

COMMUNITY RESOURCE GUIDE

SHELTERS/HOUSING ASSISTANCE PROGRAMS

GENERAL SHELTERS:

*****NOTE: All Shelters have caseworkers that assess clients to help with moving into transitional living and/or getting them into programs that work toward permanent housing.**

ARLINGTON

When weather conditions become hazardous for individuals to be outdoors overnight, the Cold Weather Overflow Emergency Shelter Response Plan will be initiated. The threshold for hazardous weather is met when the temperature in Arlington is expected to be below 39 degrees for more than 4 hours overnight.

When cold weather shelter is activated, report to Arlington Life Shelter at 325 West Division Street. Main number is 817-548-9885. Once at capacity, they will refer guests to Salvation Army at 712 W. Abram Street.

To receive text alerts about Arlington cold weather shelter text **ARLCOLD** to **817-241-3544**.

FORT WORTH

When weather triggers are met and it is either below 40 degrees in wet conditions; below 35 degrees in dry conditions; or a wind chill of below 32 degrees for three or more consecutive hours, Cold Weather Overflow beds are activated.

When cold weather shelter is activated, report to existing emergency shelters: Union Gospel Mission, Presbyterian Night Shelter or The Salvation Army Mabee Center. If those shelters are full, people seeking shelter will be directed to the Flag Building on East Lancaster to receive further information to utilize the overflow shelter available.

To receive text alerts about Fort Worth cold weather shelter text **FWCOLD** to **817-241-3544**.

PRESBYTERIAN NIGHT SHELTER/LOCATED DOWNTOWN FORT WORTH

**817-632-7429 (For women and children) “Morris Foundation family Service Center”
2320 Poplar Fort Worth (Call for a pre-screening)**

- Stay restrictions- unlimited stay
- Check-in process- Call to inquire about available space
- Fees- none
- Family size- no limitation
- Age requirement- all ages allowed; parent must be 18 and over

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817-632-7401 (Single men and women) 2400 Cypress Fort Worth, (no more than 2 small bags).

- Stay restrictions- unlimited stay
- Check-in process- Line up at 1:45pm; bed assignment begins at 2:00pm
- Fees- none
- Required documentation- none
- Family size- singles only
- Age requirement- 18 and over
- Other- Dogs allowed with proof of current vaccinations

The Presbyterian Night Shelter is the only free shelter in our area without length-of-stay restrictions. Open 24 hours per day, 365 days per year. The campus includes a shelter that houses homeless adults, with separate facilities for families (women and their children), veterans and those with behavioral disabilities.

Requirements: A no-barrier facility, we welcome anyone who needs us.

THE SALVATION ARMY/FORT WORTH -MABEE FAMILY CENTER

817-344-1800

1855 E LANCASTER AVE. FORT WORTH TEXAS

One must have children to be able to stay at the Mabee Family Center -it is a building separate from single male/female guests. During a stay at a Salvation Army shelter, clients will participate in programs and workshops developed to promote self-sufficiency and personal development. The Salvation Army also works with clients to help them transition into a more permanent housing situation.

- Stay restrictions- none
- Check-in times: 2:00 p.m. – 4:00 p.m.
- Fees- none
- Required documentation- Picture ID, with scan card preferred
- Family size- no limitation
- Age requirement- all ages of children are accepted with an accompanying adult (legal guardian/parent).
- Other- No sex offenders; must pass a breathalyzer test prior to admission.

THE SALVATION ARMY/ARLINGTON SHELTER

817-860-1836

712 W. ABRAM STREET ARLINGTON TX 76011

For families seeking shelter

- Check-in process- Complete an application in person to get onto waiting list
- Fees- none
- Required documentation- none
- Family size- Up to 8 family members
- Age requirement- all ages allowed

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UNION GOSPEL MISSION/RESIDENCY PROGRAM/LOCATED DOWNTOWN FORT WORTH

1321 E LANCASTER AVE, FORT WORTH, TX 76102

This is a 6-acre campus, which mainly focuses on residency programs for men, women and families that live there while working to get back on their feet. They have one entire building dedicated to women and families. Free childcare is provided to families admitted into the program. To get into the residential/family programs they must come to orientation one day Monday- Friday at 10am at the Cox building.

For Family Program- 817-338-8475 (women and children)

Families seeking shelter (For Residential Program)

- Stay restrictions- none
- Check in process- Monday- Friday attend 10am orientation at Cox building
- Fees- based on income
- Required documentation- Current Government Issued Picture ID for entry; married couples must have marriage certificate or marriage declaration
- Family size- Up to six family members
- Age requirement- Children must be 17 years or younger to stay with parents

Families Overnight Dorm:

- Stay Restrictions- None Check-out every morning after breakfast
- Check in process- Seven days a week beginning at 3 p.m. Currently have three rooms available
- Fees-None
- Required Documentation- Current government Issued Picture ID, and scan card
- Family Size- Up to four children with intact or single parent.
- Age requirements- Children must be 17 years and younger to stay with parents
- Other- No sex offenders; service animals allowed but must be registered as a support dog

Single men seeking shelter **817-332-3019 (men's shelter)**

- Stay restrictions- 3 nights
- Check-in process- Monday to Friday orientation at 7:30am at the Neely Building
- Fees- First three nights free, then \$6 per night
- Required documentation- Picture ID, with scan card preferred
- Family size- single individuals only
- Age requirement- 18 and over
- Other- No sex offenders; service animals allowed but must be registered as a support dog

Single women seeking shelter (For Residential Program)

- Stay restrictions- none
- Check in process- Monday- Friday attend 10am orientation at Cox building
- Fees – None (Based on income)
- Required documentation- Government Issued Picture ID, Scan Card preferred

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- Family size- single individuals only
- Age requirement- 18 and over
- Other- No sex offenders; service animals allowed but must be registered as a support dog

Women Overnight Dorm

- Stay Restrictions- None, Check-out every morning after breakfast
- Check in process- Seven days a week beginning at 1:45 p.m. (Lottery system for 16 beds)
Fees-None
- Required Documentation- Government Issued Picture ID, and scan card
- Family Size- Individual
- Age Requirement- 18 and over
- Other- No sex offenders; service animals allowed but must be registered as a support dog

ARLINGTON LIFE SHELTER/ARLINGTON

817-548-9885 – CALL PRIOR TO COMING TO VERIFY IF THEY HAVE BEDS AVAILABLE

325 W. DIVISION STREET ARLINGTON, TEXAS 76011

Shelter for individuals and families.

- Stay restrictions- 3 days, but additional days possible if employable or on disability
- Check-in process- Line up at 3:30pm for new residents (first come, first served);
check in from 5pm to 7pm for current residents
- Fees- none
- Required documentation- Two forms of ID (one photo ID)
- Family size- no limitation
- Age requirement- all ages allowed
- Other- No sex offenders. Violent crimes must be over 5 years old; Service animals
allowed, and emotional support animals are considered on a case-by-case basis

TRUE WORTH PLACE

1513 E. PRESIDIO FORT WORTH TX 76102

817-289-7474

Adult only day shelter and resources. This is NOT an overnight shelter. Hours are 7am-3pm. Services Include:

- Restrooms
- Showers
- Laundry
- Mailing address
- Public telephones
- Public computers
- Temporary storage
- Activities and classes
- Case management linking to other
services

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TARRANT COUNTY HANDS OF HOPE

(817) 298-2779

info@hohtx.com

(Calls will be returned within 24 hours during the work week. Please provide a full descriptive voicemail of the services needed.)

**Please note that Hands of Hope does not provide rides, financial or rental assistance of any kind.*

Hands of Hope is a full-time street outreach to the unsheltered homeless in Tarrant and surrounding counties. They focus on those living in locations unsuitable for human habitation, whether that be in a vacant structure, a vehicle, or a tent in a remote wooded area. Hands of Hope can complete an assessment for housing based on the living situations above.

