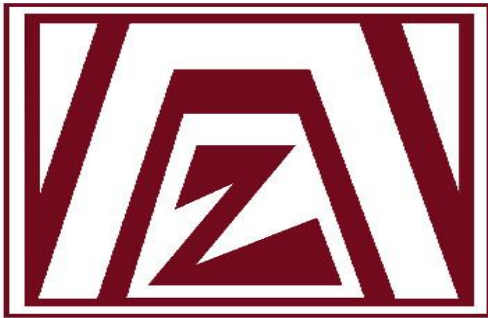


ZONTIANS NEWSLETTER

ISSUE 36

April 2018



ZONTA

CLUB OF
ROSEBURG AREA

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

WOA/YWPA CELEBRATION DINNER

The Roseburg Area Zonta Club awarded two achievement awards in February, at the Status of Women Dinner at Dino's Italian Restaurant in Roseburg. The evening began with Sgt. Joe Kaney of the City of Roseburg Police Department speaking about human trafficking and the Douglas County Human Trafficking Task Force. Human trafficking is modern day slavery where you use threats, coercion and force to trade sexual acts for money, drug, or shelter. With every arrest for prostitution, law enforcement hopes that the victim acknowledges that they ARE a victim so that counseling can be used through entities such as the Battered Person Advocacy to empower the victim to escape trafficking and so the penalty against the trafficker can be stiffer.



For awards, Elin D. Miller was the recipient of the 2017 -18 Roseburg Zonta, Woman of Achievement. She leads [Elin Miller Consulting, LLC](#) and works with her husband, Bill, [farming hazelnuts](#) and a new wine grape in Oregon. In October 2017, Elin was elected Chair of the Cultivating New Frontiers in Agriculture Board. She was also elected to the Board of [Fall Creek Farm and Nursery](#) in August 2017. Elin serves as Vice Chair of the [Vestaron](#) Board, a crop protection corporation in Michigan. Locally, she has chaired the Board of [NeighborWorks@ Umpqua](#) 2014-2016, a not-for-profit corporation and serves on [Umpqua Bank's](#) Divisional Board. In May of 2011, she was elected to the [Umpqua Community College](#) Board of Trustees and served four years including Chair and Vice Chair. Elin was elected to the [Marrone Bio Innovations Corporation](#) Board in 2011 and served as its Chair from 2013-2015. The National [FFA](#) (Future Farmers of America) Foundation Board elected Elin to serve as Chair in 2015. She was elected to the Community Cancer Center, Oregon FFA Foundation and UCC Foundation Boards in 2017.

Before moving full time to Umpqua, OR, Elin served as Regional Administrator for the Environmental Protection Agency, a Presidential Appointment, with jurisdiction over Alaska, Idaho, Washington and Oregon. Previously, Elin served as President and CEO of Arysta Life Science North America/Australasia 2004-2006, a spin-off of Chevron. From 1996 to 2004 she held various positions at the Dow Chemical Company including Global Vice President of Public Affairs, VP of Global Pest Management and VP of Asia Pacific.

WOA/YWPA continued

Miller's earlier government service occurred in the 90's as Director of the Department of Conservation (Senate Confirmed) and Chief Deputy Director of the California Department of Pesticide Regulation, CalEPA. Miller's background also includes National Vice President of Future Farmers of America (FFA) and Executive Director for the Western Agricultural Chemicals Association. While in California, she was honored to receive the Outstanding Regulator and Outstanding Contribution to Agriculture Awards. She has been honored with various state and national awards including the Lea S. Hitchner Award, the highest award given by CropLife America. Miller was also named one of the "50 Most Powerful Women in PR" by PR WEEK. In 2016, she received the VIP Citation, the highest award given by FFA. She was a Rhodes scholarship finalist, Outstanding Woman Graduate and Student Body VP when she received her bachelor's degree in agronomy and plant protection from the University of Arizona in 1982. Elin graduated from INSEAD's Advanced Management Program in France in 2000. Recently she attended Stanford Rock Center in Board Governance and completed an 18-month course in Excellence in Board Governance in 2016.

