

LONG TERM CARE

Merry Heart Nursing Home

200 Main Street
Succasunna, NJ 07876

Third Flr. CALENDAR

JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Activity Calendar is Subject To Change!	New Year's Day 1 9:00 Meet & Greet/ New Year Discussions 10:45 Yogacise 1:00 Relaxing Discussions 2:00 Worship 2:00 New Year Resolutions 4:00 Trivia 6:00 Activities W/ Lori	2 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:00 Fun in the Hall 2:00 Dance To the Music 4:00 Trivial Trivia 6:15 Thursday Night Bingo	3 9:00 Meet & Greet/Life of Saints 11:00 Friday exercise 1:00 Lunchbreak Social 2:00 Bingo 4:00 Songs of Cherished Childhood 6:00 Activities W/ Nikki	4 9:00 Meet & Greet 10:30 Rockaway Assembly of God 11:00 Hangman 2:00 Bingo 3:15 Nail Flair & Relaxing Music 6:00 Evening Activities
Nat'l Bird Day 5 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair w/ Music 2:00 Catholic Mass 3:00 Hangman – different Birds 6:00 Evening Activities 	Epiphany 6 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 1:00 Afternoon Fun 2:00 Catholic Mass 1 2:30 Bingo 4:00 Trivia 6:00 Activities W/ Nincy 	7 9:00 Meet & Greet/ Schedules for the Day 10:30 B & B Dogs 11:00 Tune Up Tuesday 2:00 Rosary/Divine Mercy 2:30 Noodles and Balloon Games 6:00 Activities w/ Gigi	8 9:00 Meet & Greet/Morning Discussions 10:45 Yogacise 1:00 Relaxing Talk 2:00 Worship 2:30 Sing Along W/ Manny 4:00 Trivia 6:00 Activities W/ Lori	Dear Abby Day 9 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:00 Fun in the Hall 2:00 Dear Abby 4:00 Balloon Volley 6:15 Thursday Night Bingo 	10 9:00 Meet & Greet/Morning News/Morning Music 11:00 Friday Exercises 1:00 Lunchbreak Social 2:30 Bingo 4:00 Finishing Lines 6:00 Activities W/ Nikki	11 9:00 Meet & Greet 10:30 Bible Story Programs 11:00 Categories Game 2:00 Danceworks 3:00 Bingo 6:00 Activities W/ Jovit 
12 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair w/ Music 2:00 Sunday Mass 3:00 Word Games 6:00 Evening Activities	13 9:00 Meet & Greet/Veterans Day Discussion 10:45 Moving Monday 1:00 Afternoon Fun 2:00 Catholic Mass 1 2:30 Bingo 4:00 Fun TV Show 6:00 Activities W/ Nincy	14 9:00 Schedules for the Day 10:30 B & B Dogs 11:00 Tune Up Tuesday 1:00 Afternoon Talk 2:00 Rosary/ Divine Mercy 2:30 Karaoke sing Along 4:00 Trivia 6:00 Activities w/ Gigi	15 9:00 Meet & Greet/Morning Announcements 10:45 Yogacise 1:00 Fun in the Hall 2:00 Worship 2:30 Tina Tunes 4:00 Word Games 6:00 Activities W/ Lori	Nat'l Soup Day 16 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:00 Fun In The Hall 2:00 Cooking Demo- Soup 4:00 Table Games 6:15 Thursday Night Bingo	Happy Birthday 17 9:00 Meet & Greet/Morning News/Music 11:00 Friday Exercises 1:00 Lunchbreak social 2:30 Birthday Party W/ Eric Lipper 4:00 Trivia 6:00 Activities W/ Nikki	18 9:00 Meet & Greet 10:39 Simple Match/Spelling Bee 2:00 Bingo 3:00 Nail Flair & Relaxing Music 3:15 Nail Flair & Music 6:00 Evening Activities
19 9:00 Meet & Greet 10:30 Table Games 11:00 Nail Flair/ Makeover 2:00 Sunday Mass 3:00 Categories Game 6:00 Evening Activities Activity Professionals Week	Martin Luther King, Jr. Day 20 9:00 Meet & Greet/Reality Orientation 10:45 Wall of Kindness 1:00 Afternoon Fun 2:00 Catholic Mass 2:30 Bingo 1 4:00 Trivia 6:00 Activities W/ Nincy	21 9:00 Meet & Greet/Schedules For the Day 11:00 Tune Up Tuesday 1:00 Afternoon Talk 2:00 Rosary/Divine Mercy 2:30 Parachute Games 4:00 Mothballs in the Attic 6:00 Activities W/ Gigi	22 9:00 Meet & Greet/Morning Announcements 10:45 Yogacise 2:00 Worship 2:30 Karaoke Sing Along 4:00 Trivia 6:00 Activities W/ Lori	23 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:00 Fun in the Hall 2:00 Dance To the Music 4:00 Trivia 6:00 Thursday Night Bingo	24 9:00 Meet & Greet/Morning News/Music 11:00 Friday Exercises 1:00 Lunchbreak Social 2:00 Chronic Pain Support Group 2:00 Reminiscing 4:00 Parachute Games 6:00 Activities W/ Nikki	25 9:00 Meet & Greet 10:30 Gideon Bible Study 11:00 Finishing Lines 2:00 Bingo 3:15 Nail Flair & Music 6:00 Evening Activities
26 9:00 Meet & Greet 10:30 Table Games 11:00 Nail Flair 2:00 Sunday Mass 3:00 Build a Word 6:00 Evening Activities 	27 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 1:00 Afternoon Fun 2:00 Catholic Mass 1 2:30 Bingo 1 4:00 How well Do you Know? 6:00 Activities W/ Nincy	28 9:00 Meet & Greet/ Schedules For The Day 11:00 Tune Up Tuesday 1:00 Afternoon Talk 2:00 Rosary/ Divine Mercy 2:30 Bocce Ball 4:00 Whimsical Songs 6:00 Activities W/ Gigi Chinese New Year Begins	29 9:00 Meet & Greet/Morning Announcements 10:45 Yogacise 2:00 Worship 2:30 Sing Along W/ Manny 4:00 Spelling & Math 6:00 Activities W/ Lori	30 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 11:00 Food Committee 1:00 Fun in the Hall 2:30 Party W/ Horizon Productions 4:00 Trivia 6:00 Thursday Night Bingo	31 9:00 Meet & Greet/Morning News/Music 10:45 Resident Council 1:00 Lunchbreak Social 2:00 Chinese New Year Celebrations 4:00 Balloon Games 6:00 Activities W/ Nikki Kung Hei Fat Choi!	HAIRDRESSER IS EVERY THURSDAY BINGO IS EVERY MONDAY, THURSDAY EVENING, SATURDAY & Some Weekday Mornings Snacks at 10 am, 2 pm and 7 pm