If they are staying in the motel as 'self-pay' HUD does not consider them homeless and will not accept an assessment from Hands of Hope. If they are in the motel with a charity or church paying for the room, Hands of Hope can complete and submit the assessments and they will accept them if they have written documentation from the church or charity to accompany the assessments.

If they are in the motel/hotel as self-pay, they can call or text the Tarrant County Homeless Coalition's (TCHC) Helpline at 817-996-8800 and they can complete the housing assessments by phone.

YOUTH EMERGENCY SHELTERS/RESOURCES

ACH EMERGENCY YOUTH SHELTER

817-335-4673 – Referral Line

3712 Wichita St, Fort Worth, TX 76119

The Youth Emergency Shelter (YES) is the only 24-hour emergency shelter in Tarrant County offering 24/7 safe shelter to run away and homeless youth, and trafficking survivors, ages 10-17. ACH works to reunite them with their families or find safe and stable alternative living arrangements. The program provides outreach, education, advocacy, counseling, and case management services for foster care and community youth who are experiencing family crisis, family conflict, or homelessness.

- Check-in process- Call ACH resource and referral line to get intake and assessment OR go to a community designated Safe Place (fire stations and Quik Trip stores)
- Requirements: No required documentation, No fees.

SAFE PLACE 24 HOUR TEXT SUPPORT

Safe Place is a locally administered, national program that provides access to immediate help and safety for young people in trouble. Safe Place sites are developed in partnership with business and community locations that are easily accessible. In Tarrant County, this critical community

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safety net makes it possible for youth to get help fast at locations that display the distinctive yellow and black Safe Place sign.

TXT 4 HELP is a 24-hour text-for-support service for youth in crisis. Whatever a youth may be dealing with—family issues, neglect, abuse, thoughts of suicide or running away—they can text the word SAFE (7233) and their current location (address, city, state) to 4HELP (44357). Within seconds, they will receive the address of the closest Safe Place location and the number for the ACH youth shelter. They will also have the option to text interactively with a mental health professional.

To learn more, visit <http://www.nationalsafeplace.org>.

THE UNDERGROUND YOUTH DROP-IN CENTER

817-885-7735 (24/7 Hotline)

1100 Hemphill Street Fort Worth, TX 76104 (Inside One Safe Place)

<https://unboundnorthtexas.org/underground>

It is a 24/hr. length of stay for youth ages 22 and under. They have case workers that assist them in planning what is next for living arrangements during that time. At the center they provide a bed, clothing, washing machine, hot meal, snacks, shower access, counseling, and referrals. No reservation is needed, but it is helpful to call ahead to let them know if you are sending a student. If they do not have a ride to the center, the center will arrange for an Uber to pick them up if they are 18 or over. No fees, no documentation requirements.

ELEVATE NORTH TEXAS YOUTH SHELTER

Mailing Address: 1901 E. Peters Colony Rd. Carrollton, TX 75007

(214) 556-5916

Email: info@elevatentx.org

Website: www.elevatentx.org

- This agency provides emergency shelter for youth ages 18-24
- Hotel Program: We partner with several hotels here in North Texas to provide hotel rooms for those youth in immediate need of shelter.
- Host Home Program: We work with trusted families that have a spare room to host a pre-screened youth for up to three months. During this time, youth are provided case management, counseling, and life skills training.
- Reunification Program: We work to reunite youth with family members, when possible, to avoid them entering the homeless system. We also understand that many youth are fleeing abusive and toxic home environments, which is why we want to emphasize the "when possible."

CITY HOUSE

972-424-4626

After Hours (972) 971 - 0278

902 E. 16th Street Plano, TX 75074

Known as 'My Friend's House' (*MFH*), our emergency shelter provides around-the-clock residential care for youth ages 0-17. Average stay is 21 days, with focus on family reunification.

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DOMESTIC VIOLENCE SHELTERS AND RESOURCES:

SAFEHAVEN/SHELTER FOR FLEEING VIOLENCE/LOCATED IN FORT WORTH

1-877-701-7233 – Crisis Line

SafeHaven has two emergency shelters. One in Arlington and one in Fort Worth. 164 bed capacity for families fleeing violent homes

Requirements:

- Check-in process- Call crisis line for screening. They assess each crisis call to the resource center on a case-by-case basis. They want to speak with the survivor directly when assessing a request for emergency shelter so that they can determine what the survivor is truly seeking since all services are voluntary.
- Stay restrictions- varies
- Fees- none
- Required documentation- none
- Family size- none
- Age requirement- all ages allowed
- Other- Service animals allowed

DOMESTIC VIOLENCE SHELTER - BRIGHTER TOMORROWS IN GRAND PRAIRIE AND IRVING

972-262-8383

Brighter Tomorrows staffs 2 emergency safe shelters in Grand Prairie and Irving at undisclosed locations. Both locations are gated and equipped with security cameras. The emergency safe shelters can house up to a total of 72 residents (women, children, and men). Clients and their children receive meals, clothing, crisis counseling, advocacy, and safety planning assistance. Clients have access to individual counseling, support groups, community education, and referrals (i.e., housing, employment, childcare, training, governmental resources, etc.). Case Management services are provided via face-to face daily meetings and may include accompaniment to hospitals, law enforcement offices, prosecutor's offices, and courts. Requirements: Call for assessment.

DOMESTIC VIOLENCE SHELTER - DENTON COUNTY FRIENDS OF THE FAMILY/SHELTER FOR VIOLENCE OR SEXUAL ASSAULT/LOCATED IN DENTON

24 Hour Crisis Line (Call or text): 940-382-7273

Friends of the Family offers emergency shelter for survivors of relationship violence and sexual assault. Persons seeking shelter may call the crisis line 24 hours a day, 7 days a week.

Requirements:

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Eligibility for shelter will be determined based on safety concerns related to relationship violence or sexual assault, resulting in the person having no safe place to stay.

DOMESTIC VIOLENCE GENESIS WOMENS SHELTER

214-946-HELP (4357)

The main office is located in Dallas. The shelter is at an undisclosed location. Genesis Women's shelter is a safe haven for women and children fleeing an immediate threat of domestic violence. Women and their children are welcome to stay at the emergency shelter for up to six weeks. - They receive all services onsite-including advocacy, family advocacy, counseling, groups, legal, etc.

ACH CHILD AND FAMILY SERVICES

FAMILIES TOGETHER PROGRAM

817-335-HOPE (4673)

ADDRESS: 3712 WICHITA ST, FORT WORTH, TX 76119

Families Together Program is transitional housing for single mothers and their children who are experiencing homelessness due to intimate partner domestic violence. The program offers a safe and stable living in environment while they work to overcome the trauma that led to their homelessness and return to independent living. Families receive intensive case management and therapeutic services designed to help them heal from the trauma and victimization they've experienced, while gaining the skills they need to promote long-term self-sufficiency and obtain stable housing.

Requirements: Must call for an assessment to receive services, depends on space available.

I CAN STILL SHINE

817-616-3500

PHYSICAL ADDRESS (NOT MAILING ADDRESS) - 3313 CRITES ST, RICHLAND HILLS, TX 76118

This is NOT a shelter. The "I Can Still Shine Program" is a faith-based, safe, supportive center for women and children from all walks of life, with no exceptions. Services Provided include: Food, Toiletries, Households Items, Clothing, Counseling, Eyeglasses, College Scholarships, Back Packs, Thanksgiving Turkeys, Christmas Gifts, and Other Emergency Expenses. All services are based upon availability.

Client intake is by appointment only, Monday - Thursday 1-4 pm.

Please call one day ahead to schedule an appointment.

NATIONAL DOMESTIC VIOLENCE HOTLINE:

1-800-799-SAFE (7233)

Or text "start" to 88788

www.thehotline.org

Hours: 24/7

Languages: English, Spanish, and 200+ through interpretation services

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Safety planning, local resources, legal help, health centers, deaf services, Native American services.