Cassidy Mae Harris was awarded the Roseburg Area Zonta Young Women in Public Affairs scholarship. Her nomination will be forwarded to the District level for potentially more scholarship funds. Cassidy is a Senior at Elkton High School. She has participated in 3 years of Future Business Leaders of America at Elkton High School, where she is currently the Vice President. Cassidy has competed at the local, State and National level, which has given her the opportunity to speak with international students from all over the world.

In Oregon, she has attended town halls for Senators Merkley and Wyden and participated in several women's events for awareness and support of social issues effecting women. Through all of this Cassidy maintains a current GPA of 3.81 and has completed an additional nearly 30 college credit hours. Cassidy plans to attend Lewis & Clark College in Portland this next fall, to study political economy and international affairs, taking pre-professional classes in international or constitutional law.

Congratulations Elin and Cassidy! Zonta International is a service organization of executive and professional women and men dedicated to empowering women worldwide and locally through service and advocacy.

ROSE DAY AWARD RECEIPANTS- UCHC REPRODUCTIVE HEALTH SERVICES

March 8th is a day to celebrate women and recognize their achievements throughout history and across nations during International Women's Day and Zonta International's Rose Day. The Roseburg Area Zonta Club celebrates the day by honoring local women and men who go about their daily lives quietly making a difference in the lives of others. Zonta honors them by presenting a Yellow Rose, which expresses our thanks and symbolizes Zonta. This year, Roseburg Zonta honored Umpqua Community Health Center (UCHC) Reproductive Health Services.

Kirstin Carhart is the UCHC Reproductive Health Coordinator and a Certified Nurse Midwife and Nurse Practioner. She and her group of nurses and medical assistants helped over 5,400 patients last year and delivered over 100 babies. Most of the patients are low income women with Oregon Health Plan Insurance, other insurance, or no insurance. Said Carhart, "our goal is to provide reproductive health care to any woman regardless of the ability to pay."

UCHC absorbed the reproductive health and prenatal care from the Douglas County Health Department. Last July, the Reproductive Health Services celebrated opening their clinical exam rooms and office space within UCHC, in their location across from Costco. The Reproductive Health Services helps with birth control, pregnancy testing, HIV testing, STD checks and treatments, annual exams, plus prenatal care-labor-delivery. In addition to the Roseburg Clinic they have drop-in offices in Myrtle Creek, and Sutherlin, and a school-based clinic at Roseburg High School. Kirstin is also a guest speaker on reproductive health issues in classes at Sutherlin, Oakland, Fremont, JoLane, and Roseburg High School.

Although Douglas County is beautiful for recreation, it is ranked 31 out of 36 Oregon counties for overall health. The county is plagued by a low life expectancy and poor health behaviors. Douglas County has among the highest rates of obesity, smoking, excessive drinking, teen birth, percent of single parent households and children living in poverty in the state (County Health Rankings & Roadmap, 2017). Carhart is astounded by the number of teens smoking a pack of cigarettes per day and the use of pot in underage teens. Many times, these habits stem from other problems or stress in their life.

Fortunately, patient evaluations include a short life style survey that helps identify potentially harmful behaviors such as alcohol/drug abuse, smoking, abusive relationships, lack of housing, mental health issues, and school dropouts. The staff can then help patients address their other needs through cooperative partnerships with other entities such as: Safe Haven, Battered Persons Advocacy (BPA), United Community Action Network (UCAN), ADAPT drug/alcohol treatment, obtaining their GED, and much more.

Said Carhart, "what keeps us going is being able to help get a person who is struggling with health or behavior issues and see them get on the right track for an improved life for themselves and their baby."

