

Emergency Medical Technician Psychomotor Examination

PATIENT ASSESSMENT/MANAGEMENT – MEDICAL

Skill Sheet 1
TESTED

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

Possible Points Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
SCENE SIZE-UP		
Determines the scene/situation is safe	1	
Determines the mechanism of injury/nature of illness	1	
Determines the number of patients	1	
Requests additional EMS assistance if necessary	1	
Considers stabilization of the spine	1	
PRIMARY SURVEY/RESUSCITATION		
Verbalizes the general impression of the patient	1	
Determines responsiveness/level of consciousness (AVPU)	1	
Determines chief complaint/apparent life-threats	1	
Assesses airway and breathing		
-Assessment (1 point) -Assures adequate ventilation (1 point) -Initiates appropriate oxygen therapy (1 point)	3	
Assesses circulation		
-Assesses/controls major bleeding (1 point) -Checks pulse (1 point)	3	
-Assesses skin [either skin color, temperature or condition] (1 point)		
Identifies patient priority and makes treatment/transport decision	1	
HISTORY TAKING		
History of the present illness		
-Onset (1 point) -Quality (1 point) -Severity (1 point)		
-Provocation (1 point) -Radiation (1 point) -Time (1 point)	8	
-Clarifying questions of associated signs and symptoms related to OPQRST (2 points)		
Past medical history		
-Allergies (1 point) -Past pertinent history (1 point) -Events leading to present illness (1 point)	5	
-Medications (1 point) -Last oral intake (1 point)		
SECONDARY ASSESSMENT		
Assesses affected body part/system		
-Cardiovascular -Neurological -Integumentary -Reproductive	5	
-Pulmonary -Musculoskeletal -GI/GU -Psychological/Social		
VITAL SIGNS		
-Blood pressure (1 point) -Pulse (1 point) -Respiratory rate and quality (1 point each)	4	
States field impression of patient	1	
Interventions [verbalizes proper interventions/treatment]	1	
REASSESSMENT		
Demonstrates how and when to reassess the patient to determine changes in condition	1	
Provides accurate verbal report to arriving EMS unit	1	
Actual Time Ended: _____	TOTAL	42

CRITICAL CRITERIA

- ____ Failure to initiate or call for transport of the patient within 15 minute time limit
- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to determine scene safety before approaching patient
- ____ Failure to voice and ultimately provide appropriate oxygen therapy
- ____ Failure to assess/provide adequate ventilation
- ____ Failure to find or appropriately manage problems associated with airway, breathing, hemorrhage or shock
- ____ Failure to differentiate patient's need for immediate transportation versus continued assessment or treatment at the scene
- ____ Performs secondary examination before assessing and treating threats to airway, breathing and circulation
- ____ Orders a dangerous or inappropriate intervention
- ____ Failure to provide accurate report to arriving EMS unit
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor
Examination

Skill Sheet 3
TESTED

BLEEDING CONTROL/SHOCK MANAGEMENT

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

Possible Points	Points Awarded
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Takes or verbalizes appropriate PPE precautions	1	
Applies direct pressure to the wound	1	
NOTE: The examiner must now inform candidate that the wound continues to bleed.		
Applies tourniquet	1	
NOTE: The examiner must now inform candidate that the patient is exhibiting signs and symptoms of hypoperfusion.		
Properly positions the patient	1	
Administers high concentration oxygen	1	
Initiates steps to prevent heat loss from the patient	1	
Indicates the need for immediate transportation	1	
Actual Time Ended: _____	TOTAL	7

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to administer high concentration oxygen
- ____ Failure to control hemorrhage using correct procedures in a timely manner
- ____ Failure to indicate the need for immediate transportation
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

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Emergency Medical Technician Psychomotor Examination

Skill Sheet 4
TESTED**AIRWAY MANAGEMENT – SUPRAGLOTTIC AIRWAY**

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

Possible
Points Points
Awarded

Takes or verbalizes appropriate PPE precautions	1	
Checks responsiveness	1	
Requests additional EMS assistance	1	
Checks breathing and pulse simultaneously	1	
NOTE: After checking responsiveness, then checking breathing and pulse for no more than 10 seconds, examiner informs candidate, "The patient is unresponsive, apneic and has a weak pulse of 60."		
Opens airway properly	1	
Ventilates the patient at a proper volume and rate via BVM	1	
Directs assistant to take over BVM ventilation and pre-oxygenate patient	1	
Selects appropriate size Supraglottic	1	
Inspects and prepares airway for insertion	1	
Positions head properly	1	
Displace the tongue and jaw	1	
Advance the airway to the appropriate depth per manufacturers recommendations	1	
Secures airway device in place	1	
Confirm placement via auscultation and secondary detection method	1	
Reassess patient	1	
Documents procedure	1	
Actual Time Ended: _____	TOTAL	16

