

# March 2015 Abominable Slowman 5k

Race Date

March 14, 2015

## Overall Finish List

5k

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
1		Daniel Burke	Levittown PA	64	52	M	1 Overall	18:56.66	18:57.18	0:00.52	6:06/M
2		Walter Campbell	Philadelphia PA	154	29	M	1 25-29	20:25.37	20:27.33	0:01.96	6:35/M
3		Chris Ierley	Philadelphia PA	4	45	M	1 Master	21:37.21	21:39.11	0:01.90	6:58/M
4		Stephen Moylan		197	34	M	1 30-34	21:39.12	21:40.96	0:01.84	6:59/M
5		Robert Ryan	Doylestown PA	14	26	M	2 25-29	21:47.12	21:48.90	0:01.78	7:02/M
6		Tim Corey		193	31	M	2 30-34	22:28.75	22:29.52	0:00.77	7:15/M
7		Jessica Stiles	Wyckoff NJ	34	23	F	1 Overall	22:32.60	22:38.34	0:05.74	7:16/M
8		Michael Osher	Devon PA	50	33	M	3 30-34	22:49.52	22:55.27	0:05.75	7:22/M
9		Daniel Fornwald	Philadelphia PA	180	30	M	4 30-34	22:54.84	22:58.50	0:03.66	7:23/M
10		Tim Risser	Hatfield PA	59	33	M	5 30-34	23:33.42	23:35.19	0:01.77	7:36/M
11		Joshua Bolan	Schwenksville PA	62	13	M	1 13-18	24:04.38	24:05.81	0:01.43	7:46/M
12		Bryan Alderfer	Telford PA	166	39	M	1 35-39	24:10.16	24:11.43	0:01.27	7:48/M
13		Gary Puglia	Wayne PA	148	34	M	6 30-34	24:40.05	24:44.74	0:04.69	7:57/M
14		Bethany Hummel	Lafayette Hill PA	171	28	F	1 25-29	25:12.89	25:17.66	0:04.77	8:08/M
15		Amon Gibson	King Of Prussia PA	36	38	M	2 35-39	25:37.74	25:52.52	0:14.78	8:16/M
16		Adrienne Fornwald	Philadelphia PA	179	30	F	1 30-34	25:38.07	25:41.55	0:03.48	8:16/M
17		David Smith	Williamstown NJ	30	61	M	1 60-64	25:40.57	25:46.84	0:06.27	8:17/M
18		Ian Reape	Newtown Square PA	125	12	M	1 0-12	25:46.43	25:50.89	0:04.46	8:19/M
19		Kathryn Mannion	Ardmore PA	90	32	F	2 30-34	25:49.21	25:55.78	0:06.57	8:20/M
20		David Reape	Newtown Square PA	184	52	M	1 50-54	26:01.59	26:05.28	0:03.69	8:24/M
21		Barbara Bush		192	55	F	1 Master	26:01.89	26:06.11	0:04.22	8:24/M
22		Tracy Richardson		195	39	F	1 35-39	26:10.27	26:18.44	0:08.17	8:26/M
23		Thomas D'Arcangelo	Haverford PA	94	40	M	1 40-44	26:17.60	26:24.36	0:06.76	8:29/M
24		Corinne Mancini	Pottstown PA	120	20	F	1 19-24	26:24.07	26:27.76	0:03.69	8:31/M
25		Kevin MacKrell	Exton PA	38	43	M	2 40-44	26:31.99	26:38.95	0:06.96	8:33/M
26		Duncan McLuckie	Wayne PA	157	8	M	2 0-12	26:46.75	26:47.72	0:00.97	8:38/M
27		Barbara Francis	Radnor PA	16	63	F	1 60-64	26:59.57	27:02.78	0:03.21	8:42/M
28		Patrick Stegall	Drexel Hill PA	170	32	M	7 30-34	27:00.19	27:08.53	0:08.34	8:43/M
29		Dorothy Ellinger	Cleona PA	95	43	F	1 40-44	27:01.43	27:03.83	0:02.40	8:43/M
30		Erin Andres	Villanova PA	187	13	F	1 13-18	27:03.19	27:06.78	0:03.59	8:44/M
31		Damon Andres	Villanova PA	185	45	M	1 45-49	27:06.30	27:09.76	0:03.46	8:45/M
32		Debbie Mancini	Pottstown PA	121	54	F	1 50-54	27:14.07	27:18.28	0:04.21	8:47/M
33		Jenifer Antonacci	Berwyn PA	63	40	F	2 40-44	27:32.56	27:35.78	0:03.22	8:53/M