Umpqua Community Health Center and Reproductive Services is a Federally Qualified Health Center. Their main office is located at 150 Kenneth Ford Drive, Roseburg, (541)672-9596. Thank you to Kristin, her 6 comrades, and CEO, KC Bolton, for their vision and hard work to provide this service to Douglas County.

Kirstin Carhart
*Certified Nurse Midwife/NP
 Reproductive Health Coordinator*

Marie Stoddard
Registered Nurse

Rena Angel
Registered Nurse

Bill Siling
Registered Nurse

Tarra Simone
Registered Nurse

Koryssa Campbell
Medical Assistant/Scribe

Melody Collins
Medical Assistant/Scribe

CALENDAR OF EVENTS

April is Child Abuse Prevention Awareness Month

▶ **April 25-Program Meeting 12-1 Elmer's Blue Zone**

▶ **May 2 – Board Meeting 12-1**

▶ **May 9 – Business Meeting 12-1 Elmer's**

▶ **May 16 Installation Dinner 5:30 Place Brix Event center**

▶ **JULY 28 Santa Run – 9am RHS**



Rose Day Awardees from UCHC Reproductive Health Services

Game Over & Douglas County Human Trafficking Task Force PRESENTS

JANE DOE in Wonderland

THEATRE AGAINST SEX TRAFFICKING

"Powerful, Enlightening, Galvanizing"

Umpqua Community College
 Jacoby Auditorium
 Roseburg
 Tuesday April 3, 2018
 6:30 pm

FREE Show for the Public

For more information visit:
www.janedoeinwonderland.com
 @janedoeplay





Zonta Club supports event with resources and volunteers.

Human Trafficking Event Jane Doe in Wonderland

To help spread the word on how to prevent human trafficking, the Roseburg Zonta Club joined with the Douglas County Human Trafficking Task Force to provide a public presentation of the *Jane Doe in Wonderland* play. The task force had arranged to have the play presented at Phoenix High School. Zonta, was able to work with Umpqua Community College, and funded the use of Jacoby Auditorium for an evening presentation.

The play was based on the sex trafficking experience of several survivors. It took the audience through the targeting that "Romeo" pimps do by befriending, romantically enticing, and providing gifts to girls to ensnare their love and loyalty. Then, as a "vacation" the girl is removed from her home town, but suddenly she owes Romeo for all the gifts and attention he's given her. Thus, Romeo becomes the rabbit that takes the girl down the rabbit's hole to the trafficking wonderland. The confused girl further loses her identity and sense of time as she's forced to play games with Tweedle-dee and Tweedledumb to earn elaborate frosted cakes to pay back Romeo. She discovers there are also other Jane Does who believe Romeo loves only them; they also play games to earn cakes to please Romeo.

The victim does try to escape, but the doors are always locked. When she does find an unlocked door, it's none other than Romeo who posts her bond after being arrested by the police. Then she owes Romeo even more games to earn cakes. Thus, without violence, or any sexually graphic scenes, the play demonstrated the confusion and entrapment of the victim.

According to teachers who had attended the showing at Phoenix school, the students were totally engaged in the play. Likewise, the small crowd at Jacoby was enthralled. After the evening presentation, Elle Snow who helped write the play talked about her experience being trafficked. Then there was an open microphone session for the audience and the cast. Awareness and prevention can help keep kids from being led into a rabbit's hole. Elle also noted communities need to be supportive and welcoming of victims who do manage to escape.

SANTA RUN MOVED TO JULY 28 FOR 2018!



SAVE THE DATE

1st Ever
Zonta Christmas in July
Santa Run

5K(run or walk)
10K(run only)
JULY 28TH
9am @ RHS

D8 BOARD & CONFERENCE REPORT



The Wind Chime sale was successful at the Area Workshop in Portland. Club member Shon Garrison maintained the sales stand and sold four of the seven chimes, raising \$200 for the club. The chimes truly are beautiful and have inspirational words and a nice sound. If you haven't purchased one yet, get one now!

