

ONE ISLAND FAMILY

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FEBRUARY 2026

FEBRUARY SERVICES:

All in person!

Coming up this Sunday:

8 Rev. Lee Johnson "Theo of Golden, Sitting on a Bench."

"Maybe not. But maybe yes, Ellen, the older I get, the more I am convinced that every hurt the world has ever known is somehow the fault of every person who has ever lived. Maybe not directly and never entirely, but somehow, I fear, we own all the world's hurts together."

And thereafter in February:

15 Ron Selge "A UU looks at Quantum Mechanics and Quantum Consciousness."

The UUA collaboratively developed a new graphic for UU values which was approved by members in 2024. Six core values are held together by the central force of love. In 2025, the United Nations - proclaimed global observance of quantum mechanics, celebrating 100 years since its development. I find an interesting congruence between these two philosophical systems, especially as quantum mechanics has had recent breakthroughs. Let's explore our reality that's interconnected, transformative, relational and potential. We'll touch on core concepts, not a deep dive! Prepare to be amazed.

22 Rev. Doug Slagle "Believing in a Universal God of Ideals."

Rev. Doug will explore the possibility that God exists not as a supernatural being but as a set of universal principles. Instead of dividing people by religions and beliefs, is it possible to understand God as a set of ideals that everyone can understand and experience? For example, "God" is creative, God is truth, God is goodness, God is wisdom, and God is love. This possibility might unify people from all religious beliefs as a reminder of our common values and our one human family.

**HERE is the reusable information and link for weekly attendance via Zoom,
when so announced:**

Zoom Link - Meeting ID – 6164793132 Password – 018xPC

<https://us02web.zoom.us/j/6164793132?pwd=am5Cb3puRkFGOU8vNTA-vbjRHSVZWZz09>

We welcome our **UUA AFFILIATE MINISTERS** on a regular basis:

Rev. Bob Murphy and Rev. Doug Slagle

Next board meeting, open to all:

Sunday, February 8, immediately following coffee hour

PRESIDENT'S NOTE:

Greetings all!

There are moments when I open an email from our UUA and feel myself absorbed in connectivity--this was one of those moments!

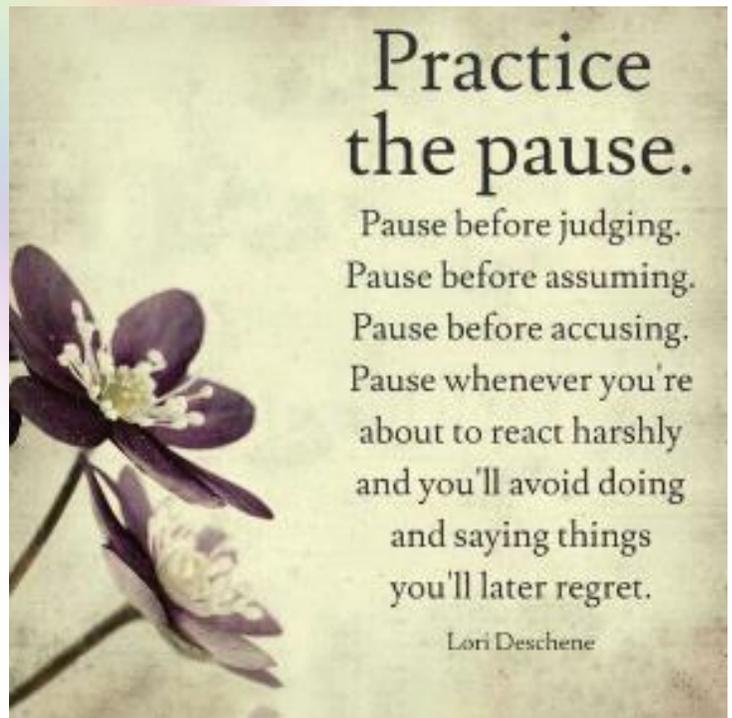
FROM SIDE WITH LOVE:

"The struggles we face are not merely political debates. They are moral and material battles over who belongs, who is protected, and whose lives matter."

Here is something to ponder:

<https://ethics.sjmc.wisc.edu/resources/ethics-in-a-nutshell/>

"The word "ethics" is connected intrinsically with questions of correct conduct within society. Etymologically, "ethics" comes from the Greek "ethos" meaning "character" which indicates a concern for virtuous people, reliable character and proper conduct. "Morality" derives from "mores" or custom — the rules of conduct of a group or society. An initial definition of ethics, then, is *the analysis, evaluation,*



and promotion of correct conduct and/or good character, according to the best available standards."

I find life is full of quandaries at this point in our history. By definition: to be "caught in a quandary" means you are in a state of confusion, or uncertainty about what to do. Morals and ethics? They are of primary importance to keep us facing forward.