34		Joe Callis	Wayne PA	8	45	M	2 45-49	27:36.05	27:43.57	0:07.52	8:54/M
35		Michael McCook	Wagontown PA	161	47	M	3 45-49	27:39.49	27:42.20	0:02.71	8:55/M
36		Joseph Dopsovic	Philadelphia PA	176	35	M	3 35-39	27:45.57	27:56.46	0:10.89	8:57/M
37		Elizabeth Nikish	West Chester PA	97	31	F	3 30-34	27:46.81	27:57.28	0:10.47	8:57/M
38		Kristin Zado	Haverford PA	21	52	F	2 50-54	27:47.05	27:51.97	0:04.92	8:58/M
39		Mike Studzienko	Lansdale PA	123	29	M	3 25-29	27:51.94	28:00.54	0:08.60	8:59/M
40		Holly Bolan	Schwenksville PA	61	41	F	3 40-44	28:03.17	28:07.38	0:04.21	9:03/M
41		Margaret Thompson	Lititz PA	82	15	F	2 13-18	28:03.43	28:14.36	0:10.93	9:03/M
42		Rachel Mannion	Ardmore PA	91	33	F	4 30-34	28:10.14	28:17.74	0:07.60	9:05/M
43		Meredith Shaffer		196	39	F	2 35-39	28:16.47	28:24.27	0:07.80	9:07/M
44		Shawn Turner	Phoenixville PA	160	40	M	3 40-44	28:17.44	28:22.37	0:04.93	9:07/M
45		Everett Petit	West Chester PA	122	54	M	2 50-54	28:20.55	28:28.36	0:07.81	9:08/M
46		Lisa Coniglio	Fallsington PA	65	43	F	4 40-44	28:26.33	28:33.48	0:07.15	9:10/M
47		Lisa Wellington	King Of Prussia PA	58	41	F	5 40-44	28:29.78	28:36.99	0:07.21	9:11/M
48		Arthur Nemchenko	Wayne PA	3	52	M	3 50-54	28:36.39	28:49.20	0:12.81	9:14/M
49		Hannah Foley	Wilmington DE	144	24	F	2 19-24	28:42.02	28:51.91	0:09.89	9:15/M
50		Christopher Moritz	Wilmington DE	126	22	M	1 19-24	28:42.15	28:52.45	0:10.30	9:15/M
51		Julian Benvenuti	Collegeville PA	165	27	M	4 25-29	28:58.18	29:01.43	0:03.25	9:21/M
52		Jennifer Domaradzki	Downingtown PA	162	33	F	5 30-34	29:05.09	29:08.79	0:03.70	9:23/M
53		Catherine Mathews	Wynnewood PA	88	39	F	3 35-39	29:13.22	29:18.10	0:04.88	9:25/M
54		Margaret Sexton	Ardmore PA	181	28	F	2 25-29	29:16.80	29:24.41	0:07.61	9:26/M
55		Evan Pellegrino	Coatesville PA	49	41	M	4 40-44	29:20.38	29:21.58	0:01.20	9:28/M
56		Shana Atkins	Lebanon PA	92	27	F	3 25-29	29:30.54	29:32.79	0:02.25	9:31/M
57		Eric Atkins	Lebanon PA	93	29	M	5 25-29	29:30.73	29:32.98	0:02.25	9:31/M
58		Rebecca Burns		194	38	F	4 35-39	29:31.76	29:37.47	0:05.71	9:31/M
59		Kelly Dugan	Phoenixville PA	167	33	F	6 30-34	29:43.72	29:53.62	0:09.90	9:35/M
60		Kathleen Reape	Newtown Square PA	11	49	F	1 45-49	29:46.91	29:50.38	0:03.47	9:36/M
61		James Ryan	Eagleville PA	135	49	M	4 45-49	29:59.08	30:09.29	0:10.21	9:40/M
62		Ariana Benvenuti	Collegeville PA	164	24	F	3 19-24	29:59.37	30:02.62	0:03.25	9:40/M
63		Dave Derosa	Trappe PA	23	42	M	5 40-44	30:16.18	30:25.45	0:09.27	9:46/M
64		Daniel Cooper	Bryn Mawr PA	188	34	M	8 30-34	30:30.56	30:35.88	0:05.32	9:50/M
65		Bob Felix	Downingtown PA	48	65	M	1 65-69	30:33.99	30:43.20	0:09.21	9:51/M
66		Katie Kehler	Harleysville PA	110	17	F	3 13-18	30:42.35	30:53.71	0:11.36	9:54/M
67		Tabitha Copeland	Allentown PA	129	25	F	4 25-29	30:42.45	30:51.87	0:09.42	9:54/M

