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# Rajiv Gandhi University of Health Sciences

## First Year B.Sc. Nursing (PC) Degree Examination

[Time: 2 Hours]

[Max. Marks: 35]

### NUTRITION AND DIETETICS

(Revised Scheme 3)

QP Code: 1732

Sanjay

Your answers should be specific to the questions asked.  
Draw neat labeled diagrams wherever necessary.

#### LONG ESSAY (ANSWER ANY ONE)

1 X 10 = 10 Marks

1. Discuss the methods of assessing nutritional status of a community
2. Explain briefly on current nutritional programmes in operation

#### SHORT ESSAY (ANSWER ANY THREE)

3 X 5 = 15 Marks

3. Nutritional needs of the older people
4. Therapeutic diet
5. Feeding of premature infants
6. Deficiency diseases

#### SHORT ANSWER

5 X 2 = 10 Marks

7. Macronutrients
8. Energy yielding food
9. Substitute for non-vegetarian foods
10. Advantages of school lunch programme
11. Calorie requirement for a lactating mother



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