

*Community Resources  
For Macon County  
Lafayette & Red Boiling Springs  
Head Start Center  
2021-2022*



To locate additional information on Community  
Resources access,  
[www.tennhelp.com](http://www.tennhelp.com) or Call 211

*Developed and Distributed by L.B.J. & C. Head Start*

## **Table of Contents**

### *Resources for:*

Adult Education.....	Page # 3
Adult Job Training.....	Page # 3
Bereavement.....	Page # 4
Child Care.....	Page # 4
Child Abuse.....	Page # 5
Dental Providers/TennCare.....	Page # 6
Dental Providers/.....	Page # 7
Disabilities.....	Page # 7
Domestic Violence.....	Page # 9
Drug/Alcohol Abuse.....	Page # 9
Emergencies.....	Page # 10
Food/Clothing& Utilities.....	Page # 11
Housing/Homeless.....	Page # 12
Insurance.....	Page # 13
Legal/Gov. Assistance.....	Page # 13
Marriage/Strengthening.....	Page # 15
Marriage (Pre-Counseling).....	Page # 15
Medical Providers/TennCare.....	Page # 15
Medical Providers/.....	Page # 16
Mental Health Providers/TennCare.....	Page # 17
Mental Health Providers/.....	Page # 17
Quit Tobacco Resources.....	Page # 18
Raising Children.....	Page # 18
Transportation.....	Page # 20
Youth Involvement.....	Page # 20
Language Assistance .....	Page # 21

## **Adult Education:**

### **Nashville State Community College**

1000 Neal Street

Cookeville, TN. 38501

(931) 526-2211

(931) 520-0551

*(Assists Adults to further their education and they also sponsor job fairs)*

### **Macon County Adult Basic Education**

Lafayette, TN

615-666-2125

615-666-4778

**They offer: GED, Adult High School, Basic Computer Training**

*(Assists Adults to further their education)*

### **Tennessee College of Applied Technology**

716 McMurry BLVD

Hartsville, TN 37074

(615) 374-2147

*(Assists Adults to further their education and job skills training)*

### **Tennessee Technological University**

Cookeville, Tennessee 38505

(800) 255-8881 or (931) 372-3888

*(Assists Adults to further their education)*

### **Volunteer State Community College**

Livingston & Gallatin

931-823-7065/ Livingston

615-230-3688

1-888-335-8722

*(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)*

## **Adult Job Training Services:**

### **AMERICAN MANUFACTURING & PACKAGING (AMP)**

435 Gould Drive

Cookeville, TN. 38506

(931) 432-5981

*(Assists persons with disabilities to get jobs by providing job*

*coaching/industrial training/school-to-work programs)*

### **Macon County Career Center**

Tennessee Vocational Training Center

607 Highway 52 By-Pass

Lafayette, TN 37083

Telephone: (615) 666-2330

*(Assist adults in locating jobs)*

### **Department of Human Services - Macon County**

315 HWY 52 Bypass E.

Lafayette, TN 37083

615-666-4041

*(Services: Food Stamp; Families First; Medicaid; and TennCare)*

### **Goodwill Industries**

575 South Jefferson

Cookeville, TN. 38501

(931) 520-8969

*(Assists Adults with disabilities to further their education)*

### **Middle Tennessee School of Cosmetology**

880-A East 10<sup>th</sup> Street

Cookeville, TN. 38501

(931) 526-8735

### **Fortis Institute**

Highway 111

Cookeville, TN.

(931) 526-3660

*(Assists Adults to further their education)*

**UC Reconnect**

[www.UCReconnect.com](http://www.UCReconnect.com)

931-526-2211

**Youth CAN**

580 South Jefferson Ave, Suite A

Cookeville, TN 38501

931-520-9538

**Nashville State Community College**

1000 Neal Street

Cookeville, TN. 38501

(931) 520-0551

*(Assists Adults to further their education and they also sponsor job fairs)*

**Prospect, Inc.**

315 HWY 52 Bypass E.

Lafayette, TN 37083

615-666-2452

[betty.pruitt@state.tn.us](mailto:betty.pruitt@state.tn.us)

*(Assists Adults to further their education and they do Families First Training)*

