

## Harvest Years

1977



2017

## Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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### HOURS

Monday - 8 AM - 3 PM  
Tuesday - 8 AM - 3 PM  
Wednesday - 8 AM - 3 PM  
Thursday - 8 AM - 3 PM  
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

### Harvest Years Senior Center, Inc. Board of Directors 2018

Richard Reynolds.....President  
Don Blakey.....Vice President  
Linda McDonald.....Treasurer  
Don Dean.....Secretary

Tom Bones.....Executive Director

Board Members: Vivian McDonald,  
Dick Bewick, Barbara Morton, Joan Schwartz,  
Judie Burke

Next Meeting: APRIL 26, 2018

## Harvest Years Monthly

**APRIL 2018**  
**VOLUME 16 - ISSUE 4**

302 698-4285 - Website: <http://harvestyears.org>

*1977 Celebrating 40 Years 2017*

### HEAR YE, HEAR YE MEMBERSHIP OPEN MEETING

All Members of Harvest Years  
Senior Center are invited to our  
"Follow-Up General Meeting"

To Be Held on  
Tuesday, April 17, 2018  
12:30 P.M.

We will be discussing the progress we have  
made since our first meeting last year.

Many good ideas came out of the 2017  
meeting and we have put several of the  
fundraising ideas into motion for 2018.

We look forward to meeting with you  
again and hopefully some newer ideas may  
be brought to our attention.

*We love your suggestions!*

## Happy "April 2018" Birthdays

2 Gerald Sovinski  
3 Beth Bonnell  
3 Judith Lomax  
3 Valerie Van Pelt  
4 Miriam Koske  
4 Harold Leyh  
5 Richard Bonnell  
5 Margaret Butterworth  
5 Jean Courtney  
6 Eileen Clough  
6 Doris Gillis  
6 Ken Tapper  
7 William Baker  
7 William Brennan  
7 Norville Pontius  
7 Robert Willard

8 Rose Marie Abate  
9 Patricia MacDonald  
11 Roger Hollopeter  
11 Derek Leister  
11 John MacFadden  
11 Beth Parker  
13 Dana Aultman  
13 Barbara Morton  
13 Virginia Phillips  
15 Judy Bungori  
15 Ruth Jones  
15 Alan Parker  
16 Charles Likens  
16 John MacDonald  
19 Kandy Bedwell

19 Frederick Brace  
19 Nancy Ochs  
19 Ginger Warnecker  
19 Connee Woolford  
22 Bobbi Hudson  
23 Emilie Courtney  
23 Estella Lord  
23 Doris Parks  
26 Joyce (Joy) Carrow  
27 Betty Powell  
27 Catherine Rockwell  
27 Paul Woikoski  
29 Viola Hall  
29 Marilyn Herzfeld  
30 Rose Larimore

## Thinking of You on Your Birthdays

**\*\*\*PLEASE BE SURE TO CALL - (302) 698-4285\*\*\***

**\*\*\*PLEASE MAKE YOUR (RESERVATION ) FOR A FREE BIRTHDAY LUNCH\*\*\***

We invite you to a **BIRTHDAY LUNCH** here at Harvest Years as part of your membership. HOWEVER, you must attend the **BIRTHDAY CELEBRATION** on our "**BIRTHDAY DAY**" which is always the **third Thursday** of each month. You must "eat-in". You may not "take-out" the free meal. If you do not see your name on the list of names for **APRIL** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane.....  
**HAPPY BIRTHDAY and Thank You...**

**LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM**

**YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO APRIL 19, 2018 PLEASE CALL (302) 698-4285.**



**TAX TIME IS HERE**

**FEBRUARY - APRIL 2018**

**AARP TAX-AIDE FOUNDATION VOLUNTEERS**

**WILL BE AT HARVEST YEARS SENIOR CENTER  
30 SOUTH STREET, CAMDEN, DE**

**ON TUESDAY AND THURSDAY MORNINGS ONLY**

**Beginning Tuesday, February 6th and Ending Thursday, April 12th**

**From: 9 A.M. - 12 NOON**

**CALL: 698-4285 For More Information & Schedule an Appointment**

FROM YOUR EXECUTIVE DIRECTOR  
TOM BONES



**AT LAST!** Spring has Sprung here at The Harvest Years! Our clocks have sprung forward, the snow is behind us and we have more sunny, warm days to look forward to and enjoying. Yes, things are definitely looking brighter here at The Harvest Years!