TEXAS ADVOCACY PROJECT LEGAL HELPLINE

<https://www.texasadvocacyproject.org/free-legal-services/legal-phone-lines>

1-800-374-HOPE (4673)

Texas Advocacy Project's mission is to end dating and domestic violence, sexual assault, and stalking in Texas. Texas Advocacy Project empowers survivors through free legal services and access to the justice system. Phone lines are open **Monday to Friday from 9 am to 5 pm**. Attorneys can help you with a variety of legal concerns related to domestic violence, sexual assault, and stalking. Free legal help. Provides advice over the phone, support with do-it-yourself legal filing process and complete client representation.

TRANSITIONAL LIVING:

GRACE (GRAPEVINE RELIEF AND COMMUNITY EXCHANGE)

TRANSITIONAL HOUSING IN GRAPEVINE

ADDRESS: 837 E WALNUT STREET GRAPEVINE, TX 76051

Monday – Friday: 9 am – 5 pm

<https://www.gracegrapevine.org>

817-488-7009

The GRACE Transitional Housing program works with homeless individuals and families to help move them towards independence. Transitional Housing clients participate in intensive case management to assist them in achieving educational, career and financial goals while living in clean, stable housing. Case management appointments are scheduled at least weekly and case managers assist with day-to-day functioning. Apartments used as housing for TH participants are completely furnished with donated furniture and housewares. The homes are made ready for move-in by GRACE volunteers. TH participants can be assisted through other GRACE programs including the GRACE Pantry, Clothing Room and/or the GRACE resale stores. Medical needs are cared for at the GRACE Community Clinic and additional needs such as transportation costs, tuition aid and school supplies, daycare and other expenses can be partially funded by GRACE or through referrals/collaborations with other service agencies or churches.

Transitional Housing Inquiry Request (You will receive a response from a GRACE representative who will let you know if they are currently interviewing. Please note, these questions are not an application. If there is an opening and if they determine you are a good fit for the program, you will receive an application to start the interview process). If you would like to be considered as a candidate for the GRACE program fill out the questionnaire here:

<https://docs.google.com/forms/d/e/1FAIpQLSfvkxu61TUoV06wGtQiVGymV8d9nBZep8SM072os-QZHpoF7A/viewform>

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CENTER FOR TRANSFORMING LIVES

817-484-1572

512 W 4th St, Fort Worth, TX 76102

Operating hours are 8:30 –4:30 pm

NO overnight emergency shelter

Center for Transforming Lives (CTL) Transitional Housing (TH) Program has an onsite bed capacity of 5 units, a communal kitchen, living room, and laundry facility. CTL's community-based TH Program also has rental units within Tarrant County.

- Stay restrictions- 90-day program
- Check-in process- Complete an application in person
- Fees- none
- Required documentation- none to apply

TRANSITIONAL HOUSING PROGRAMS FOR YOUTH/YOUNG ADULTS

- **ACH Life Project:**
817-335-HOPE (4673)
Online Application: <https://achservices.org/en/programs/life/>
- **Seasons of Change:**
817-277-9601
Ages 18-21. Located in Arlington. They also have a Maternity Group Home. Housing up to 18 months.
- **Promise House:**
214-941-8578 ext. 500
Ages 18-21. located in Dallas. Up to 18 months.
- **Jonathan's Place:**
972-303-5303
For young women 17-23. Located in Dallas.
- **Kyles Place (Journey to Dream):**
469-470-2382
Ages 14-19. Located in Lewisville.
- **Enhanced Horizons:**
830-367-4330
Ages 18-24. (Includes single mothers with children) Located five hours away, 5 miles west of Ingram.
- **City House:**
972-424-4626
Ages 18-21. They have 3 supervised homes located in Collin County.

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OTHER CRISIS SUPPORT

CHRIST'S HAVEN/LOCATED IN KELLER – FOR CHILDREN ONLY

(817) 431-1544

ADDRESS: 4200 Keller Haslet Rd, Keller, TX 76244

Unfortunately, family circumstances sometimes make it necessary for parents or guardians to seek help with the basic care of a child. Christ's Haven for Children is a voluntary placement Guardians maintain full custody of their child but allow the agency to care for their child's needs. They accept children aged birth – 17 years old. Other programs include: Life Path – Young adults begin Life Path programs when they enter high school, attending classes focused on life skills. Following graduation, the program offers the opportunity to pursue education and employment while living in their duplex-style Life Path home. Teen Mom Program – Designed to support currently parenting or expecting teenage mothers. Provides housing on campus and mentoring in child-rearing skills.

Requirements:

It is important to note that they are not an emergency placement. Placement requires an application and interview process, and it is likely to take several weeks. The application can be emailed to you if you reach out to Jaimee Brown at Jaimee@christHaven.org. Return the application, along with supporting documents (such as psychological evaluations and psychological hospital records), to the Intake Coordinator Jaimee at Jaimee@ChristHaven.org. The Children's Services department will review it and follow up with any additional information they need. The next step is a required face to face interview with the parent or guardian and the child. Shortly after this meeting, the parent will be notified about the status of placing the child.

GATEHOUSE-GRAPEVINE

817-912-0317

Undisclosed location

To be considered you must complete the application on the website:

<https://www.gatehousegrapevine.com/program/>

While we provide housing to those who are enrolled in The Gatehouse Program, housing is not our purpose. Our mission is to help women (women only) overcoming crisis like abuse or underemployment who want to achieve *permanent* self-sustainability without the need for government assistance. Self-sustainability starts with building a stable income through a full-time career, tackling debt, and building emergency savings. We know it is not easy to do this on your own so that is where The Gatehouse comes in. We give a hand up to women and children overcoming a crisis so they can achieve the dignity of earned success through a career-based income, financial stability, and the skills to manage their emotional, spiritual, and physical health. It can take 4-8 weeks to complete the admissions process and not everyone who applies is admitted.

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Expectations While in the Program:

As you work toward your goals which we call your Personal Empowerment Plan, you are surrounded by a team of experts who strategize with you and encourage you during your journey in the Program.

While participating in The Gatehouse Program, you live on our campus as we help you with housing, utilities, and childcare, so you can focus on:

- Working full-time, preferably in your chosen career field
- Working on your Personal Empowerment Plan goals
- Participating in all Program requirements including weekly coaching and counseling sessions, empowerment/life skills classes, and other groups
- Following Community Safety Rules
- If you have children, ensuring they are fully engaged in the Youth Development Program, including attending weekly counseling sessions (for eligible children)

For your Referral Form to be considered, you must meet **ALL** of these minimum requirements:

- Currently living in the Dallas/Fort Worth area and eligible to live in Tarrant County
- A woman 21 years or older, single or in the process of becoming single
- With or without dependent children (up to 2 children between 12 months old and a senior in high school)
- Have a minimum of a high school diploma or GED
- No active addictions with sustained sobriety for at least the last 3 years
- Have a valid Texas driver's license and a reliable vehicle
- A U.S. citizen or Permanent Resident, fluent in English
- Ready, willing, and able to work full-time with uninterrupted ability to work

About the Application Process

- Meeting these minimum eligibility requirements and submitting a Referral Form ensures an applicant's Referral Form will be considered but does not guarantee an invitation to apply, an interview or admissions into our Program.
- Applicants will receive a response within 2 to 3 weeks of submitting a Referral Form.
- If an applicant is invited to apply, the application process can take up to 8 weeks, depending on how completely and quickly the applicant returns required information (the application process includes an application, background check, interview and drug screening). Being invited to apply or interview does not guarantee admissions.
- All applicants admitted into The Gatehouse Program must provide proof of current or upcoming employment (via offer letter) prior to scheduling a move-in date.
- If an applicant is not selected for our Program, we do not discuss reasons for the denial with the applicant or their representative

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AFFORDABLE HOUSING/SUPPORTS:

TARRANT COUNTY HOMELESS COALITION

www.ahomewithhope.org

This organization keeps up-to-date information on Housing Resources in Tarrant County. Under the “Get Help” tab click on “Housing” to find contact information for: Arlington Housing Authority, Community Enrichment Center, Cornerstone Assistance Network, Dallas County Housing Authority, Denton Housing Authority, Fort Worth Housing Solutions, Go Section 8, Grand Prairie Housing Assistance Division, Grapevine Housing Authority, Samaritan House, and the Tarrant County Housing Assistance Office.

