

Because everyone's dream counts!

Do you or a loved one have Sleep apnea?

If Sleep apnea remains untreated other health conditions may emerge or current health problems may heighten, including:

- High Blood Pressure
- Heart Disease
- Heart Attack
- Heart Failure
- Stroke
- Diabetes
- Depression
- Reflux disease (GERD)
- Atherosclerosis
- Gestational Diabetes
- Sexual Dysfunction

50 – 70 million Americans suffer from Sleep Disorder





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THIS MEDICAL OFFICE understands that it can be an inconvenience to spend the night a sleep laboratory facility. We can now help you get a better nights rest without ever leaving the comfort of your own home.

Have you had or do you have any of the following?

High blood pressureInsomniaHearth Disease

DepressionStrokeDiabetes

Ask your doctor today!



Circle Yes or No to each question:

Do you snore?	yes	no
Have you been told you stop breathing at night?	yes	no
Do you wake up frequently at night?	yes	no
Do you gasp for air or choke while sleeping?	yes	no
Do you fall asleep during the day or take naps?	yes	no
Do you feel fatigued during the day?	yes	no
Do you frequently wake up in the morning		
feeling like you haven't sleep?	yes	no
Do you wake up abruptly at night?	yes	no
Do you often have problems with memory		
Or concentration?	yes	no

If you answer "YES" to more than one of the above questions, PLEASE consult your doctor TODAY!