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**5k**

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
68		Aaron Copeland	Allentown PA	128	28	M	6 25-29	30:42.49	30:51.79	0:09.30	9:54/M
69		Sarah Daunoras	Royersford PA	98	31	F	7 30-34	30:46.73	30:59.25	0:12.52	9:55/M
70		Jj Daunoras	Royersford PA	145	31	M	9 30-34	30:48.02	30:59.79	0:11.77	9:56/M
71		Rebecca MacKrell	Exton PA	39	40	F	6 40-44	31:00.02	31:15.79	0:15.77	10:00/M
72		Lindsay Heston	Collingswood NJ	119	28	F	5 25-29	31:06.48	31:19.70	0:13.22	10:02/M
73		Stephanie Rosenheck		191	30	F	8 30-34	31:06.59	31:11.29	0:04.70	10:02/M
74		Erin McGowan	Philadelphia PA	153	29	F	6 25-29	31:08.87	31:13.78	0:04.91	10:03/M
75		Beth Lepone	Perkasie PA	66	57	F	1 55-59	31:19.72	31:26.93	0:07.21	10:06/M
76		Herbert Thal	Wayne PA	47	82	M	1 70-99	31:46.32	31:51.60	0:05.28	10:15/M
77		Emily Callis	Wayne PA	9	14	F	4 13-18	31:47.50	31:55.27	0:07.77	10:15/M
78		Barbara Raifsnider	Oley PA	19	52	F	3 50-54	32:02.69	32:08.96	0:06.27	10:20/M
79		Laura Van	Chester Springs PA	137	42	F	7 40-44	32:29.16	32:34.45	0:05.29	10:29/M
80		Margaret Davis	Philadelphia PA	56	24	F	4 19-24	32:31.68	32:36.98	0:05.30	10:29/M
81		Tim Charles	Lititz PA	80	32	M	10 30-34	32:52.53	33:06.49	0:13.96	10:36/M
82		Katherine Chmelko	Philadelphia PA	175	27	F	7 25-29	33:07.07	33:13.85	0:06.78	10:41/M
83		Steve White	Broomall PA	139	65	M	2 65-69	33:07.62	33:18.34	0:10.72	10:41/M
84		Kelly Orenshaw	Philadelphia PA	174	27	F	8 25-29	33:08.97	33:15.55	0:06.58	10:41/M
85		Sophia Charles	Lititz PA	79	31	F	9 30-34	33:21.30	33:33.70	0:12.40	10:45/M
86		Rebecca Hoyle	Wayne PA	35	36	F	5 35-39	33:30.25	33:36.52	0:06.27	10:48/M
87		John Brusca	East Norriton PA	57	39	M	4 35-39	33:35.46	33:50.74	0:15.28	10:50/M
88		Tony Chadderton	Pottstown PA	168	55	M	1 55-59	33:37.97	33:43.92	0:05.95	10:51/M
89		Cassandra Quinn	Wilmington DE	173	24	F	5 19-24	33:52.49	34:00.26	0:07.77	10:55/M
90		Brandie Nemchenko	Wayne PA	2	41	F	8 40-44	34:00.07	34:09.29	0:09.22	10:58/M
91		Julia Warner	Colmar PA	78	28	F	9 25-29	34:07.24	34:15.66	0:08.42	11:00/M
92		Joy Brauer	Perkasie PA	85	34	F	10 30-34	34:07.78	34:16.41	0:08.63	11:00/M
93		Laura Koenig	Perkasie PA	83	34	F	11 30-34	34:08.20	34:16.41	0:08.21	11:01/M
94		Drew McLuckie	Wayne PA	156	44	M	6 40-44	34:12.45	34:22.22	0:09.77	11:02/M
95		Ian McLuckie	Wayne PA	158	6	M	3 0-12	34:12.93	34:23.64	0:10.71	11:02/M
96		Claire Guenzer		198	17	F	5 13-18	34:15.26	34:19.75	0:04.49	11:03/M
97		Chris Harris	Lancaster PA	89	65	M	3 65-69	34:34.19	34:56.57	0:22.38	11:09/M
98		Hilary Hayes	Bozeman MT	37	42	F	9 40-44	34:38.21	34:49.71	0:11.50	11:10/M
99		Leigh Foyle	Blue Bell PA	22	40	F	10 40-44	34:47.16	35:00.46	0:13.30	11:13/M
100		Kathleen Tallant	Audubon PA	6	48	F	2 45-49	34:49.77	34:57.55	0:07.78	11:14/M
101		Toria Rubinstein	Philadelphia PA	32	22	F	6 19-24	34:50.76	34:55.96	0:05.20	11:14/M
102		Jack Akins	Berwyn PA	151	9	M	4 0-12	35:17.33	35:38.28	0:20.95	11:23/M
103		Michael Akins	Berwyn PA	149	38	M	5 35-39	35:19.90	35:38.55	0:18.65	11:24/M