COMMUNITY ENRICHMENT CENTER

817-281-1164

6250 NE LOOP 820 NORTH RICHLAND HILLS, 76180

Housing PLUS:

Housing PLUS is a coaching program that may include a rental subsidy and other income supports for up to one year. While in the program, participants will be connected to an Employment and Financial Coach to explore opportunities to increase earning potential and address barriers to financial stability. Participants work together with their Coach to develop strategies to acquire savings, reduce unnecessary debt, improve job skills and/or gain additional education. Housing PLUS offers tools, resources, and accountability to help participants achieve success. Our emphasis on “PLUS” aims to educate participants in meaningful ways and fortify them with the tools they need to design a future of financial freedom.

Eligibility Requirements:

- Willing to live in NE Tarrant County and must have a car.
- Employed, full time, for at least 3 months and be able to pay a portion of rent.
- Willing to participate in one year coaching program and agree to follow guidelines and expectations.
- Eviction history and criminal background considered on case-by-case basis.

*Application: <https://cechope.org/housingplus/>

Affordable Housing:

Our CEC properties consist of an apartment complex, townhomes, and single-family homes all located in the Northeast Tarrant County area. Affordable Housing differs from our Housing PLUS Program in that you would be renting a unit at fair market rent with the option to renew your lease.

Eligibility Requirements:

- make at least 2.5 times the rent

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- Pass a background check. (*Our background checks look at credit, evictions, and criminal history and are evaluated by the property manager on a case-by-case basis*) Automatic denials for the criminal history are any counts of family violence.

Rates:

- 1 bedroom – range from \$700 per month to \$825 per month with a \$200 deposit
- 2 bedrooms – range from \$825 per month to \$1,000 per month with deposits ranging from \$200 - \$1,000
- 3 bedrooms – range from \$950 per month to \$1,500 per month with deposits ranging from \$300 to \$1,500

*Contact: programhousing@cechope.org or property@cechope.org

SECOND CHANCE APARTMENTS

<https://www.2ndchanceapartment.com/>

Second Chance Apartments is a licensed real estate company in Texas. They help individuals with Bad Credit, Bankruptcy, Broken leases, Evictions, and felonies locate quality housing. We even assist first-time renters as well. With years of experience, we have developed special relationships with multiple apartment complexes located in Dallas Fort Worth, and Arlington.

RENT/UTILITY ASSISTANCE

NEED WEST (Rent and Utility Assistance)

817-759-1506

5028 Broadway

Haltom City, 76117

Zip Codes: 76111, 76117, 76118, 76180, 76137, 76182, 76148

NEED EAST (Rent and Utility Assistance)

817-280-0286

424 W. Bedford-Euless Road

Hurst, 76053

Zip Codes: 76021, 76022, 76039, 76040, 76053, 76054

WHEN WE LOVE

682-707-5302

- Focus on single parent families and veterans

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- Rental assistance limited to one time.
- Must have applied to two other assistance programs and been denied.

COMMUNITY ACTION PARTNERS

817-392-5790 – Information Line and to schedule an appointment

(Rent and Utility Assistance)

M-F 8:30-4pm

www.fortworthtexas.gov Choose “Social Services” and then “apply for Community Action Partner Services” or “Utility Bill Payment Assistance”. You can apply online or mail-in application. Online Application:

<https://us.openforms.com/Form/0ab88896-0b38-44f1-b9ad-0085bfaee1b8>

(Applications can be completed in English or Spanish)

Rental and utility assistance Qualifications:

- Utility assistance- must reside in Tarrant County
- Rental assistance- must reside in Fort Worth
- Call to schedule an appointment; preference given to clients in case management and those at risk of homelessness

An intake specialist will contact you once your application is received.

If you need assistance, status check or have a follow up question:

- call 817-392-5795 (mail-in application) or
- call 817-392-2276 (online application) or
- e-mail CAPonline@FortWorthTexas.gov

VETERANS: call about Forward Home Program

FIRST STREET MISSION

817-335-6080

(Rent and Utility Assistance)

- Max \$150.00 Per year
- Cannot assist with late fees, weekly rent, or 1st month's rent
- Payment must bring the individuals total to a zero balance

MISSION ARLINGTON/MISSION METROPLEX

817-277-6620

(Rent and Utility Assistance)

- All requests are reviewed on a case-by-case basis
- Rent/utility assistance for partial payments to help families through a crisis

SALVATION ARMY -FORT WORTH

817-344-1800 – Information and Message Line

- Provides Rent and Utility Assistance
- Must have ID & Utility Bill

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GRACE

817-488-7009

If you have experienced a recent emergency or financial crisis, GRACE can help. You will meet with a trained case worker in a warm and caring environment. If you are seeking assistance, we are now conducting interviews at our Client Services offices at 837 E. Walnut St. To be seen by a caseworker we ask that you sign-in in person between the hours of 9:00am-3:00pm Monday through Friday for a same day meeting. Please note all visitors will be asked to wear a mask and complete a brief screening prior to meeting with a caseworker. We ask that only one member per family come into the office. When you visit GRACE, please bring the following items with you.

- Paycheck Stubs (for the previous 30 days) for all working adults in the household
- Current Bank Statement
- Copies of all Financial Assistance (Food Stamps, TANF, Child Support, SSI, Social Security, Unemployment, Worker's Comp, Disability, Retirement)
- Driver's license OR photo ID for all adults in the household.
- Birth Certificate for each child in the household
- Copy of Current Lease (complete) signed by tenant and landlord OR Residence Verification Form which is available in the office at GRACE
- Current school registration or report cards for all school age eligible children (for children's seasonal programs)
- Any other document you feel helps explain your financial crisis

TARRANT COUNTY COMMUNITY DEVELOPMENT

817-850-7940, press option 2

- Must reside in Tarrant County but outside of FW, Arlington, and Grand Prairie
- Renters in households with income at or below 80% of the area median income
- One or more household member has qualified for unemployment, experienced a reduction in household income, or experienced a financial hardship due to COVID-19 and can demonstrate a risk of experiencing homelessness or housing instability

TARRANT COUNTY DEPARTMENT OF HUMAN SERVICES

817-531-5620 (Call Center) 8-5, M-F except holidays (Rent & Utility Assistance)

- Must reside in Tarrant County.
- Must demonstrate the ability to maintain housing with one-time assistance.
- Income cannot exceed 185% of federal poverty level.
- Landlord must be willing to agree for tenant to stay for a minimum of 30 days.

COMMUNITY RESOURCE GUIDE

HOUSING CHANNEL

817-924-5091

counseling@housingchannel.org

- For Foreclosure Prevention/Mortgage Assistance
- Services available in English and Spanish.

INTERNET CONNECTIVITY SUPORT

AFFORDABLE CONNECTIVITY PROGRAM

<https://getmyinternet.org/>

Support Center hotline at (877) 384-2575

Email ACPSupport@usac.org

The Affordable Connectivity Program (ACP) was established by Congress to help lower-income families afford reliable, high-speed internet. It's part of the Federal Communications Commission's mission to ensure that all people, regardless of their income, can access the internet services and computer technology that are essential to our modern world.

