

College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES
Friday, July 20, 2018 – 11:30am to 12:45pm
Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Johnny Case, Pennie Mack, Frank Williams, Kim Johnson, and Deanna Lundberg.
Guest: Sohail Eftekhazadeh, Lisa Albert, Orlando Vera, Danisha Soto, and Olivia Rocha.

- I. Call to Order – 11:30 am**
- a) Welcome – Everyone introduced themselves.
 - b) Approval of Agenda – The agenda was approved by Frank Williams, seconded by Pennie Mack.
 - c) Approval of Minutes – The minutes were approved by Johnny Case, seconded by Kim Johnson.
- II. Reports**
- a) Program Director Report- Sohail Eftekhazadeh
 - o Sohail read the Program Director's Report.
 - b) President's Report- Johnny Case
 - o Johnny reviewed last month's MAB minutes.
 - o Johnny thanked Pennie and expressed how much he values Pennie's input as Vice President.
- III. Unfinished Business**
- a) Reading a portion of the by-laws.
 - o Kim read Article IV, Section III, Duties of Officers.
 - o After listening to the by-laws, Pennie stated she now knows more about her position as Vice President.
 - o Pennie acknowledged that she learned if Johnny, the MAB President, isn't available she would be acting President.
 - o MAB members expressed that they learned the Secretary's role is to help the President and Vice President put together the agenda.
 - o Sohail announced if it is needed, the MAB President can call an emergency meeting.
 - o Frank informed the MAB Members that he prefers to be contacted by phone or by text message rather than email.
 - b) Calendar of Assignments: Chat With MAB (April 2018)
 - o Wednesday, August 1st, 2018 – Kim Johnson
 - o Wednesday, August 8th, 2018 – Johnny Case and Frank Williams
 - o Wednesday, August 15th, 2018 – Johnny Case and Kim Johnson.
 - o Wednesday, August 22nd, 2018 – Multicultural Celebration (no Chat with MAB)
 - o Wednesday, August 29th, 2018- Pennie Mack
- IV. New Business**
- a) Review Group Evaluations.

- Sohail explained that group evaluations are facilitated twice a year. All, staff, co-facilitators, and contractors are asked to provide class attendees with a group evaluation form at the end of the class.
 - Sohail announced, overall, the feedback from the group evaluations was very positive.
- b) Review Contractual Goals
- Danisha explained the contract goals requirements.
 - Danisha informed the MAB that Wellness Center Central (WCC) met and/or exceeded all contract goals during fiscal year 2017-2018.
 - Johnny added it is important that MAB members encourage members of the program to attend REI, community integration, and volunteerism.
 - Johnny thanked Danisha for her input and information.
- c) Review “Chat with MAB” results and other member feedback.
- Johnny stated Chat with MAB is going real well.
 - Johnny noticed when Deanna and Kim facilitated Chat with MAB, they went to the members instead of waiting in the room for members to come to them.
 - Frank and Pennie stated they received a lot of feedback from new members.
 - A new member enjoyed playing video games.
 - Another new member attended Chat with MAB to inquire about what MAB was.
 - A member stated that he loves the WCC classes.
 - Another new member stated how much he enjoys WCC.
- d) MAB collaboration and engagement with Multicultural Celebration Day.
- Orlando asked the MAB to ask WCC members for their input about the Multicultural Celebration.
 - Orlando asked if the MAB can help come up with a theme for the Multicultural event.
- e) MAB roles and responsibility
- Sohail would like the MAB to discuss their position roles.
 - Pennie stated that she just found out the Vice President should meet with Sohail to review and answer the comments and suggestions.
- f) Campus Safety
- Sohail asked MAB members to not prop open the back door.
 - Sohail informed the MAB that it is important to have everyone enter through the front door so WCC can know who is entering the building.
 - Danisha explained to the MAB that it is important to have people enter through the front so they can sign-in. In case of an emergency evacuation WCC will not know who is in the building.
- g) Volleyball during the summer months.
- Johnny announced WCC members would like to sign a waiver to play volleyball even if weather conditions are to extreme.
 - Sohail expressed that he cares about our members playing volleyball in the heat.

- Danisha shared that she cares for our members and would not like them to get sick due to be exposed to extreme heat.
- Sohail explained to the MAB that the heat rule is not only protocol it is also for the safety of our members.

V. Announcements

- a) Kim complimented Johnny by doing a great job in his role as MAB President.
- b) Johnny thought it was great that Frank let the MAB know he would like to be contacted.

VI. Open Forum (Visitors)

- a) (No visitors present)

VII. Upcoming Calendar

- a) Next MAB meeting, Friday, August 17th, 2018, from 11:00am to 12:30pm.
- b) Multicultural Celebration Day, Wednesday, August 22nd, 2018, from 1:00pm to 4:00pm.

VIII. Adjournment

- a) Johnny adjourned the meeting at 12:43pm.