April looks to be a busy month as we have two fundraisers coming up. First will be our Quarter Auction, on Saturday, April 21st, 1 PM - 4 PM, and then our Game Day on Friday, April 27th, also from 1 PM - 4 PM. We are still in need of many helping hands for these fundraisers. Please let the front desk know what you can do to help us.

The AARP Tax Service Program is winding down. We still have some limited appointments left, so please give us a call. We do not want you to miss out on this free service.

Please mark your calendars for the 55+ Senior Expo on Wednesday, April 18th from 9 AM - 4 PM at Dover Downs. As always we will be providing free round trip transportation from the Center to the Expo. Please make your reservation to attend this great yearly event!

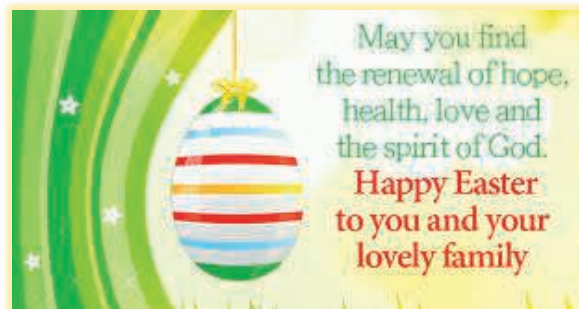
Our new Flag Pole will be dedicated in the month of April. The date and time to follow.....stay tuned.

Thank you to all those members and friends who have continued to bring in your receipts from Redners. We all appreciate your help. As a reminder, please be sure to bring in the entire receipt. When we turn the receipts into Redners they will not accept partial receipts. Again, thanks for all your help.

*Here's hoping that April showers bring many beautiful May flowers!*



## Activity Notes by Diane Amoroso



**Easter** always brings us a renewal of hope, health, the spirit of God in our lives and it also brings us a new season of warm, sunlit days, the re-birth of beautiful flowers and trees with their abundance of colors. It's a new awakening of life after a cold, harsh winter.

Now, it's time to get out of the house and enjoy this renewed season. We have many fun things planned and we hope you join us throughout the spring, summer, and fall months. Let's get out and enjoy the great outdoors.

Our activities calendar is open and you are invited to visit the fabulous landscape of the Finger Lakes Region of New York State, including a dinner cruise on the Colonial Belle along the Erie Canal in June. Next we are taking two 1900's Steam Rail Road rides through the mountains of West Virginia. Both trip itineraries feature exciting shows, fireworks, tours of mansions, museums, wine tasting, botanical gardens, and so much more.







## WELCOME TO THE HARVEST YEARS SENIOR CENTER'S GIFT SHOP

OUR GIFT SHOP FEATURES  
BEAUTIFUL HANDMADE CERAMICS FOR ALL  
OCCASIONS, CRAFTS, JEWELRY, AND SPECIALTY  
ITEMS SUCH AS LAVENDER SCENT BATH OILS  
AND SPRAYS. WE INVITE YOU TO STOP IN AND  
LOOK OVER THE GIFTS WE OFFER AT TRULY  
GREAT PRICES. WE ARE SURE YOU WILL FIND  
A VERY SPECIAL GIFT FOR A VERY SPECIAL  
PERSON IN YOUR LIFE.

WE ALSO FEATURE BEAUTIFUL HANDMADE  
BOWS TO DECORATE YOUR GIFT PACKAGE.

