# 🐎 Horse Riding Programmes: From First Rides to Competitive Success

Our bespoke riding programmes are designed to support every rider—whether they’re sitting in the saddle for the first time, preparing for competition or a career in horses. We offer an **inclusive programme** that blends skill-building with personal growth and confidence using nationally recognised frameworks and professional coaching in a fun and therapeutic environment.

### 🌟 What We Offer

* Beginner to Advanced Pathways
Riders are supported at every stage, from total beginners learning to mount, steer and walk, to advanced riders refining their flatwork, jumping, and competition technique.
* Accredited Learning Materials
We draw from trusted programmes including:
	+ *Changing Lives Through Horses* (British Horse Society)
	+ *Pony Club Achievement Badges* and Progressive Tests
	+ *BHS Challenge Awards* and *Ride Safe*
* Expert Coaching
Our sessions are delivered by **Level 3 UKCC coaches** and **qualified BHS instructors**, ensuring safe, structured progression and personalised feedback.
* Real-Life Relevance
Riding is taught not just as a sport, but in a holistic and cross curricular manner:
	+ 🐴 How to hack safely and responsibly, developing road safety skills
	+ 🧠 How to problem-solve in the saddle and on the yard
	+ 📝 How to reflect on their progress through journals, goal-setting, and peer mentoring
* Competition Preparation
For those aiming higher, we provide coaching for specific equestrian sports such as showjumping.

### 🧭 How It Works

* **Initial Rider Assessment** to place each student at the right level
* **Individual Riding Plan** with clear goals and milestones
* **Progressive Badges & Awards** to celebrate achievement and build confidence
* **Appropriate Horses provided to match the riders ability and size**
* **Mentor Support** to encourage resilience, teamwork, and leadership