**Social Security Administration - SSI Program**

665 S. Jefferson Avenue

Cookeville, TN 38501

931-528-9765 & **Hotline:** 800-347-4501

*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

**Tennessee College of Applied Technology**

716 McMurry BLVD

Hartsville, TN 37074

(615) 374-2147

*(Assists Adults to further their education and job skills training)*

**Tennessee Technological University**

Cookeville, Tennessee 38505

(800) 255-8881 or (931) 372-3888

*(Assists Adults to further their education)*

**Volunteer State Community College**

Livingston, & Gallatin

931-823-7065/ Livingston

615-230-3688

1-888-335-8722

*(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)*

**Resources for Bereavement:**

**Hospice Grief Recovery Group**

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

**Heart of the Cumberland**

P.O. Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

[heartofthecumberland@gmail.com](mailto:heartofthecumberland@gmail.com)

*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

**Childcare:**

**Becky's Daycare**

943 Days Rd  
Lafayette, TN 37083

**CHRISTINE'S GROUP DAY CARE**

689 DRIVER RD  
LAFAYETTE, TN 37083  
(615) 666-6623  
*(Call for fees)*

**COLOR ME CUTE**

1002 HIGHWAY 52 BYP E  
LAFAYETTE, TN 37083  
(615) 688-2883  
*(Call for fees)*

**FIRST STEPS PRESCHOOL AND  
CHILD CARE**

1398 SCOTTSVILLE ROAD  
LAFAYETTE, TN 37083  
(615) 666-7143  
*(Call for fees)*

**Jungle Explorers**

518 Church St  
Lafayette, TN 37083  
615-666-2827

**KK'S CHILD CARE**

2109 SCOTTSVILLE ROAD  
LAFAYETTE, TN 37083  
(615) 666-8137  
Contact Name: CAROLYN GREGORY  
*(Call for fees)*

**LAUGH-N-LEARN**

211 EDGEWOOD ST  
LAFAYETTE, TN 37083  
(615) 688-7878  
*(Call for fees)*

**MACON COUNTY PRESCHOOL  
(FAIRLANE) (-E-)**

305 FAIRLANE DRIVE

LAFAYETTE, TN 37083  
(615) 666-2970  
*(Free Service)*

**NANCY'S FAMILY DAY CARE**

702 BAKER DRIVE  
LAFAYETTE, TN 37083  
(615) 666-4465  
*(Call for Fees)*

**OVER THE RAINBOW**

908 SYCAMORE ST  
LAFAYETTE, TN 37083  
(615) 666-5656  
*(Call for Fees)*

**Red Boiling Springs Head Start**

RED BOILING SPRGS, TN 37150  
(615) 699-2225  
*(Free Service)*

**ROARK'S DAY CARE**

2491 AKERSVILLE ROAD  
LAFAYETTE, TN 37083  
(615) 666-3332  
*(Call for Fees)*

**Lafayette Head Start**

2703 Hwy 52 East  
Lafayette, TN 37083  
(615) 666-4392  
*(Free Service)*

**The Learning Center**

2430 Red Boiling Springs Rd.  
LAFAYETTE, TN 37083  
(615) 688-5437

**Resources to help in Child Abuse  
Situations:**

**Child Abuse Hotline**

900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004

**District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

**Omni Community Health**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Lafayette City Police Department**

615-666-4725  
911 for Emergencies  
*(Assist with emergency needs)*

**Macon County Sheriff's Department**

LAFAYETTE, TN 37083  
615-666-3325 *(Assist with emergency needs)*

**Red Boiling Springs City Police Department**

615-699-2011  
911 for Emergencies

**The Exchange Club/Stephens Center for the Prevention of Child Abuse (Parenting Support)**

616-B North Church Street  
Livingston, TN 38570  
Contact: Macon Co Suzanne Salyer  
931-823-6432 & 800-635-5199

**Tennessee Commission on Children/Youth**

1100 England Dr.  
Cookeville, TN 38501  
(931) 646-0955

**Valley Ridge Mental Health Center**

907 Sycamore Street  
Lafayette, TN 37083  
615-666-8070

**Dental Providers who take TennCare:**

**Sumner Pediatric Dentistry**

200 S. Westland Ave. Suite 2  
Gallatin, TN 37066  
(615) 461-7491

**Cookeville Regional Dental Clinic**

327 North Cedar Street  
Cookeville, TN 38501  
(931) 528-5105

**Dr. Charles Burdeshaw**

Hermitage Dental Clinic  
107 Bonnahbrook Drive Suite 1  
Hermitage, TN. 37076  
(615) 889-1654  
800-373-3330

