



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community

Rev Fr Joseph Stephen, C.Ss.R. (Parish Priest)

Rev Fr Paul Michael Kee, C.Ss.R. (Assistant Parish Priest)

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The Parish Priest, Assistant Parish Priest and

The Redemptorist Community

would like to thank all Parishioners

for their gifts and greetings.

Thank you to all who have worked very hard

decorating the church and the Crib to prepare for this

Christmas season.

To our liturgical ministries (all language groups) who planned and

worked to have a meaningful Christmas.

Thank you to all who gave their ideas and service and

those who worked behind the scenes.

The Parish appreciates your service and contribution;

let us continue to work together.

Wishing you all God's Blessing on this Christmas Day.

Merry Christmas.

Retreat in Daily Life

OMPH Ipoh

Come and find some quiet time
in the busyness & fullness of your daily life



Dates: **Mon 13 – Fri 17, Feb**

Time: **8pm – 10 pm daily**

Venue: **OMPH church**

Max participants: 25 pax

Spiritual Director: Nita Ng

Suggested Love offering:

RM65/- for 5 days.

(one-to-one spiritual guidance and notes.)

* Registration & payment to be

made at the OMPH parish office.

The retreat tradition has been part of our Catholic Church for centuries, but so far has been more widely attended by the clergy and religious. And of these, personally-guided retreats, where one spends most of the day in personal solitude and communion with God, have not been widely made known among the laity.

This is a chance for us, the faithful to come and drink, personally from the Living Spring of God. Where we bring the things from our daily lives to God's table and share what is REAL with a God who wants to be part of who we really are.

Come and experience **one-to-one personal spiritual guidance**, through the accompaniment of trained spiritual guides, who are here to listen, to share your prayer life and to help you see more clearly where **God is already waiting for you, each moment everyday.**

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance.
Next Infant Baptism will be on 8 January, 2017.

PARISH ACTIVITIES & MEETINGS:

(December 2016/January 2017)

- * 27/12/2016 - 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- * 30/12/2016 - 8.00 pm - RCIA (C) (Wallace Rm.)
- * 3/1/2017 - 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- * 6/1/2017 - 8.00 pm - RCIA (C) (Wallace Rm.)
- * 7/1/2017 - 3.30pm - Infant Baptism session (St.Mark's Rm.)
- * 8/1/2017 - 10.00 am - Parish Retreat (E) (Parish hall)
- 11.30 am - RCIA (T) (St.Matthew Rm.)
- 3.00 pm - RCIA (E) (St.Mark's Rm.)
- * 9/1/2017 - 8.00 pm - CCR (St.Mark's Rm.)
- * 10/1/2017 - 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- 8.00 pm - Ipoh Catholic Cemetery Committee (St.Mark's Rm.)
- * 19/1/2017 - 8.00 pm - Area Coordinators,Representatives (St.Mark's Rm.)

2017 COFFEE MORNINGS

- * 8/1/2017 - Chinese Apostolate.
- * 15/1/2017 – Hospitality Ministers (Benedict)
- * 22/1/2017 – BEC St.Philip * 5/2/2017 - BC St.John the Apostle (Selin)
- * 12/2/2017 – IT Ministry * 19/2/2017 – BEC St.Monica (Dass)
- * 26/2/2017 – Faith Educators * 5/3/2017 - BEC St.Francis Xavier
- * 12/3/2017 – Sun. Catechism (Form 4)
- * 19/3/2017 – BEC St.Faustina. (Malligh)
- * 2/4/2017 – BEC St.Francis De Sales
- * 9/4/2017 – Lectors/Commentators
- * 23/4/2017 – BEC St.Anne
- * 30/4/2017 – Sun. Catechism (Form 3)
- * 7/5/2017 - BEC St.Mary (Kathleen)
- * 14/5/2017 – Sun. Catechism (Std 3)
- * 21/5/2017 – Altar Servers (Jeremy)
- * 18/6/2017 – BEC St.Jude/Area 1 (Catherine)
- * 2/7/2017 - PHDC
- * 9/7/2017 - St.Peregrine (Margaret Fernandez)
- * 16/7/2017 – BEC St.Matthew (Pauline)
- * 24/9/2017 – Fund Raising Committee.

ETERNAL HAPPINESS TO :

+ Anthonsamy a/l K.Sebastian departed on 16 December, 2016.

FEAST OF THE HOLY FAMILY

Friday, 30 December, 2016 is a special day for all families. Mass will be at 8.00 pm; we invite all families to join in this special blessing upon families. There will be no 6.30 am Mass.

OMPH PARISH RETREAT -2017

To start off the NEW YEAR, there will be a Parish Retreat for the English, Chinese and Tamil speaking communities on

Date	Time	Language	Venue
8/1/2017	10am-4pm	English-speaking	Parish hall
14/1/2017	3pm – 9pm	Chinese-speaking	Parish hall
21/1/2017	4pm – 9 pm	Tamil-speaking	St.Mary's Chapel.

All participants are to bring your own bible. For registration, please register with your ministry.

EVENING FOR THE ENGAGED 2017

Couples planning to get married in the year 2017, please take note of the EE Weekends english during the year.

You are requested to register six (6) weeks before the weekend dates.

EE109	13-15 January,2017
EE110	24-26 March 2017
EE111	9-11 June 2017
EE 112	18-20 Aug 2017
EE113	10-12 Nov 2017

Please see your Parish Priest for registration.

NOVENA PRAYERS TO ST.PEREGRINE

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited.

For enquiries, call: 019-5769166/ 012-5833904.

CHINESE SUNDAY SCHOOL 2017

Let your children start their faith education early!

The Chinese Apostolic Sunday Catechism school is open for registration on 8/1/2017. Catechism classes starts from 9.45 am to 11.00 am.

We welcome all mandarin speaking children from age 7 to 13 years old (Std. 1 to Form 1)

To register, please bring a photostat baptism certificate of the child.

For enquiries on registration contact: Jess (0195729319) / Hannah (013 7455417)

SUNDAY CATECHISM NEWS

Parents' Session

For all parents with children in Sunday Catechism school, there will be a meeting on

(date) Sun. 15 January, 2017.

(time) 10am

(venue) Parish Hall.

Looking to seeing you all.

NEW REGISTRATION FOR SUNDAY CATECHISM

Parents are requested to bring a Photostat copy of the child's baptism certificate.

Catechism books –

* Kindergarten = RM10/-

* Primary = RM25/-

* Secondary = RM30/-

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* EVERY FRIDAY (6 PM TO 7 P.M.)

* EVERY SATURDAY AT 11.00 A.M. – 12 NOON in the Meditation room.