

Sleeping with the Goddess

Nights of Devotion

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Serpent's Gate Publishing

ISBN 978-1-312-81762-3

Cover Art: Caitlin Fennelly, M.F.A.

Bound and Printed in the United States

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INTRODUCTION

You hold in your hands a unique and very personal book. Although the words are the visions of my experiences they are also gateways that you must pass through as you record the visions of your own experiences.

The title, *Sleeping with the Goddess*, is the same as one of the first workshops I taught after directly experiencing the beauty and gifts of the Goddess. My intention in using it for this book is one of cultivating intimacy with the Goddess through nightly devotion.

I have used poetry and pathworkings as the tools to directly inspire the subconscious. Much like the dream state this style allows the images to form and the space of response to fill in the blanks for your own interpretation.

Some of the Goddesses are named; many are not. Some will be familiar to you and others will offer an entirely new experience. Intimacy requires that you dig deeply into your

emotions so you are better able to share freely in exchange with the one you wish to know more of.

How to Use This Book:

I intentionally did not write this book to align with specific days or months. The beauty lay in taking what you need, when and as often, in repetition as you wish. It is, however intended as a stimulus for dreams, so evening is optimal just before retiring.

Its gates of experience are contained within Four Sections: General Devotions; the Phases of the Moon; the Seasons and a section of three specialized Pathworkings for a longer experience. There is a blank page labeled, *Dreamtime Notes*, following each entry. Use this page to journal any dreams or visions that arise. These will serve as the foundations from which you develop greater rapport with those Goddesses that you most resonate with.

If you think this book is unfinished in its lack of index and archetypal categorization of the Sacred Feminine, I assure you it is not. These omissions are purposeful and the work is your own in filling in the blanks and creating your own attributions of the Goddess as you embark on a journey of experience.

So, get comfortable and open to any page that calls out to you and let the words wash over you as the Goddess holds you in her embrace.

PART ONE

SHE of a Thousand Names



Art: Caitlin Fennelly, MFA

Contemplation of Creation

I sit in the quiet space of my creation
Exhale and inhale of sweet breath and
Manifest being weaving a dance of life.

The singing bowl rings in harmony
With the levels of my being and radiant
Throat gives way to tone of vibration.

The Goddess moves through me as
We sing out the sounds of the
Universe.

I am whole and complete in Her
Light of cosmic reflection.

My practice is that of knowing and
My magick weaves through time
Anchored in the stillness of my
Most loved creation....

YOU