"A Healthy New Start " Roughrider "36" Schedule 2022 (All Times Are Mountain Time)



Monday May 30, 2022

5:00 p.m. - 7:00 p.m. Check-In for Monday Arrivals-Roughrider Conference Center

5:00 p.m. - 8:00 p.m. Personal Wellness Inventory Assessment for Monday Arrivals (**Dr. Strand**) Showhall

Tuesday May 31, 2022

6:30 a.m 7:30 a.m.	Check-In Tuesday Arrival	s - Rough Riders Conference Center

6:30 a.m. - 8:30 a.m. Personal Wellness Inventory Assessment for Tuesday Arrivals (**Dr. Strand**) Showhall

8:30 a.m. -10:00 a.m. Opening Ceremony (Volk) Rough Riders Conference Center

10:00 a.m. -12:00 p.m. Keynote (Stuart Twitchy Meyers) (Rough Riders Conference Center)

12:00 p.m. - 1:00 p.m Lunch (On Own)

1:00 p.m. - 2:00 p.m Breakout Session #1(**Twitchy/Dr. Hjellming & Breitbach/Carvell**) Medora Room/Little Missouri Room/ Showhall

2:00 p.m. - 3:00 p.m. Team Meeting (Volk) Showhall

3:00 p.m. - 4:00 p.m. Breakout Session #2(**Twitchy /Dr. Hjellming & Breitbach/Carvell**) Medora Room/Little Missouri Room/Showhall

4:00 p.m. - 5:00 p.m. Breakout Session #3(**Twitchy /Dr. Hjellming & Breitbach/Carvell**) Medora Room/Little Missouri Room/Showhall

Wednesday June 1, 2022

7:30 a.m 9:00 a.m.	Personal Wellness Inventory	-Teddy Walk (Volk) Ro	ough Riders Conference Center
--------------------	-----------------------------	-----------------------	-------------------------------

9:00 a.m.- 9:30 a.m. Breakfast (On Own)

9:30 a.m.-10:30 a.m. Breakout Session #1 (**Dr. Skretta / Dr. Schmitz / Moseman**) Medora Room / Little Missouri Room /Showhall

10:45 a.m. -11:45 a.m. Breakout Session #2 (Dr. Skretta / Dr. Schmitz / Moseman) Medora Room / Little Missouri Room /Showhall

11:45 a.m.-12:30 p.m. Lunch (On Own)

12:30 p.m. - 2:00 p.m. Personal Wellness Inventory (Volk) Wooden Park-Next to Mini Golf

2:00 p.m.- 3:00 p.m. Team Meeting (**Volk**) Showhall

3:00 p.m. - 4:00 p.m. Breakout Session #2 (**Dr. Skretta /Dr. Schmitz / Moseman**) Medora Room /Little Missouri Room /Showhall

Thursday June 2, 2022

7:00 a.m 8:15 a.m.	Personal Wellness Inventory (Messer / Volk / Kelpinski) Medora Room / Flag Pole / Showhall
8:15 a.m 9:00 a.m.	Breakfast (On Own)
9:00 a.m10:00 a.m.	Breakout Session #1 (Markegard /Whirley / Iverson) Medora Room / Little Missouri Room / Showhall
10:15 a.m 11:15 a.m.	Breakout Session #2 (Markegard /Whirley/ Iverson) Medora Room / Little Missouri Room / Showhall
11:15 a.m 12:15 p.m.	Lunch (On Own)
12:15 p.m 1:15 p.m.	Breakout Session #3 (Markegard /Whirley/ Iverson) Medora Room / Little Missouri Room / Showhall
1:30 p.m 2:45 p.m.	Personal Wellness Inventory (Messer / Volk / Kelpinski) Medora Room / Flag Pole / Showhall
2: 45 p.m 4:00 p.m.	Personal Wellness Inventory (Messer / Volk / Kelpinski) Medora Room / Flag Pole / Showhall
4:00 p.m 6:00 p.m.	Team Meeting - Working Picnic Celebration (Volk) Rough Riders Conference Center

Friday June 3, 2022

7:00 a.m 8:00 a.m.	Check Out Rooms
8:00 a.m 8:30 a.m.	Team Meeting (Volk) Rough Riders Conference Cent

8:30 a.m. -10:30 a.m. Keynote Session (**Candy Whirley**) Rough Riders Conference Center 10:30 a.m. 11:30 a.m. Closeout Activities and Awards (**Volk**) Rough Riders Conference Center

