



## Harpswell Aging at Home

PO Box 25  
Harpswell, ME 04079

Email: [hah@hah.community](mailto:hah@hah.community)  
Website: [hah.community](http://hah.community)

### *Update for 5-19-20*

#### **HAH Lunch To Go**

every Tues. at Orr's Island School House - pick up at noon or call for delivery. Please order by Sunday; call Surrey at 833-0092 or email: [surreysh@comcast.net](mailto:surreysh@comcast.net)

**NEW! Any Donation Check to HAH** must be made out to our fiscal sponsor, "Holbrook Community Foundation," with "Restricted to HAH" in the memo line.

**NEW! Need Fuel or General Assistance?** If no one answers at the Town Hall, leave a message and someone will return your call.

**American Kidney Fund** will provide \$250 to low income dialysis patients and those who have recently received a kidney transplant. Individuals can go online at [www.kidneyfund.org](http://www.kidneyfund.org) to complete an application or, ask the incenter dialysis treatment social worker how to apply.

**MCHPP Food Truck** at Harpswell Recycle Center **every** Thursday. 10am – 11:30am. Open to anyone, no questions asked.

**Harpswell Santa Fund Food Pantry** Weekly at Library Hall Tuesday 10am -11:30am. for those in need of food assistance. FMI or Emergency Delivery contact Mary Coombs 417-5102 or Shelly Wilson 607-2403. [harpswellsantafund2019@gmail.com](mailto:harpswellsantafund2019@gmail.com)

**HAH Pet Food Assistance** Delivery of Cat/Dog food for pets. Availability based on donations to Coastal Humane Society during Covid crisis. Call Gina Perow 504-6794.

**United Way Relief Fund** - 1-866-211-9966 for help with rent, groceries, or bills.

#### **Grocery Shop from the Safety of Your Home**

**BIGS Curbside Pickup** – Call for groceries and take-out. Daily 9am-6pm. 833-2400.

**Vegetable Corner** - Regular store hours 8 -2pm Tues. - Sat. For Curbside Pickup – Wed., Thurs. & Fri. 8am -11am only, call required 24 hours in advance. 729-2719.

**Hannaford to Go Curbside Pickup** – [www.hannaford.com](http://www.hannaford.com). Check available times before ordering. Pay at pick-up: card, checks, no cash. \$5.00 fee if less than \$125.

**Walmart Curbside Pickup** – order at [www.grocery.walmart.com](http://www.grocery.walmart.com). Pickups - 11am to 7pm.

#### **Need Help with Online Ordering Groceries or Pickup or Other Questions?**

Call Gina Perow 504-6794 or [gperow@town.harpswell.me.us](mailto:gperow@town.harpswell.me.us)

Please allow 5+ days for scheduling pickups as store slots for pick-ups are limited.

**Brunswick Businesses** – For Take-Out, Pick Up & Deliveries. Contact: [www.brunswickdowntown.org](http://www.brunswickdowntown.org) or call Gina Perow for assistance 504-6794.

## HARPSWELL AGING AT HOME PROGRAMS

**HAH is looking for volunteers! If you are interested in helping out a senior with light outdoor chores – raking, weeding, pruning, mowing - please contact Jerry Klepner: [deanklepner@mac.com](mailto:deanklepner@mac.com)**

- **Home Repairs** – HAH is partnered with Habitat for Humanity 7 Rivers Maine to do basic home repairs for older Harpswell residents. For information on eligibility, call the Town Office at 833-5771.
- **Transportation** – HAH is partnered with People Plus, volunteers provide free rides from your home to appointments or to get groceries: Call People Plus to register, 729-0757. For more information, contact Hugh Hardcastle at 833-0092 or [yfh3@comcast.net](mailto:yfh3@comcast.net).
- **Resources** – Referrals to many other community supports to help seniors be safe at home. Call Town Office at 833-5771.
  - Medical Call Button for direct access to EMT/Mid Coast Hospital
  - Caregiver Support and Respite Programs
  - Disability Support Services
  - Legal and Financial Services
- **Seniors Connecting** - Friendly neighbors call neighbors weekly to have a chat, check in and share safety updates. Call the Town Office at 833-5771.
- **Lunch To Go** – (previously Lunch With Friends) delicious meals cooked by your neighbors and delivered to your door: Surrey Hardcastle, [surreysh@comcast.net](mailto:surreysh@comcast.net) 833-0092.
- **Home Helpers** – Light yard work such as raking, weeding, pruning bushes, and cutting the lawn in small yards or areas near the house. Call Town Office 833-5771.

Due to Covid-19 restrictions, some services such as Home Repairs are not working at this time but call to get on the list. For more information call the Town Office at 833-5771. If no one answers leave a message and someone will get back to you.

**File of Life** – Harpswell Fire Department wants to ensure that First Responders have the information needed to assist you in an emergency. Call for more information.

In partnership with HAH, File of Life program is providing **FREE** house numbers to any resident when you sign up for the File of Life program: Art Howe, [ahowe@town.harpswell.me.us](mailto:ahowe@town.harpswell.me.us) 833-5771