**Dr. Richard Gentzler**

106 Babb Drive  
Lebanon, TN. 37087  
(615) 443-3680

**Dr. Eric Wood D.D.S.**

300 Francis Street  
Goodlettsville, TN. 37072  
(615) 859-9994

**Porter Dentistry**

1633 W Main St  
Lebanon, TN 37087  
615-449-3222

**Putnam County Health Department**

701 County Services Dr.  
Cookeville, TN. 38501  
(931) 528-2531  
[www.putnamcountyttnhealthdept.com](http://www.putnamcountyttnhealthdept.com)  
(Adult and Child Health Services, Tobacco Cessation, Neonatal Abstinence Syndrome, Emergency Preparedness, Insurance Assistance, & Home Visitation programs).

**Snodgrass & King**

4671 Andrew Jackson Parkway

Hermitage, TN. 37076  
(615) 885-3525

**West Wilson Dental Group**  
66 E. Hill Drive Suite B  
Mt. Juliet, TN. 37122  
(615) 773-1150/ Bilingual services  
available

**Pediatric Dentistry of Lebanon**  
Dr. L Suzanne Wallace  
103 Physician's Way Suite 150  
Lebanon, TN 37090  
615-545-1812  
www.pediatricdentistryoflebanon.com

**Dental Providers, who may not  
take TennCare, but offer  
services to low-income families:**

**Bread of Life Homeless Shelter and  
Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569  
*(Primary care medical clinic for  
uninsured no-income and low -income  
persons. Medication, clinic, dental  
services for extractions only. Long-term  
day shelter program for families, single  
men and women or single parents with  
children. Employment and emergency  
food assistance is available)*

**Cookeville Rescue Mission**  
1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

**Dr. Lynn Cothron**  
1203 Scottsville RD.  
Lafayette, TN. 37083  
(615) 666-5034

**Dr. Larry Key**  
726 Hwy 52 By-Pass

Lafayette, TN. 37083  
(615) 666-5567

**Dr. Sue Van Blaricum**  
412 College Street  
Lafayette, TN. 37083  
(615) 666-6155

**Resources for Persons with  
Disabilities:**

**AMERICAN MANUFACTURING &  
PACKAGING (AMP)**  
435 Gould Drive  
Cookeville, TN. 38506  
(931) 432-5981  
*(Assists persons with disabilities to get  
jobs by providing job  
coaching/industrial training/school-to-  
work programs)*

**Disability Law & Advocacy Center**  
2416 21<sup>st</sup> Ave. South Suite 100  
Nashville, TN. 37212  
(615) 298-1080 & 1-800-342-1660  
*(Assists persons with disabilities to in  
various ways)*

**Project Affirm**  
501 Spruce Street  
Dale Hollow Mental Health Center  
Livingston, TN 38570  
931-432-5590 & Hotline: 931-823—  
5678  
*(Provides support services for families  
with children ages 2 - 17 diagnosed with  
serious emotional disturbance or dual  
diagnosis of developmental and  
behavioral disorder. They also provide  
respite alternatives ranging from  
indirect to direct care services. Services  
are not provided to children who are in  
the custody of the Department of  
Children's Services)*

**Children's Special Services**  
Lafayette, TN

615-666-2142

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Friends of T.I.P.S.**

P.O. Box 5095

Tennessee Tech University

Cookeville, TN 38505

931-372-6247

*(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)*

**Independent Opportunities Inc.**

**(I.O.I.)**

25 West Broad Street Suite # 8

Cookeville, TN. 38501

(931) 528-7701

*(Non-profit organization providing high quality residential services to persons with developmental disabilities)*

**KIDS Putnam**

Cookeville, TN 38501

931-526-5437

*(Assists with Children's Issues, Disability Services)*

**Macon County School System (Special Education)**

501 College Street

Lafayette, TN

615-666-2685

*(Serves special need children ages 3 to 21 years old)*

**Pacesetters (Adult Clients)**

664 Industrial Drive

Lafayette, TN

615-666-8018 or 666-8019

**Social Security Administration - SSI Program**

1145 Perimeter Park Dr.

Cookeville, TN 38501

888-717-1528

*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*



**TN Early Intervention System (TEIS)**

Education/training  
1519 E Spring St. #G  
Cookeville, TN 38506  
TEIS-TN.gov  
(931) 528-1623  
*Assist children/families birth - 3 yrs)*

