

FLIPSTAR GYMNASTICS

2021-2022

& NINJA

Flipstar
GYMNASTICS

231-845-1385

CLASS SCHEDULE *SPACE IS LIMITED! SPOTS HELD WITH PAYMENT!*

- ♦ **Fall Term:** Sept 13 - Nov 19 10 weeks (closed Nov22-26)
- ♦ **Winter Term:** Nov 29 - Mar 4 10 weeks (closed Dec13-Jan7)
- ♦ **Spring Term:** Mar 7 - May 27 10 weeks (closed Mar28-Apr8)
- ♦ **Summer 2022:** Classes & Day Camp Schedule *TBD*

Watch our website for the most updated schedule of events.

PRICING & INFO

- ♦ **Annual Membership Fee:**
\$45 single child; \$65 two or more children in same family
- ♦ **Class Prices for 10-Week Terms:**
45min classes \$148; 55min classes \$168; 75min classes \$198
- ♦ **Sibling Discount:** 10% off sibling child's tuition price.
- ♦ **Multiple Class Discount:** 25% for same child in same term.

HOW IT WORKS & WHAT TO WEAR

**MEMBERS GET A DISCOUNT ON
OPEN GYMS & BIRTHDAY PARTIES**

It's easy to enroll your child at Flipstar! Class choices are listed below. Choose one section that works with your family schedule and always bring your child to that section of class. Kids should wear soft workout-style shorts and tshirt or tank top (leotards are optional). Long hair must be pulled back. All kids are barefoot in the gym. A signed Class Waiver and Covid-19 Waiver are required for participation. All kids begin in recreational classes. Advancement through our program is handled on an individual basis with placement by assessment and invitation only.

RECREATIONAL CLASSES FOR GIRLS & BOYS

No Experience Necessary!

- ☺ **Mommy & Me, Ages 18mos thru 3-1/2yrs**
One adult required to participate with your child
Mondays 5:15pm-6pm (\$148, 10wks)
Wednesdays 6:15pm-7pm (\$148, 10wks)
- ☺ **Tumble Tots, Ages 3-1/2 & 4**
One adult required to participate with your child
Mondays 5:15pm-6:00pm (45min \$148, 10 wks)
Mondays 6:15pm-7:10pm (55min \$168, 10 wks)
Wednesdays 5:15pm-6:00pm (45min \$148, 10 wks)
- ☺ **Tumble Weeds, Ages 5 & 6**
Mondays 4:00pm-4:55pm (\$168, 10 wks)
Mondays 6:15pm-7:10pm (\$168, 10 wks)
Wednesdays 4:00pm-4:55pm (\$168, 10 wks)
- ☺ **Tumble Weeds, Ages 7 & 8**
Mondays 4:00pm-4:55pm (\$168, 10 wks)
Wednesdays 7:15pm-8:10pm (\$168, 10 wks)
- ☺ **Tumble Weeds, Ages 9 & Up**
Mondays 7:30pm-8:25pm (\$168, 10 wks)
Wednesdays 7:15pm-8:10pm (\$168, 10 wks)
- ☺ **Boy's Only "NINJA", Ages 7 & Up**
Obstacle Courses & Parkour-Style Moves 
Mondays 7:30pm-8:25pm (\$168, 10 wks)

COVID-19 PROCEDURES IN PLACE:

- ♦ Sanitizing all hands at entry/exit and between event rotations.
- ♦ Water bottles required - no drinking fountain.
- ♦ Cleaning/sanitizing equipment between and after classes.
- ♦ Skills and drills stations set up 6' apart.
- ♦ Ozone air cleaner each night for the whole gym.
- ♦ Virtual viewing through Zoom.us

ADVANCED CLASSES BY INVITE ONLY

Testing Placement Required

- ☺ **Intermediate Tumble Weeds**
Mondays 6:00pm-7:15pm (\$198, 10 wks)
- ☺ **Advanced Tumble Weeds (Formerly Tiny Team)**
Monday 4:30pm-5:45pm (\$198, 10 wks)
Wednesday 5:45pm-7:00pm (\$198, 10 wks)
- ☺ **Advanced Boy's Ninja**
Mondays 7:30pm-8:45pm (\$198, 10 wks)

COMPETITIVE XCEL TRAVEL TEAMS

By Invitation Only

- ☺ **XCEL Bronze (Gymnasts participate in meets.)**
Tuesdays 6:30pm-8:00pm
Wednesdays 4:00pm-5:30pm
Wednesdays 7:15pm-8:45pm
Bronze Options:
1x or 2x per week.
Call us for pricing!
- ☺ **XCEL Bronze+, Silver, Gold, Platinum, Diamond**
Tuesdays, Wednesdays, Thursdays
(Times & prices vary by level.)

**CALL US ABOUT OTHER ACTIVITIES!
OPEN GYMS, CHEER TUMBLING & MORE!**

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FlipstarGym.com ~ (231) 845-1385