



SAABE TIMES

A publication of the San Antonio Association of Building Engineer

May 2009

Mark Your Calendar—

JOIN US FOR OUR MAY MEETING!

The next General Membership Meeting of the San Antonio Association of Building Engineers is set for 11:30 am on Wednesday, May 20, at the Embassy Suites Hotel (7750 Briaridge Drive; northeast corner of IH-10 and Loop 410). The topic is "Hurricane Preparedness," and the presenter is John Sheesley with RediFuel. The meeting sponsor is RediFuel. The 2008 Building Engineer of the Year award will also be presented.

Please RSVP no later than Monday, May 18, at noon. Late RSVPs and walk-ins will be placed on a standby list, and we will ask you to wait in the lobby until we determine the number of no-shows.

PLEASE NOTE: If you RSVP and do not attend, you will receive a no-show invoice. If you must cancel your attendance, please call Laura Bray at 408-1699 BY MONDAY, MAY 18 AT NOON so we can cancel your meal. Cancellations received after this time will still be invoiced.

Please make sure to check in at the front desk when you arrive.

RSVPs are REQUIRED, so we can be sure to have enough meals on hand! ❖

2008 Building Engineer of the Year

The San Antonio Association of Building Engineers names its 2008 Building Engineer of the Year (BEOTY) at the May meeting. This special award recognizes an outstanding contribution to our industry, and we congratulate all the nominees for a job well done!

The BEOTY Committee interviewed all nominees, and properties of finalists were inspected. Critical components of the review process are:

- General building appearance
- Safety equipment inspections up-to-date
- Licenses, registrations and certifications held
- Overall cleanliness of mechanical room
- Size of building and number of assistants/subordinates

A special thank you is in order to this year's BEOTY committee chair Kyle Riggs and his committee members who toured the buildings of all the nominees and met to decide this year's winner. If you're interested in serving on next year's BEOTY committee, please call Mike Halvorsen (210-669-3929).

Finalists

Michael Copp, CBE-M, Travis Commercial Real Estate

Howard Newsome, CB Richard Ellis

Tom Parrish, CBE-J, South Texas Blood and Tissue Center ❖

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A Message from the President

by Charles Mikolajczyk, Jr., CBE-M

Ah, spring is in the air, school is nearly out, vacations are being planned; the 11th Annual SAABE/BOMA SA Tradeshow is upon us, the 5th Annual SAABE Picnic is around the corner, fishing tournaments every month everywhere...so many things to do, so little time!

Time management and efficiency play a major role in our occupation. Wikipedia describes time management as "a range of skills, tools, and techniques utilized to accomplish specific tasks, projects and goals."

Charlie's Law, however, describes time management as the small parcel of time between expected and unexpected issues. Much like planning a fishing trip where you take multiple tackle with you, think your daily projects out in the same manner. If you're going to replace something, take everything you could possibly need with you to reduce a trip back for something...or heaven forbid, multiple trips! Items this simple are methods of time management, and, the more your time is managed, the more time you will have. Therefore, come May 14th, unless you have an unexpected catastrophe, there is no reason for you to miss the Tradeshow!

In regards to the 5th Annual SAABE Picnic, please note that your Board has worked diligently attempting to come up with an alternate due to the present lake level conditions. Secondly, without incurring exorbitant expenses and hardships, alternative locations have been visited, priced and set aside...it is planned that Joe's at Medina Lake will be the spot once again. However, please note that bank fishing and swimming is not allowed due to the low lake levels and dangerous cliffs. Additionally, at the present time, it takes a 4-wheel drive to pull a boat from the boat ramp.

With this being said, it was felt that the lake level issue is not entirely what the SAABE picnics represent. The lake is just an amenity. The real reason is the camaraderie, the food, the entertainment and the games. It is hoped that you are in agreement and plan to attend this year's outing!

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Mike Copp, Audie Howell and a few others of us are heading to Falcon Lake (i.e. Texas/Mexico border) for the rest of the week to participate in a bass tournament. See you all at the Trade Show!

Till next time...FISH ON! ❖

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Fifth Annual

**SAABE
PICNIC**

**Saturday, June 13
Joe's Marina/Medina Lake
8:00 am-???**

Horse Shoe Tournament:

Teams of 2. Cash prizes for first and second place.
Call 210-408-1699 to enter your team.
Tournament starts at 10:30 am. Sign up cuts off at 10:00 a.m.

Fun for the Kids:

Water balloons, swimming, and squirty things for the kids.

BBQ and Door Prizes:

Brisket and Sausage cooked by "THE CHARLIE" and
Beans by "JOCK"
Please bring a side dish to share.
Door prizes awarded throughout the day.

Park Admittance Fee: \$3 per car, \$5 per person, children 7 & under free, payable at the gate. **NO PETS**. Visit www.joesmarina.com for directions.