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083  
615-666-3377  
*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)*

**Vocational Rehabilitation**

Cookeville, TN. 38501  
(931) 526-9783  
*(Provides assistance with re-education of disabled individuals and job skills training)*

**Vocational Training Center**

1605 Brown Ave.  
Cookeville, TN. 38501  
(931) 526-4721  
(615) 666-2179

*(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)*

**Resources to help in Domestic Violence Situations:**

**Alliance against Domestic Violence**

Cookeville TN 38501  
(931) 526-4730  
(931) 526-5197

**Domestic Violence Support Group**

Sponsored by Genesis House:

**District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

**Genesis House**

Street location is confidential  
Cookeville, TN N/A  
(931) 525-1637

**24 Hour Help line:** 800-707-5197

**Omni Community Health**

663 S. Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051  
877-258-8795

**Lafayette City Police Department**

615-666-4725  
911 for Emergencies

**Macon County Sheriff's Department**

LAFAYETTE, TN 37083  
615-666-3325

*(Assist with emergency needs)*

**Red Boiling Springs City Police Department**

615-699-2011  
911 for Emergencies

*(Assist with emergency needs)*

**Resources available to help fight  
the Alcohol and Drug Abuse  
(Including METH) Problems in  
your area:**

*All Local Churches in Area*

**Bradford Health Center @ Cookeville  
Outreach Office**

320 East Broad Street  
Suite 1-A  
Cookeville, TN 38501  
931-646-4674

**Next Step For Life**

2300 W. Jackson St.  
Cookeville, TN 38506  
diane@nextstep.life

**Bradford Health Center @ Cookeville  
Regional Office**

1330 Neal Street, Suite D  
Cookeville, TN 38501  
931-528-6803

**Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678

**Drug Abuse Hotline**

1-800-888-9383

**Omni Community Health**

663 S. Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051  
877-258-8795

**Lafayette City Police Department**

615-666-4725  
911 for Emergencies

**Macon County Sheriff's Department**

LAFAYETTE, TN 37083  
615-666-3325

**Meth Hotline**

Spring Street  
Cookeville, TN. 38501  
(931) 525-6384

**Meth Hotline/Statewide**

1-877-866-6384

**Mothers against Drunk Driving  
/Support Group Meetings**

18 N. Madison Ave  
Cookeville, TN. 38501  
931-520-6233

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

**Red Boiling Springs City Police  
Department**

615-699-2011  
911 for Emergencies

**Teen & Adult Challenge**

200 Freedom Ln  
Livingston, TN 38570  
1-888-688-0470  
teenchallengeuc.org  
teenchallengeusa.org

**Thirteenth Judicial Task Force**

1270 W. Broad St.  
Cookeville, TN. 38501  
(931) 528-5400

**Upper Cumberland-Community  
Services Agency**

1000 England Dr. Suite F  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Macon County**  
Lafayette, TN 37083  
615-666-3377

**Assistance in the event of an Emergency Situation:**

**American Red Cross**  
511 Pointe Lane Lafayette, TN 37083  
(615) 666-2403

**Air Evac Life Team**  
106 Emergency Services Dive Albany, KY 42602  
(606) 387-9099 Emergency = 911

**Hope Clinic**  
1124 New Highway 52  
Westmoreland, TN. 37186  
615-644-2000

**Family and Children's Clinic**  
420 HWY 52 W Lafayette, TN 37083  
615-688-5071

**Lafayette City Police Department**  
615-666-4725 911 for Emergencies

**Livingston Regional Hospital**  
315 Oak Street Livingston, TN.  
931-823-5611

**Macon Community Hospital**  
Lafayette, TN. 37083  
615-666-2147 or 615-666-2144

**Macon County Sheriff's Department**  
LAFAYETTE, TN 37083  
615-666-3325

**Poison Control**  
1-800-288-9999

**Red Boiling Springs City Police Department**  
615-699-2011 911 for Emergencies

**Shriners of Tennessee**  
1354 Brick Church Pike Nashville, TN.  
37207  
(615) 226-7676

**Thirteenth Judicial Task Force**  
1270 W. Broad St.  
Cookeville, TN. 38501  
(931) 528-5400

**Assistance with Food/Clothing/Utilities Needs:**

**Bethel Church**  
101 Church Street  
Lafayette, TN  
615-666-5738

**Called Out Ministries**  
East Main Street  
Red Boiling Springs, TN  
615-699-4479

**Community Education Office for the Food Stamp Program**  
*Legal Aid Society of Middle Tennessee and the Cumberland's*  
9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436 & **Toll Free:**  
800.262.6817