The ACP used to be a temporary program called the Emergency Broadband Benefit (EBB). In 2022, Congress made it permanent and renamed it the Affordable Connectivity Program. Congress also reduced the benefit amount from \$50 per month to \$30 per month and changed eligibility requirements. If you used the EBB, make sure your internet provider is still giving you the ACP, and see if the changes affect your bill.

FOOD

*If you have a student that lives outside of the Keller area and need resources for food pantries in their specific location, please reach out to me and I will work on finding those specific resources.

CHURCHES THAT PROVIDE A FOOD PANTRY:

***Note: They do not need to be a member of the church to receive assistance.**

CINDY RAMSEY (THE HELP OUT) RESOURCE CENTER MET CHURCH

817-379-4638 x401

11301 N. Riverside Dr. Fort Worth 76244

Recipients for the food pantry will call 817-379-4638 x 401 to receive a minimum of 3-6 months of food assistance. People in need will drive-thru for the curbside pickup food pantry every Saturday (8-10am, no appointment necessary) or through client choice by appointment on Thursdays and Fridays. If any applicant needs emergency food assistance at another time, they may contact The Met Church office and will be given additional food based on the current food

COMMUNITY RESOURCE GUIDE

pantry inventory. Under special circumstances, limited delivery is available within a 10-mile radius of the Cindy Ramsey Resource Center (11301 N. Riverside Drive in Fort Worth)

NORTH RICHLAND HILLS BAPTIST CHURCH

817-284-9206

Address: 6955 Boulevard 26, North Richland Hills, TX 76180

M-Thursday 9-11 & 3-4:30. Bring an ID or DL and come into the church office to complete paperwork.

UNITED METHODIST CHURCH OF KELLER

Contact: Cathy Dill, Director of Serving Ministries

817-431-1332

1025 Johnson Rd. Keller TX 76248

Encouraged to bring a DL or some form of ID to register at the pantry

Guest Choice Food Pantry is Open: Tuesdays, 10am-1pm and Wednesdays, 4-7pm. Families can visit once per week. Parking is available in the church parking lot next to the Resource Center.

The Resource Center is located at the far northeast side of the church property. Volunteers are on hand to assist guests in carrying their groceries to their cars.

No zip code or income restrictions

FOOD PANTRY- ORGANIZATIONS

COMMUNITY STOREHOUSE

817-431-3340

ADDRESS: 12001 Katy Rd Keller Texas 76244

www.communitystorehouse.org

Community Storehouse assists low-income families with children (18 and younger) who live in Keller, Carroll, Argyle, and Northwest ISD's. Even though we do not provide financial services, we do provide educational programs and food/hygiene assistance on a weekly basis. As well as quarterly children's clothing vouchers, yearly TXU assistance and crisis furniture vouchers.

Families will enter the front building and provide their driver's license and personal information about their household. Community Storehouse hours: M-T 9-12 & 1:30-4:30, Fridays 9-12. Food can be picked up every two weeks.

Required Documentation

- Current Texas Driver's License or Picture ID

COMMUNITY ENRICHMENT CENTER

817-281-1164

info@cechope.org

6250 NE LOOP 820, FORT WORTH, TX 76180

COMMUNITY RESOURCE GUIDE

Our pantry provides free grocery assistance to any households in Tarrant County with a gross income of 180% poverty level or less. The pantry is open M-F from 9am-1pm and Tuesday evening from 5:30-7:30pm.

They also provide benefits counseling. You would meet with a trained Benefits Specialist for assistance applying for SNAP Food Benefits, TANF, and medical coverage, including Medicaid, CHIPs and Health Texas Women.

NORTH EAST EMERGENCY DISTRIBUTION (NEED)/FOOD/PERSONAL CARE ITEMS/WATER AND TXU ELECTRIC ASSISTANCE

NEED EAST: 817-280-0286, 424 W. Bedford Rd. Hurst TX 76053 (Zip Codes: 76021, 76022, 76039, 76040, 76053, 76054)

NEED WEST: 817-759-1506, 5028 Broadway Haltom City TX 76117 (Zip Codes: 76111, 76117, 76118, 76180, 76137, 76182, 76148)

- Hours: M-F 10am-2:30pm
- One ID is required with each family
- Household incomes must meet the guidelines set forth by the Texas department of agriculture

CLOTHING & OTHER CRISIS SUPPORT SERVICES

MY DONATION HOUSE- CLOTHING AND HOUSEHOLD GOODS

Request items (clothing, household goods, etc.) needed for immediate assistance by email at www.mydonationhouse.org under the tab (Contact Us) and (Request Help). After you email your request, they will respond with what they have available. You can pick the items up at the Donation House located at address is 10011 Harmon Road suite 155, Fort Worth TX 76177. It looks like an automotive industrial park. Come in the gate closest to the housing addition and they are the last suite on that side of the metal building. Items can also be requested via their Facebook Page.

Requirements:

No application process. Must sign for what you/they are picking up.

UNITED METHODIST CHURCH OF KELLER

**Contact: Cathy Dill, Director of Serving Ministries
817-431-1332**

1025 Johnson Rd. Keller TX 76248

Encouraged to bring a DL or some form of ID

Clothing closet by appointment only.

There are no eligibility requirements. All guests are welcome regardless of their income level or city of residence. The Clothing Closet at the Keller UMC Resource Center is open on

COMMUNITY RESOURCE GUIDE

Wednesdays from 4 to 7pm. A family may visit the Clothing Closet once per 3 months. Currently, Clothing Closet visits are by appointment only. Please register for a time to visit to shop for yourself and/or your family. If your family is larger than 5 members, please register for 2 times back-to-back to allow adequate time to shop for your family
Here is the link to apply: <https://www.shelbygiving.com/App/Form/b06a4b9a-3361-4ac6-8b57-910ed54e3dbb>

STEPPING STONES FOUNDATION

817-575-7092

Assistance for at risk youth, homeless youth, and single parents. Assistance provided on a case-by-case basis. Clothing and other supports may be provided.

WE'RE ALL ABOUT THE DRESS

6242 Rufe Snow Dr. Suite 212 North Richland Hills TX 76148

Hours: Thursdays 1-6pm, Fridays 1-5pm, Saturdays 11-4pm.

817-412-0727

Bring School ID

We're All About the Dress, is a nonprofit organization whose purpose is to meet the need of low income and economically distressed and underprivileged young ladies by providing free formal dress gowns and accessories so they may attend prom and the banquets which are the milestones in the journey to adulthood of every young generation. In recognition of the service of the bride service or her spouse to be, or a parent of either, the organization provides Military Brides a free wedding dress. The organization works to provides eligible young ladies with formal fashions, wedding dresses and accessories through the charity of our donors, volunteers, and sponsors free of charge with no obligation. Our year-round efforts reach the needs of young ladies and military brides in the DFW area and surrounding counties in North Texas.

We ask that anyone that comes in to find a dress donates to help us continue providing services to those that need it. If you are unable to donate, please let us know and we can work with you. If you can, we ask that you contribute to rent and maintenance for the space, as well as repairing dresses that come to us damaged.

Dress Style - Suggested Donation*
Dresses for High School Event \$25
Other Formal Dresses \$40
Wedding \$250
Quinceañera \$100

GRACE (GRAPEVINE RELIEF AND COMMUNITY EXCHANGE)

<https://www.gracegrapevine.org/>

817-488-7009

GRACE is a Grapevine, Texas based nonprofit relief agency which provides food, clothing, financial assistance, and other vital necessities to people who are struggling with a limited

COMMUNITY RESOURCE GUIDE

income or recent emergency. They service individuals in Tarrant County and surrounding areas who are in a financial crisis.

When you visit GRACE, please bring the following items with you.