**\*\*NEW THIS YEAR: PERSONAL SAFETY ITEMS**  
Pepper Spray, Tasers, Outdoor Warning Signs, etc.

THE GIFT SHOP IS OPEN MONDAY — FRIDAY  
10 A.M. - 2 P.M. DAILY

## 17TH ANNUAL 55+ EXPO

Wednesday, April 18, 2018  
9 AM - 3 PM

Dover Downs Hotel & Casino  
U.S. 13, Dover, DE

*If you would like the Harvest  
Years Bus to transport you to and  
from the Expo, please call the center  
or stop in and add your name to our  
list at the Front Desk. Our Bus will  
leave the Center at 9 AM and will pick  
you up at the Expo at 2:30 PM and  
return you to the center.*

**Transportation: \$10.00 Per Person**

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**302-423-6406 Cell**

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**CLASSROOM COURSE**

\$15 for AARP members

\$20 for non-members

**TO FIND A COURSE NEAR YOU:**

Call Roger at **302-697-1933**

or visit [www.aarp.org/findacourse](http://www.aarp.org/findacourse)

## Harvest Years Report, April, 2018

Brian J. Bushweller, State Senator, 17<sup>th</sup> District

### Spring Is Here! Lots to do in Kent County.

Every spring, as the weather outside starts to warm up a bit, the heat in Legislative Hall turns up, too. This year is no different with many issues on the burner. Starting with increased concern about school safety generated by the recent, horrible shooting at the Florida High School, the issues this year also include legalization of marijuana, the death penalty, minimum wage, loss of casino jobs, lots of budget issues (including the restoration of funding for senior centers like the Harvest Years Senior Center) and others.

But, as you think about these issues and as the weather gets nicer, you might want to take a little break from time to time and take advantage of the many interesting cultural and recreational activities available to us right here in Kent County.

To help in that regard, I have prepared a few suggestions:

Stop by the **Biggs Museum** in downtown Dover. From now until April 29, “the Biggs” presents “African American History Live”, its first group exhibition of works created by African-American artists of Greater Dover and Kent County. Included are paintings, video, photography, fiber, sculpture and more. My wife and I toured the exhibition recently and it was fabulous!

The **Air Mobility Command Museum**. At the south end of Dover Air Force Base is this museum that boasts rare, vintage aircraft from the World War II era to modern, four engine jet transports, plus other Air Force related memorabilia. Last year, more than 100,000 people toured the Museum. Go on over and find out why!

**Legislative Hall**. Speaking of the heat in Legislative Hall, the building itself is open daily for casual browsing and guided tours, even on days the General Assembly is in session. It really is a fascinating, historic place right here in our own County!

How about the **John Dickinson Plantation**? John Dickinson was one of the most influential Delawareans in the founding of our nation. He was a signer of the Constitution of 1787 and was known as the “Penman of the Revolution” for his influential writings of the time. His home is on Kitts Hummock Road south of Dover, which is itself a very pleasant drive down to Delaware Bay.

Back up in Dover is the **Delaware State Police Museum**, located on the grounds of State Police Headquarters, on Route 13 by the Dover Mall. This museum affords a captivating look at the nearly one hundred year history of the DSP, recognized as one of the outstanding state police agencies in the United States.

One of my favorite opportunities right in Dover is the **First State Heritage Park**. Part of the Delaware State Park system, First State links historic and cultural sites in our City that has been the seat of State government since 1777. The Headquarters of the Park is on the Green in Dover. There are daily activities with special events on the First Saturday of each month. Watch the local newspapers for notice of special candlelight tours in the evening during warm months.

There’s lots more to do and to appreciate right here in our own home town. Go on line, check the local papers, ask a friend. Enjoy!