**Department of Human Services - Macon County**  
Lafayette, TN 37083  
615-666-4041

**Disaster Assistance**  
*DisasterAssistance.gov*

**Putnam County Emergency Management agency**  
700 County Services Dr.

Cookeville, TN 38501  
931-528-7575  
[www.cpcema.org](http://www.cpcema.org)

**Middle TN Disaster Relief  
Non Profit**  
Steve or Josh  
931-310-2253

**Lafayette Church of God**  
654 Hwy 52 West  
Lafayette, TN 37083  
615-666-3030 & 615-688-5404  
(Assistance with various needs)

**Lafayette Church of Christ**  
212 Church Street  
Lafayette, TN 37083  
615-666-2003

**Macedonia Baptist Church**  
1725 Happy Ridge Road  
Moss, TN 38575  
931-258-3371

**Macon Helps**  
Lafayette, TN 37083  
615-666-6607

**Midway Church of Christ**  
4301 Moss-Arcot Rd.  
Moss, TN 38575  
931-258-3393  
(Assist with various needs)

**Moss Church of Christ**  
3204 Clay County Highway  
Moss, TN 38575  
931-258-3563

**Oak Grove Church of Christ on  
Baptist Ridge**  
Contact: P.O. Box 407  
Celina, TN 38551

**Pine Branch Church of Christ**  
3130 Neeley Creek Road

Celina, TN 38551  
931-243-2992

**TEMA**  
[www.tn.gov/tema](http://www.tn.gov/tema)

**Red Boiling Springs Church of Christ**  
320 Church Street  
Red Boiling Springs, TN 37150  
615-699-2840

**Union Hill Wesleyan Church**  
6495 McCormick Ridge Rd.  
Whitleyville, TN 38588  
258-3380  
(Assist with various needs)

**Willette Church of Christ Benevolence  
Program**  
Red Boiling Springs, TN  
615-699-2251  
(Assist with various needs)

**TennCare Transportation - Cookeville**  
417 East Broad Street  
Cookeville, TN 38501  
**Hotline:** 800-483-6743 Macon County=  
1-866-416-9209

**Upper Cumberland Human Resource  
Agency - Macon County**  
Lafayette, TN 37083  
615-666-3377

**Resources to assist with  
Housing/Homeless Needs:**

**American Trust Properties LLC**  
201 Main Street  
Lafayette, TN 37083  
615-688-9600

**Bread of Life Homeless Shelter and  
Clinic**  
281 4th Street  
Crossville, TN 38555

931-707-0569

**Citizens Mortgage**

Lafayette, TN 37083  
615-666-3520 & 615-666-2195

**Cookeville Rescue Mission**

1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

**HART**

Homeless Advocacy for Rural  
Tennessee  
Grant based program, which allocates  
homeless assistance  
P.O. Box 3311  
Crossville, TN 38557  
931-484-3207

**Lafayette Housing Authority**

613 Dycus Circle  
Lafayette, TN 37083  
(615) 666-2140

**Portland Housing Authority**

451 Valley View Drive  
Red Boiling Springs, TN  
(615) 699-2107

**Upper Cumberland Homeless Shelter**

15 Division Street  
Crossville, TN. 38555  
(931) 456-8172

**Upper Cumberland Human Resource  
Agency - Macon County**

Lafayette, TN 37083  
615-666-3377

**United States Department of  
Agriculture**

Rural Development  
390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 528-6539

**Assistance with Insurance  
Needs:**

**Blue Cross Blue Shield**

(865) 588-4612 Group Insurance & 1-  
800-845-2738

**Bernard Health**

Rachel Hesson  
204 Medical Dr.  
Lafayette, TN 37083  
615-666-2147 ext. 255

**Chris A. Johnson Agency**

142 Hwy 52 By pass W  
Lafayette, TN 37083  
615-666-4888

**Choice One Ins**

505 Hwy 52 By-Pass West  
Lafayette, TN 37083  
615-666-4790

**Department of Human Service –  
Macon County**

Lafayette, TN 37083  
(615) 666-4041  
*(Medicaid & TennCare Information)*

**Farm Bureau**

Lafayette, TN 37083  
(615) 666-4025  
*(Affordable Insurance for Families &  
Individuals)*

