



GFWC Menominee Women's Club

General Federation of Women's Clubs

www.gfwcmenominee.org

March 2026

Editor: Martha Harding, 906-290-9244



A Collect for Clubwoman

Keep us, O God, from pettiness; Let us be large in thought, in word, in deed. Let us be done with fault-finding, and leave off self-seeking. May we put away all pretense and meet each other face-to-face, without self pity and without prejudice.

May we never be hasty in judgment and always generous.

Let us take time for all things; make us grow calm, serene, gentle. Teach us to put into action our better impulses, straight-forward and unafraid.

Grant that we may realize it is the little things that create differences, that in the big things of life we are at one. And may we strive to touch and to know the great common human heart of us all and O Lord God, let us forget not to be kind!

Mary Stewart 1904

GFWC Mission Statement

"GFWC-an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service."

GFWC Menominee Dates

March 4, 2026

The March 4th General Club Meeting will be held at Riverside Country Club, 3459 14th Avenue, in Menominee.

Check-in and social time begin at 11:30am, lunch will be served at noon. The program and business meeting will follow. The cost is \$20 per person, checks preferred.

The Menu is Shepherd's Pie, Beef & Vegetable Soup, and a Cheesecake Brownie for dessert.

The program will be on the Menominee Area StageMagic-

Blesch Auditorium, presented by Jeanette Towers, President.

Please let your caller know if you have any dietary restrictions associated with the menu. Also, please remember to RSVP your caller before 5pm February 27, 2026.

Happy St. Patrick's Day



A Look Ahead

March 18, 2026

GFWC Board Meeting, Spies Library, 9:30 am

April 1, 2026

GFWC Menominee General Meeting at Riverside Country Club, 3459 14th Avenue, in Menominee.

GFWC MI and National Dates

March is Women's History Month

March 11, 2026

GFWC Women's History Month Celebration

April 19-25, 2026

Volunteers in Action Week

April 24, 2026

GFWC Federation Day

April 23-25, 2026 GFWC MI State Convention in Troy, MI

June 27-29, 2026

GFWC 2026 International Convention Scottsdale, AZ

July 2026

Watch for GFWC MI Bay Cliff Health Camp Day information!



Spreading 'Sunshine'

Janet Conklin

Is there a GFWC

Menominee Club Woman who is having surgery, ill, or needs a little 'Sunshine'? Please let our Sunshine Gal, Janet Conklin, know about it so she can send a card. 715-923-3859.

Club Presidents' Message

Co-Presidents

Eileen Beyer 906-792-8374

Martha Harding 906-290-9244

Fellow GFWC Menominee Women's Club members, the article below is from last year's March newsletter. However, it is still true today and it reflects our sentiments completely.

Congratulations GFWC Menominee Women's Club members.

Your efforts toward our two large and ambitious fund raisers this year have exceeded our budget predictions and our highest expectations. You found the fun in the projects and that translated to community involvement. Our Community Service Programs contacting and collaborating with their members were the key to this success. We hope that you all take pride in serving on the committees that you signed up for when you completed your membership form and will continue to develop new projects and work together as you did this past year. Our GFWC Michigan Annual Report reflects this working together as does our budget. Be proud and thank you very much!

From the VP Team

CO-Vice Presidents

Tina Porod 715-923-5991

Donna Suchovsky 402-740-2271

VOLUNTEER JUST TWO HOURS AND BE IN THE DRAWING FOR A WONDERFUL PRIZE!!

That's right, just two hours!!! If you have volunteered since January 1, this is for you. At the meeting on Wednesday, March 4, there will be slips on the table where you check in. Put your name, the number of hours and where you volunteered. You will be put in a drawing for our May meeting. If you volunteered prior to January 1, Tina Porod already has you in the drawing. We

appreciate all you do for our community!!!

On behalf of GFWC Menominee we **THANK YOU** and **APPRECIATE YOU** for the time, talents, creativity, and generosity you have given to our Club in 2025-26.

Membership

Judy Reid, Chairperson
906-792-9186



Please update the following in your GFWC Menominee Membership Yearbook:

Change of email addresses:

Marilyn Galineau
msgalineau@gmail.com

Francy Mullen
fmullen1945@gmail.com

New Member Information (write in on page #19 in Yearbook):

Becky Berg
N1784 State Hwy M35
Menominee, MI 49858
612-804-5450
badgerfann78@gmail.com

Enid Harris
503 Mallard Way
Marinette, WI 54143
906-290-0579
EnidLHarris@yahoo.com

Door Prizes at General Meetings:

Be sure to pick up your complimentary Door Prize Ticket at each general meeting. The prizes are donated by our clubwomen, businesses, and community organizations. (Potential door prizes can be given to either Ann Ihde or Judy Reid) Thanks to all who contribute to this 'no cost' fun drawing.