MORE FROM SIDE WITH LOVE:

"When we proclaim that Black Lives Matter, that trans people are divine, that no one is illegal, that we must Abolish I.C.E. and Free Palestine, we are not making abstract statements. In this moment, let our allegiance be unmistakable. Let it be to healing, justice, and collective liberation."

As we enter our next congregational year, I thank you all for your efforts on every level to be participatory in upholding our Principles and DOING WHAT WE CAN. We journey together in that spirit and recommit annually to continuance in a nonviolent 'fight' for justice for all.

And BLESSED BE--
Joy Brown Taylor

VIDEO OF REV. STEVE TORRENCE FEBRUARY 1 SERVICE:

https://drive.google.com/file/d/18Q75E9JZK1SmmZvCTyfuUV9g_Z5q_D38/view?usp=sharing

ADOPT-A-HIGHWAY:

We have scheduled our community service highway cleanup for **Saturday Feb 7**. We'll meet at **10:00 AM at Baby's Coffee**, 3180 US Highway 1, **MM 15**. Our cleanup area is from MM 14 to 16. You may have noticed the signs at each end of our area saying this part of the Overseas Highway is maintained by One Island Family. We need your help to help our community and our environment— please mark your calendar and come participate.

We all need to watch the safety video before going out for the cleanup. The video is on the Florida Dept of Transportation web site:

<http://www.fdot.gov/maintenance/aahinfo.shtm>.

If you need transportation, please let me know.

Dave Arnold, 757-285-1609, Dave.Arnold@NetZero.Net.

BOARD MEETING:



"THANK YOU TO THE BOARD and NANCY 3. FOR THIS PAST YEAR!"



SWEARING IN OF THE NEW BOARD 2026!

2026 UNSUNG HEROS CELEBRATION:



Honoring our CFFK heroine Nancy 3. Hoffman and hero Jorge Jimenez 2026 at Unsung Heros Celebration this Friday, February 6th, 2026, Beachside Resort, KW.

NEXT STOP WONDERLAND:

AUTHOR: Rev. Robert (Bob) Murphy

Where have you been old man?

My answer is simple. I've gone down the rabbit hole to Wonderland. Something awful happened to my back and now I'm scheduled for major surgery. I've entered the world of orthopedic surgeons, neuroscientists, and powerful medications. Maybe you've been in a similar place.

Eat your veggies. Stay hydrated. Get some exercise.

People give me lots of instructions on what to do and how to live. Much of the information is useful. Still, there's a need for something more. I'll speak from personal experience while waiting for another appointment.

Living with limited mobility or a chronic medical problem can take you to spiritual experiences. When it happens, you may be surprised. Patients become patient. You

may become grateful for simple things. Especially acts of kindness that are given and received. Some people find a new sense of purpose. It can happen.

While rushing to a medical appointment, I collapsed in a parking lot. A Federal Express delivery man picked me up and put me back in my wheelchair. He expressed concern and I expressed my appreciation.

Everything happened in a few seconds. We were both surprised by the incident. Still, what happened was very nice and it may have been a moment of grace. Imagine a world without concern or gratitude.

I share this story with others. As a community minister, that's what I do when discussing spirituality. Great miracles may occur, but, mostly, you will find blessings in simple things. You will know the spiritual when it happens and it may happen in a parking lot, a crowded waiting room or in some other familiar place. Care for each other.

MLK JR. SCHOLARSHIP BREAKFAST AND PARADE:

“The fierce urgency of now”







“

There is always light, if only we're brave enough to see it. If only we're brave enough to be it.

Amanda Gorman

The youngest inaugural poet in US history



YOGA SCHEDULE IN OUR SANCTUARY:

Jan Bergh	Mindfulness Meditation Sangha	TUE	5.30 PM
Carl Ferrette	Yoga	MON, THU	6.00 PM
Mike Mulligan	Mindful Movement	TUE, THU	10 AM
Marjorie Paul-Shook	Gentle Pilates	SAT	10 AM
Marjorie Paul-Shook	Senior Flexibility and Balance	WED, FRI	10 AM

OUR LAND AND WATER ACKNOWLEDGMENT

ADOPTED 11/10/24, AMENDED 12/7/25

WE ACKNOWLEDGE THAT THE LAND THAT ONE ISLAND FAMILY NOW STANDS ON AND THE WATERS SURROUNDING KEY WEST, WERE THE TRADITIONAL HOMES UNDER THE STEWARDSHIP OF THE MASCOGO, SEMINOLE, TEQUESTA, CALUSA AND TAINO PEOPLES. WE COMMIT TO SHARING THE HERITAGE OF OUR UNIQUE FLORIDA KEYS ENVIRONMENT, AND TO PROMOTING ITS PRESERVATION FOR FUTURE GENERATIONS



We welcome diversity of race, color, ethnicity, national origin, culture, citizenship status, sexual orientation, sex, gender identity, gender expression, family status, religious background, socioeconomic status, education, political perspective, age, and abilities.



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