**- APRIL 2018 MENU -**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
2. BLT Sandwich Baked Fries House Salad Pudding w/Whipped Cream	3. Chicken Cordon Bleu Stuffing Green Beans Bread or Rolls Pineapple	4. Chef's Salad Ham, Turkey, Cheese, Tomato, Egg Corn Bread Brownie	5. Spaghetti w/Meatsauce House Salad Italian Bread Fresh Fruit	6. Cheeseburger Lettuce, Tomato Baked Fries Assorted Desserts
9. <u>Breakfast for Lunch</u>  Pancakes Sausage, Eggs, Sweet Roll	10. Liver & Onions Mashed Potatoes Peas Bread or Rolls Fruit	11. Rotisserie Chicken Sweet Potatoes Tossed Salad Pudding	12. Roast Beef Mashed Potatoes Broccoli Bread or Rolls Cherry Cobbler	13. Baked Fish Sandwich Cucumber Salad Chips Assorted Desserts
16. Beef Hot Dogs Baked Beans Cole Slaw Sherbert	17. Baked Chicken Roasted Potatoes Mixed Vegetables Bread or Rolls Brownie w/Ice Cream	18. Baked Meatloaf Mashed Potatoes Buttered Carrots Bread or Rolls Fruit	19. <u>Happy Birthday Luncheon</u>  Roasted Pork Loin Mashed Potatoes Gravy, Green Beans Bread or Rolls Ice Cream & Cake	20. Baked Manicotti Tossed Salad Italian Bread Assorted Desserts
23. <u>All You Can Eat</u>  Chicken Pot Pie Tossed Salad Cookie  <b>\$5.00</b>	24. Beef Stew Tossed Salad Biscuit Fruit	25. Swedish Meatballs Buttered Noodles Peas & Carrots Bread or Rolls Jell-O w/Whipped Cream	26. Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread or Rolls Ice Cream Sandwich	27. Tom's 3 Bean Chili Rice Corn Bread Tossed Salad Assorted Desserts
30. Taco Salad Lettuce, Tomato Cheese, Salsa, Chips Cake	1. BBQ Pork Chops Roasted Potatoes Lima Beans Bread or Rolls Peaches	2. Baked Seasoned Chicken Macaroni & Cheese Succotash Bread or Rolls Pineapple	3. Baked Salmon Brown Rice Vegetable Blend Bread or Rolls Fruit Cocktail	4. Navy Bean Soup Turkey & Cheese Sandwich Lettuce, Tomato Assorted Desserts



**IMPORTANT INFORMATION FOR YOU !**

*Beginning this year, 2018, anyone taking a trip with Harvest Years Senior Center must carry with them a photo ID. Many of our trips will require security screenings. If you do not bring your ID you will not be permitted on the trip.*

## - APRIL 2018 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>3. \$\$8:30 AM - Yoga\$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>4. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand &amp; Foot</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>5. \$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>6. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p> <p>1 P.M. - Pinochle</p>
<p>9. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>10. \$\$8:30 AM - Yoga\$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>11. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand &amp; Foot</p> <p>1 - 3 PM \$\$ ART CLASS \$\$</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>12. <u>Harrington Slots</u> Call Diane to Reserve a Seat</p> <p>\$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>13. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p> <p>1 P.M. - Pinochle</p>
<p>16. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>17. \$\$8:30 AM - Yoga\$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>18. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand &amp; Foot</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>19. \$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>20. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p> <p>1 P.M. - Pinochle</p>
<p>23. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>24. \$\$8:30 AM - Yoga\$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>25. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand &amp; Foot</p> <p>1 - 3 PM \$\$ ART CLASS \$\$</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>26. \$\$8:30 AM - Yoga\$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>27. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p> <p>1 P.M. - Pinochle</p>
<p>30. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p><u>REMINDER</u></p> <p><i>Sight &amp; Sound Show "Jesus"</i></p> <p>THURSDAY, APRIL 19th</p>	<p><u>REMINDER</u></p> <p>SHADY MAPLE</p> <p>TUESDAY, APRIL 10th</p>	<p><u>REMINDER</u></p> <p>9/11 MEMORIAL NEW YORK CITY</p> <p>THURSDAY, APRIL 26th</p>	<p><u>REMINDER</u></p> <p>Rosenfeld's Jewish Delicatessen For LUNCH</p> <p>FRIDAY, APRIL 13th</p>

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# HARVEST YEARS SENIOR CENTER

## "HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934

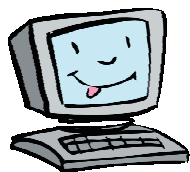
**Pat Reynolds, R.C.**

PROFESSIONAL HAIR STYLIST

Hours: Tuesday, Wednesday, & Thursday  
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

(302) 698-4285



Don't know what to do now that  
you've turned on your  
computer or smart phone?

