



Post Operative Instructions for Stainless Steel Crowns

Your child has just gotten a stainless steel crown. Here are some things to remember and what you may experience in the upcoming days and weeks.

- Remember that may still be “numb”. Please remember **not** to bite your cheek or tongue.
- If you have just had a stainless steel crown placed, **please chew on the other side of our mouth for the first 24 hrs.** Why? Although your crown seems stuck in your mouth, it takes some cement 24 hours to completely harden. Chewing on the tooth too soon can affect the set of the cement.
- When flossing after you have had a stainless steel crown **pull the floss through** instead of snapping it up and down for the first 24 hrs. Why? This can prevent pulling out the crown out before it completely sets.
- If anesthetic was used after it wears off you may notice that your **bite is off.** It can be hard for you to judge if you are biting your teeth together correctly when you are numb. If your bite doesn't feel right **please call** so your bite can be adjusted.
- Make sure when cleaning the crown it is as shiny as it was when it was placed because they collect more plaque than your teeth.
- You may feel soreness or sensitivity of your gums, please rinse with warm salt water (three times a day for the next couple days) and please continue to brush.
- You may have temperature sensitivity including both hot and cold.
- Your tooth may be sore to bite on.

How do I know if my child needs a pulptomy?

- Here are some symptoms that you should look for:
 - When you drink or eat something **cold** and the pain **lingers** (doesn't go away right away) for several minutes.
 - **Hot sensitivity** that lasts longer than a few weeks or that begins after the tooth has had no problems for a period of time.
 - **Spontaneous or throbbing pain** that occurs anytime during the day or night



What happens if I have questions?

- Please call us at **303-988-6860** or come in during office hours.

What happens if I have problems with my crown?

- Please call us at **303-988-6860** to make an appointment.