Calendar of Events (Page 9 in Yearbook): As a Federated Women's club, GFWC Menominee clubwomen have the opportunity to attend the GFWC MI state

convention each spring. It is never too early to start planning and saving to attend this special event. **Our next state convention will be April 23-25, 2026.** Hoping to have a great GFWC Menominee presence at this convention (hotel room sharing and carpooling is encouraged). As a member of GFWC, plan to attend at least one convention in your life (or perhaps several conventions). Conventions are a great way to see the scope of who GFWC clubwomen are and what GFWC is all about.

"Be In the Know" - GFWC Communications

Websites: Take time to go to our club website: **gfwcmenominee.org** We also have a state website: www.gfwcmi.com and a national website: www.gfwc.org Lots of information to read and enjoy.

GFWC Meno Communicator: Each clubwoman has a designated Communicator who connects (via phone call, text, or email) with the members on her list. So, get to know YOUR communicator.

GFWC Menominee Newsletter: Monthly October—May Emailed to each member (Option: US Postal Mailing @ \$9.00/ year). Reading our club newsletter will keep you informed so you can 'Be in The Know.' Please let Judy Reid know if you have not received the monthly club newsletters.

GFWC Menominee email address: **gfwcmenominee@gmail.com** – look for emails with club information

GFWC National Publication: **Clubwoman Magazine** is available online at www.gfwc.org Registration is easy. Need Help? Ask.
GFWC "News and Notes": a biweekly newsletter Emailed to members.

GFWC MI Newsletter: This state newsletter is emailed to our clubwomen. It has information about the other GFWC clubs in Michigan.

Treasurer & Fundraising

Pat Brukart, 906-792-8147

Donation Committee

Ruth Wesoloski, Chairperson
906-863-2232

It is that time of the year again! We are asking each GFWC member to consider submitting a request for a local worthy nonprofit group for the committee to review for consideration of earned funds available for a donation at the end of our current fiscal year on June 30th.

You may submit your suggestion IN WRITING after March 1st to committee members at their email address or mail to our club's address, P.O. Box 302, Menominee, MI 49858, attention Donation Committee. You can find committee members email addresses in our yearbook: Ruth Wesoloski, Francy Mullen, Pat Brukart, Sue Gressl and Karen Sutek. Deadline for submissions will be April 30th, 2026.

All Things Chocolate

Judy Bramschreiber,
Chairperson, 906-863-2052

We cleared \$8,156.92 after expenses at ATC this year! Our Club donates all the funds raised back into our community. Thank you club members for the time you volunteered and the baskets you donated for All Things Chocolate.



A sample of the bucket raffles that were available.

Arts and Culture

*Christine Bomstad Chairperson,
906-290-9419*

The Arts and Culture CSP committee will meet on March 10th from 10:00 - 2:00 for "Just Because Card Making" at the home of Chris Bomstad. (N620 River Drive Menominee) this is a come and go wherever you can event. Lite breakfast and lunch items will be served. Please rsvp to Chris at 906-290-9419 or christinebomstad@gmail.com as soon as possible. Thank you!

Civic Engagement and Outreach

*Judy Reid, Chairperson
906-792-9186*



The Salvation Army
*Joy Peterich, Liaison
St Vincent de Paul*

Marinette



**and
Marinette St.
Vincent DePaul**

*Karen Sutek, Liaison,
The Salvation Army*

Empty Bowls supper: This event will be held at Little River Country Club on Tuesday, April 21, 5-7 pm. A collaboration between St. Vincent de Paul, Tri-County United Way & The Salvation Army. Help us fight local hunger through a powerful night of community, compassion, and handmade art. GFWC Menominee clubwomen from the Civic Engagement & Outreach CSP will be baking bars / cookies (then placed in baggies) for this event. Please contact Joy Peterich if you'd like to donate a pan of bars or cookies. 715-587-3321

Public Policy & Legislation

*Ruth Wesoloski, Chairperson
906-863-2232*

From the National Legislative Action Center: "The Trafficking Survivors Relief Act (H.R.4223) has been signed into law." "GFWC clubwomen answered the call and thousands responded to the

Legislative Alert asking that members contact US Senators and Representatives. Your **UNITED VOICE** was heard!"

If you would like to help make a difference, please visit the GFWC Menominee website. There is a link to the National website where you go to the drop down for "Advocacy" and from there you can open up the legislative page and read all about it!

Education and Libraries

*Diane Shepard, Chairperson
920-606-9384*

The Education CSP Committee is Collecting!

Just a reminder that the Education and Libraries CSP Committee continues to collect:

- Pop Tabs for Ronald McDonald House
- Pennies for Spies Library

Please keep collecting these items and bring them to our next general meeting!



Epsilon Sigma Omicron (ESO)

*Karen Sutek, Chairperson
920-676-3119*

"A book is a gift you can open again and again." — Garrison Keillor

Environment

*"D" Bachand, Chairperson
860-303-4174*

The Environment CSP will meet March 13th at Spies library 10:00 a.m.

