

THE REMEDY



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WHAT IS HOMEOPATHY?

Homeopathy is a system of therapy that uses very small doses of remedies. These remedies are prepared from substances found in nature. Nevertheless, homeopathy should not be confused with herbal medicine. These two systems are very different. Herbal medicine uses tinctures of botanical substances, whereas homeopaths use ultradilute "micro" doses made from not only plants, but minerals or any other substance found in nature.

(continued on page 2)

Dear Friends in Homeopathy

The 2014 FHS Annual conference will take place on Feb 8-9, 2014 at Rollins College in Winter Park, FL. This has proven to be a popular venue with good food and atmosphere. Details about the schedule and how to find places to stay, etc., will be included in this newsletter.

The format this year will be a full day Saturday and Sunday morning for the conference and Sunday afternoon for the FHS membership meeting and elections. Lunch will be provided both days. We are trying to make more time for fellowship and networking, and not to have a hurried membership meeting late in the day. Those of us that have to travel will be able to get home at a decent hour.

Elections to the FHS Board of Directors will be held at the annual meeting. Please consider serving and helping our organization to provide education to all interested in Homeopathy. We have two Board positions opening up this year. We need expertise in social media. Anyone interested who has questions about what serving involves is welcome to contact me or any other Board member.

Our presenter this year will be the awesome Miranda Castro, FSHom, CCH, RSHom(NA), a world renowned homeopath and Florida resident! She is the author of 3 books that have served so many of us well: [The Complete Homeopathy Handbook](#), [Homeopathy for Pregnancy, Birth, and Your Baby's First Years](#), and [Homeopathic Guide to Stress](#) as well as numerous articles in many of our homeopathic journals. Originally from Great Britain, she has been teaching on both sides of the Atlantic since 1988, at seminars and as faculty at various schools of homeopathy. She is a very popular and engaging speaker.

What else has been happening this year in FHS? We are still in pursuit of full tax-exempt status. This has unfortunately been a part of a serious backup at the IRS, so we are still waiting. We have been in existence since early 2010 and have so far presented four successful and memorable seminars by Will Taylor and Frederik Schroyens (2011), Ed Shalts (2012) and Roger Morrison and Nancy Herrick in 2013. We continue to supply Continuing Education Credits to Acupuncture physicians.

We have a presence in social media with our Facebook page. We have updated our website and it is now possible to both register and pay for both conference and dues online.

Our Annual Dues are \$35. We are an organization open to all interested in learning more about homeopathy. This is a grass roots organization, and membership support is both necessary and appreciated.

We hope to see you in Winter Park in February for our annual conference, membership meeting, and the welcome fellowship in homeopathy. I wish each of you a Happy Holiday season and a Healthy New Year.

Polly Millet, President





Organon of Medicine § 12:

It is the morbidly affected vital energy alone that produces disease, so that the morbid phenomena perceptible to our senses express at the same time all the internal change, that is to say, the whole morbid derangement of the internal dynamis; in a word, they reveal the whole disease; consequently, also, the disappearance under treatment of all the morbid phenomena and of all the morbid alterations that differ from the healthy vital operations, certainly affects and necessarily implies the restoration of the integrity of the vital force and, therefore, the recovered health of the whole organism.

—**Samuel Hahnemann**
1755—1843

WHAT IS HOMEOPATHY?

(CONT. FROM P. 1)

The homeopath chooses the proper remedy by following a special rule of nature called the **Law of Similars** (*similia similibus curentur*).

This law states "like cures like," or that a medicine can cure a sick person if it can cause similar sickness in a healthy person.

—courtesy National Center for Homeopathy

UPCOMING EVENTS

~ FLORIDA ~

2014 Annual Spring Homeopathic Conference

February 8-9, 2014, Rollins College, Winter Park, Florida



Miranda Castro, FSHom, CCH, RSHom(NA)

"Telling the Forest from the Trees"

Details: <https://floridahomeopathicsociety.org/EVENTS.html>

Registration form is on page four.

~ NATIONAL ~

9th Annual Joint American Homeopathic Conference (JACH)

April 4-6, 2014, Long Beach, CA

"Advancing Practice: Approaches for Acute and Chronic care"

www.nationalcenterforhomeopathy.org/9th-annual-joint-american-homeopathic-conference

HOLISTIC MOM'S CORNER

Holistic Mom's Network website recommends homeopathy.

