



#### **SEPTEMBER MONTHLY SCHEDULE:**

##### **DAILY: Congregate Lunch**

11:30 am

Please RSVP 24 hours prior.

##### **MONDAY:**

Exercise Class 9:00 am

Euchre 12:30 pm

##### **TUESDAY:**

Bingo • Free • 10:15 am

Learn to play Bridge w/Al

12:00 pm

Clogging Group 3:00 pm

##### **WEDNESDAY:**

Exercise Class 9:00 am

##### **THURSDAYS :**

Chair Yoga 12:30 pm

##### **FRIDAY:**

Exercise Class 9:00 am

Bible Study 10:30 am

Bingo • Free • 10:00 am

Euchre Tables 12:00 pm

Line Dancing 1:00 pm

#### **SEPTEMBER CALENDAR**

##### **NOTES**

2nd, 3rd Mondays by ap-  
pointment SOLE SOLUTIONS foot-  
care clinic

Tuesday, September 16th  
Commodity Box Delivery 8am

Wednesday, September 3rd  
CRAFTING w/SONYA 1pm

Wednesday, September 10th  
Board Meeting 10:15pm

Wednesday, September 17th  
S.A.L.T. Council 1pm

It's hard to believe it's September already! It feels like summer has flown by. I always look forward to fall and the change of season. Fall is one of our favorites.

The Center is putting a team together to participate in the annual Alzheimer's Walk on Saturday, Sept. 6 at Mary Virginia Crites Park. Please let us know if you would like to join the team! All are welcome. We are also raising funds for the event, if you would like to contribute to help us reach our goal of \$500.

The Center will be closed in observance of Labor Day on Monday, Sept. 1.

The monthly Caregiver Support Group will meet on Thursday, Sept. 11 at 1 p.m. Also, on that day there will be chair yoga at 12:30 p.m. followed by Sound Bowl Meditation at 1 p.m. All are welcome to join.

Please join us for our Monthly Fellowship on Tuesday, Sept. 16 at 11:30 a.m. Please RSVP by calling the center at 740-474-8831 by Friday, Sept. 12 if you are attending.

The Pickaway County Health Department will have a flu shot clinic on Monday, Sept. 29 from 10 a.m. until 2p.m. No appointments are needed. Walk-ins are welcome. Call 740-477-9667 for more information.

Please join us for lunch or an activity at your senior center.

Holly Romine

Pickaway County Commission on Aging

**BOARD OF DIRECTORS:**

Sally Galecki President

Ellery Elick Vice President

Joy Ewing Treasurer

Al Canarsky Membership Rep

Holly Romine Director

Dennis Bothel Fiscal Officer

Robin Van Gundy Secretary

Bob Mabe Krista Bower

Jenna Logan Andy Bull

Grant Davis Harold Henson

Sheriff Matthew Hafey

**Pickaway County  
Commissioners:**

Jay Wippel

Gary Scherer

Harold Henson

**MEETING: 2ND WEDNESDAYS**

**SUGGESTED CONGREGATE  
LUNCH DONATION IS \$4  
FOR SENIORS 60+**

**ALL AGES ARE WELCOME!**

PLEASE RSVP THE DAY PRIOR

**PICKAWAY  
SENIOR CENTER**

2105 Chickasaw Drive  
Circleville OH 43113

**[pickawayseniors.org](http://pickawayseniors.org)**

**Office 740-474-8831**

**Toll Free 888-397-7246**

**Fax 740-477-8114**

**Office Hours:  
Monday-Friday  
8am — 4pm**

*Services provided Monday ~ Friday*

**Adult Day Care:**

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

**Services available  
Tuesday—Thursday  
9am—1pm.**

Transportation and lunch provided.



**Congregate  
(Shared) Meals**

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



**Meals on Wheels:**

A hot, nutritious lunch delivered to your home five days a week.



**Transportation**

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

**National Family  
Caregiver Support  
Program**

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

**Supportive Services**

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

**For additional  
information on  
any of these  
services, call  
Pickaway  
Senior Center:**

**740-474-8831**

*We Are  
here to  
—help—*

**PROVIDED MONTHLY**

**Commodity  
Supplemental Food  
Program (CSFP)**

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on THIRD Tuesdays.



