

**Reproductive Health Associates**  
Catherine Cowart, M.D., F.A.C.O.G.

**NEW PATIENT HISTORY**

**1. IDENTIFYING INFORMATION**

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason for visit:  Preventative/ Well-Woman exam  Other: \_\_\_\_\_

Age: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_

Who referred you? \_\_\_\_\_

Name of internist or family doctor: \_\_\_\_\_

Name of last gynecologist: \_\_\_\_\_

**2. MEDICATION HISTORY**

List all medications and non-prescription medication that you take with the dose and timing, including vitamins, herbs, and anti-inflammatory medications:  None

DRUG	DOSE	FREQUENCY	REASON FOR MEDICATION

Do you take hormone therapy or birth control pills? Please list dose and timing:  None

**Allergies:** List all adverse reactions or allergies you have to medications and what happened  None

**3. MEDICAL HISTORY**  None

Please list any medical problems that you have, the physician taking care of you and how they are being treated.

DATE	MEDICAL PROBLEM	MEDICATION / TREATMENT	PHYSICIAN

Check if you currently have or have ever had:

- |                                                 |                                                   |                                                    |
|-------------------------------------------------|---------------------------------------------------|----------------------------------------------------|
| Alcohol Abuse <input type="checkbox"/>          | Depression / Anxiety <input type="checkbox"/>     | Kidney Stones <input type="checkbox"/>             |
| Anesthetic reaction <input type="checkbox"/>    | Drug/Substance Abuse <input type="checkbox"/>     | Lupus/Autoimmune Disorder <input type="checkbox"/> |
| Anemia <input type="checkbox"/>                 | Eating Disorder <input type="checkbox"/>          | Mitral Valve Prolapse <input type="checkbox"/>     |
| Asthma <input type="checkbox"/>                 | Heart Disease <input type="checkbox"/>            | Rheumatic Fever <input type="checkbox"/>           |
| Bleeding Disorder <input type="checkbox"/>      | Hepatitis/Jaundice <input type="checkbox"/>       | Seizure Disorder <input type="checkbox"/>          |
| Blood Clots <input type="checkbox"/>            | High Blood Pressure <input type="checkbox"/>      | Stomach Ulcers <input type="checkbox"/>            |
| Cancer <input type="checkbox"/>                 | High Cholesterol <input type="checkbox"/>         | Stroke <input type="checkbox"/>                    |
| Chronic Lung Condition <input type="checkbox"/> | Hypothyroidism <input type="checkbox"/>           | Transfusion Reaction <input type="checkbox"/>      |
| Diabetes <input type="checkbox"/>               | Irritable Bowel Syndrome <input type="checkbox"/> | Tuberculosis <input type="checkbox"/>              |

Please explain: \_\_\_\_\_

**4. SURGICAL HISTORY**  None

List all surgeries you have had including but not limited to breast biopsies, breast augmentation, tonsillectomy, appendectomy, tubal ligation, wisdom teeth.

DATE	OPERATION	DIAGNOSIS	HOSPITAL/ M.D.

**5. GENERAL HEALTH**

Date/Place of last pap smear:  None \_\_\_\_\_  
Date/Place of last mammogram:  None \_\_\_\_\_  
Date/Place of last blood work:  None \_\_\_\_\_  
Your Height \_\_\_\_\_ feet \_\_\_\_\_ inches Your weight \_\_\_\_\_ lbs. Your blood type: \_\_\_\_\_  
How much alcohol do you drink/week?  None  Avg. less than one daily  Avg. one daily  Avg. more  
Do you smoke?  Yes  No Amount/Day \_\_\_\_\_ How many years? \_\_\_\_\_  
If you quit smoking, when did you stop? \_\_\_\_\_  
Have you used marijuana or other drugs in the last 5 years?  Yes  No Type: \_\_\_\_\_  
Are you currently dieting or do you have a non-traditional diet?  Yes  No  
Please Explain: \_\_\_\_\_

Do you perform self-breast examinations monthly?  Yes  No  
Have you been immunized or had the following? Hepatitis A  Yes  No Hepatitis B  Yes  No

**6. GYNECOLOGIC HISTORY**

Age of first menstrual cycle: \_\_\_\_\_ Date of last period: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  Menopausal  Hysterectomy  
How frequently do you bleed? \_\_\_\_\_ How many days do you bleed? \_\_\_\_\_

