

Belgrade Senior Center –June 2022 Activities

Activities may change without notice.

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 8:30 Pinochle 12:00 Lunch 1:00 Zumba	2 9:30 Full Body Workout 12:00 Lunch 12:45-1:30 Sing Along	3 9:00 Full Body Workout 10:00 Needleaires 12:00 Lunch	4
5	6 9:00 Full Body Workout 10:15 Line Dancing 12:00 Lunch 12:30 Pinochle	7 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	8 8:30 Pinochle 12:00 Lunch 1:00 Zumba	9 9:30 Full Body Workout 12:00 Lunch 12:45-1:30 Sing Along	10 9:00 Full Body Workout 9:00 Needleaires 12:00 Lunch	11
12	13 9:00 Full Body Workout 10:15 Line Dancing 12:00 Lunch 12:30 Pinochle	14 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together 12:45 Ice Cream Social	15 8:30 Pinochle June Birthday Lunch 12:00 Lunch 1:00 Zumba	16 9:30 Full Body Workout 12:00 Lunch 12:45-1:30 Sing Along	17 9:00 Full Body Workout 9:00 Needleaires 12:00 Lunch 1:00 Cooking Class	18
19	20 9:00 Full Body Workout 10:15 Line Dancing 12:00 Lunch & Blood Pressure Check 12:45 Annual Membership Meeting Pinochle following meeting	21 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	22 8:30 Pinochle 12:00 Lunch 1:00 Zumba	23 7:00-8:30 Breakfast Club 9:30 Full Body Workout 12:00 Lunch 12:45-1:30 Sing Along	24 9:00 Full Body Workout 9:00 Needleaires	25 Quilting Day!
26	27 9:00 Full Body Workout 10:15 Line Dancing 12:30 Pinochle	28 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	29 8:30 Pinochle 12:00 Lunch 1:00 Zumba	30 9:30 Full Body Workout 12:00 Lunch 12:45-1:30 Sing Along		