CRITICAL CRITERIA

- _____ Failure to take or verbalize appropriate PPE precautions
- _____ Failure to check responsiveness, then check breathing and pulse simultaneously for no more than 10 seconds
- _____ Failure to ventilate the patient at the rate
- _____ Failure to select proper size airway
- _____ Failure to secure airway device
- _____ Failure to confirm airway placement
- _____ Failure to manage the patient as a competent EMT
- _____ Exhibits unacceptable affect with patient or other personnel
- _____ Uses or orders a dangerous or inappropriate intervention

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Emergency Medical Technician Psychomotor Examination

PATIENT ASSESSMENT/MANAGEMENT – MEDICAL Oral Glucose Administration

Skill Sheet
Supplement 1
TESTED/VERIFIED

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Perform blood glucose check		
Prepare glucometer and supplies	1	
Cleanse site	1	
Lance site	1	
Apply blood test strip	1	
Apply direct pressure to site	1	
Read and interpret results	1	
Determine appropriate indications for glucose administration		
Level of consciousness	1	
Pertinent past medical history	1	
Contact Medical Command if patient condition indicates	1	
Confirm expiration date of oral glucose	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure to the patient	1	
Place oral glucose between cheek and gum	1	
Recheck patient's blood glucose level within 5 minutes of administration	1	
If no improvement contact medical command and request ALS back up	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	21

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to consult medical command at appropriate times
- ____ Failure to confirm at least three of the "Rights" of medication administration
- ____ Failure to determine blood glucose level prior to, or following, oral glucose administration
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination**PATIENT ASSESSMENT/MANAGEMENT – MEDICAL
Nitroglycerin Administration****Skill Sheet
Supplement 2
TESTED/VERIFIED**

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

**Possible
Points****Points
Awarded**

Takes or verbalizes appropriate PPE precautions	1	
Determine appropriate indications for glucose administration		
Confirm patient allergies	1	
Determine if the patient has self-administered nitroglycerine prior to EMS arrival	1	
Confirm patient's blood pressure is \geq 100 systolic	1	
Contact Medical Command	1	
Confirm expiration date of nitroglycerine	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure and possible side effects to the patient	1	
Place the patient in a comfortable position	1	
Place one nitroglycerine tablet or administer one pump of liquid nitroglycerine under the tongue	1	
Instruct the patient to allow the medication to absorb	1	
Recheck the patients blood pressure within 3 – 5 minutes of administration	1	
If no improvement contact medical command and repeat procedure as directed	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	18

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to consult medical command at appropriate times
- ____ Failure to confirm at least three of the "Rights" of medication administration
- ____ Failure to determine patient's blood pressure prior to, or following, oral glucose administration
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination**PATIENT ASSESSMENT/MANAGEMENT – MEDICAL
Nebulized Medication Administration****Skill Sheet
Supplement 3
TESTED/VERIFIED**

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____**Possible
Points****Points
Awarded**

Takes or verbalizes appropriate PPE precautions	1	
Properly determines the need for nebulized medications	1	
Assess the patient's ability to utilize a nebulizer	1	
Confirm patient allergies	1	
Confirm patient's heart rate is ≤ 130 for adults and ≤ 150 in pediatrics	1	
Confirm expiration date of medication	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Prepare the Nebulizer		
Assemble Nebulizer	1	
Add appropriate medication	1	
Connect the mouthpiece	1	
Attach oxygen to the nebulizer flowing at 8 – 10 liters per minute	1	
Explain the procedure and possible side effects to the patient	1	
Place the patient in a sitting up position	1	
Administer Medication		
Instruct the patient to hold the nebulizer with lips sealed around the mouthpiece	1	
Instruct the patient to breath as deeply as possible at a normal rate	1	
Continue administration until all medication has been utilized	1	
Monitor patient's condition and vital signs after administration	1	
If no improvement contact medical command for additional treatment as directed	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	23