Let Terry help you! Terry Anderson, a retired  
Air Force Pilot and retired from the Department  
of Education, has volunteered his time and  
expertise to teach a one on one computer class.

He has now offered to teach a one on one class  
on how to use your **Smart Phone**. If you know  
the basics but would like to know more please  
give your name and telephone number to Diane  
and she will set up an appointment with the

**"Computer Guy!"**

Call Diane: 302 698-4285

## \*\*\*TRIP ALERT\*\*\*

I have inserted trip flyers in this issue of our newsletter. If you  
are interested in signing up for any of the remaining trips for  
2018, please do so **ASAP**. A deposit of **\$25.00** is required on  
day trips. Overnight trips require more.

The trips are filling up quickly.

Questions? - Please Call Diane 698-4285



## Our Sincerest Condolences

Jean was a dedicated, hardworking  
member of Harvest Years Senior Center.  
Jean was proud to be in charge of our Dining Room,  
making sure that all the silverware was properly  
wrapped and the tables were set each day for lunch and  
special events. She was at Harvest Years everyday mak-  
ing sure all was in order for everyone to enjoy their day.  
Her **life** and her **passion** was Harvest Years Senior Center.

**She will be deeply missed.**

**Rest in Peace, Our Friend, Jean.**



## GOLDEN DINNER CLUB

**Stargate Diner, Route 13,  
Harrington, Delaware**

**Tuesday, April 17, 2018**

PLEASE JOIN US FOR OUR MONTHLY  
FUNDRAISER—Call Diane before APRIL 13th  
If you are planning on attending



## **ATTENTION TO ALL HYSC VOLUNTEERS**

To all our volunteers: If you  
volunteer at Harvest Years you  
must remember to keep track of  
your hours in our  
RSVP Book located at the  
Front Desk.

Any new volunteer, please ask for  
the book & track your hours.

## **HARVEST YEARS' CLOTHING DOLLAR STORE FEATURES**

**GENTLY USED WOMEN'S & MEN'S  
- CLOTHING - SHOES - HATS -**

**ALL PRICED AT \$1.00 EACH**

**STORE IS OPEN MONDAY - FRIDAY  
8:30 AM - 3 PM**

**New Items Added Daily**

*You are invited to stop by and  
browse at our nice selections.*



# PERIPHERAL NEUROPATHY WARNING!



Dover, DE - The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.



Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling and most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

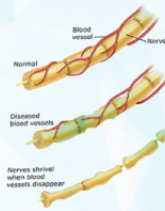


Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

***In order to effectively treat your neuropathy three factors must be determined***

- **What is the underlying cause?**
- **How Much Nerve Damage Has Been Sustained.**  
NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
- **How much treatment will your condition require?**

***The treatment that Dr. Steve Goldschlager, D.C. provides has three main goals***

- 1) **Increase blood flow**
- 2) **Stimulate small fiber nerves**
- 3) **Decrease brain-based pain**

Figure 3: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.



Dr. Steve Goldschlager, D.C. will do a neuropathy severity examination to determine the extent of the nerve damage for only \$60.00 for the first 25 callers. This neuropathy severity examination will consist of a detailed sensory evaluation, and a detailed analysis of the findings of your neuropathy.

**Call 302-735-5501**  
**to make an appointment to see if Dr. Goldschlager can help you.**

Note: We are located at 77 Greentree Drive in the Greentree Shopping Center.



## Supplemental Nutrition Assistance Program Putting Healthy Food Within Reach

[assist.dhss.delaware.gov](http://assist.dhss.delaware.gov)

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2018. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.