104		Kira White	Broomall PA	141	23	F	7 19-24	35:22.12	35:32.58	0:10.46	11:25/M
105		Sue Ryan	Newtown PA	134	50	F	4 50-54	35:46.59	35:55.55	0:08.96	11:32/M
106		Shelly White	Philadelphia PA	115	46	F	3 45-49	35:52.99	35:58.28	0:05.29	11:34/M
107		Renee Murdock	King Of Prussia PA	114	59	F	2 55-59	35:59.84	36:04.55	0:04.71	11:36/M
108		Marybeth Christiansen	Malvern PA	182	58	F	3 55-59	36:10.15	36:14.46	0:04.31	11:40/M
109		Jack Santosusso	Norristown PA	177	9	M	5 0-12	36:18.26	36:27.54	0:09.28	11:43/M
110		Caryl Jewell	Fairless Hills PA	133	64	F	2 60-64	36:19.07	36:25.21	0:06.14	11:43/M
111		Rebecca Santosusso	Norristown PA	75	40	F	11 40-44	36:21.97	36:31.25	0:09.28	11:44/M
112		Wayne Moritz	Harrisburg PA	127	60	M	2 60-64	36:35.16	36:45.46	0:10.30	11:48/M
113		Grace Guenzer		199	19	F	8 19-24	36:39.58	36:43.44	0:03.86	11:49/M
114		Amanda Luciani	Philadelphia PA	70	30	F	12 30-34	36:53.24	36:59.79	0:06.55	11:54/M
115		Macartan McElroy	East Norriton PA	178	51	M	4 50-54	37:19.50	37:37.31	0:17.81	12:02/M
116		Jillian Neill	Haverford PA	124	28	F	10 25-29	38:13.89	38:27.16	0:13.27	12:20/M
117		Liam Akins	Berwyn PA	152	6	M	6 0-12	38:57.92	39:17.81	0:19.89	12:34/M
118		Amy Akins	Berwyn PA	150	38	F	6 35-39	38:58.40	39:18.91	0:20.51	12:34/M
119		Katherine Felix	Downingtown PA	84	63	F	3 60-64	39:28.68	39:41.20	0:12.52	12:44/M
120		Susanne Flood	Philadelphia PA	28	31	F	13 30-34	39:33.36	39:46.29	0:12.93	12:45/M
121		Mike Van	Chester Springs PA	136	39	M	6 35-39	40:52.11	40:57.63	0:05.52	13:11/M
122		Gerald Mannion	Havertown PA	99	28	M	7 25-29	42:07.36	42:15.32	0:07.96	13:35/M
123		Lauren Mueller	Southampton PA	117	30	F	14 30-34	43:19.35	43:32.79	0:13.44	13:58/M
124		Fred Mueller	Southampton PA	116	67	M	4 65-69	43:20.33	43:32.74	0:12.41	13:59/M
125		Elaine White	Broomall PA	140	62	F	4 60-64	43:34.52	43:47.73	0:13.21	14:03/M
126		Betty Olmstead	Wilmington DE	54	69	F	1 65-69	43:44.91	43:55.68	0:10.77	14:06/M
127		Kate Kolb	Downingtown PA	26	27	F	11 25-29	44:04.84	44:15.73	0:10.89	14:13/M
128		James Fagnan	Wayne PA	25	28	M	8 25-29	44:05.24	44:16.94	0:11.70	14:13/M
129		Joshua Vargha	Cheltenham PA	112	26	M	9 25-29	48:01.17	48:15.33	0:14.16	15:29/M
130		Megan Canty	Cheltenham PA	113	28	F	12 25-29	48:01.57	48:15.94	0:14.37	15:29/M
131		Kristina Gannon	Philadphia PA	143	31	F	15 30-34	51:50.21	52:07.60	0:17.39	16:43/M
132		Benjamin Mulholland	Philadelphia PA	142	32	M	11 30-34	51:50.81	52:06.74	0:15.93	16:43/M
133		Nancy Mulholland	Gaithersburg MD	146	68	F	2 65-69	53:48.14	54:04.48	0:16.34	17:21/M
134		George Mulholland	Gaithersburg MD	147	71	M	2 70-99	53:51.04	54:06.25	0:15.21	17:22/M

Race Date

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March 14, 2015

## Overall Finish List

**5k**

<u>Place</u>							<u>-----Total-----</u>		<u>Chip</u>	
<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>AG Place</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
135	Elise Bowers	Harleysville PA	138	55	F	4 55-59	54:23.34	54:44.30	0:20.96	17:33/M
136	Susan McLuckie	Wayne PA	155	47	F	4 45-49	56:40.72	57:01.86	0:21.14	18:17/M