- Paycheck Stubs (for the previous 30 days) for all working adults in the household
- Current Bank Statement
- Copies of all Financial Assistance (Food Stamps, TANF, Child Support, SSI, Social Security, Unemployment, Worker's Comp, Disability, Retirement)
- Driver's license OR photo ID for all adults in the household
- Birth Certificate for each child in the household
- Copy of Current Lease (complete) signed by tenant and landlord OR Residence Verification Form which is available in the office at GRACE
- Current school registration or report cards for all school age eligible children

GILL CHILDREN'S SERVICES

817-332-5070

An application for services can be found on the website: www.gillchildrens.org, select the "apply" tab at the top.

Gill Children's Services is a funding source of last resort that provides a safety net for Tarrant County children whose medical, dental, physical, social, psychological, and educational needs have not been met by other community resources.

Eligibility: 0-18 years old, living in Tarrant County, Need must be last resort (contact 211 and utilize www.auntbertha.com to make sure that you have contacted other resources prior to contacting Gill Children's Services). Gill is a one-time (a plan must be in place if this is a continuous need), short term, emergency resource. The family's resources must be exhausted, no payment plan option, little disposable income.

Examples of what you can apply for: root canals, hearing aids, summer school tuition, prescriptions, diapers (up to age 3 can receive a package of diapers and two packages of wipes every 3 months), birth certificates, eyeglasses, braces, x-rays, emergency childcare (when parent is starting a new job, parent must demonstrate ability to pay after Gills assistance), nebulizers, medical equipment, psychological testing (when the child's needs cannot be accommodated with the school district, recommendation is needed from school staff), facility and anesthesia fees, special therapy, orthopedic braces and much more.

MASONIC CHILD AND FAMILY SERVICES

817-503-1500

ADDRESS: 1240 Keller Pkwy Suite 200, Keller, TX 76248

An application for services can be found at the bottom of the page on the website:

<https://www.masonichometx.org/child-family-services/>

Masonic Children & Family Services of Texas partners with charitable organizations, medical professionals, and educational facilities to provide safety, comfort, food, shelter, healthcare, and educational services—basic needs every child and family deserves. Our services include, but are not limited to funding for: food, clothing, and family services; medical, dental and prescription services; counseling, psychological services, and autism therapy; school supplies, tutoring and

COMMUNITY RESOURCE GUIDE

career counseling; case management and referral services for children, families, and agencies. MCFS staff work to ensure that each applicant's needs are assessed and reviewed on an individual basis. We can also provide information and referral services for all Texas children and families.

SAFE FAMILIES

817-668-5494

dallasfortworth@safefamilies.net

Safe Families for Children – DFW surrounds families in crisis with caring, compassionate community. We are a nonprofit, volunteer movement that provides hope and support to families in our local community. Through a community of devoted volunteers who are motivated by faith, we create extended family-like supports for families to keep children safe and keep families intact. Stories and testimonials can be found on the website to share examples of how they support.

CHOSEN ONES

817-500-1664

<https://www.chosenones.org/just-4-u-warehouse.html>

Address: 7600 Sand St., Building 14, Fort Worth, TX 76118

Hours of Operation:

Appointments are required to shop (link to sign up is on the website: chosenones.org)

Mondays: 10:00am - 3:00pm

Wednesdays: 10:00am - 3:00pm

Thursdays: 5:00pm - 8:00pm

Warehouse that offers free clothing, diapers, and food. Eligibility to schedule an appointment: Foster & Adoptive Families, Pregnant Moms/Expectant Dads, Biological Parents of Children up to 36 months, Guardians of Pregnant Minors, must be a US Citizen/Green Card Holder/parent is Eligible for Medicaid.

ACH KINSHIP FAMILIES SUPPORT

817.335.HOPE(4673)

Email: KinshipNavigator@ACHservices.org

The Kinship Navigator Program benefits kinship families raising grandchildren, nieces, or nephews in Tarrant, Parker, Palo Pinto, Johnson, and Hill Counties. The program provides resource navigation, basic needs support, peer support, and one-on-one strength-based case management.

This program is voluntary and offers multiple levels of involvement based on the family's expressed interest and needs. Applications are required, and referrals may be made by phone or email.

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- Assigned family solutions engagement worker for your family
- In-home services and 24/7 on-call support
- Assessments completed with the family
- Concrete resources
- Service plan specifically for the family
- An expedited foster/adopt licensure process designed specifically for kinship caregivers.
- After-care planning

CHILD CARE ASSISTANCE

CHILD CARE MANAGEMENT SERVICES

817-831-0374

CCMS provides subsidized child care to families in Tarrant County.

<https://tarrantcountycems.org/>

Complete the Parent Application form on the left side of the page to see if you qualify for Child Care assistance services.

Child Care Service for 3-month initial job search and household income is below 85% SMI (State Median Income)

- Must be registered in Work in Texas.
- Parents will be allowed three months of child care at initial enrollment, with zero parent share of cost for those parents searching for work. •
- Parents will only be allowed ONE initial job search per 12-month calendar year.
- At the end of your initial job search the family must meet the following activity requirements:
 - Single parent household: 25 weekly activity hours with at least 12 being employment hours.
 - Two-Parent household: 50 weekly activity hours with at least 25 being combined employment hours.

Parent Share of Cost

- The Provider will not charge CCMS parents for any differences between the Provider's published rate and the applicable rate in the Provider Rate Agreement. This does not include charges to parents for picking children up late or for special or optional activities not included in the published rate that the parents elect to pay for on their own.

Child Care Transfers

- A two-week notice will be required if a parent would like to transfer a child or children to another child care facility.

Child Care cannot be based on full time graduate work

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THE BEST PLACE FOR KIDS! WEBSITE

<https://find.bestplace4kids.com>

Filter to find childcare providers that have openings right now. Find programs based on your location and children's age.

GILL CHILDRENS SERVICES

817-332-5070

The parent or guardian must be starting a new job within two weeks or returning to work after medical leave of absence. Employment must be for at least 35 hours per week. The length of Gill's assistance is determined on a case-by-case basis. Gill will only provide short-term assistance, and the length of Gill's assistance is determined on a case-by-case basis. Gill may deny your application for child care if your expected income is less than the cost of your child care. Please allow 5 business days to review your application.

- Income verification (check stub, letter from employer, etc.)
- Employment verification for parent/guardian beginning new full-time job.
- Letter from child care facility that includes the weekly cost per child, phone number, and email address.

You can apply for assistance online at: <https://www.gillchildrens.org/apply>

TRANSPORTATION

CATHOLIC CHARITIES TRANSPORTATION SERVICES

817-336-8714

Catholic Charities Fort Worth's Transportation Services is the second largest provider of transportation services in Tarrant County. Our goal is to address the transportation gaps in our community. We provide transportation to eligible clients for: employment trips, medical trips, rides for education, paratransit transportation and rides for seniors.

We currently serve: Azle, Lake Worth, Saginaw, Benbrook, Sansom Park, Westworth Village, Crowley, Everman, Forest Hill, Grapevine, Haltom City, Keller, Bedford, North Richland Hills, Arlington, Mansfield, Kennedale, Hurst, Euless, Bedford and Alliance areas.

SERVICE PARAMETERS:

Depending on location:

- Service from 6:00 am to 7:30 pm, Monday to Friday
- Individuals 65+ years of age and/or have a disability
- Individuals 18+ years of age and with low income
- Our fares start at \$2.50 per one-way trip

Vehicles that are ADA Accessible

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APPLYING FOR GOVERNMENT BENEFITS

Benefits can be applied for online at:

<https://www.yourtexasbenefits.com>

The form can also be filled out in Spanish (just select “Español” at the top right of the webpage. You can also print and mail the information (select “get a paper form” at the bottom of the webpage).