If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200

**\*\*\*Our Craft Room ladies welcomes new friends to join us on Tuesday mornings at 9:30. We like to start new projects and would love your ideas. Call Diane for more information: 698-4285**

## AARP DRIVER SAFETY COURSE

**Harvest Years Senior Center  
30 South Street, Camden, DE**



**MONDAY, APRIL 23, 2018  
9 AM - 1 PM**

**REFRESHER COURSE ONLY**

**Member: \$15.00 per person  
Non-Member: \$20.00 per person  
Make Checks Payable To: AARP**

**CALL 302 698-4285 FOR YOUR RESERVATION**



**You Are All Invited To Join Us  
For Lunch At  
Harvest Years Senior Center**

Monday thru Friday - 11:30 AM - 12:30 PM

**COST:**

**Member - \$4.50 - Non-Member - \$7.00**

Delicious Food, Nice People & Good Times.  
Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.  
\*\*698-4285\*\*

**JOIN HARVEST YEARS AND SAVE \$1.00 !!**

**FOR NEW MEMBERS ONLY IN 2018**

YOU ARE ENTITLED TO A ONE-TIME \$1.00 OFF SAVINGS COUPON TOWARDS YOUR 1st LUNCH AT HARVEST YEARS SENIOR CENTER. SEE FRONT DESK RECEPTIONIST FOR YOUR \$1.00 OFF COUPON.



***Our Soup Kitchen will be Open thru May  
Please call for our Daily  
Soup selection & cost.***

**EXTRA IN-HOUSE ITEMS**

Desserts \$2.00 each  
Just Entrees \$3.00 each  
Starch/Vegetable \$2.00 each

Homemade Desserts  
\$3.00 Cup / \$4.00 Pint / \$7.00 Quart

Sandwich entree price to be determined that day.  
Any Other Items - See Tom or Marguerite

\*As of October 1, 2016 we added an additional charge of \$1.00 for TO-GO MEALS.

***Bon Appetite!!***

**smile.amazon.com**



**SUPPORT HARVEST YEARS  
SENIOR CENTER, INC.**

**By Shopping at  
AmazonSmile**

*When you shop at AmazonSmile, Amazon will  
donate to Harvest Years Senior Center, Inc.  
Support us every time you shop.*



**We Serve**

**Camden Lions Club**

**"Unselfish Service to the  
Community"**

**The Camden Lions Club meets monthly at  
Harvest Years Senior Center  
30 South Street, Camden, DE.**

***Happy Easter***

***April Meetings***

***Monday, April 9, 2018***

***Monday, April 23, 2018***

***Dinner: 6:30 PM - Meeting Follows***

***Lions Club***

***Ready to Help, Worldwide***

*Whenever a Lions club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.*

**TRANSPORTATION SERVICES**

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is:**

\$ .50 per Trip  
\$ 5.00 for 10 Trips  
\$ 10.00 for 20 Trips  
\$ 20.00 for 40 Trips



***Art Classes  
Harvest Years Senior Center***

**If you are interested in learning how to put your 'hidden artistic talents' onto canvas, you are welcome to join our art classes twice a month.**

