

From: Tuscaloosa Ballroom Dance Club tbdc.91@51244541.mailchimpapp.com
Subject: TBDC's Sock Hop: Saturday, March 22
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Tuscaloosa Ballroom Dance Club

March 2025 eNewsletter

Sock Hop Dance

Saturday, March 22, 2025

**McAbee Center
(3801 Loop Road; 35404)**

Music: 5 of a Kind

7-10 pm

ADMISSION (cash, check, or Venmo):

TBDC Members: \$8

Non-members: \$15 (\$25/couple)

Students: \$8

Sustaining, Bronze, Silver, Gold, & Platinum

Members: *Prepaid!*

Members and guests must be at least 18 years of age.

Attire: Casual (Theme Apparel Invited)

Co-sponsored by PARA4Life @ McAbee Center

Sock Hop Dance: March 22, 2025

It's time to Rock Around the Clock as TBDC and PARA4Life take you way back to the golden age of Rock and Roll!! Poodle skirts, sweater sets, chinos, and madras shirts were all the rage. We invite you to dress for the occasion. Be ready to rock all night to the swinging sounds of 5 of a Kind. It will be a blast! Be there or be square! Doors open at 6:30 p.m. Dancing begins at 7:00 p.m. and ends at 10:00 p.m.

Attire: Casual (theme apparel invited).

Admission (cash, check, or Venmo): \$8/TBDC member, \$15 non-member (\$25/couple), \$8/student. TBDC's sustaining members are prepaid!

Bring a wrap: Most dance clubs keep their dance spaces a few degrees cooler than normal for the comfort and well-being of their active dancers. So, if you are cold-natured or tend not to dance as much as others, please bring a wrap to all TBDC dances.

Snacks. Water is provided. TBDC invites our regular dancers to bring an item for the snack table.

McAbee Center (3801 Loop Road; Tuscaloosa, 35404): The entrance to McAbee Center's parking lot is at the intersection of Loop Road and Veterans Memorial Parkway. (The VA Hospital is located behind and to the right of McAbee Center.) There is no access to McAbee Center's parking lot from the hospital campus, so please avoid the hospital's main entrance.

From Birmingham, take interstate Exit 79 for University Blvd. At the end of the exit ramp, bear right onto University Blvd. After 4.6 miles, turn left at the traffic light onto Veterans Memorial Pkwy. In 1/2 mile, turn left onto Loop Rd and immediately turn left again to access McAbee Center's parking lot.

Love in Bloom Ball

Hearts and flowers filled our ballroom in celebration of the Love in Bloom Ball. Every table was adorned with beautiful floral arrangements and hearts with whimsical sayings -- "Be Mine." The attendance table welcomed guests with two books featuring incredible pop-up flowers. Many thanks to Carol and Tom Russell for such perfect decorations. Thanks also to our attendees for dressing up for this very special ball. Everyone looked elegant as they danced to the melodious sounds of the Drew White Orchestra. Special guests included nine students from TBDC's Spring Dance Class. We were so happy to have them join us, and they seemed to be having a great time!

Kudos to those who work diligently to support our dances each month: Lewis Cotton - publicist and special photographer extraordinaire, Kathy Cotton - attendance table manager par excellence, and Kim Brown - venue manager without equal.

In addition, a big "thank you" to Tricia Schuster for setting up special lighting for our backdrop and taking a photograph of our 2025 Officers and Board Members. And, as always, thanks to our members and guests who bring delicious snacks for our refreshment table.

Three door prizes were given away during the second break. The first door prize was donated by our Emerald Sponsor, Barkley Buick GMC Cadillac (brought by Bonnie Porter). Another was donated by member, Karen Saso. The final was donated by the Blue Plate Diner. Thank you all for your generosity.

