

HANDBOOK TEST

1st Gup – Senior 12 yrs & older

NAME:

DATE:

GENERAL KNOWLEDGE

What makes power?

Why are there different colored belts?

What are the three basic points to remember in Tang Soo Do?

QUESTIONS

What is the meaning of red belt?

Meaning of the Federation Flag.

History of the Belts.

TERMINOLOGY (DRAW LINE TO MATCH)

100 (hundered)

Center punch

High punch

Side punch

Spear hand

Back fist

Hammer fist

Palm heel

Ridge hand

Jang Kwan

Kwan Soo

Kap Kwan

Beck

Gung Dan Gong Kyuck

Chang Kwan

Yuk Soo Do

Sang Dan Gong Kyuck

Gung Dan Hang Jin