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to consult medical command at appropriate times
- ____ Failure to confirm at least three of the "Rights" of medication administration
- ____ Failure to administer all medication
- ____ Failure to monitor the patient's condition and vital signs
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination**PATIENT ASSESSMENT/MANAGEMENT – MEDICAL
Epinephrine Auto-Injector Administration****Skill Sheet
Supplement 4
TESTED/VERIFIED**

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____**Possible
Points****Points
Awarded**

Takes or verbalizes appropriate PPE precautions	1	
Properly determines the need for medication	1	
Consults with Medical Command	1	
Confirm patient allergies	1	
Confirm expiration date of medication	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure and possible side effects to the patient	1	
Remove the cap from the Auto-Injector	1	
Expose the thigh area (may verbalize)	1	
Cleanse the area	1	
In a smooth, firm fashion push the auto injector into the thigh until a click is heard	1	
Hold the auto injector against the thigh for 10 seconds	1	
Properly dispose of the auto injector in a sharps container	1	
Monitor patient's condition and vital signs after administration	1	
If no improvement, contact medical command for additional treatment as directed	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	20

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to consult medical command at appropriate times
- ____ Failure to confirm at least three of the "Rights" of medication administration
- ____ Failure to monitor the patient's condition and vital signs
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

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Emergency Medical Technician Psychomotor Examination

PATIENT ASSESSMENT/MANAGEMENT – MEDICAL Epinephrine 1:1000 Ampule Administration

Skill Sheet
Supplement 5
TESTED/VERIFIED

Candidate: _____

Examiner: _____

Date: _____

Signature: _____

Actual Time Started: _____

Possible
Points

Points
Awarded

Takes or verbalizes appropriate PPE precautions	1	
Properly determines the need for medication	1	
Consults with Medical Command for orders	1	
Confirm patient allergies	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure and possible side effects to the patient	1	
Selects proper medication and concentration	1	
Checks medication for cloudiness or discoloration	1	
Selects proper needle and syringe	1	
Confirm expiration date of medication	1	
Cleans the neck of the ampule	1	
Opens ampule properly snapping it at the break line while directing the action away from the patient and others	1	
Withdraw the medication utilizing the prepared syringe and needle	1	
Verify the correct dosage of medication once its withdrawn from the ampule	1	
Tap the barrel of the syringe to remove excess air bubbles	1	
Select and cleanse the appropriate administration site	1	
Penetrates the muscle at a 90° angle	1	
Aspirated for blood return prior to injection	1	
Injects medication and removes needle in the same 90° motion	1	
Properly disposes of needle in a sharps container	1	
Monitor patient's condition and vital signs after administration	1	
If no improvement contact medical command for additional treatment as directed	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	27

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to consult medical command at appropriate times
- ____ Failure to appropriate medication and concentration
- ____ Failure to confirm at least three of the "Rights" of medication administration
- ____ Failure to select appropriate needle and syringe
- ____ Failure to properly cleanse injection site
- ____ Failure to aspirate for blood return prior to medication administration
- ____ Failure to monitor the patient's condition and vital signs
- ____ Failure to properly dispose of needle
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

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Emergency Medical Technician Psychomotor Examination

PATIENT ASSESSMENT/MANAGEMENT – MEDICAL Glucagon Administration

Skill Sheet
Supplement 6
TESTED/VERIFIED

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

Possible
Points

Points
Awarded

Takes or verbalizes appropriate PPE precautions	1	
Properly determines the need for medication	1	
Consults with Medical Command for orders	1	
Confirm patient allergies	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure and possible side effects to the patient	1	
Selects proper medication and concentration	1	
Checks medication for cloudiness or discoloration	1	
Selects proper needle and syringe for reconstitution	1	
Confirm expiration date of medication	1	
Removes caps and cleans the neck of both vials	1	
Withdraw reconstituting solution and inject into Glucagon powder vial	1	
Mix with a swirling motion and withdraw the medication utilizing the prepared syringe and needle	1	
Verify the correct dosage of medication once it's withdrawn from the vial	1	
Tap the barrel of the syringe to remove excess air bubbles	1	
Select and cleanse the appropriate administration site	1	
Penetrates the muscle at a 90° angle	1	
Aspirated for blood return prior to injection	1	
Injects medication and removes needle in the same 90° motion	1	
Properly disposes of needle in a sharps container	1	
Monitor patient's condition and vital signs after administration	1	
If no improvement contact medical command physician for additional treatment as directed	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	27