Applying online is beneficial because you will have access to:

- Check the status of your benefits
- Report changes to your case
- Renew your benefits
- Print a Medicaid card
- Upload items we need from you
- Use the Your Texas Benefits mobile app to manage your case

You can complete a Prescreening Tool online and answer some basic questions to find which benefits and support services you might be able to get. The prescreening tool can be found at: <https://www.yourtexasbenefits.com/Screeners/WhatToExpect>

Tips when applying for benefits:

Be ready to answer questions about everyone applying such as:

- Social Security number and birth date
- Citizenship or immigration status
- Money from jobs and other sources
- The value of cars and other property
- Costs you pay for bills

ASSISTANCE APPLYING FOR BENEFITS:

TARRANT AREA FOOD BANK/SOCIAL SERVICES SPECIALIST

1-866-430-6143 – Community Resource Specialist Contact (General Number)

Pedro Menchaca (682-465-5670) Allow 24-48 hours for him to return calls as he is meeting with families all day (also bilingual/Spanish speaking)

Tarrant Area Food Bank’s Social Services Specialists help families and individuals apply for food assistance, financial assistance, and healthcare.

Supplemental Nutrition Assistance Program (SNAP)

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SNAP helps low-income and temporarily unemployed people purchase nutritious foods. An individual or a family may be eligible for SNAP even if they own a home, don't have a mailing address or are undocumented.

Children's Health Insurance Program (CHIP)

Provides health insurance coverage for Texas children from low-income families

TANF

Provides temporary financial assistance for families with children under age 18 while parents are seeking employment

Women's Health Program

Provides coverage for an annual family-planning exam and contraception at no cost for uninsured Texas women between the ages of 18 and 44.

MEDICAID/SNAP APPLICATION ASSISTANCE FOR UNACCOMPANIED MINORS

The students can email Ms. Sosa to set up a time to meet virtually and she walks them through the entire application process. Please email wendy.sosa@cookchildrens.org. Wendy Sosa from Cook Children's will set up a virtual appointment with them to walk them through step-by-step how to apply for Medicaid or SNAP.

MEDICAL CARE

NORTH TEXAS AREA COMMUNITY HEALTH CENTERS

<https://ntachc.org/>

Pediatric and Adults, on-site pharmacy, sliding scale fee based on income and family size/payment options. Appointments can be made by phone or by submitting a request on the website. The "request and appointment" link is at the top of the page. The website is also in Spanish, just click the language at the top of the webpage.

Three Locations:

Northside Community Health Center

2332 Beverly Hills D. Fort Worth TX 76114

817-625-4254

Hours: Monday-Thursday 7:20am-7pm, Fridays 7:20am-6:30pm.

Southeast Community Health Center

2909 Mitchell Blvd. Fort Worth TX 76105

Hours: M-F 7:40am-5pm

Southeast Community Health Center

2909 Mitchell Blvd. Fort Worth TX 76105

COMMUNITY RESOURCE GUIDE

Hours: M-F 7:40am-5pm

JPS

JPS Health Network offers Financial Assistance to eligible individuals. We serve the emergency health care needs of all patients, regardless of ability to pay. You can obtain an application and additional information regarding our Financial Assistance from any of the sources below:

- Phone an Eligibility & Enrollment specialist at **817-702-1001** between the hours of 8:00 am and 5:00 pm or email eligibility@jpshealth.org
- Download and complete the application from JPS Health Network website at **jpsconnection.org**.
- Write or visit the Eligibility & Enrollment Department at 1325 S. Main Street, Fort Worth, TX 76104.

Determination of eligibility for the Financial Assistance Program is made based on review of a completed application, minimum requirements for assistance: Tarrant County Resident, US Citizen or Legal Permanent Resident, meet income guidelines and not be eligible for any State or Federal funded program. The Financial Assistance Program applies to all JPS Health Network locations, assistance might also be available for prior visits. Patients and families will not be charged more for Emergency or other medically necessary care than Amounts Generally Billed (AGB) to those patients who have insurance. Financial Assistance forms or applications are available in Eligibility Department, Registration areas, and in the Emergency Department. Translation services/arrangements are available upon request.

CORNERSTONE CHARITABLE CLINIC

817-632-6020

3500 Noble Avenue Fort Worth TX 76111

Patients are seen by appointment only and must meet eligibility requirements. All services are available in English and Spanish. If you have questions about services or eligibility, please call 817-632-6020 (Medical) or 817-632-6022 (Dental). We serve people who are 18 years or older, without health insurance, and with an income not greater than 250% of National Poverty Level. Criteria for Eligibility:

- 18 or older
- Do not have health insurance
- Income not greater than 250% of National Poverty Level

Please bring:

- Completed Application Form:
<https://server1.charityadvantageservers.com/client/CornerstoneAssistanc/Medical%20Clinic%20Application%20Packet%207.2022.pdf>
- Photo ID
- Proof of residency (utility bill for current or previous month)
- Pay stub, if employed

*We do not accept or bill insurance. If you have Market Place coverage, you must provide proof of your high co-pay and inability to pay. Donations are accepted for clinic services.

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PMR CHARITY

817-217-4803

pmrcharity@yahoo.com

Apply Online at:

<https://static1.squarespace.com/static/63126f8abbe7cb0ceae82edf/t/634b13acde2bb921115f8a69/1665864620845/pmr-charity-application-2019-v2.pdf.pdf>.

Medical expense assistance in times of illness or trauma. Applications are received at any time and the Board votes on the applications on the third Tuesday of every month. Money will be given directly to the vendor and not to the applicant.

FORT WOTH UNT HEALTH SCIENCE CENTER

Pediatric Mobile Clinic

<https://www.unthsc.edu/patient-care/mobile-peds-clinic/>

The UNT Health Science Center Pediatric Mobile Clinic provides high-quality health care to children living in underserved areas of Fort Worth at no cost to families.

The Pediatric Mobile Clinic travels to schools, community centers, churches and community organizations throughout Fort Worth, providing health care on board a state-of-the-art mobile medical unit.

MHMR TARRANT COUNTY

MHMR offers help for children and adults with behavioral health (mental health and/or substance use) needs and other serious emotional concerns. MHMR can help you with a behavioral health diagnosis, financial assistance, limited medical care, prescriptions and treatment options.

How to Start Services

Step One: Come into any of our walk-in clinics or contact the ICARE Call Center for a phone interview. The ICARE Call Center operates 24/7/365 and can be reached at (817) 335-3022 or (800) 866-2465 toll-free.

Step Two: Visit our Access to Care Clinic (3800 Hulen St., Suite 150, Fort Worth) and bring required documents:

Required Documents:

- Proof of Residence
- Proof of Income
- Proof of Dependents
- Proof of Insurance
- Picture ID

Step Three: In-person screening completed at the Access to Care Clinic.

Step Four: If you are eligible, an appointment will be offered at your clinic of choice. If you are not eligible, other community resources will be offered.

COMMUNITY RESOURCE GUIDE

FREE/LOW-COST COUNSELING SERVICES

ACH CHILD AND FAMILY SERVICES

817-335-4673

Youth and family Counseling. Help for struggling with real-life issues such as anxiety, depression, bullying, school attendance, conflicts at home, anger management, behavioral problems, or reckless behavior. Counseling is FREE to families in Tarrant County for kids ages 6-17. Counseling is provided on the main campus 3712 Wichita Street, Fort Worth TX 76119. Virtual sessions, evening and Saturday appointments and bilingual services available. Must call for an assessment to receive services.

RECOVERY RESOURCE COUNCIL

“Enduring Families Veterans Counseling”

817-332-6329

FREE therapy services for veterans (of any era) and their family members. For children ages 4years old and up. Please ask for the veteran’s department.

LENA POPE

817-255-2652

Lena Pope Counseling Services accepts many insurance providers, including Medicaid and CHIP, and provides financial assistance based on income and family size for individuals without insurance. Our goal is to ensure all members of our community have access to mental health and substance use treatment. Services are provided by highly qualified mental health professionals who are dedicated to helping families achieve their goals. Individual and family counseling, play therapy, mental health assessments and diagnosis are provided in office or virtually via teletherapy.