**O.S.H.I.I.P. WILL  
BE HERE TO  
ANSWER ALL OF  
YOUR MEDICARE  
QUESTIONS  
9/17/25 9:30am**

**The Pickaway  
Senior Center  
is a non-profit  
organization.**

**We are supported by  
financial  
contributions from:**

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

**EQUAL**



**PROVIDER**



## SEPTEMBER BIRTHDAYS-HAPPY BIRTHDAY!



### SEPTEMBER

1

Julia Smith  
Therrel Van Crran

2

Margaret Remy  
Tony Robinson

3

Janice Atwood  
Robert Brown  
Cindy Bucher  
Peggy Krc  
Paula Richmond

4

Barb Smallwood  
Kimberly Walters

5

Betty Wolford

6

Doris Heater

7

Sandra Hedrick  
Dorothy Jones

8

Norma Fosnaugh  
Patricia Dresbach  
Patricia Flinner  
Ben hall  
Rhea Harber

9

Sally Lemaster  
Barb Fetheroff  
Robert Blankeman

10

Sondra Ferrell  
Judy Morrison

11

Carolyn Shaw  
Eric Pelton

12

Alberta Rutt  
Penny Pember  
Tomm Wallace

13

Della Echart  
Joyce Haddox

14

Rebecca Myers  
Becky Neff  
Martin Frey  
Jeanne Crider  
Carl Fuller

15

Dorothy Knipp  
Anna Lawless  
Diane Lester

16

Dorothy Cormany  
Raylene Shapiro



17

Don Lowery  
Barbara Wing  
Joe Schnieder  
Pamela Wolf

18

Rhea Harper  
Darlene Jackson

19

Robert Blankman

21

Dianne Hartley  
William Robinson  
Carolyn Pyle  
Gloria Collopy

22

Helen George  
Steven Schroedinger

23

Francis Dorris  
Beverly Currence  
Tillie Neff  
Anne Orin

24

Sandra Burns  
Linda Barbee  
Paul Vance

25

Viv Newell  
Maryanne Janes  
Patricia Drummond

26

Charles Hemming

27

Diane Brady  
Becky poling  
Shirley Reeser

28

Nanisa Osborn

29

Elliot Hawks  
Betty Myers  
Anna Harbor  
Douglas Blair  
John Kyle  
Steve Billups

30

Dorcus Morrow

### **Blood Pressure Clinic**

the last Tuesday of each month!



**ALL ARE WELCOME!**

Tuesday, September 30 10:30 am

***SPECIAL THANKS***  
**EXERCISE CLASS**  
**DONATED A GRAND**  
**TOTAL OF \$299**  
**IN THE MONTH OF**  
**JULY**

### New Members

Shirley Cantrell  
Peggy Gibson  
Don Smallwood  
Melissa Janks  
Paul White  
Ronald Davis  
Jacqueline Ford  
Mike Piggott  
Jenilynne Stevens  
Gary Courtright  
Shirley Warren  
Bob Warren  
Carla Smihberger  
Marta Hawley

### Program Donations

J.C Louis  
Judy Imler  
Mary Shultheis  
Susan Patrick  
Jeanne Crider  
Dorothy Imler  
Brad Dalrymple  
Teresa Stevens  
Donald & Margaret Kadunc  
Wayne & Janice Atwood  
James & Adkins  
Jane Shaw  
James & Naomi Adkins