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to consult medical command at appropriate times
- ____ Failure to appropriate medication and concentration
- ____ Failure to confirm at least three of the "Rights" of medication administration
- ____ Failure to select appropriate needle and syringe
- ____ Failure to properly cleanse injection site
- ____ Failure to aspirate for blood return prior to medication administration
- ____ Failure to monitor the patient's condition and vital signs
- ____ Failure to properly dispose of needle
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

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Emergency Medical Technician Psychomotor Examination

PATIENT ASSESSMENT/MANAGEMENT – MEDICAL Diphenhydramine (Benadryl) Administration

Skill Sheet
Supplement 7
TESTED/VERIFIED

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Properly determines the need for medication	1	
Confirm patient allergies	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure and possible side effects to the patient	1	
Selects proper medication and concentration	1	
Checks medication for cloudiness or discoloration	1	
Selects proper needle and syringe	1	
Confirm expiration date of medication	1	
Cleans the neck of the vial (<i>If not pre-filled</i>)	1	
Withdraw the medication utilizing the prepared syringe and needle (<i>If not pre-filled</i>)	1	
Verify the correct dosage of medication once its withdrawn from the vial (<i>If not pre-filled</i>)	1	
Tap the barrel of the syringe to remove excess air bubbles	1	
Select and cleanse the appropriate administration site	1	
Penetrates the muscle at a 90° angle	1	
Aspirated for blood return prior to injection	1	
Injects medication and removes needle in the same 90° motion	1	
Properly disposes of needle in a sharps container	1	
Monitor patient's condition and vital signs after administration	1	
If no improvement contact medical command for additional treatment as directed	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	25

CRITICAL CRITERIA

- _____ Failure to take or verbalize appropriate PPE precautions
- _____ Failure to consult medical command at appropriate times
- _____ Failure to appropriate medication and concentration
- _____ Failure to confirm at least three of the "Rights" of medication administration
- _____ Failure to select appropriate needle and syringe
- _____ Failure to properly cleanse injection site
- _____ Failure to aspirate for blood return prior to medication administration
- _____ Failure to monitor the patient's condition and vital signs
- _____ Failure to properly dispose of needle
- _____ Failure to manage the patient as a competent EMT
- _____ Exhibits unacceptable affect with patient or other personnel
- _____ Uses or orders a dangerous or inappropriate intervention

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Emergency Medical Technician Psychomotor Examination

Skill Sheet 5
VERIFIED

CARDIAC ARREST MANAGEMENT / AED

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____ Possible Points Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Determines the scene/situation is safe	1	
Attempts to question bystanders about arrest events	1	
Checks patient responsiveness	1	
Requests additional EMS assistance	1	
Checks breathing and pulse simultaneously	1	
NOTE: After checking responsiveness, then checking breathing and pulse for no more than 10 seconds, examiner informs candidate, "The patient is unresponsive, apneic and pulseless."		
Immediately begins chest compressions [adequate depth and rate; allows the chest to recoil completely]	1	
Performs 2 minutes of high-quality, 1-rescuer adult CPR -Adequate depth and rate (1 point) -Correct compression-to-ventilation ratio (1 point) -Allows the chest to recoil completely (1 point) -Adequate volumes for each breath (1 point) -Minimal interruptions of no more than 10 seconds throughout (1 point)	5	
NOTE: After 2 minutes (5 cycles), candidate assesses patient and second rescuer resumes compressions while candidate operates AED.		
Turns on power to AED	1	
Follows prompts and correctly attaches AED to patient	1	
Stops CPR and ensures all individuals are clear of the patient during rhythm analysis	1	
Ensures that all individuals are clear of the patient and delivers shock from AED	1	
Immediately directs rescuer to resume chest compressions	1	
Actual Time Ended: _____	TOTAL	17