The board meeting was well attended by officers, area directors, and committee chairs. The first action was a discussion of the October 2019 conference. The conference will likely be held October 5 – 6 at Little Creek Casino west of Olympia. A budget sheet was presented that demonstrated with room rental fees, meals, printing, audio-video support, minimum decorations, speaker gifts, and online registration fees, the going cost of conference registration is \$150 nowadays. Fortunately, the room cost in 2019 is estimated to be \$130 which is less than the April workshop. To encourage attendance, many clubs use a portion of their club's funds to provide a scholarship to new members. If no new members are interested, then older members can apply for the funds. The value of the District meetings was unanimously agreed to as something that had inspired members to become more involved.

The results of the District 8 survey were presented. The survey was sent to the president of each club, who in most cases discussed each question with their club members. A common need expressed by most clubs was more access to brochures, information about recruitment and retention, more training, and more public relations support. This has been recognized by both international and the district and is being answered by the Learning Management System training modules and the Media Tool kit on ZI. Both ZI and the District 8 will also be placing webinars, YouTube, and live Zoom conference calls training on their websites. There are also copies of position descriptions, strategic planning, lists of projects and upcoming events on the websites. The District 8 newsletters are now being archived on the District 8 site for people to see the activities of other clubs. Contact Sandy for information on logging in to the District 8 website. For ZI, members need to log in and request a password. The password is generally sent within 24 hours and can be reset to match the member's preference. The Home page is the public page, while the Foundation page contains information about service projects and My Zonta contains a toolkit with everything from power point presentations and brochures to templates and logos for projects.

Sadly District 8 did lose one club in Washington to founder's syndrome. The club was unwilling to make changes to keep new members engaged. When a club is having problems, Area Directors can be used as a mediator to assist conflict resolution.

The District 8 2018 to 2020 budget was presented and approved at \$24,372. Most of the funds are from dues with some coming from district fund raisers and donations. The funds assist travel expenses for the board since our district stretches from Alaska and British Columbia to Oregon and west to Idaho. The funds also help with the workshops and conferences, website, and public relations.

Newsletter Ideas or Comments?

Contact: Editors: Laura Jackson, Sandy Hendy or Shon Garrison with your thoughts.

Besure to visit our website:

Zonta Club Website

<http://www.zontaroseburg.org>

Or check us out on Facebook

DISTRICT 8 ALL AREA CONFERENCE RECAP

Zonta will kick off its Centennial Celebration the week of November 8th in 2019. The theme will be “Honor the Past while Focusing on the Future.” ZI is busy producing “100 Year” letterheads, cards, brochures and power point presentations for members to spread the word about Zonta. The celebration will also include a variety of awards for clubs. One of the major awards will be \$5,000 to clubs who successfully partner with other service clubs to accomplish mutual goals. The funds will be from the ZI Rose Day fund and be available from September 1, 2018 through March 31, 2019.

The best quote of the meeting came during a discussion of membership recruitment and retention. **“Give people permission to enjoy their Zonta journey. Everybody’s duties will ebb and flow as life happens—family, career, health, and other interests.”** Fortunately, the younger generations want to jump in. Although they appreciate mentoring, they want action. This was reiterated by two Pearson College students who started a Zonta Club this year. Their members joined to DO, not watch. The younger generation will also be more apt to fearlessly plow through the website’s technology for resources and can teach technology-timid members about accessing information. Many clubs also alternate meeting times to attract and retain members. Lunch meetings exclude many careers such as teachers, nurses, natural resource professionals and other professions that must stay on site or travel during the day. Having meetings at breakfast or dinner in addition to lunch increases opportunity. Another recruitment tip was to ask your friends to join. Too often we assume our friends are busy with their own clubs. Most people who volunteer, tend to volunteer for several groups. Your friend may just be waiting for an invitation. Remember, “no” just means “yes” later!