**The cost for four classes is \$30.00.**

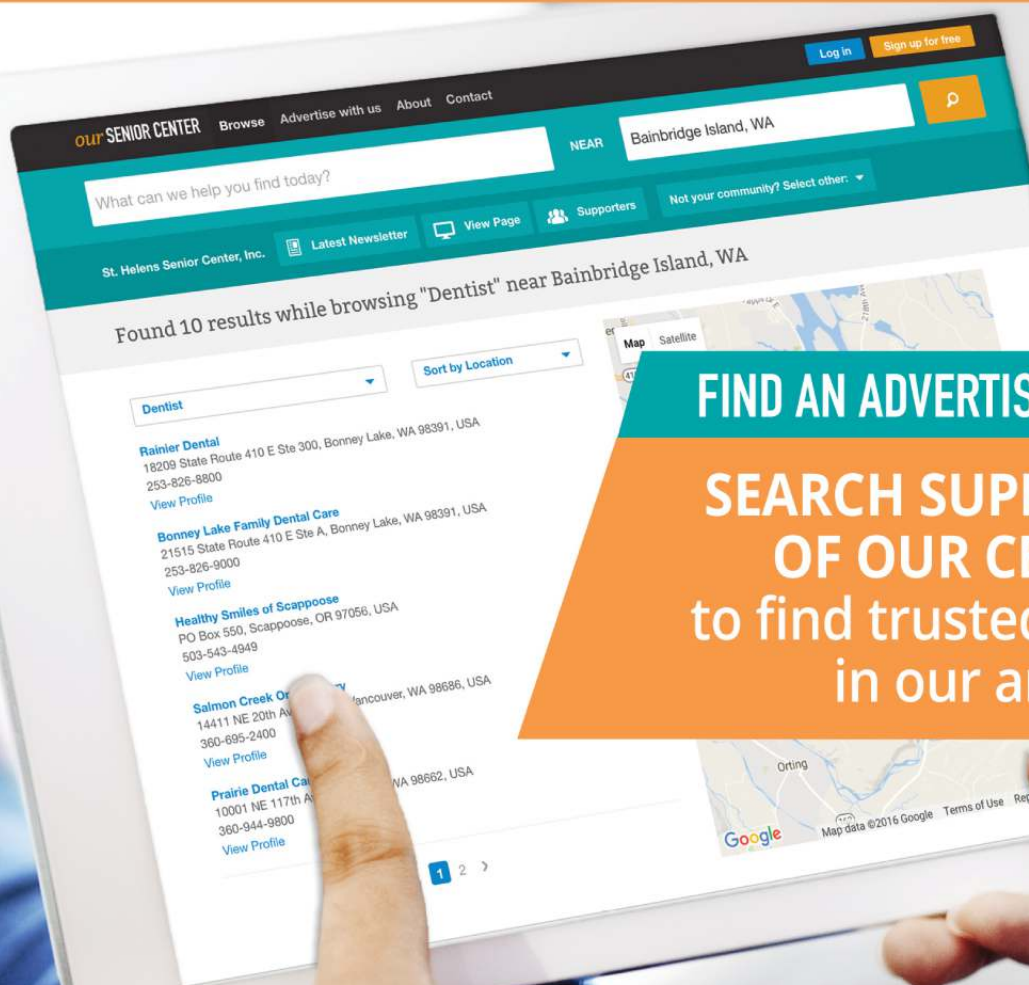
**Classes: Wednesdays - 1 PM - 3 PM**

**Call DIANE for more Information: 698-4285**



# our SENIOR CENTER

A convenient source for local services



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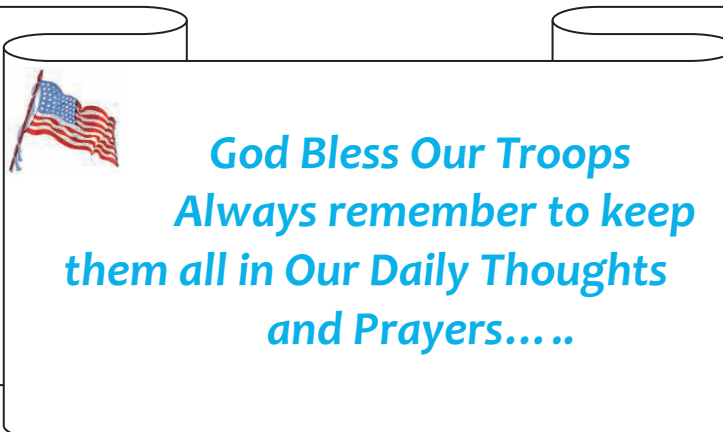
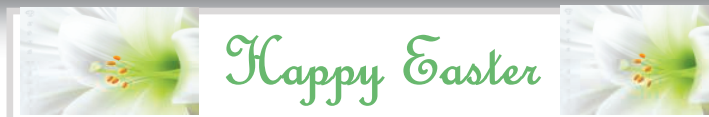




**HARVEST YEARS SENIOR CENTER, INC.**  
**30 SOUTH STREET, CAMDEN, DE 19934**  
**PHONE: (302) 698-4285**  
**FAX: (302) 698-4286**  
**E-mail: [hysc@comcast.net](mailto:hysc@comcast.net)**



**HALL RENTALS AVAILABLE**  
**HOURS OF OPERATION — CALL MONDAY - FRIDAY**  
**8 A.M. - 3 P.M.**



*APRIL 2018*  
*Please Donate to The USO*

