

# January 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b> NO SCHOOL	<b>3</b> Willink RR 2:50-5pm	<b>4</b>	<b>5</b> Willink RR 2:50-5pm	<b>6</b>	<b>7</b> Willink RR 8-9am (Webster Park)
<b>9</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>10</b> Willink RR 2:50-5pm	<b>11</b>	<b>12</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>13</b> Spry RR 3:15-5:15pm	<b>14</b> ALL RR 8-9:15am (Dunkin Donuts – Rte. 250 location)
<b>16</b> NO SCHOOL M L King Day	<b>17</b> Willink RR 2:50-5pm	<b>18</b>	<b>19</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>20</b> Spry RR 3:15-5:15pm	<b>21</b> ALL RR 8-9:15am (Brueggers)
<b>23</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>24</b> Willink RR 2:50-5pm	<b>25</b>	<b>26</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>27</b> Spry RR 3:15-5:15pm	<b>28</b> ALL RR 8-9:15am (Panera – North Ponds Drop-off, Panera Pick- up)
<b>30</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>31</b> Willink RR 2:50-5pm				

# February 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	3 Spry RR 3:15-5:15pm	4 ALL RR 8-9am (Webster Park)
6 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	7 Willink RR 2:50-5pm	8	9 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	10 Spry RR 3:15-5:15pm	11 ALL RR 8-9:15am (Dunkin Donuts – Rte. 250 location)
13 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	14 Willink RR 2:50-5pm Valentine's Day	15	16 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	17 Spry RR 3:15-5:15pm	18 ALL RR 8-9:15am (Brueggers)
20 NO SCHOOL NO PRACTICE Presidents' Day	21 NO SCHOOL NO PRACTICE	22 NO SCHOOL NO PRACTICE	23 NO SCHOOL NO PRACTICE	24 NO SCHOOL NO PRACTICE	25 NO PRACTICE
27 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	28 Willink RR 2:50-5pm				

# March 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	3 Spry RR 3:15-5:15pm	4 ALL RR 8-9:15am (Panera – North Ponds Drop-off, Panera Pick- up)
6 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	7 Willink RR 2:50-5pm	8	9 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	10 Spry RR 3:15-5:15pm	11 ALL RR 8-9am (Webster Park)
13 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	14 Willink RR 2:50-5pm	15	16 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	17 Spry RR 3:15-5:15pm	18 ALL RR 8-9:15am (Dunkin Donuts – Rte. 250 location)
20 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	21 Willink RR 2:50-5pm	22	23 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	24 Spry RR 3:15-5:15pm	25 ALL RR 8-9:15am (Brueggers)
27 <b>ALL CLUBS ON BREAK</b>	28 <b>ALL CLUBS ON BREAK</b>	29 <b>ALL CLUBS ON BREAK</b>	30 <b>ALL CLUBS ON BREAK</b>	31 <b>ALL CLUBS ON BREAK</b>	

# April 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 ALL CLUBS ON BREAK
3 Willink RR 2:45-3:15 Spry RR 3:30-5:30	4 Willink RR 2:45-3:15	5 Spry RR 3:30-5:30	6 Willink RR 2:45-3:15	7 Spry RR 3:30-5:30	8 Spry/Willink RR 8-9:15am (Panera – North Ponds Drop-off, Panera Pick-up)
10 Willink RR 2:45-3:15 Spry RR 3:30-5:30	11 Willink RR 2:45-3:15	12 Spry RR 3:30-5:30	13 Willink RR 2:45-3:15	14 NO PRACTICE Good Friday	15 NO PRACTICE
17 NO PRACTICE	18 NO PRACTICE	19 NO PRACTICE	20 NO PRACTICE	21 NO PRACTICE	22 NO PRACTICE
24 Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	25 Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North, DeWitt)	26 Spry RR 3:30-5:30	27 Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North)	28 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	29 Spry/Willink RR 8-9:00am (Webster Park)

