

Nevertheless, Hollywood and his patients stand by him. His practice is busier than ever. Klein's reputation for delivering the best non-invasive treatment remains untouched, and as Professor of Medicine and Dermatology at the David Geffen School of Medicine at UCLA and emeritus attending physician



at Cedars-Sinai Medical Center in Los Angeles, his innovative treatments bring perfection to his specialty. He has received the highest honors granted to any dermatologist. UCLA Division of Dermatology named an endowed chair to honor Klein, and as distinguished head of The Arnold Klein, MD Chair in Dermatology. Years of training, reinvention and research bring



Prince Charles



Penny Marshall



Pamela Anderson

notoriety to his practice and his techniques are used by dermatologists and plastic surgeons around the world; named in *Who's Who* in the World, Best Doctors in America and, Men of Achievement. In our interview I had the chance to weasel in on phone conversations he had with actress/activist Kelly LeBrock and also author/actress/film writer Carrie Fisher. Explaining to them he was in an interview, both spoke to me about him as their doctor, and friend. LeBrock was in Canada participating in a seminar to find a cure for children with Autism and said, "Dr. Klein has a divine way with a needle. I thank him for making me look gorgeous—not strange. He's an incredible, giving man and not just as a doctor; the charity work he does is extraordinary." When Klein spoke with Carrie

Fisher I asked for a few words and keeping with her quick pro humor, she asked him to step out of the room while we spoke so she could say her peace without him listening —*too adorable!* Fisher is spokesperson for Jenny Craig and looks amazing. I had to tell her the work she has put into losing weight has made her look younger than ever.

"I looked like a 54 year old matron," (I begged to differ), but Fisher continued. "I got better, and look good in a large part due to Dr. Klein who takes care of my face; when you lose weight it shows on your face and neck. I haven't had a facelift, but as we age we need help; he helps without surgery. He is the innovator of many wonderful treatments. I thank him for making me look good now that I've lost weight. So many women look 'frozen' without any facial expression, and I would look strange without facial expression. Sooner or later we have to accept our age; that doesn't mean we have to look our age; it means we want to look good for our age. That's the key; not trying to look 20 again because that won't happen, it's unrealistic. Women just end up not looking good for any age. We shouldn't have to go to such extremes that make us look unnatural."

Speaking of a woman who doesn't mince words, gorgeous Janice Dickenson said, "Dr Arnie where have you been all my life. Not only are you painless you made me look fresh and fabulous. The mirror and everyone around me say I look incredible. All I can say is Arnie you nailed it."

A prolific writer, Dr. Klein has published more than 150 scientific papers and written four medical textbooks, while serving on the editorial board and as an expert reviewer of numerous national and international medical publications. Klein serves as a trustee to various boards of directors, including the Jennifer Jones-Simon Foundation and The Hereditary Disease Foundation. The HDF discovered the first gene for Huntington's chorea. Dr. Klein, along with his longtime friend, renowned architect Frank Gehry, works with the foundation to raise funds and awareness for inherited diseases. As an adviser, consultant, and/or principal investigator, Klein has worked with Allergan, Anika, Ethicon, Elan Pharmaceuticals, Genzyme, Johnson & Johnson, Medicis Aesthetics, Ortho-Neutrogena, Skin-Medica and Q-Med. In February 2006, Klein received the Allergan Award for Pioneering Work in Soft Tissue Augmentation and he co-founded the Rose Tarlow-Arnold W. Klein Breast Cancer Foundation at UCLA to provide breast cancer treatment for individuals without money to afford it.

### The Beginning Of amfAR & AIDS Awareness

As founding international Chairman for amfAR, Elizabeth Taylor became one of the first outspoken celebrities in the fight against AIDS. Few know, however, that in 1985, in the living room of Klein's Los Angeles home, along with David Geffen, Dr. Mathilde Krim, and others, he founded the American Foundation for AIDS Research (amfAR). Klein was the first physician to diagnose a case of Kaposi's sarcoma in Southern California, and accompanied Taylor to Washington to testify on Capitol Hill about AIDS. The two raised millions of dollars for amfAR by bringing big names in entertainment to support their cause. In 2007, in honor of his best friend Dame Elizabeth Taylor, Klein helped establish the Elizabeth Taylor Endowment for the UCLA CARE Center, a renowned facility for HIV/AIDS



**STAR POWER**  
amfAR gets its start with Elizabeth Taylor at Klein's home. The two best friends worked tirelessly to raise money to fight AIDS.

research and treatment. By November 2008, an article in *L'Uomo Vogue* stated Klein and the organizations he founded raised more than \$274 million for HIV research and care. Taylor's fight against the spread of AIDS continued until her recent death.

### ST: Lets talk about you and Elizabeth Taylor.

**AK:** She was loving, extravagant, and beautiful. Her violet eyes drilled holes in your brain and she was voted the best lips in the land. In her bedroom everywhere you looked there were pictures of her and her men. Not just Richard and Mike, but James, Rock, Montgomery and others. She lived simply for a person of her stature, but amethyst crystals were everywhere. She loved to lie in bed with that huge TV and current dog Sugar or, Sally or whoever at her side. She was generous and had the last bit of glamour left in Hollywood. She was the most humorous motivated, intelligent survivor of the movie machine I had ever met. Up to now I have raised \$320 million for HIV; in April I will pledge 10% of my income to the clinic I established at UCLA in her name. Where is she now —up in heaven resting on a bed of diamonds encased in the throne where Cleopatra once sat. Cleopatra herself has made way for the greatest royal of them all...Dame Elizabeth.

### ST: Negative things have been said about Michael Jackson. Knowing him as you did what would you like people to know?

**AK:** Michael was a generous human being who cared about others. He was a loving father and loyal friend. When asked by Larry King if Michael wanted to be white, I said no. I diagnosed Michael with Lupus years ago; Vitiligo is a side effect of Lupus, caused by the immune system attacking one's pigment cells. It's more pronounced in black people. Michael's whole body began to speckle, specifically his face and hands which is difficult to treat. Michael was black. He was proud of his black heritage, and he changed the world for black people.



Tom Petty, Sharon Stone, Dr. Klein, Carrie Fisher



Christmas Day just months before Jackson died; Klein celebrating with Jackson and Carrie Fisher

Klein wrote this poem for Michael.  
*Michael Jackson was not ahead of his time, he made the time... He did not walk he danced; he did not talk he sang; his language was movements and melodies the world had never seen before, and never will again. He became the rhythm, the lyrics, and the song; He was a true performance artist of our lifetime... Through his own personal pain blossomed this most incredible instrument...but like a wondrous inspirational sunset...with a blink of eye he is gone. —Arnie*