**Health Department /Coverkids**

601 52 By-Pass  
Lafayette, TN 37083  
(615) 666-2142  
*(Affordable Insurance for Families &  
Individuals)*

**Hope Family Health**

Michelle McRae  
1124 Hwy 52 E

Westmoreland, TN 37186  
615-644-2000 ext. 478

**State Farm**

Lafayette, TN 37083  
(615) 688-5200

**Smith Insurance**

Lafayette, TN 37083  
(615) 688-4790

**Tennessee Justice Center**

Nashville, TN  
615-255-0331  
*Assists with strategies for obtaining  
TennCare and appeals process, etc.*

**Tooley Carver Insurance Agent**

Lafayette, TN 37083  
(615) 666-3300  
*(Affordable Insurance for Families &  
Individuals)*

**Upper Cumberland Human Resource  
Agency - Macon County**

Lafayette, TN 37083  
615-666-3377

**Legal/Governmental Assistance:**

**Child Support Services of Tennessee -  
Hartsville**

100 Greentop Street  
Hartsville, TN 37074  
615-374-3714  
*(Helps locate parents who are not  
paying child support. They will provide  
legal representation in child support  
hearings. They also provide paternity  
testing)*

**Lafayette Housing Authority**

Wells Ave  
Lafayette, TN 37083  
(615) 666-2140

*(This program offers low-income or no-  
income housing, after-school programs,  
TNT Partnership with the police,  
tutoring, computer centers, field trips,  
Character Counts, Teens Need Training,  
PALS - Police, and fundraisers. Older  
children get paid \$2 per day for  
attending school, and children ages 5 -  
10 get paid \$1 per day. There is a  
waiting list for eligible persons  
depending on the type of housing being  
applied for.)*

**Legal Aid Society of Middle Tennessee  
and the Cumberland**

9 South Jefferson Avenue, #102  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817  
*(Serves all counties in the LBJ&C Head  
Start Service area. Provides free legal  
assistance to low-income persons on  
such issues as TennCare, Medicare,  
Domestic Violence, Housing Problems,  
Special Education Issues, and Consumer  
Issues.)*

**Portland Housing Authority**

451 Valley Drive  
Red Boiling, TN 37150  
(615) 699-2170  
*(This program offers low-income or no-  
income housing, after-school programs,  
TNT Partnership with the police,  
tutoring, computer centers, field trips,  
Character Counts, Teens Need Training,  
PALS - Police, and fundraisers. Older  
children get paid \$2 per day for  
attending school, and children ages 5 -  
10 get paid \$1 per day. There is a  
waiting list for eligible persons  
depending on the type of housing being  
applied for.)*

**Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
Hotline: 800-707-5197  
Translation services offered: Yes  
*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

**Tennessee 211**

1-800-318-9335  
*(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)*

**Upper Cumberland-Community Services Agency**

1000 England Dr. Suite F  
Cookeville, TN 38501  
(931) 520-0200  
*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile*

*Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083  
615-666-3377  
*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start.)*

**Resources to Strengthen Marriages:**

**Assessment/Counseling/training Services (ACTS)**

377 Short St.  
Cookeville, TN. 38501  
(931) 528-9399

**First Baptist Church**

455 Carthage Road  
Red Boiling Springs, TN 37150  
(615) 699-2210

(615) 699-2818  
(803) 840-5802  
Contact: Rev. Thomas Compton

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive  
Director  
931-823-6432 & 800-635-5199

**Upper Cumberland Development  
District**  
1104 England Dr.  
Cookeville, TN 38501  
(931) 432-4111

**Pre- Marriage Counselors:**

**Assessment/Counseling/training  
Services (ACTS)**  
377 Short St.  
Cookeville, TN. 38501  
(931) 528-9399  
*(Provide Assistance with Marriage &  
Mental Health Counseling)*

**Dale Hollow Mental Health Center**  
Telephone = 1-877-567-6051  
*(Counseling for persons with emotional  
and behavioral problems, also assist in  
securing needed resources)*

**Medical Providers who take  
TennCare:**

**Alpha Medical Associates**  
209 College Street  
Lafayette, TN. 37083  
(615) 666-2056

**Children's Special Services**  
Lafayette, TN  
615-666-2142  
*(Assists with the medical needs of  
children and young adults from birth to*