Critical Criteria

- ___ Failure to take or verbalize appropriate PPE precautions
- ___ Failure to check responsiveness, then check breathing and pulse simultaneously for no more than 10 seconds
- ___ Failure to immediately begin chest compressions as soon as pulselessness is confirmed
- ___ Failure to demonstrate acceptable high-quality, 1-rescuer adult CPR
- ___ Interrupts CPR for more than 10 seconds at any point
- ___ Failure to correctly attach the AED to the patient
- ___ Failure to operate the AED properly
- ___ Failure to deliver shock in a timely manner
- ___ Failure to ensure that all individuals are clear of patient during rhythm analysis and before delivering shock [verbalizes "All clear" and observes]
- ___ Failure to immediately resume compressions after shock delivered
- ___ Failure to manage the patient as a competent EMT
- ___ Exhibits unacceptable affect with patient or other personnel
- ___ Uses or orders a dangerous or inappropriate intervention

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Emergency Medical Technician Psychomotor Examination

Skill Sheet 6
VERIFIED

BASELINE VITAL SIGNS

Candidate: _____

Examiner: _____

Date: _____

Signature: _____

Actual Time Started: _____

Possible
Points

Points
Awarded

Takes or verbalizes appropriate PPE precautions	1	
Blood Pressure (Palpation)		
Apply BP cuff approximately 1" above the antecubital space <ul style="list-style-type: none"> Not over clothing Snug fit Center bladder over artery 	1	
Palpate radial and brachial artery	1	
Inflate cuff to a minimum of 20 mmHg above the point that the palpable pulse was lost	1	
Slowly deflate the cuff	1	
Record/report the palpable systolic blood pressure when the pulse returns (margin +/- 4mmHg)	1	
Blood Pressure (Auscultation)		
Apply BP cuff approximately 1" above the antecubital space <ul style="list-style-type: none"> Not over clothing Snug fit Center bladder over artery 	1	
Palpate brachial artery	1	
Place diaphragm of stethoscope over brachial artery	1	
Inflate cuff to a minimum of 20 mmHg above the point that the palpable pulse was lost	1	
Slowly deflate the cuff	1	
Record/report the palpable blood pressure (margin +/- 4mmHg)	1	
Pulse		
Palpate with two (2) fingers (index and middle) over the radial artery	1	
Count the palpated pulse for 30 seconds and multiply X 2	1	
Assess the following: <ul style="list-style-type: none"> Rate Rhythm (Regular/Irregular) Quality (Strong/Weak) 	1 point each	
Record/Report pulse findings (margin +/- 4 bpm)	1	
Respirations		
Observe rise and fall of the chest or abdomen	1	
Count respirations for 30 seconds and X 2	1	
Assess the following: <ul style="list-style-type: none"> Rate Rhythm (Regular/Irregular) Quality (Strong/Weak) 	1 point each	
Record/Report pulse findings (margin +/- 4 bpm)	1	
Skin		
Skin Color: Normal, Cyanotic, Jaundice, Ashen, Pale, Flushed	1	
Skin Temperature: Normal, warm, cool, hot	1	
Skin Condition: Normal, moist, diaphoretic	1	
Actual Time Ended: _____	TOTAL	27

CRITICAL CRITERIA

- ☐ Failure to take or verbalize appropriate PPE precautions
- ☐ Failure to manage the patient as a competent EMT
- ☐ Exhibits unacceptable affect with patient or other personnel
- ☐ Uses or orders a dangerous or inappropriate intervention

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**Emergency Medical Technician Psychomotor
Examination**

**Skill Sheet 7
VERIFIED**

SPINAL IMMOBILIZATION (SEATED PATIENT)

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

**Possible
Points**

**Points
Awarded**

Takes or verbalizes appropriate PPE precautions	1	
Directs assistant to place/maintain head in the neutral, in-line position	1	
Directs assistant to maintain manual stabilization of the head	1	
Reassesses motor, sensory and circulatory functions in each extremity	1	
Applies appropriately sized extrication collar	1	
Positions the immobilization device behind the patient	1	
Secures the device to the patient's torso	1	
Evaluates torso fixation and adjusts as necessary	1	
Evaluates and pads behind the patient's head as necessary	1	
Secures the patient's head to the device	1	
Verbalizes moving the patient to a long backboard	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
Actual Time Ended: _____	TOTAL	12