# May 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>2</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>3</b> Spry RR 3:30-5:30	<b>4</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>5</b> Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>6</b> Spry/Willink RR 8-9:15am (Dunkin Donuts – Rte. 250 location)
<b>8</b> Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>9</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>10</b> Spry RR 3:30-5:30	<b>11</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>12</b> Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>13</b> Spry/Willink RR 8-9:15am (Brueggers)
<b>15</b> Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>16</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>17</b> Spry RR 3:30-5:30	<b>18</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>19</b> Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>20</b> Spry/Willink RR 8-9:15am (Panera – North Ponds Drop-off, Panera Pick- up)
<b>22</b> Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>23</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>24</b> Spry RR 3:30-5:30	<b>25</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>26</b> Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>27</b> Spry ONLY RR 8-9:15am (TBA)
<b>29</b> <b>NO PRACTICE</b> Memorial Day	<b>30</b> Elementary RR 3:30-4:45 (Schlegel, KN, KS, Plank North, DeWitt)	<b>31</b> RR Track Club 3:00- 5:00pm			

# June 2017

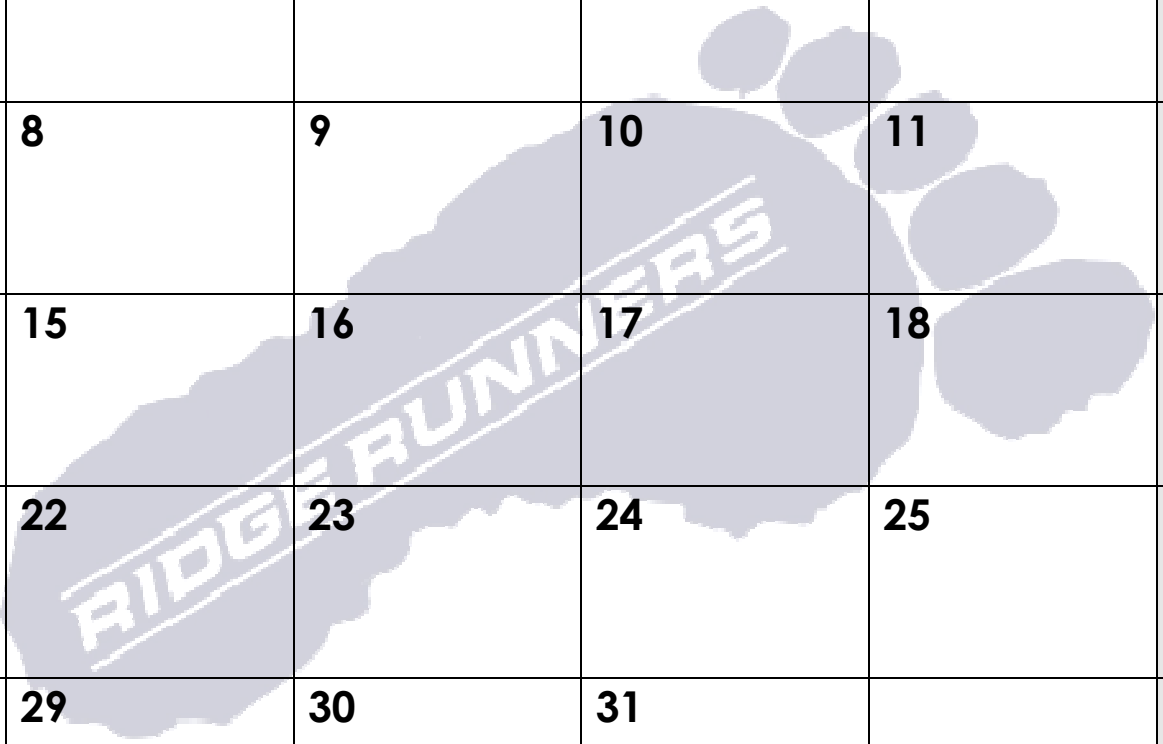
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>2</b> State Rd. RR 3:30-4:45  RR Track Club 3:00- 5:00pm	<b>3</b> RR Track Club 8:00- 9:00pm
<b>5</b> State Rd. RR 3:30-4:45  RR Track Club 3:00- 5:00pm	<b>6</b> Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>7</b> RR Track Club 3:00- 5:00pm	<b>8</b> Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>9</b>	<b>10</b> Elementary RR 1- mile Fun Run (TBA)
<b>12</b> RR Track Club 3:00- 5:00pm  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>13</b>	<b>14</b> RR Track Club 3:00- 5:00pm  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>15</b>	<b>16</b>	<b>17</b>
<b>19</b> RR Track Club 3:00- 5:00pm  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>20</b> PENFIELD TRACK MEET, 6PM PENFIELD HS	<b>21</b> RR Track Club 3:00- 5:00pm  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>22</b>	<b>23</b> RR Track Club 3:00- 5:00pm	<b>24</b> USATF NIAGARA ASSOCIATION TRACK MEET 10AM, PENFIELD HS
<b>26</b> RR Track Club 8:00- 9:00am  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>27</b> PENFIELD TRACK MEET, 6PM PENFIELD HS	<b>28</b> RR Track Club 8:00- 9:00am  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>29</b>	<b>30</b> RR Track Club 8:00- 9:00am	