*age 21 with chronic health issues. They  
offer assistance with medical bills,  
hearing aids, speech/language pathology  
for children under age 3, transportation,  
and TennCare appeals. Referrals are  
made through the local county Health  
Department. Eligibility is determined at  
time of referral and is based on income  
and access to other medical resources.)*

**Cookeville Pediatrics Associates**  
345 West Broad Street  
Cookeville, TN. 38501  
(931) 528-1485  
*(Takes TennCare)*

**Dr. Chunn**  
200 Hwy 52 By-Pass  
Lafayette, TN. 37083  
(615) 666-5600  
*(Takes TennCare)*

**Family and Children's Clinic**  
420 HWY 52 W  
Lafayette, TN 37083  
615-688-5071

**Family Care Center**  
306 W. Locust Street  
Lafayette, TN. 37083  
(615) 666-6425  
*(Takes TennCare and has affordable  
rates for those who do not have  
TennCare)*

**Hope Clinic**  
Westmoreland, TN.  
(615) 644-2000

**Lafayette Children's Clinic**  
Lafayette, TN. 37083  
(615) 688-7012  
*(Takes TennCare and has affordable  
rates for those who do not have  
TennCare)*



**Macon County Health Department**

Lafayette, TN. 37083

(615) 666-2142

*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Macon County General Hospital**

Lafayette, TN. 37083

(615) 666-2147 or 666-2144

*(Takes TennCare)*

**Tennessee Pediatrics**

435 North Cedar Street

Cookeville, TN. 38501

(931) 526-6100

*(Takes TennCare)*

**Woodard Family Health Care**

Red Boiling Springs, TN. 37150

(615) 699-3169

*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Medical Providers, who may not take TennCare, but offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Children's Special Services**

Lafayette, TN

615-666-2142

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Partnership for Prescription Assistance**

Phone: 1-888-477-2669

[www.pparx.org](http://www.pparx.org)

*If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help*

**Mental Health Providers who take TennCare:**

**Cumberland Plateau Recovery**

550 North Church Street

Livingston, TN. 38570

(931) 403-3577

(931) 265-5382

**Dale Hollow Mental Health Center**

501 Spruce Street

Livingston, TN. 38570

(931) 823-5678

**Personal Growth and Learning Center**

509 North Cedar Avenue

Cookeville, TN 38501

931-520-8435

**Rape and Sexual Assault Response Center**

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days  
a week

Phone: = 931-526-5197

**Hotline:** 800-707-5197

**Team Evaluation Center**

600 North Holtzclaw Avenue  
Chattanooga, TN 37404-1220  
(423)-622-0500

**Valley Ridge Mental Health Center**

P.O. Box 297  
Lafayette, TN 37083  
615-666-8070

**Volunteer Behavioral Health Care  
System - Plateau Mental Health  
Center**

1200 South Willow  
PO Box 3165  
Cookeville, TN 38502  
931-432-4123 **Hotline:** 1-800-281-  
4943

**Youth Villages**

615-250-7325  
[www.youthvillages.org](http://www.youthvillages.org)

**Mental Health Providers, who  
do not take TennCare, but offer  
services to low-income families:**

**Assessment/Counseling/training  
Services (ACTS)**

370 Short St.  
Cookeville, TN. 38501  
(931) 528-9399

**Omni Community Health**

663 S Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123 Hotline: (877)  
567-6051

**Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100

**Upper Cumberland-Community  
Services Agency**

1000 England Dr. Suite F  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource  
Agency - Macon County**

Lafayette, TN 37083  
615-666-3377

**Quit Tobacco Resources**

**Tennessee Tobacco Quitline:** 1-800-  
784-8669

**Cumberland County Health  
Department**

Smoking Cessation  
Ruth Lucas  
131 South Webb  
Crossville, TN  
931-484-6196

**Tennessee Department of Health,  
WIC Program**

S.M.A.R.T. – Smart Mothers are  
Resisting Tobacco  
1-800-342-5942

**Nicotine Anonymous**

800-642-0666

**American Lung Association**

Freedom From Smoking  
800-586-4872  
[info@lung.org](mailto:info@lung.org)

**American Lung Association of Tennessee**

212 S. Peters Rd. Suite 106  
Knoxville, TN 37923  
865-691-7228

[www.lungusa.org](http://www.lungusa.org)