CRITICAL CRITERIA

- _____ Failure to immediately direct or take manual stabilization of the head
- _____ Failure to properly apply appropriately sized cervical collar before ordering release of manual stabilization
- _____ Released or ordered release of manual stabilization before it was maintained mechanically
- _____ Manipulated or moved patient excessively causing potential spinal compromise
- _____ Head immobilized to the device **before** device sufficiently secured to the torso
- _____ Device moves excessively up, down, left or right on the patient's torso
- _____ Head immobilization allows for excessive movement
- _____ Torso fixation inhibits chest rise, resulting in respiratory compromise
- _____ Upon completion of immobilization, head is not in a neutral, in-line position
- _____ Failure to reassess motor, sensory and circulatory functions in each extremity after voicing immobilization to the long backboard
- _____ Failure to manage the patient as a competent EMT
- _____ Exhibits unacceptable affect with patient or other personnel
- _____ Uses or orders a dangerous or inappropriate intervention

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Emergency Medical Technician Psychomotor Examination

Skill Sheet 8
VERIFIED

SPINAL IMMOBILIZATION (SUPINE PATIENT)

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Directs assistant to place/maintain head in the neutral, in-line position	1	
Directs assistant to maintain manual stabilization of the head	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
Applies appropriately sized extrication collar	1	
Positions the immobilization device appropriately	1	
Directs movement of the patient onto the device without compromising the integrity of the spine	1	
Applies padding to void between the torso and the device as necessary	1	
Immobilizes the patient's torso to the device	1	
Evaluates and pads behind the patient's head as necessary	1	
Immobilizes the patient's head to the device	1	
Secures the patient's legs to the device	1	
Secures the patient's arms to the device	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
Actual Time Ended: _____	TOTAL	14

CRITICAL CRITERIA

- ____ Failure to immediately direct or take manual stabilization of the head
- ____ Failure to properly apply appropriately sized cervical collar before ordering release of manual stabilization
- ____ Released or ordered release of manual stabilization before it was maintained mechanically
- ____ Manipulated or moved the patient excessively causing potential spinal compromise
- ____ Head immobilized to the device **before** device sufficiently secured to the torso
- ____ Patient moves excessively up, down, left or right on the device
- ____ Head immobilization allows for excessive movement
- ____ Upon completion of immobilization, head is not in a neutral, in-line position
- ____ Failure to reassess motor, sensory and circulatory functions in each extremity after immobilizing patient to the device
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination

Skill Sheet 9
VERIFIED

LONG BONE IMMOBILIZATION

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

Possible
Points Points
Awarded

Takes or verbalizes appropriate PPE precautions	1	
Directs application of manual stabilization of the injury	1	
Assesses distal motor, sensory and circulatory functions in the injured extremity	1	
NOTE: The examiner acknowledges, "Motor, sensory and circulatory functions are present and normal."		
Measures the splint	1	
Applies the splint	1	
Immobilizes the joint above the injury site	1	
Immobilizes the joint below the injury site	1	
Secures the entire injured extremity	1	
Immobilizes the hand/foot in the position of function	1	
Reassesses distal motor, sensory and circulatory functions in the injured extremity	1	
NOTE: The examiner acknowledges, "Motor, sensory and circulatory functions are present and normal."		
Actual Time Ended: _____	TOTAL	10

Critical Criteria

- ___ Failure to immediately stabilize the extremity manually
- ___ Grossly moves the injured extremity
- ___ Failure to immobilize the joint above and the joint below the injury site
- ___ Failure to immobilize the hand or foot in a position of function
- ___ Failure to reassess distal motor, sensory and circulatory functions in the injured extremity before and after splinting
- ___ Failure to manage the patient as a competent EMT
- ___ Exhibits unacceptable affect with patient or other personnel
- ___ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination

Skill Sheet 10
VERIFIED

JOINT IMMOBILIZATION

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

Possible
Points Points
Awarded

Takes or verbalizes appropriate PPE precautions	1	
Directs application of manual stabilization of the injury	1	
Assesses distal motor, sensory and circulatory functions in the injured extremity	1	
NOTE: The examiner acknowledges, "Motor, sensory and circulatory functions are present and normal."		
Selects the proper splinting material	1	
Immobilizes the site of the injury	1	
Immobilizes the bone above the injury site	1	
Immobilizes the bone below the injury site	1	
Secures the entire injured extremity	1	
Reassesses distal motor, sensory and circulatory functions in the injured extremity	1	
NOTE: The examiner acknowledges, "Motor, sensory and circulatory functions are present and normal."		
Actual Time Ended: _____	TOTAL	9

