



SENIOR LIVING Truth Series

JANUARY 13

The Truth about Aging in America:
Changing the narrative

FEBRUARY 10

The Truth about Retirement
Community Living: Get the
inside scoop

MARCH 10

The Truth about Downsizing and
Decluttering: Why start now?

APRIL 14

The Truth about Getting Your
Affairs in Order: Bad blood and
blended families

MAY 12

The Truth about Paying for
Senior Living: Understanding
Medicare, Medicaid, and more

JUNE 9

The Truth about Scams: How
con-artists use psychology
against you

JULY 14

The Truth about Living with
Alzheimer's Disease and
Dementia: Knowledge is power

AUGUST 11

The Truth about Driving after 80:
Strategies for staying behind the
wheel

SEPTEMBER 8

The Truth about Healthcare for
Seniors: One size doesn't fit all

OCTOBER 13

The Truth about Senior Living
Options for People Who "Aren't
Ready Yet"

NOVEMBER 10

The Truth about Leaving a
Legacy: Choosing how we are
remembered

DECEMBER 8

The Truth about Living to 100:
A new paradigm



JOIN US FOR SEASON 7

*Candid conversations concerning
today's senior living issues and options*



Quail Creek Golf & Country Club Ballroom

3501 Quail Creek Rd, OKC OK 73120

Middle entrance with ramp



Seminars are 10am-11:30am

2nd Thursday of each month



Pre-Registration Required

405.563.7501 or

www.seniorlivingtruthseries.com

HOST & MODERATOR

Dr. Nikki Buckelew, PhD, is a nationally
recognized speaker, educator, and downsizing
coach known for her ability to deliver tough
topics with enthusiasm and candor.



Never a sales pitch -- only the TRUTH!

PLATINUM SPONSORS



TRUST & WEALTH
MANAGEMENT | ARVEST



ATTORNEYS +
COUNSELORS
AT LAW
a professional limited
liability company



Quail Creek Golf & Country Club Ballroom 3501 Quail Creek Road

Come as you are and bring a friend!

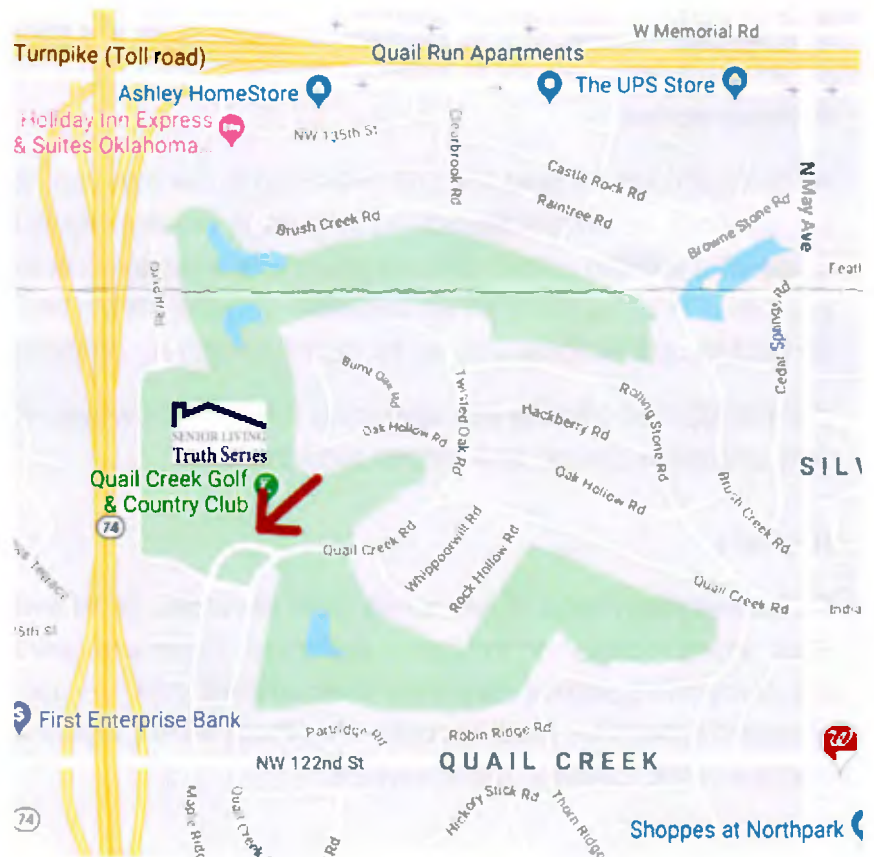
There are NO specific dress code requirements beyond what you might wear to any similar educational event elsewhere.



Look for the purple directional signs with SLTS logos (see above) to guide you to the correct entrance with the ramp leading to the glass doors.

NOTE:
ENTERING FROM THE LARGE
FRONT ENTRANCE WITH
STEPS MAKES
GETTING TO THE BALLROOM
MORE DIFFICULT!

The better entrance is just to
the west - use center parking
area. Follow the signage.



2022 ANNOUNCEMENTS

Season 7: Seminar schedule and topics

Continue to mark your calendar for the 2nd Thursday of each month for regularly scheduled Truth Series seminars! As we enter our seventh year of educational programming, our mission to educate, equip, and empower mature Oklahomans has never been stronger. Topics are chosen based on relevant and timely issues and the conversations are always candid! The events are free for seniors and their guests and of course, there is never a sales pitch!

While you may recognize a few of the titles from previous years, rest assured, no topic is ever repeated the same way twice. The entire point of the series is to help people make informed decisions, so up-to-date information is key.

Labs

Much like you may recall from college, certain subject matter may require deeper examination or hands-on experience to fully understand it. To that end we will be offering a series of "labs." These smaller and more personalized sessions or one-on-one appointments with key professionals will serve to help with mastery of specific subject matter. Labs will be announced at the monthly seminars as they are scheduled.

Primary venue

All seminars will be held live and in-person in the ballroom at Quail Creek Golf & Country Club. Masks are optional. Seating is limited, so be sure to pre-register to ensure we have adequate space for all those who want to attend. Should you make a reservation and not be able to attend, we kindly ask that you call and let us know so we can allow anyone on the waiting list an opportunity to come. Labs will be held in various locations, so be sure to watch for associated correspondence.

We will NOT be offering live streaming this year, however, replays are available (see below). Labs are only offered in-person and are not recorded.

Replays

To access recordings of previously held seminars, go to www.SeniorLivingTruthSeries.com and simply click "video replays" on the menu at the top. There are now more than 60 videos available. Many have the same title because they have been offered over several years, but we have done our best to categorize them for easier access. The most recent replay will be at the top of the replay screen within about a week following the live event.