TBDC's Spring dance lessons

The students are moving along very well in conquering a new set of dance steps -- the Rumba and Single Swing. They are working hard to fine tune each new pattern. Their enthusiasm is amazing. Remember, it's not too early to think about signing up for our Fall dance lessons. Our lessons will start up on September 2, 2025. Do you need additional information? Contact Regina Noland, regina001@aol.com

Looking ahead: **Arbor Day Dance on Saturday, April 26, 2025**

"I think that I shall never see a poem as lovely as a tree . . ." TBDC and PARA4Life invite you to join us for a celebration of Arbor Day. It is our way of welcoming Spring and showing appreciation for the beauty of nature. Lovely music for the occasion will be provided by big band *Ain't Misbehavin'*. Come celebrate with us!

Thursday and Friday Dances at the Northport Community Center

Dance! Dance! Dance! holds dances every Thursday and Friday from 6:30 p.m. to 9:15 p.m. The Country Gold Band plays on Thursdays and the Over the Hill Band plays on Fridays. *Attire*: casual. *Admission*: \$7/person.

Monthly Listings...

TBDC's 2025 Dance Schedule

All 2025 TBDC dances & balls will be 7-10 pm		
Date	Music	Theme
MAR 22 (Sat)	5K	Sock Hop
APR 26 (Sat)	AM	Arbor Day Dance
MAY 17 (Sat)	5K	Birds of a Feather Dance
JUN 21 (Sat)	DJRR	Blue Hawaii Dance
JUL 19 (Sat)	DW	Picnic Dance
AUG 16 (Sat)	5K	Denim & Diamonds Dance
SEP 19 (Fri)	DJRR	National Dance Day Dance
OCT 17 (Fri)	DW	Autumn Leaves Dance
NOV 21 (Fri)	5K	Stardust Dance
DEC 13 (Sat)	DW	Nutcracker Ball

Music: 5K = 5 of a Kind; AM = Ain't Misbehavin';

DW = Drew White Orchestra; DJRR = DJ Richard Richards

Attire: "Ball" designates a dressy event (with semi-formalwear or formalwear invited), and "Dance" designates a dressy-casual or theme event.

In Case of Severe Weather...

When a severe-weather alert has been issued for the evening of any TBDC event, TBDC will decide by 4 pm whether to proceed with or cancel the event. By 4:30 pm, TBDC will notify friends & members by email and with a post on its Facebook page. Note: As a rule, TBDC cancels events only when tornadic or winter weather poses a serious safety concern; a mere rainstorm does not stop the sun from shining on the dance floor!

TBDC: Email, Facebook, & Website

- **TBDC's email:** TBDC.91@gmail.com
- **Facebook:** Click "Like" for updates, announcements, last-minute information: [TBDC Facebook](#),
- **TBDC's website:** <http://www.tbdc.org> [webmaster: Lewis Cotton]

TBDC's 2025 SPONSORS

Ruby Sponsors (\$100-299)

Emerald Sponsors (\$300-499)

Barkley Buick GMC Cadillac: <http://www.barkleygmc.com>

Sapphire Sponsors (\$500-999)

Budget Mini-Storage, in memory of Don Wright, 9331 Hwy 69; Northport, AL; 35473; 205-330-9098.

Swen Chinese Restaurants; two locations: 1130 University Blvd Ste B2, Tuscaloosa (205-391-9887) *and* 3420 Hwy 69N, Northport (205-333-8886).
Facebook: [Swen Chinese Restaurant](#).

Diamond Sponsors (\$1,000 or more)

Garry Pearson, Inc., Environmental Consulting

TBDC's 2025 SUSTAINING MEMBERS

Sustaining Members: Pat Atkins; Carolyn & Gary Bishop; Bruce Evans; Bryan Fair, Bonnie & Scott Porter; Karen Saso; Diana Secor; Janet & John Weber; and Dr. Albert and Anna White.

Bronze Members: Kathy & Lewis Cotton; Carolyn & Jim Hill; Ken Lee; Garry Pearson & Angie Summerlin; and Carol & Tom Russell

Silver Members: Nita & Scott Hestevold

Gold Members: Butch & Regina Noland

Platinum Members: Melody & Wayne Roberts

Janet Weber

TBDC.91@gmail.com

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