Critical Criteria

- ____ Failure to immediately stabilize the extremity manually
- ____ Grossly moves the injured extremity
- ____ Failure to immobilize the bone above and below the injury site
- ____ Failure to reassess distal motor, sensory and circulatory functions in the injured extremity before and after splinting
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination

Skill Sheet 11
VERIFIED

12 LEAD EKG ACQUISITION

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Identifies Indications for 12 Lead EKG acquisition	1	
Prepares monitor and connects electrodes to the patient cable	1	
Explains procedure to patient	1	
Exposes patient's chest and preps as necessary	1	
Properly applies chest leads (V1, V2, V3, V4, V5, V6, and limb leads) V1: Right 4 th intercostal space beside sternum V2: Left 4 th intercostal space beside sternum V4: Left 5 th intercostal space, midclavicular V3: Halfway between V2 and V4 V5: Horizontal to V4, anterior to axillary line V6: Horizontal to V5, Mid-axillary line	1 point each	
Properly applies Limb Leads (RA, LA, LL)	1	
Instructs patient to remain as still as possible	1	
Acquires 12 lead EKG per manufacturer's instructions	1	
Transmits EKG to receiving facility	1	
Reassess patient	1	
Confirm transmission of 12 lead has completed	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	18

Critical Criteria

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to identify the need for 12 lead EKG acquisition
- ____ Failure to appropriately apply leads
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination

Skill Sheet 12
VERIFIED

CONTINUOUS POSITIVE AIRWAY PRESSURE (CPAP)

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Performs initial assessment	1	
Applies initial high flow oxygen	1	
Identifies indications for CPAP utilization	1	
Identifies any contraindications for CPAP	1	
Explains the procedure to the patient	1	
Assembles CPAP correctly per manufacturer's directions	1	
Sets device parameters per protocol	1	
Applies device to patient obtaining a good face seal	1	
Adjusts pressure as required	1	
Comforts/coaches patient through the use of CPAP	1	
Reassess patient	1	
If no improvement contact medical command and request ALS back up	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	14

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to assemble device appropriately
- ____ Failure to confirm a good face seal
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination

Skill Sheet 13
VERIFIED

NALOXONE ADMINISTRATION

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Identify the need for administration of Naloxone based on PPMH, vital, signs and symptoms, and presentation	1	
Support respirations as needed	1	
Assess blood glucose level	1	
Verbalize signs of opioid use	1	
Select the proper medication and check concentration, color, and clarity	1	
Selects the appropriate syringe and draw up medication if not prefilled	1	
Confirm expiration date of medication	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Place a nebulizer on the end of the syringe	1	
Place atomizer against nostril and administer half the dose of medication per nostril (<i>based on 2mg or 4mg dose packaging</i>)	1	
Repeat the procedure delivering the remainder of the medication in the opposite nostril	1	
Reassess patient	1	
If no improvement, contact medical command and request ALS back up	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	19

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to confirm at least three of the "Rights" of medication administration
- ____ Failure to select appropriate medication or concentration of medication
- ____ Failure to support respirations as needed
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination

Skill Sheet 14
VERIFIED

TETRACAINE OPHTHALMIC ADMINISTRATION / MORGAN LENS IRRIGATION

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Identifies indications for use of Morgan Lens	1	
Determines no contraindications for use of Morgan Lens	1	
Confirm patient allergies	1	
Confirm expiration date of medication	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explains the procedure to patient	1	
Administers two (2) drops of tetracaine per eye being irrigated	1	
Attached macro-drop IV tubing to IV Bag	1	
Attach Morgan Lens delivery set to IV tubing and confirm fluid flowing through device	1	
With patient looking downward, retract upper eye lid and insert Morgan Lens under upper eye lid	1	
Have patient look upward, retract lower eye lid and place Morgan Lens	1	
Adjust flow to irrigate the eye	1	
Completes irrigations and removes Morgan Lens by retracting lower eye lid and sliding the lens out	1	
Terminates IV Flow	1	
Reassess Patient	1	
Document the procedure	1	
Actual Time Ended: _____	TOTAL	21

CRITICAL CRITERIA

- ____ Failure to take or verbalize appropriate PPE precautions
- ____ Failure to confirm expiration date of the medication
- ____ Failure to confirm at least three of the "Rights" of medication administration
- ____ Failure to provide continuous flow while irrigating patient's eye
- ____ Failure to manage the patient as a competent EMT
- ____ Exhibits unacceptable affect with patient or other personnel
- ____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.