Visit this site for more information and resources...

www.holisticmoms.org/holistic-living

Lauren Feder, MD, sits on the Holistic Mom's Advisory Board. She is a nationally recognized physician who specializes in primary care medicine, pediatrics and homeopathy. Please read more about her using these links...



www.holisticmoms.org/category/holistic-living/resources-articles/holistic-health

www.drfeder.com

FLORIDA HOMEOPATHIC SOCIETY (FHS)

Please join and support FHS and help invest in your future!
Your support is appreciated and much needed to continue to bring world-class speakers and top-notch homeopathic education to Florida. Thank you!

www.floridahomeopathicsociety.org

HOMEOPATHS WITHOUT BORDERS— NORTH AMERICA - IN HAITI

Homeopaths Without Borders (HWB) has accomplished and even surpassed the planned course work in Haiti. Training and Clinics are thriving. HOWEVER, we are moving faster there than we can fund and are considering putting some training in Haiti on a temporary hold. A team will be going at the end of October 2013, and the next visit is planned for January 2014.

Additional funds are being sought before we complete our plans for 2014. *We will be continuing* but some plans for our work there may need modification.

PLEASE remember us. HWB appreciates any and all donations as well as cell phones or laptops that you might no longer use. These help communication between visits and it is the airline and transportation fees that kill us - about \$800 for each instructor who goes to Haiti. Linking with the Haitians leaders between visits is necessary.

- Jean Hoagland, HWB president

For more information see www.homeopathswithoutborders-na.org. Anyone interested in volunteering may contact Holly@homeopathswithoutborders-na.org.

A HOME REMEDY KIT

Would you like to assemble a handy homeopathic remedy kit? According to Edward Shalts, MD, D.Ht, in his wonderful book, [Easy Homeopathy: The 7 Essential Remedies You Need for Common Illnesses and First Aid](#), you will need the following remedies: Arnica, Aconitum, Belladonna, Chamomilla, Ignatia, Gelsemium and Nux Vomica. These can all be readily purchased at local health food stores or online. He devotes one chapter to each remedy with wonderful background information and thorough charts to assist you in the selection of the perfect individualized remedy for many acute and first-aid situations, such as coughs, colds, earaches, sprains, digestive problems, etc. For those unfamiliar with homeopathic principles, in the first chapters of the book, he explains what homeopathy is, the basic rules of homeopathy, and your visit to a homeopath. Editor's note: this book with the suggested remedies make a wonderful gift for family and friends.

BOOK RECOMMENDATION

A Homeopathic Love Story

The Story of Samuel and Melanie Hahnemann, by Rima Handley

“This well-written life of Melanie and Samuel Hahnemann is an important contribution to the homeopathic literature. The whole of the book is fascinating, but perhaps of particular interest are the well documented methods on Hahnemann’s method of prescribing. A Homeopathic Love Story is a work of scholarship as well as a worthy biography.” - Catherine Coulter, M.A., Author, Portraits of Homeopathic Medicines (volumes I and II)

HOMEOPATHY IN THE NEWS & GREAT ARTICLES

Please visit the National Center for Homeopathy website:

www.homeopathycenter.org

...for news and expert recommendations & articles on homeopathy in areas such as autism, dengue fever, whooping cough, addictions, etc. — on almost every topic imaginable!

Please join and support the National Center for Homeopathy!
Your support is much needed and appreciated.

www.floridahomeopathicsociety.org

Florida Study Groups, Practitioners, Education, etc.

Academy of Classical Homeopathy

www.academyofclassicalhomeopathy.com

Everglades University

www.evergladesuniversity.edu

Please visit the NCH site for a comprehensive list of educational institutions elsewhere.

NCH

www.homeopathycenter.org

Certification

For certification, please see
www.homeopathicdirectory.com

Study Groups

www.homeopathycenter.org/study-groups

Practitioners

www.homeopathycenter.org/find-homeopath

www.homeopathicdirectory.com

Homeopathy Today Online

www.homeopathytoday.org

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