**Former Smokers**

The No Smoke Café  
<http://clever.net/chrisco/nosmoke/stop.html>

**Macon Co Health Dept.**

601 Hwy 52 E  
Lafayette, TN 37083  
615-666-2142  
*(Baby & Me Program provides free Diaper vouchers if do not smoke while pregnant)*

**Resources to assist persons raising children possibly other than their own:**

**Agricultural Extension Service - Overton County**

317 East University Street  
Suite 131  
Livingston, TN 38570  
*The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.*

**Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506  
(931) 646-3002 or 931-646-3000

*(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White)*

**CHANT**

Upper Cumberland  
Regional Office  
1100 England Dr.  
Cookeville, TN 38501  
931-520-4219

*Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.*

**Relative Caregiver Program**

1104 England Dr.  
Cookeville, TN. 38501  
(931) 432-4111  
931-426-4127  
*(Assists in various ways, such as support groups, etc.)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

Livingston, TN 38570  
931-823-6432 & 800-635-5199  
*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Upper Cumberland-Community Services Agency**

1000 England Dr. Suite F  
Cookeville, TN 38501

(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083  
615-666-3377

*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access;*

**Youth Villages**

1420 Neal Street  
Cookeville, TN. 38501  
(931) 525-6900  
*(Assists Foster Parents in the Upper Cumberland)*

**Resources to assist with Transportation Needs:**

**TennCare Transportation –  
Cookeville**

417 East Broad Street  
Cookeville, TN 38501  
931-372-8719 & **Hotline:** 800-483-6743  
Macon = 1-866-416-9209  
*(Assists with Health, Transportation and Utilities needs. Must have TennCare insurance. Provides transportation to appointments covered by TennCare.*

**Upper Cumberland-Community Services Agency**

1000 England Dr. Suite F  
Cookeville, TN 38501  
(931) 520-0200  
*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency – Macon County**

Lafayette, TN 37083  
615-666-3377

*(Assists with Children's Issues,  
UCARTS; Job Access.)*

**Upper Cumberland Development  
District**

1104 England Dr.  
Cookeville, TN 38501  
(931) 432-4111

*(Provide assistance with Disability  
Services, Housing, Legal/Governmental  
Assistance, Money/Employment  
Assistance, Parenting and Marriage  
Issues, Transportation/ Utilities)*

**Promoting Youth Involvement:**

**Lafayette Housing Authority**

613 Dycus Circle  
Lafayette, TN 37083  
(615) 666-2140

**Lafayette Little League**

615-633-2167

**Macon County Little League & Babe  
Ruth**

Lafayette, TN. 37083  
(615) 633-7369

**Macon County Soccer League**

Lafayette, TN. 37083  
(615) 888-6004

**Macon County Youth Softball**

Lafayette, TN. 37083  
(615) 666-6511

**Portland Housing Authority**

451 Valley Drive  
Red Boiling, TN 37150  
(615) 699-2170

**The Edge Youth Center**

C/o Methodist Church  
Livingston TN 38570  
Contact: Kathy Oakley

(931) 403-3343

**Upper Cumberland-Community  
Services Agency**

1000 England Dr. Suite F  
Cookeville, TN 38501  
931-520-0200

**WCTE American Graduate & Ready  
to Learn**

LWray@wcte.org  
CPutman@wcte.org  
931-528-2222

**Language Assistance  
(All Counties)**

**Brent Simpson**

931-212-8097

**County Health Depts. - Primary  
Health Care Services**

*County operated outpatient health care  
facilities that provide a broad range of  
diagnostic and treatment services  
including primary adult and pediatric  
care, prenatal care, dental care and  
specialty medicine as well as laboratory  
and radiological services and allied  
support services like nutrition and health  
education. Some public clinics may also  
offer public health services such as  
immunizations and communicable  
disease screening and treatment.  
Services are available on an ability-to-  
pay basis and target low-income and  
indigent residents of the community.  
(Spanish Language Services)*

**Department of Human Services,  
Counties**

*A state government agency that provides  
the following financial assistance and  
health insurance programs to those who  
qualify: Families First - temporary cash  
assistance program; Food Stamp*

*Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

**Hispanic Family Resource Center**  
(615) 227-7500  
(800) 280-8682

**Hispanic Association**  
732 Lafayette Rd  
Red Boiling Springs, TN 37150  
(615) 699-6279

**Omni Community Health**  
663 South Jefferson Avenue  
Cookeville, TN 38501  
(931) 528-0051

*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training.*  
***(Spanish Language Service)***