Emergency Medical Technician Psychomotor Examination

OXYGEN ADMINISTRATION BY NON-REBREATHER MASK

Skill Sheet 15
VERIFIED

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Actual Time Started: _____

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Gathers appropriate equipment	1	
Cracks valve on the oxygen tank	1	
Assembles the regulator to the oxygen tank	1	
Opens the oxygen tank valve	1	
Checks oxygen tank pressure	1	
Checks for leaks	1	
Attaches non-rebreather mask to correct port of regulator	1	
Turns on oxygen flow to prefill reservoir bag	1	
Adjusts regulator to assure oxygen flow rate of at least 10 L/minute	1	
Attaches mask to patient's face and adjusts to fit snugly	1	

Actual Time Ended: _____

TOTAL 11

CRITICAL CRITERIA

- _____ Failure to take or verbalize appropriate PPE precautions
- _____ Failure to assemble the oxygen tank and regulator without leaks
- _____ Failure to prefill the reservoir bag
- _____ Failure to adjust the oxygen flow rate to the non-rebreather mask of at least 10 L/minute
- _____ Failure to ensure a tight mask seal to patient's face
- _____ Failure to manage the patient as a competent EMT
- _____ Exhibits unacceptable affect with patient or other personnel
- _____ Uses or orders a dangerous or inappropriate intervention

Emergency Medical Technician Psychomotor Examination

BVM VENTILATION OF AN APNEIC ADULT PATIENT

Skill Sheet 16
VERIFIED

Candidate: _____ Examiner: _____
Date: _____ Signature: _____

Actual Time Started: _____

Possible Points Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Checks responsiveness	1	
Requests additional EMS assistance	1	
Checks breathing and pulse simultaneously	1	
NOTE: After checking responsiveness, then checking breathing and pulse for no more than 10 seconds, examiner informs candidate, "The patient is unresponsive, apneic and has a weak pulse of 60."		
Opens airway properly	1	
NOTE: The examiner must now inform the candidate, "The mouth is full of secretions and vomitus."		
Prepares rigid suction catheter	1	
Turns on power to suction device or retrieves manual suction device	1	
Inserts rigid suction catheter without applying suction	1	
Suctions the mouth and oropharynx	1	
NOTE: The examiner must now inform the candidate, "The mouth and oropharynx are clear."		
Opens the airway manually	1	
Inserts oropharyngeal airway	1	
NOTE: The examiner must now inform the candidate, "No gag reflex is present and the patient accepts the airway adjunct."		
Ventilates the patient immediately using a BVM device unattached to oxygen [Award this point if candidate elects to ventilate initially with BVM attached to reservoir and oxygen so long as first ventilation is delivered within 30 seconds.]	1	
NOTE: The examiner must now inform the candidate that ventilation is being properly performed without difficulty.		
Re-checks pulse for no more than 10 seconds	1	
Attaches the BVM assembly [mask, bag, reservoir] to oxygen [15 L/minute]	1	
Ventilates the patient adequately -Proper volume to cause visible chest rise (1 point) -Proper rate [10 – 12/minute (1 ventilation every 5 – 6 seconds)] (1 point)	2	
Note: The examiner must now ask the candidate, "How would you know if you are delivering appropriate volumes with each ventilation?"		
Actual Time Ended: _____	TOTAL	16

CRITICAL CRITERIA

- _____ After suctioning the patient, failure to initiate ventilations within 30 seconds or interrupts ventilations for greater than 30 seconds at any time
- _____ Failure to take or verbalize appropriate PPE precautions
- _____ Failure to suction airway **before** ventilating the patient
- _____ Suctions the patient for an excessive and prolonged time
- _____ Failure to check responsiveness, then check breathing and pulse simultaneously for no more than 10 seconds
- _____ Failure to voice and ultimately provide high oxygen concentration [at least 85%]
- _____ Failure to ventilate the patient at a rate of 10 – 12/minute (1 ventilation every 5 – 6 seconds)
- _____ Failure to provide adequate volumes per breath [maximum 2 errors/minute permissible]
- _____ Insertion or use of any adjunct in a manner dangerous to the patient
- _____ Failure to manage the patient as a competent EMT
- _____ Exhibits unacceptable affect with patient or other personnel
- _____ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.