



**College Community Services  
Wellness Center Central Advisory Board  
MEETING MINUTES**

**Friday, December 18, 2020 – 11:00am to 12:30pm  
Wellness Center Central – 401 S. Tustin St. #C, Orange, CA 92866  
REMOTE MEETING, Conducted on WebEX  
Meeting Number: 145 613 8342**

Attendees: Debbie A., Kimberly J., Deloise M.

Guest: Sohail E., Kenya B., Angela C.

**I. Call to Order – 11:11 am**

- a) Welcome and Introductions
  - i. Ice Breaker-What are you grateful for?
- b) Approval of Agenda – Agenda approved by Kimberly J., seconded by Debbie A.
- c) Approval of Minutes – Minutes approved by Kimberly J., seconded by Deloise M.

**II. Reports**

- a) Program Director Report-Sohail E.
  - i. Sohail read the Program Director's Report.
- b) President's Report- Johnny C. not present. Secretary, Kim J. called upon to give report.
  - i. Reported she has been joining groups online and they have really helped her.
  - ii. Thanksgiving meal pick-up held on Nov 25<sup>th</sup>. Turkey, mashed potatoes, and veggies were served
  - iii. Holiday meal pick up was held on Dec 16<sup>th</sup>. Tamales, rice and beans were served. Deanna reported to Kim that everything was delicious.

**III. Unfinished Business**

- a) Reading a portion of the MAB bylaws
  - i. MAB bylaws not read due to revision in progress.
- b) MHSA Art Calendar
  - i. Provided update that the calendar is complete. All art was selected by members of Central, South, and West.
  - ii. Calendars were given out to members during the holiday meal pickup on Dec 16<sup>th</sup>
- c) Volunteering
  - i. County has approved the inclusion of MAB work/participation as volunteer hours for the program (Sohail E.)

**IV. New Business**

- a) WCC onsite temporarily closed due to county's purple tier status
  - i. Will move back to in-person option once the restrictions are lifted and approved by Pathways Health Officers. (Sohail E.)
  - ii. WCC will look into possibly offering onsite services.
    1. Resource room may be offered to members, one at a time and by appointment only. This would first need to be approved by Pathways medical team and County of Orange. (Sohail E.)

- b) Work phones
  - i. Work phones were provided to staff who hold position critical to the program. Member will have access to direct contact to the following staff. (Sohail E.)
    1. Janice J. – Employment Specialist
    2. Diana H.- WRAP instructor
    3. William B.- Education Specialist
- c) WebEx transition to Zoom
  - i. Transition is expected to happen beginning of January and additional staff will have hosting abilities. (Sohail E.)
- d) New Groups
  - i. WCC has been working with members and staff to come up with new groups. We are currently adding approximately 12 new groups to our January calendar in hopes to bring variety and freshness to our group offerings. (Sohail E.)
- c) Program Outreach
  - i. WCC is looking for ways to increase our active membership. (Sohail E.)
    1. Staff have been doing outreach in the community
    2. Staff looking into possible advertisement of our program.
    3. Postcard to be mailed to all our members, active and inactive.
    4. Reaching out to libraries to advertise on behalf of WCC (Debbie A.)
  - ii. Possible increase in membership is expected in the coming years due to the current situation.
  - iii. MAB members were encouraged to attend online group.
- d) Program Evaluation
  - i. Survey will be available online so that members have an opportunity to evaluate our group's effectiveness and quality. (Sohail E.)
- e) New Year 2021
  - i. We are looking forward to 2021 and serving our members.

**V. Announcements (MAB Members)**

- a) Debbie A. announced she will be resigning from the MAB Board after two years of service. She is looking to expand things she wants to accomplish. She thanked her fellow MAB members and staff for their support and will continue to keep in contact with Sohail E.
  - i. Sohail thanked Debbie for all her outreach efforts and for her accomplishment of the Ridiculous Goodness event.
- a) Debbie suggested having a tutorial on the WCC website to educate members on how to use Zoom.

**VI. Open Forum (Visitors)**

- a) No visitors present.

**VII. Upcoming Calendar**

- a) Next meeting, Friday January 22, 2021 11:00am-12:30pm

**VIII. Adjournment**

- a) Sohail adjourned the meeting at 11:57am