Suicide Is Real

We come here today

with mixed emotions.

A lot of us have cried enough

tear, enough to fill an entire ocean.

We've come together to support one

another, as we deal with our grief.

Only God knows how difficult it

has been in our search for relief.

Relief from the guilt's, if only and the buts.

All the questions that we have, the many.

No matter where we turn to,

none can be found. Not any.

We are strangers but we have

things in common, yes we do.

We all share the pain of losing someone

we loved and the emptiness we feel too.

We want to shout this out

to anyone that will listen.

Alone we do not stand and

together we can make a difference.

As difficult as this journey has been,

we all are here to bring awareness.

Awareness that suicide is out there.

It is real, and it renders one helpless.

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Published 12/30/19