Please RSVP to Laura at 408-1699 or at lbray@satx.rr.com ❖

**We need committee volunteers and door prizes! Contact Robert Steele
(rsteale@thefreshairgroup.com, 807-0100)
to make a donation or to volunteer! ❖**

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April Lunch Summary

by Curtis Thompson

Good day everyone! My name is Curtis Thompson, and I am your new Secretary for SAABE. I work for Griffin Partners at the Northwest Center (7550 I-10 West) here in our great city of San Antonio, Texas.

If you missed our April SAABE luncheon, you missed a very good one. We currently have 123 regular members and 76 associate members. We want to grow more and become stronger. So, if you know of anyone that could benefit from SAABE, please feel free to let us know. Great food, fellowship and seminars for continuing education are some of the benefits that we have to offer.

This month's seminar was given by Will Fawcett with Joe W. Fly Company. The seminar was directed towards the importance of filtration. Now, I know that everyone out there is probably going "I know what filters are and what their purpose is," but let me tell you, this seminar was very educational.

So ask yourself, "Why is filtration important?" Well, there are four reasons: 1. To protect your equipment; 2. To protect your environment; 3. To protect your product; and 4. **To protect your occupants.**

Also discussed was the MERV (Minimum Efficiency Reporting Value) percentage of filters. A regular filter has a MERV percentage of 7 or 8. Installing a filter with a MERV percentage of 14 or 15 will reduce airborne irritants - irritants that can lead to headaches, respiratory problems and other problems.

Joe W. Fly Company is a member of the National Air Filtration Association (NAFA), and they have the staff to help develop educational programs. So, please feel free to contact them for any additional info (946-1688 or www.joeflyco.com)! ❖

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Vendor Representative Report by Allen Mangrum

Thank you to all of the vendors who have committed for 2009.

Below is the proposed luncheon schedule for the remainder of the year:

<u>Date</u>	<u>Topic</u>	<u>Sponsor</u>
6/13/09	Summer Social/Picnic	N/A
7/15/09	TBD	Lashley South Texas
8/19/09	TBD	KenTech
9/16/09	TBD	Gerloff
10/21/09	Mechanical Reps	TBA
11/18/09	TBD	Chamberlin
12/16/09	Board Elections/Year End Awards	N/A

In closing, please remember to RSVP!! I will also remind you that if you RSVP and must cancel your reservation, you must do so by noon on the Monday before the luncheon, or you will be invoiced. ❖



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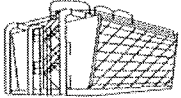
2009 International Fire Code Significant Changes

- Sponsored by San Antonio Building Codes Academy
- May 26 or 28, Henry B. Gonzalez Convention Ctr, Rm. 103
- Cost: \$44.95
- For more information, visit <http://www.sanantonio.gov/dsd/>

2009 International Building Code Significant Changes

- Sponsored by San Antonio Building Codes Academy
- May 27 or 29, Henry B. Gonzalez Convention Ctr, Rm. 103
- Cost: \$44.95
- For more information, visit <http://www.sanantonio.gov/dsd/> ❖

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Dennis Longoria

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• **How long in the building engineer trade?**

I started in this trade in 1995 and have worked for various companies. For the last six years, I have been a Facilities Maintenance Technician for KCI. I have been a member of SAABE for one year.

• **Any awards, recognition or special training?**

I am currently working on my Associates degree in Business Construction Management with the goal of seeing it all the way through to earning my Bachelors degree. By continuing my education, I am able to stay current on the latest trends in the construction industry and can better manage the construction projects at KCI.

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• **Family/children?**

I am married and have five children ranging from seven to 17 years old - three girls and two boys.

• **Hobbies/what do you enjoy doing during off hours?**

As you can see by my picture, I have a Harley Dyna Super-Glide and enjoy riding it as often as I can. I recently took a ride from San Antonio to the Leakey/Concan area. It turned out to be a ten hour day on my bike, but I would do it again in a minute.

• **As a citizen of San Antonio, what do you do to give back to the community?**

Once a year, I mentor adult males that are on probation for a misdemeanor crime. This is a faith based program that helps them to realize a better and more positive way of life. I enjoy seeing these men go through the program and how, at the end of the process, a sense of trust has been accomplished. The greatest sense of accomplishment comes when these same men become mentors themselves. ❖



Welcome New Members!

Welcome to the following new SAABE members!
Please make sure to add their information to your 2008
SAABE Membership Directory.

Jerry Dandeneau

Frost Bank
PO Box 1600
SA, TX 78296 • (210) 220-5026
jerry.dandeneau@frostbank.com

Update Contact Info:

Paul McGee

Lashley South Texas
(210) 349-3251
pmcgee@lashleysouthtexas.com ❖

Meeting RSVPs

The staff at Embassy Suites has been very accommodating to our growing group over the last few months. Unlike Alamo Café (our previous location), SAABE must call in a meal count on the Monday prior to the meeting. That's why we've been stressing the importance of RSVPs and timely cancellations. We **MUST** receive your RSVP no later than the **Monday prior to the meeting at noon**. Late RSVPs and walk-ins will be placed on a standby list, and we will ask you to wait in the lobby until we determine the number of no-shows.