# July 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Ridge Runner Youth Track 9:15-10:15am @ Thomas Track
3 No Practice	4 Independence Day	5 RR Track Club 8:00- 9:00am Ridge Runner Youth Track 5- 6pm @ Thomas Track	6	7 RR Track Club 8:00- 9:00am	8 USATF Region 2 Track Meet (SAT. AND SUN.) 8am, SUNY Brockport (qualifiers only)
10	11	12	13	14	15
17	18	19	20	21	22
24	25	26	27	28	29
31					

# August 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
7	8	9	10	11	12
14	15	16	17	18	19
21	22	23	24	25	26
28	29	30	31		





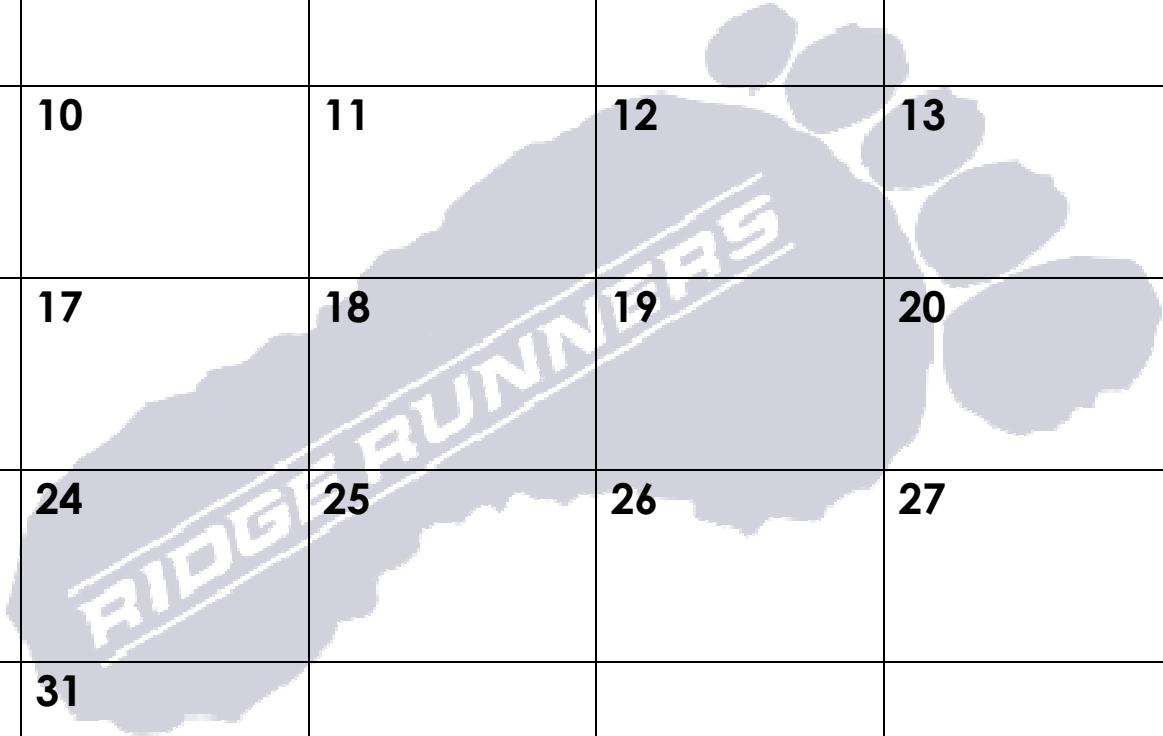
# September 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
4 Labor Day	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28	29	30