**THANK YOU**  
for your generosity

*Your*  
*donations*  
make a difference  
*in our*  
*Community!*

### Memorial/Honor of Donations

In Memory of  
Mary Grubb on her  
birthday

Given by,  
Julie Imler

In Memory of  
Richard D. Fenwick  
8/04/2021

Given by,  
Judy E. Fenwick

In Memory of  
Thomas Tricky  
Brother of Jeanne Crider

Given by,  
PSC Line Dancers

In Memory of  
(Mom) Georgetta Dean-  
Jones

Given by,  
John & Larry Dean & family

In Memory of  
Mary Jean Sthrome

Given by,  
Norma Gochenour



### Pickaway County S.A.L.T. Council Meetings

Come Join the Pickaway  
County S.A.L.T. Council

**WHEN:** Every **Third**  
Wednesday of the month

September 17th

**WHERE:** Pickaway Senior  
Center 2105 Chickasaw Dr

**TIME:** 1:00 pm

**In Memory or Honor of...**

*Recognition Gifts are life-giving donations which support the wellbeing of seniors throughout the county. **THANK YOU.***

Enclosed is my gift of \$ \_\_\_\_\_

In: ☐ Memory of: or ☐ Honor of:

---

Occasion: ☐ Birthday ☐ Anniversary ☐ Other \_\_\_\_\_

Given by:

---

***Please make checks payable to the Pickaway Senior Center. Mail gift to:  
Pickaway Senior Center • 2105 Chickasaw Drive • Circleville OH 43113***

**: Dues are \$10.00 per year per person. Thank You.**

**Renew your membership to ensure you continue to receive the newsletter.**

---

NAME

---

ADDRESS

---

CITY/STATE/ZIP

---

EMAIL ADDRESS

---

TELEPHONE

---

BIRTH DATE

MEMBERSHIP(S): \$10 per person + DONATION to \$10 Fund = CHECK TOTAL \$ \_\_\_\_\_

CHECKS PAYABLE: Pickaway Senior Center MAIL TO: 2105 Chickasaw Dr, Circleville OH 43113



# Caregiver Support Group



Central Ohio Chapter



New location and time!

## **Presented By:**

**Alzheimer's Association**

Central Ohio Chapter

Are you caring for someone living with Alzheimer's or another form of dementia and looking for support?

**Next Meeting September 11<sup>th</sup> at 1pm!**

**Please join us on the 2nd Thursday of every month at 1pm.**

Pickaway Senior Center  
2105 Chickasaw Dr.  
Circleville, OH 43113

Please call 800-272-3900 to register

## **Build a support system with people who understand.**

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

• 614-457-6003 •

**ALZHEIMER'S**  **ASSOCIATION**® • [alz.org/centralohio](http://alz.org/centralohio) •



PROMEDICA PRESENTS:



12:30PM EACH THURSDAY



CRAFTING WITH

*Sonya*

of Pickaway Manor

WEDNESDAY 09 03 • 1PM

RSVP • 740.474.8831

Sponsored by Heritage Health Care



WITH SUE  
SEPTEMBER 24TH  
12:15 PM

PLEASE JOIN US FOR  
BIBLE STUDY  
EVERY FRIDAY AT  
10:30 AM

SOLE SOLUTIONS

Nurse Delivered Footcare



2ND & 3RD MONDAYS

September

9am—1:30pm

BY APPOINTMENT ONLY

Call the center

**614-361-5284**

to set your appointment

**\$40 FOR ½ HOUR**



All new 18 private  
rehab Suites

*You have a choice*

**LOGAN ELM**  
— HEALTH CARE —

THE RIGHT PLACE. THE RIGHT CHOICE.

370 Tarlton Rd.  
Circleville, OH

740.474.3121





# Avoid The Flu!

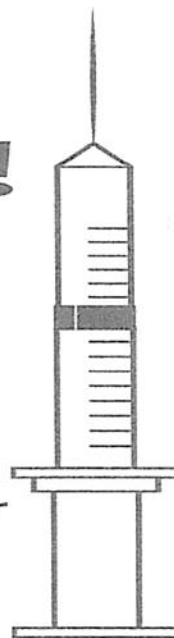
Get the flu shot

**Monday  
September 29, 2025  
10AM-2PM**

**Pickaway County Senior Center  
2105 Chickasaw Drive  
Circleville, OH 43113**

No Appointment Needed

For more info call : 740-477-9667





### Trusted In-Home Care

Live life your way! From a few hours to 24/7 care, we're there when and where you need us.

Personal Care, Housekeeping, Companionship and More!