TRAUMA SUPPORT SERVICES

972.709.4904

Trauma Support Services uses licensed therapists to provide FREE trauma counseling for children, adolescents and adults who are a victim of crime. We serve trauma survivors and those who witness traumatic events such as: Homicide, Abuse, Robbery/Burglary, Rape and Assaults. The agency provides Individual Therapy (English/Spanish), Play Therapy (English/Spanish-ages 5 and up), and trauma groups for those who are experiencing and processing trauma due to a crime. Trauma Support Services also helps families with Crime Victims’ Compensation, Victim Impact Statements, and access to other resources in the community.

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TEXAS WOMENS UNIVERSITY COUNSELING AND FAMILY THERAPY CLINIC

**LOCATION: 1202 Old Main Circle, Denton, Texas, 76204 Room 114
940-898-2600**

The TWU Counseling and Family Therapy Clinic provides low-cost counseling for adults and children. They provide family, couple, groups, and individual services. They also offer play therapy for children ages 3-10 and expressive arts therapy for adolescents and adults. They offer a sliding scale for affordability. Fees are assessed by income and range from \$20.00 to \$150.00 per session. Clients are required to submit proof of income. We do not accept insurance. Payments are expected the same day of services and credit cards are run the morning of the appointment. Payments are accepted through credit or debit cards only.

THE WOMEN'S CENTER

Helpline: 817-927-4000

Main Office: 817-927-4040

The Women's Center connects individuals with master's level therapists who can help resolve crises, manage life transitions, and develop better coping & problem-solving skills.

Counseling is provided in the Fort Worth and Arlington offices and is available for individuals, couples, and families. Cost is between \$5.00 and \$60.00; it is a sliding scale based on household income.

GRIEF RESOURCES

WHEN JADE SMILES

<https://www.whenjadesmiles.org/>

817-313-5666

When Jades Smiles is a 501(c)(3) non-profit organization that helps the social and economic needs of children after the death of a parent. Our mission is to provide both financial and grief resource support that advance the needs of children who are grieving.

THE WARM PLACE

www.thewarmplace.org

jade@thewarmplace.org

Call 817-870-2272 Monday-Thursday to speak with a group director & schedule an intake appointment.

FREE Grief peer support groups for children ages 3 ½ -18 and their families, as well as young adults ages 19-25, who have experienced the death of a loved one.

NATIONAL ALLIANCE FOR CHILDREN'S GRIEF (NACG)

<https://childrengrieve.org/>

COMMUNITY RESOURCE GUIDE

The National Alliance for Children’s Grief (NACG) is a nonprofit organization that raises awareness about the needs of children and teens who are grieving a death and provides education and resources for anyone who supports them.

REFUGEE & ASYLUM GUIDANCE

<https://www.uscis.gov/humanitarian/refugees-and-asylum/asylum>

<https://proyectoimmigrante.org/>

<https://www.informedimmigrant.com>

<https://www.raicetexas.org/contact-us/locations/>

JOB TRAINING/GED PROGRAMS

COMMUNITY ENRICHMENT CENTER

6242 Rufe Snow Dr. Suite #212 North Richland Hills TX 76148

To Enroll Call: 817-281-1164 ext. 141,

sign up at <https://cechope.org/high-school>, or contact coaching@cechope.org

The CEC provides free GED classes and adult education classes. Adult education classes are held on Tuesday evening from 6:30-8:30 and Saturdays from 10am-12pm (come to both or choose a day that best fits your schedule). Free childcare is provided during class times.

ONSEGO

<https://bestgedclasses.org/online-classes/>

Our free online GED classes help you to take the GED test with confidence. Here, you can prepare for the Math, Social Studies, Science, and Language Arts GED® Tests. Every subject module has 3 parts: a study guide, lessons, and practice tests. Every lesson includes a video, quiz, and text.

ADDITIONAL INFORMATION ON GED TESTING/CLASSES

<https://ged.com/>

For more information on the GED, and to find additional preparation classes.

Note: Testing can be completed Online. Take your GED test from the comfort of your home, while securely monitored by an online proctor. (Available in English and Spanish). Check out the link above for additional information.

- What is my cost if I test at a Test Center: Texas charges \$36.25 per module for the GED® test.

COMMUNITY RESOURCE GUIDE

- What is my cost if I test Online: Texas charges \$42.25 per subject for the GED® test taken online (As of 10/31/22)

Some companies provide their employees with free GED® preparation and testing through a program called GEDWorks™ create an account (located at the bottom of the page at https://ged.com/about_test/price_and_state_rules/) to see if your company participates in GEDWorks™ and offers free testing.

CAP WORKS-CASE MANAGEMENT/ TUITION ASSISTANCE

**Apply online at: <https://www.fortworthtexas.gov/departments/neighborhoods/cap/apply>
817-392-2276 for Questions**

CAP Works provides tuition assistance for short-term certifications and job training, allowing low-income individuals of all ages and experience levels in Tarrant County to improve their chances at employment. Classes are offered through partnerships with Tarrant County College, Goodwill Industries Community Enrichment Center, University of Texas at Arlington (UTA) and other organizations. Additionally, CAP Works will fund tuition, books, uniforms and other supplies for short term certifications and training for in-demand jobs. CAP Works offers tuition assistance for programs such as, but not limited to:

Automotive repair, Beauty school, Commercial driver, culinary skills, Composite bonding, Computer systems, Forklift driving, Heating, ventilation, and air conditioning (HVAC) training, Manufacturing Skills Service Council (MSSC) safety, medical assistance training, including CPR/EKG certification, Office careers, Occupational Health & Safety Administration (OSHA) training, Paralegal, Pharmacy tech, Phlebotomy certification, Security installation, Welding.

CAP Works also offers other services and workshops to help individuals achieve their professional goals:

- Individual career counseling
- Career assessments designed to help identify skills, interests, and possible career fields
- Job fairs, as well as job education and training
- Employment assistance
- Workshops on dressing for success
- Ways to improve your interview skills, presentation skills or job-hunting practices
- Information on how to write an effective resume or cover letter
- Budgeting and finance

COMMUNITY RESOURCE GUIDE

WORKFORCE SOLUTIONS

817-413-4000

info@workforcesolutions.net

Tarrant County Workforce Solutions helps residents get the assistance and training they need to obtain employment in a career pathway of their choice. Services are **FREE** and are available to all eligible Tarrant County residents. The function of the Workforce Center is to provide individuals with tools and resources that empower and enable them to obtain employment in the career path of their choosing. Services in the centers include professional workshops, career counseling, support services and more. Currently offering both in-person and virtual services.

Rise Up: Young Adult Program for individuals 16-24.

Young Adult Program benefits include: Paid work experience (internship), occupational skills training, leadership development, workplace mentoring, support services (transportation assistance, housing assistance, needs-related payments, educational testing assistance, assistance with appropriate work attire, etc.), Financial literacy education, activities that help prepare youth for post-secondary education.

WIOA (Work Force Opportunity Initiative Act)

Online Application for Rise Up can be found at:

https://wstc.qualtrics.com/jfe/form/SV_3b0V4XrSb4YycB0

JOB CORPS

1-800-733-5627

Apply Online at: <https://www.jobcorps.gov/recruiting/enrollment-interest>

Serves low-income individuals ages 16-24 at no cost. Connect with an admissions counselor to learn more about income eligibility, but you may qualify if you receive SNAP, TANF, free or reduced school lunch, or if you are homeless or a foster youth. The most successful students stay in the program 1-2 years. Most students live on campus in dormitories. While enrolled in the program students are provided with meals, basic medical care, transportation, child care a living allowance, and career transition assistance. Provides hands on training for more than 100 career opportunities.