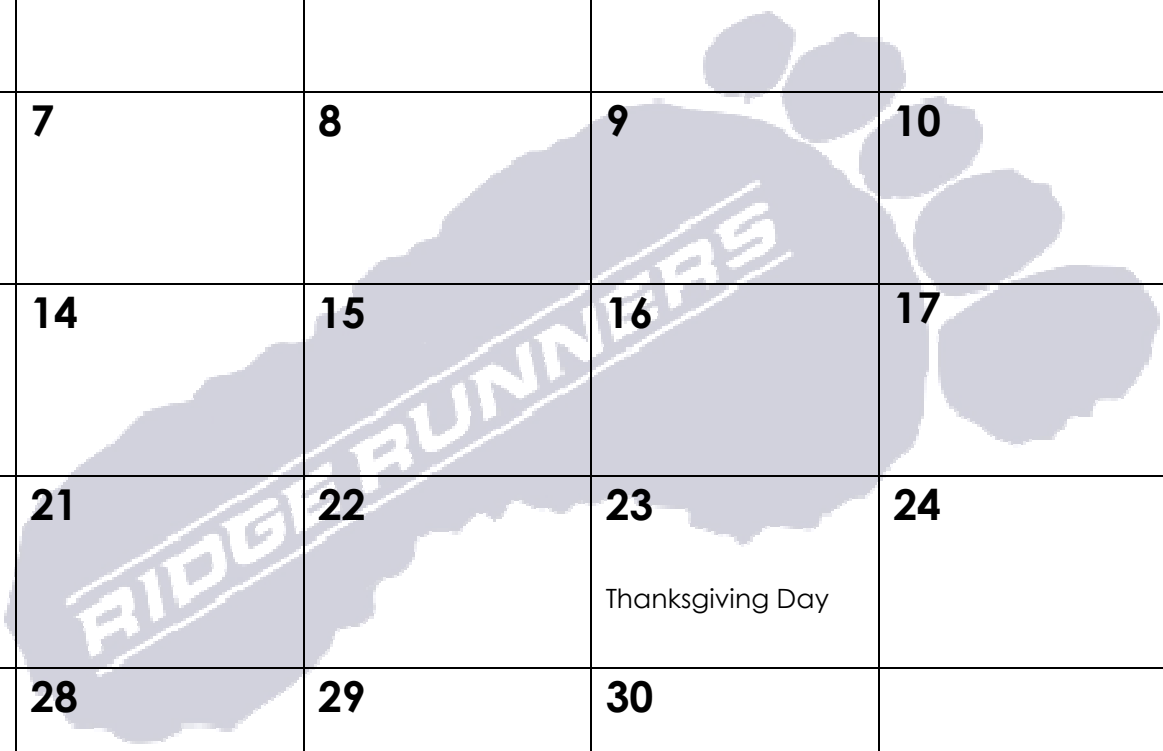
# October 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
9 Columbus Day	10	11	12	13	14
16	17	18	19	20	21
23	24	25	26	27	28
30	31 Halloween				



# November 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
6	7	8	9	10	11 Veterans Day
13	14	15	16	17	18
20	21	22	23 Thanksgiving Day	24	25
27	28	29	30		



# December 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25 Christmas	26	27	28	29	30