**740-689-9410**  
[homehelpershomecare.com/lancaster](http://homehelpershomecare.com/lancaster)  
Each office is independently owned & operated



## LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

**CONTACT ME Dan Goben**

[dgoben@lpicommunities.com](mailto:dgoben@lpicommunities.com) • (800) 950-9952 x2633

### PICKAWAY METROPOLITAN HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace

- Providing affordable housing for elderly/62 years or older and/or disabled

176 Rustic Drive • Circleville, Ohio 43113  
740-477-2514 • Fax: 740-477-7456  
email: [pmha@pickawaymha.com](mailto:pmha@pickawaymha.com)  
TTY/TDD Customers:

Contact Ohio Relay Services at 711 or 1-800-750-0750  
This institution is an equal opportunity provider and employer



# Heartland



## HOSPICE

116 Morris Rd., Suite B • Circleville, OH 43113  
**740-420-0605**



# LUXE

## REHABILITATION & CARE CENTER

(Formerly Crestview Rehabilitation)

◆ **REHAB** ◆ **SKILLED NURSING**  
◆ **MEMORY CARE**

Admissions 24/7 Including Evenings, Weekends & Holidays

**740-654-2634 Fax 740-212-8488**  
[admissions@luxerehabcenter.com](mailto:admissions@luxerehabcenter.com)  
[www.luxerehabcenter.com](http://www.luxerehabcenter.com)  
957 BECKS KNOB RD., LANCASTER, OH 43130





WE WILL ALWAYS REMEMBER

# GONE, NOT FORGOTTEN

This September 11th, we remember the innocent lives lost, the heroes who stepped forward, and the unity that carried us through.

## Hear What You've Been Missing!

Trusted Care for 78 Years - Specializing in Hearing Aids and Hearing Tests

- Doctors of Audiology
- Be part of the conversation again
- Hear clearly in noisy surroundings
- No-risk guarantee

1420 Circleville Plaza Dr (Free Parking off Route 23)

**Call 740.571.4842**



HearOhio.com



**Luebbe**  
Hearing Services



WE APPRECIATE OUR  
ADVERTISERS!

Pickaway County's  
Premier Senior Living Campus

The Wyngate  
at Circleville



- Independent Living Apartments
- Assisted Living



Winnie says  
"Give us a call or stop by!"

745 Northridge Road • (740) 474-1411  
[www.wyngatecircleville.com](http://www.wyngatecircleville.com)



**740.474.6238**  
158 East Mound St  
Circleville

**BROWN**  
MEMORIAL HOME

The Trusted Senior Care Provider For Over 125 Years

[BrownMemorialHome.org](http://BrownMemorialHome.org)



Pickaway Senior Center  
2105 Chickasaw Dr.  
PO Box 565  
Circleville OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville OH 43113

RETURN SERVICE REQUESTED

Current Resident



## DON'T MISS OUT

Check out upcoming  
events and activities  
at the Center!

Director's Desk.....p1  
Overview of Services..... p2  
Birthdays ..... p3  
Recognition Gifts Form ....p4  
Welcome & THANKS .....p5  
Caregiver Support.....p6  
Activities ..... p7  
Flu Shot.....p8  
911 Tribute .....p9  
Congregant Meal Menu... p10  
Activities Calendar ..... p11  
Vital Stats, Generosity .....p12

## SEPTEMBER STATISTICS

### Transportation

41 people  
223 transports  
3103 miles

### Adult Day Care

9 people  
62 transports  
500 miles

### Hot Meals Delivered

7880 meals  
8274 miles

### Meals Served In Person

498 congregate meals

### Commodities Disbursed

86 families served



Your donations are  
**VITAL** to daily  
Center operations!

Donations received by the  
10th of the month are includ-  
ed in the newsletter; those re-  
ceived after 09/11 will be in-  
cluded in the September  
newsletter.

Thank you for your

WE MAKE A  
LIVING BY  
WHAT WE GET.  
WE MAKE A  
LIFE BY WHAT  
WE GIVE.

WINSTON CHURCHILL