1/2 hour prior to event and sign in at registration table.
6. Contestant will be seated at a table, outside.
7. A time limit of 20 minutes will be given for the event, or once the last contestant is done (whichever comes 1st)
8. All trays (containers) will be weighed prior to event.
 - * 10 and under 1.5 lb. Poutine
 - * 11-17 2.5 lb. Poutine
 - * 18 and up 6 lb. Poutine
9. The use of utensils or hands is allowed.
10. Contestants may drink (non-alcoholic) beverages during contest.

Grounds for disqualification include:

11. Competitors may not touch the poutine tray or poutine in the tray before the contest begins.
12. Inappropriate language or gestures or clothing that is deemed inappropriate or unattractive.

13. Competitors may eat sitting down or standing up in their designated areas. Any contestant leaving their designated area during the contest will be disqualified.
14. Competitors may not make physical contact with any other competitor at any time. Any competitor who deliberately contacts another competitor will be disqualified.
15. Each contestant will have a judge overseeing their trays.
16. Judges will ensure all poutine is eaten before calling a winner.
17. Uneaten poutine will be placed back on contestant's tray.
18. When time is up, contestant will have 20 seconds to swallow what is in their mouth or they must spit it back on to their tray.
19. Ties will result in contestants eating another 5 minutes and whoever eats the most being deemed the winner.
20. If a competitor "returns" eaten poutine at any time during the competition or during the time, period the tray totals are being tallied, we will deduct that amount from total. Baskets will be provided near each competitor.
21. If disputes arise before, during or after the contest, not explicitly covered by these official rules, the Executive Judge's decision will stand with the same finality as the rules.
22. All Contestants names and pictures may be used by the St. John Valley Chamber of Commerce for future promotional purposes.

 PLEASE RETURN BOTTOM PORTION TO THE SJV CHAMBER OF COMMERCE



Poutine Eating Contest Registration Form & Waiver

Name: _____ Date of Birth: _____

Street: _____ Town/Zip: _____

Phone Number: _____

Check here that you have read below

I know that eating large amounts of poutine is potentially hazardous and an uncomfortable activity. I should not enter and eat unless I am medically capable. I realize that this is all in good fun, and possibly bad taste, but I agree to be a good sport. I agree to abide by the Official Rules & Regulations above, and I have read them. I assume all risk associated with eating in this type of event including, but not limited to, indigestion, that stuffed feeling and a general dislike of poutines after I am done. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the St. John Valley Chamber of Commerce, the Town of Madawaska (Acadian Festival), the Big Rick's Burgers & Wings and the contest organizers from all claims of liabilities of any kind arising out of my participation in this event.

Signature _____ Date: _____