

January 2020 Paramount Academy Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of 1% white or fat free chocolate milk served with each meal		1 NO MEAL SERVICE	2 NO MEAL SERVICE	3 NO MEAL SERVICE
6 *Chicken Sandwich w/Fruit, Beans & Carrots	7 *Popcorn Chicken, Corn & Potatoes w/Fruit, Mashed Potatoes & Celery	8 *Pepperoni Pizza w/Fruit, Salad & Broccoli	9 *Chicken Teriyaki w/Rice w/Fruit, Carrot & Celery	10 *Mac N' Cheese w/Fruit, Broccoli & Carrot
13 *Beef Hot Dog w/Fruit, Carrot & Pickle	14 *Cheeseburger on WG Bun w/Fruit, Celery & Carrot	15 *Cheese Pizza w/Fruit, Salad & Broccoli	16 *Three Layer Dip w/Chips w/Fruit, Beans & Carrot	17 *Cheesy Chicken & Tots w/Fruit, Tots & Celery
20 NO MEAL SERVICE	21 *BBQ Chicken Sandwich w/Fruit, Pickle & Celery	22 *Pepperoni Pizza w/Fruit, Salad & Broccoli	23 *Orange Chicken w/ WG Rice w/Fruit, Carrot & Celery	24 *Potato Wedges w/ Cheese w/Fruit, Potato Wedges & Broccoli
27 *Chicken Nuggets w/Fruit, Beans & Carrot	28 *Red Chili, Cheese & Bean Burrito w/Fruit, Celery & Cauliflower	29 *Cheese Pizza w/Fruit, Salad & Broccoli	30 *Meatball Sub w/Fruit, Carrot & Celery	31 *Popcorn Chicken N' Tots w/Fruit, Tots & Carrot

** This institution is an equal opportunity provider**

Menu items subject to change due to product availability