What do you use to keep from getting pregnant?  Nothing

- |                                              |                                    |                                         |
|----------------------------------------------|------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Abstinence          | <input type="checkbox"/> Diaphragm | <input type="checkbox"/> Rhythm         |
| <input type="checkbox"/> Birth Control Pills | <input type="checkbox"/> IUD       | <input type="checkbox"/> Tubal Ligation |
| <input type="checkbox"/> Condoms             | <input type="checkbox"/> Patch     | <input type="checkbox"/> Vasectomy      |

Please check if you have had or currently have the following:

- |                                             |                                                |                                                  |
|---------------------------------------------|------------------------------------------------|--------------------------------------------------|
| Abnormal Pap Smear <input type="checkbox"/> | Herpes <input type="checkbox"/>                | Pelvic Adhesions <input type="checkbox"/>        |
| Chlamydia <input type="checkbox"/>          | HPV <input type="checkbox"/>                   | PMS <input type="checkbox"/>                     |
| Condyloma (Warts) <input type="checkbox"/>  | Incontinence of Urine <input type="checkbox"/> | Recent Change in Period <input type="checkbox"/> |
| Cramps <input type="checkbox"/>             | Laser/Freezing Cervix <input type="checkbox"/> | Recurrent Vaginitis <input type="checkbox"/>     |
| Endometriosis <input type="checkbox"/>      | Mycoplasma/Ureoplasma <input type="checkbox"/> | Syphilis <input type="checkbox"/>                |
| Fibroids <input type="checkbox"/>           | Ovarian Cyst <input type="checkbox"/>          | Trichomonas <input type="checkbox"/>             |
| Gonorrhea <input type="checkbox"/>          |                                                |                                                  |

**Sexual History:**

Are you sexually active?  Yes  No Do you have pain with intercourse?  Yes  No

**Infertility History:** (complete if indicated)

How long have you been trying unsuccessfully to become pregnant? \_\_\_\_\_  
How long have you been trying without any form of contraception? \_\_\_\_\_

Please describe any test/diagnosis/treatments you have had performed: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Pregnancy History:**  No Pregnancies

Number of times pregnant \_\_\_\_\_ Full term births \_\_\_\_\_ Premature births \_\_\_\_\_

Elective termination \_\_\_\_\_ Miscarriage \_\_\_\_\_ Ectopic pregnancies \_\_\_\_\_

**Early pregnancy loss:** Please list date and length of pregnancy with outcome (less than 20 weeks)

DATE	Miscarriage/# WEEKS	ELECTIVE ABORTION/#WEEKS	HOSPITAL/M.D.
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**Deliveries:** Please list date and length of pregnancy with outcome (lasting more than 20 weeks)

DATE	# WEEKS	VAGINAL/C-SECTION	SEX/WEIGHT	HOSPITAL/M.D.	COMPLICATIONS
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**Family History:**  Adopted

Which of your 1<sup>st</sup> degree family members have the following:

Anesthesia Problems \_\_\_\_\_ Heart Disease \_\_\_\_\_

Breast Cancer \_\_\_\_\_ High Blood Pressure \_\_\_\_\_

Colon Cancer \_\_\_\_\_ Ovarian Cancer \_\_\_\_\_

Diabetes \_\_\_\_\_ Other Cancer \_\_\_\_\_

## 7. SYSTEMS REVIEW

Please check if you have had or currently have the following:

	CURRENT	PAST	N/A		CURRENT	PAST	N/A
<b><u>HEENT</u></b>				<b><u>NEUROLOGIC</u></b>			
Migraines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Any Neurological Disorders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chronic Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Fainting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Visual Changes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Numbness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hearing Loss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Weakness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Head/Nerve Injury	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b><u>CARDIOVASCULAR</u></b>				Anxiety/ Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chest Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b><u>BREAST</u></b>			
Chronic Cough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Breast Lump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Abnormal Chest X-Ray	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Breast Tenderness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Leg Swelling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Breast Secretion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart Murmur/Mitral Valve Prolapse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bleeding from Nipples	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Take Antibiotics for Dental Work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Breast Implants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wheezing/Heart Palpitations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b><u>URINARY</u></b>			
<b><u>GASTROINTESTINAL</u></b>				Recurrent Urinary Tract Infections	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chronic Abdominal Bleed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Blood in Urine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Frequent Nausea/Vomiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Painful Urination	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chronic Constipation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Stones	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Persistent Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b><u>HEMATOLOGY</u></b>			
Bloody Stools	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Frequent Bruising	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hemorrhoids	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cuts that Do Not Stop Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
				Enlarged Lymph Nodes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient Name: \_\_\_\_\_