Speaker Katie Hues presented information about her program: Girls Build. Girls who aren’t on a college track tend to enter the workforce in low paying waitress, retail, or service jobs. However, if they became trained as carpenters, welders, or other construction trades they would enter the workforce with jobs that have good pay, health insurance, and high availability. Many boys go from Legos to tools at an early age and are just honing their trade skills by the time they are in high school vocational classes. Unfortunately, many parents neglect to encourage their daughter’s mechanical and shop skills. Thus, the girls are more intimidated and less apt to start vocational classes in high school. Only 3% of the workers in the construction trades are female. Therefore, Girls Build is a program for girls 8 to 14 years old. Through week long camps held in Grants Pass, Portland, and Seattle, girls are given the chance to learn about tools from hammers to power saws. Properly outfitted in safety gear and closely instructed, the girls build their curiosity and confidence in addition to an age appropriate project. The camp provides scholarships to girls from foster care homes and low-income families. Ultimately the program wants to help girls explore the option of earning a living wage in the construction trades.

Patricia Garner, State Public Policy Chair AAUW Oregon, gave an update on Title IX in our K -12 schools. Title IX was signed in 1972, clarified in 1975, started being implemented in 1979 and has had additional reviews in 1980, 1996, 1998, and 2003. In addition to stopping discrimination and providing gender equality in educational opportunities and sports, it was also intended to stop sexual harassment at our schools. While women’s sports have greatly improved, and more career choices are available for women, harassment and bullying are still pervasive. Prior to college, our schools are supposed to have 4 sessions of abuse prevention per year for each grade. They are also supposed to have a Title IX coordinator at each school. Upon traveling the state, Garner found many schools were unsure who the coordinator was. If the school administration barely knew, how would harassed students be able to seek assistance? The state of Oregon has just one quarter-time FTE to oversee harassment in our schools. Thus, there are no standard policies for schools to implement, no standard investigation format, no standard method for handling complaints, no statewide training for coordinators, and no statewide healthy relationships program. Meanwhile by 7th grade, 7% of the kids are sexually active. By 11th grade, 48% are active and 6% admitted having sexual intercourse when they didn’t want to. Education and intervention could have helped many of these kids. Unfortunately, on the federal level there is a movement to make things more difficult for harassed/abused students. The current policy is that the evidence proving a case must have a preponderance of evidence, which is equal to 51%. Given that violence like rape triggers PST reactions of withdrawal, removing yourself from the act, and being unable to remember details—the 51% was helpful to victims. The move to rolling back to “overwhelming” preponderance is undefined and makes it difficult for traumatized victims to successfully win their case.

There is a Joint Committee for Student Success Tour planned for the state which will discuss these various issues. People can check to see if their community is on the tour. People in Oregon can also stay abreast of legislative bills by following the Oregon Legislative Information Service (OLIS) search engine.

Sunday began with reports regarding Service/Advocacy from Maggie Calica and the Zonta International Foundation update from Jan Suess. Then Shelli Cutting talked about the new Learning Management System (LMS) teaching modules that will be available to everyone online from ZI. There are two modules up and running now. The modules are a series of short learning guides. You complete the series, then move onto the next module. Currently they are a learning tool for new officers and members. Everyone is encouraged to go to My Zonta and review these new teaching tools, the member toolkit for publicity, position descriptions, and stories about what Zonta accomplishes.

The morning concluded with Portland State University's Associate Vice president, of Global Diversity & Inclusion, Julie Caron. She explained her role at PSU and provided up to date information regarding diversity, inclusion and sexual harassment and discrimination on college campuses today. She explained how great the problem has become and what is being done to combat it.

Lt. Governor/Governor Elect Jeanie Martin invited everyone to attend the International Convention in Yokohama, Japan in June 2018. As always, the District Workshop was an excellent tool for learning more about Zonta, other clubs, and get updates on issues. It was also a great opportunity to meet others and expand your Zontian friendships.

