



Ascension Sunday Gospel Guide: Sunday, May 24, 2020

Welcome & Prayer (5 mins)

Prayer

Graciously hear our supplications, O Lord, so that we, who believe that the Savior of the human race is with you in your glory, may experience, as he promised, until the end of the world, his abiding presence among us. Who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Open the eyes of our mind that we may understand the teachings of Your Gospel. Our Father

Icebreaker-Discussion

Who is your favorite apostle and why?

I.E. Peter, Thomas, Philip, John, etc.

Check In

How did we do on last week's commitment? Did we accomplish it?

Proclaim Gospel: Matthew 28:16-20 (10 mins)

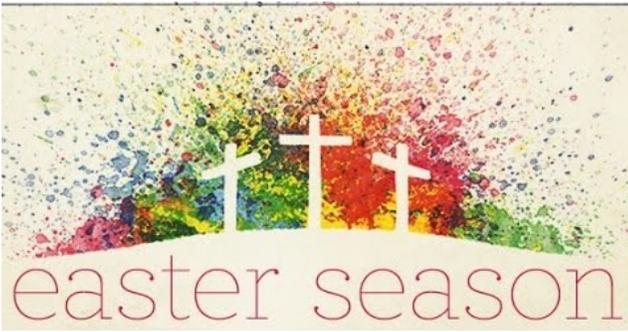
The eleven disciples went to Galilee, to the mountain to which Jesus had ordered them. When they saw him, they worshiped, but they doubted. Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age."

Silence, let people reflect, Wait some time here & watch the Video on Formed.org

Proclaim Gospel again followed by silence

Questions (20-25 mins)

1. What does this passage/reading say to you? Or what struck you?
2. Talk about how the disciples must have felt seeing Jesus rise to heaven. What emotions would they have felt (nervous, sad, excited, inspired...?)
3. Have you ever seen something amazing or unexplainable happen? What were your emotions?
4. If you were going to go on one last hike, which family and friends would you bring? Where would you go?
5. What does it mean to make disciples?



Ascension Sunday Gospel Guide: Sunday, May 23

Commitment (5-10 mins)

Make a commitment that your family can do together this week or individually.

Examples: 1. Partake in the Diocese Novena to the Holy Spirit, ending on Pentecost found on <https://www.reconnecttoledo.org/liturgy> at the bottom of the page

2. Learn more about the Ascension
3. Ring the doorbell of people and Run (chat with them from your car or driveway)
4. **Go on a Family Hike:** Scripture tells us that Christ spent his last days walking with his disciples, and hiking to the top of the mountain called Olivet. To commemorate this trek, take your family on a hike or a trail walk and work to help your kids connect the dots between your adventure and Christ's final walk. Talk about Christ's final message to his followers: to go out into creation to proclaim the Good News.
5. **Fly Kites:** One of the great images that Ascension Day brings is that of Christ rising into the heavens. Making and/or flying kites is a fun way to celebrate this mysterious and miraculous event. Help kids connect the story of Christ rising into the clouds with the beauty of a kite flying. Even though we know scientifically how kites fly, there is still something magical, mysterious, beautiful, and special about the site of a kite battling back and forth on an invisible breeze, tail twirling in the wind.

Closing Prayer

Pope Francis' Prayer to Mary during the coronavirus pandemic

O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm. You, Salvation of the Roman People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial. Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin.

MARY, Mother of Jesus, Intercede for all our needs.

Say your Intercessions

Hail Mary... Glory Be...