We will be collecting items for a yard sale. Just to let you know, we don't actually do the yard sale. We gather the items and someone else does all the work. They then donate in our name to an organization. Last year it was the animal shelter.

Dates to drop off at Judy Reid's house: April 13, 14, 15, 2026. The sunroom door will be unlocked 8 am - 5 pm. No furniture please.



Resurrection Food Pantry

*Ruth Wesoloski, Liaison
906-863-2232*

On behalf of our conference, let me express our heartfelt thanks to anyone who has aided us in our mission of serving those in need in Menominee County. To the GFWC Menominee Women's Club for the generous donation, those who participated in some way in the TV6 Can-a-Thon project, the schools, and individuals of our communities: each and every one of you has done a part in making lives better for our neighbors. In addition, pantry volunteers were able to fill and distribute 147 Christmas boxes of food and dry goods for our regular pantry visitors as a Christmas gift. Thank you all so very much and God Bless!

Another photo from the All Things Chocolate Event



The "2026 Winner's Choice Award" for the best Chocolate item was awarded to the Menominee High School Culinary Class. The students won for their Mocha Beef Tips and Mushrooms dish.

Health and Wellness

Barbara Jones, Chairperson
312-858-0102

The Health and Wellness CSP continues to highlight *Healthy Eating* samples for members to munch on before each month's general meeting. We hope that you enjoy tasting some new flavors, foods, or combinations of seasonings, as well as taking photographs of the recipes to make at home.

If you are looking for an opportunity to get together with other members and add movement to your routines, try joining in our Walk and Talks. To celebrate the first day of spring, we will be walking around Henes Park at 10am on Friday, March 20th. Please join us for a lap or two.

H&W DID YOU KNOW?

We all know that water is a healthy hydrating beverage, but we are going to introduce you to some new wellness beverage possibilities in March. Did You Know...that coconut water is nature's Gatorade, a hydrating electrolyte. Lemon is a vitamin C rich, detoxifying, enzyme making antioxidant. Ginger is an antioxidant that increases circulation and reduces inflammation and nausea. Raw honey is a mineral rich easily digestible sugar that brings down stress hormones and boosts immunity. Turmeric boosts energy and keeps you youthful, as well as reduces inflammation and eases discomfort. Sea salt's many minerals support adrenal function to regulate blood pressure and help get nutrients to cells. Black pepper improves absorption. Tea hydrates, supports cardiovascular health, reduces inflammation, and helps prevent diabetes, cancer, and cognitive decline. Hope you enjoy our March wellness shots!

GFWC MI News to Know



Coming Soon!

GFWC Michigan 131st State Convention
April 23-25, 2026

SOMERSET INN
2601 W. BIG BEAVER
TROY MI 48084

RESERVE YOUR ROOM BEFORE
APRIL 8, 2026

COST: \$139 PLUS TAXES for up to 2 people; \$10 for each additional person
WEDNESDAY – SUNDAY

CHECK IN TIME: 3 PM CHECK-OUT TIME: 12 NOON

For Reservations CALL –
248-643-7800

GROUP BLOCK CODE:
General Federation of Women's Clubs of Michigan

GFWC Michigan Art, Crafts, and Photography Contests are open to all GFWC members!

If you are thinking about or planning to submit crafts, art, or photography to be judged at the State convention, April 23-26, you need to get an **entry form from Chris Bomstad**.

Chris needs to have all items and completed forms a week before the convention. She will be driving down, delivering all entries, and bringing them back after the convention.

If you have any questions, please contact Chris Bomstad (906-290-9419) as soon as possible.

Thank you!

Guiding Harbor



Ellen Wertepny,
Liaison
920-676-6223

FROM CEO Jennifer Trotter:

We are excited to share some wonderful news: **Guiding Harbor has been named a finalist** for *Best Community Organization in Hour Detroit's Best of Detroit Awards*.

This recognition is only possible because of supporters like you. Your generosity and belief in our mission to serve children and young adults impacted by foster care has helped Guiding Harbor become a trusted leader in our community!

THANK YOU for helping us reach this moment!

Now, we would love your help with the next step. Voting is free, takes less than one minute, and is a powerful way to show support for Guiding Harbor.

How to Vote

- Ballot

link: <https://www.hourdetroit.com/best-of-detroit-online-ballot/>

- Category: **Community Organization**

- Select: **Guiding Harbor, Belleville**

Note: One vote per email address

Your vote helps increase awareness of Guiding Harbor's work and strengthens our ability to serve children and families across Michigan.

Thank you again for being part of our Guiding Harbor family. We are so grateful for your continued support. If you would like to learn more about Guiding Harbor and this exciting project, please visit its website at <https://guidingharbor.org>



BAY CLIFF HEALTH CAMP

GFWC Menominee Liaison Needed

More information about Bay Cliff Day donation items and carpooling will be available later in the spring or early summer.

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