If you RSVP and do not attend, you will receive a no-show invoice. If you must cancel your attendance, please call Laura Bray at 408-1699 by the **Monday prior to the meeting at noon** so we can cancel your meal. Cancellations received after this time will still be invoiced.

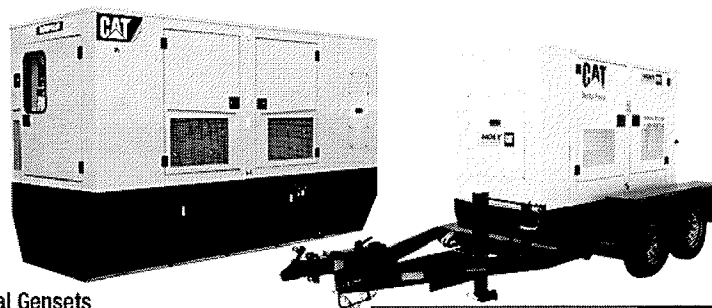
While we appreciate your call on Wednesday morning that you cannot attend, you will still be billed for the meal, since Embassy Suites has already prepared it for you.

If you have any questions, please feel free to call Laura Bray (408-1699) or any board member. ❖

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SAABE Going Green Forum/Group

For those engineers who are involved with or interested in the Energy Star Rating Program or have moved onto the LEED-EB (Leadership in Energy and Environmental Design for Existing Buildings), this is the group for you. This forum/group has engineers and vendors that have experience with these programs and are available to assist you in getting started, answering questions or explaining different aspects of these programs. They are also familiar with energy saving ideas for power, HVAC, landscaping and recycling.

The group has recently developed its mission statement and plan. They are below.

THE MISSION

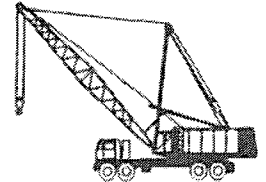
- 1) To assist and educate SAABE engineers on the many energy saving and conservation programs for lighting, water conservation, and recycling systems available to upgrade and update properties for greater profitability.
- 2) To inform SAABE engineers of these programs already completed on the properties in the San Antonio area and to open access to the engineers who have initiated the projects, the details involved, and the payback numbers.
- 3) To work with engineers who have begun the Energy Star program or the LEED – O/M (operation and maintenance) or – E/B (existing buildings) programs for assistance

(Continued on page 11)


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Some members still receive a hard copy of the *SAABE Times*, because we do not have an e-mail address on file. If you are receiving a hard copy of the newsletter and would like to receive an electronic version, please provide Laura Bray with your e-mail address. Laura can be reached at (210) 408-1699 or laurabray@braycommunications.com. ❖



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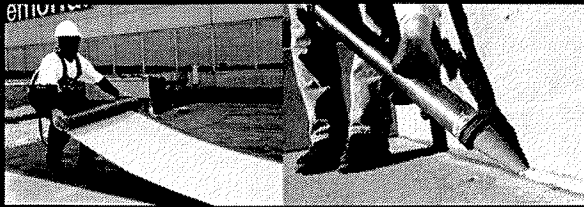


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in, education with, and encouragement with their completion.

4) To cooperate and work in concert with the SABOMA Green Committee to meet the 7 Point Challenge given by BOMA International with the first point a 30% reduction in energy consumption by 2010.

THE PLAN

1) Newsletter articles on areas of interest expressed to the Going Green Group.

2) Seminars to update and educate SAABE Engineers on current issues and topics.

3) Survey the SAABE membership for energy saving upgrades, lighting retrofits, water conservation programs, and other programs reducing energy consumption.

4) List engineers who have completed these programs along with details and payback for assistance to other interested SAABE engineers.

If you have any questions, please call Tom Lasater at 771-5824. For additional information visit www.energystar.gov www.usgbc.org. ❖

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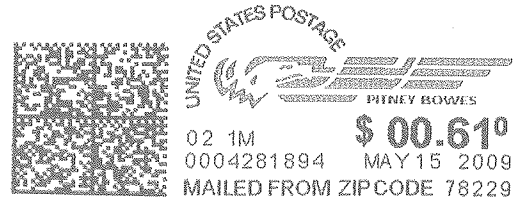
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SAABE TIMES
May Issue

Final Thought:

"Sometimes when we are generous in small, barely detectable ways it can change someone else's life forever." — Margaret Cho (weblog, 3-11-04)

2009 Board of Directors

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Bob Beal Past President	830-868-4749

Laura Bray 408-1699
 Association Manager
 (laurabray@braycommunications.com)

**May Membership Meeting:
 Wednesday, May 20**

"Hurricane Preparedness"
Sponsored by RediFuel
Embassy Suites Hotel
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11:30 am

NO MEETING on June 17
Meet us at the picnic on Saturday, June 13!