

## BIBLE BAPTIST CHURCH

www.crbiblebaptist.com  
Independent, Dispensational, Evangelistic, Missionary  
5037 Center Pt. Rd. NE Cedar Rapids, IA 52402  
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Ps 42:5 Why art thou cast down, O my soul? and *why* art thou disquieted in me? hope thou in God: for I shall yet praise him *for* the help of his countenance.

This thought is carried into the next chapter.

Ps 43:5 Why art thou cast down, O my soul? and why art thou disquieted within me? hope in God: for I shall yet praise him, *who is* the health of my countenance, and my God.

Notice the slight variation in the last part. It went from “his countenance” to “health of my countenance.” That’s the answer we need His countenance to shine upon us and it heals ours. Num. 6 The LORD bless thee, and keep thee: ....The LORD lift up his countenance upon thee, and give thee peace.

His countenance can be bestowed in prayer. But sometimes we don’t “feel” like praying. Our flesh would rather sulk. Our pride even when we are in a bad frame of mind can hinder us from coming to the Lord. I speak this with humiliation but for an example NOT TO FOLLOW.

I was really perplexed about something Friday night. After a few of hours of physical discomfort, mental aggravation and emotional upheaval and failure to accomplish the task, I went into the house. The 8:00 p.m. call to prayer chime came over Mary Jo’s phone and I immediately said “I don’t want to talk to him.” I was the loser on that one. *No talk – no peace 10:30 to 3:30 no real restful sleep*

Why art thou cast down? There can be any of a number of reasons; and even if it is only one it can be enough to weigh a person down. Take prayerful inventory and you just might get to the core.

From that opening section in Ps. 42 it seemed God was distant from him and he seemed out of reach, and he was taunted by the enemy. “Where’s your God in all this???” Maybe He is letting you see how weak you are, so that you will put your dependency upon Him. Maybe those statements made at you will hurt and make you turn to God, and remember his lovingkindness and songs and answered prayers.

But he did have a working formula: “HOPE THOU IN GOD for I shall yet praise him” FAITH is the VICTORY!

Ps. 43:1, 2 David found relief in stating his case before God.

Ps. 43:3 He requested for **thy** light and **thy** truth let them lead me... you know where we find God’s light and truth and they will lead us to see things as they are; and hopefully ‘rest’ in His care.

What follows is solace in praising God and that took his mind off the oppressive enemy. You say, “Easier said than done.” Never said it was going to be easy.

Question: Is God your exceeding joy? (Ps.43:4) Don’t let the enemy eclipse your joy with your temporal trouble. Don’t give way to your emotions; don’t give way to your wounded pride, if you have to play it over & over again in your mind – put it before the Lord.

And when the battle’s over we shall wear a crown, yes, we shall wear a crown ...  
in the New Jerusalem .

## “LEARNING TO CAST”

Intro. Takes practice ex. Fly fisherman, or simply spool casting not to get it in trees or someone around you. Or throwing a Cast net,

- **Casting down**
- **Casting off**
- **Casting up**
- **Casting In**
- **Casting Around**

Tonight at 5:00 Lessons from **Jeremiah 32 “Last Days for Israel”**

Monday at 4:45 Hiawatha Care Center

Wed. at 5:30 Visitation

Wed. at 7:00 Bible Study (Daniel) & Prayer

Missionary of the week: Ciesielczyk – Amazon region

