

25th Annual Mustang Gallop

Men's 5K Seminole Valley Park - Cedar Rapids, IA 8/31/2018 Cloudy, SSE 11MPH 78°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Cornell College	1	3	4	6	13	20	23	= 27	1:20:25.3	16:05.1	1:29.2
2	Mount Mercy University	5	7	10	12	14	19	30	= 48	1:23:32.7	16:42.5	1:14.1
3	University of Dubuque	2	8	11	15	16	18	21	= 52	1:23:41.2	16:44.2	1:38.3
4	Iowa Track and Field Club	9	22	26	31	34	35		= 122	1:29:26.4	17:53.3	1:54.5
5	Coe College	17	24	28	29	36	38	39	= 134	1:29:52.8	17:58.6	1:35.2
6	Scott Community College	27	32	33	40	43			= 175	1:36:38.0	19:19.6	3:47.6
7	Southeastern Community Coll	25	37	41	42	44			= 189	1:40:24.1	20:04.8	4:07.6

Incomplete Teams: MMU Alum

Place	Score	Name	Year	School	Time	Pace mpm	
1	1	Mason Wicker	M	SR	Cornell College	15:32.3	5:00
2	2	Alec Bass	M	SR	University of Dubuque	15:34.9	5:01
3	3	Austin Bach	M	SR	Cornell College	15:45.5	5:04
4	4	Caleb Wilson	M	SR	Cornell College	15:46.1	5:05
5	5	James Lindstrom	M	SR	Mount Mercy University	15:50.2	5:06
6	6	Cuyler Gabriel	M	SR	Cornell College	16:20.0	5:15
7	7	Aaron Golding	M	JR	Mount Mercy University	16:43.2	5:23
8	8	Mark Biechler	M	FR	University of Dubuque	16:43.8	5:23
9	9	Floyd Evans	M	FR	Iowa Track and Field Club	16:50.5	5:25
10	10	Cameron Steffens	M	SO	Mount Mercy University	16:56.7	5:27
11	11	Joseph Tobin	M	JR	University of Dubuque	16:57.1	5:27
12	12	Colton Forster	M	SR	Mount Mercy University	16:58.3	5:28
13	13	Evan Mills	M	SO	Cornell College	17:01.4	5:29
14	14	Michael Marshall	M	SR	Mount Mercy University	17:04.3	5:30
15	15	Tyler Cernohous	M	FR	University of Dubuque	17:12.2	5:32
16	16	Michael Orcutt	M	SO	University of Dubuque	17:13.2	5:33
17	17	McCoy Meshach	M	JR	Coe College	17:13.7	5:33
18	18	Brandon Sindt	M	JR	University of Dubuque	17:16.6	5:34
19	19	Jacob Blackmon	M	JR	Mount Mercy University	17:23.1	5:36
20	20	Landon Remington	M	JR	Cornell College	17:27.8	5:37
21	21	Jacob Heitter	M	JR	University of Dubuque	17:28.7	5:38
22	22	Garret Hinson	M	SO	Iowa Track and Field Club	17:36.2	5:40
23	23	Aaron Davidson	M	FR	Cornell College	17:38.6	5:41
24		Henry Hallgren	M	SR	Cornell College	17:44.3	5:43
25	24	Ryan Izer	M	SR	Coe College	17:45.7	5:43
26	25	Dalton Ellingboe	M	FR	Southeastern Community College	17:46.0	5:43
27	26	Adam Weis	M	JR	Iowa Track and Field Club	17:46.9	5:43
28		Tavian Rumble	M	JR	University of Dubuque	17:47.2	5:43
29	27	Brandon Ramos	M	SO	Scott Community College	17:49.2	5:44
30	28	Caleb Blevins	M	SO	Coe College	17:56.9	5:47
31	29	Coe Booker	M	FR	Coe College	18:07.7	5:50
32		Jayden Oshirak	M	FR	University of Dubuque	18:08.3	5:50
33		Evan Patten	M	SO	Cornell College	18:14.5	5:52
34	30	Chase Kress	M	SO	Mount Mercy University	18:17.2	5:53
35	31	Alex Belzer	M	JR	Iowa Track and Field Club	18:27.8	5:57
36	32	Justus Moss	M	SO	Scott Community College	18:30.5	5:57
37	33	Zach Leonhart	M	FR	Scott Community College	18:34.6	5:59
38		Julian Wilson	M	JR	Cornell College	18:36.6	5:59
39		Josh Long	M	JR	Mount Mercy University	18:38.9	6:00
40		Matthew McDermott	M	SR	Cornell College	18:42.6	6:01
41		Hunter Filloon	M	SO	Mount Mercy University	18:43.6	6:02
42	34	Sam Werner	M	SR	Iowa Track and Field Club	18:45.0	6:02
43	35	Owen Millers	M	FR	Iowa Track and Field Club	18:45.7	6:02
44		Luke Murray	M	FR	Cornell College	18:46.9	6:03
45	36	Sezar Carillo	M	JR	Coe College	18:48.8	6:03
46	37	Journey Rude	M	SO	Southeastern Community College	18:54.1	6:05
47	38	Jackson Varney	M	FR	Coe College	19:01.5	6:07
48		Brady Tobin	M	SR	Cornell College	19:02.1	6:08
49		Peter Weber	M	FR	Cornell College	19:10.2	6:10
50		Matt Stoll	M	JR	Cornell College	19:23.5	6:14
51	39	Nick Poff	M	SR	Coe College	19:32.7	6:17
52		Joel Althoff	M	NA	MMU Alum	19:33.6	6:18
53		Byran Jones	M	NA	MMU Alum	19:36.1	6:19
54		David Navarro	M	FR	Cornell College	19:42.3	6:21
55		Jared Tegeler	M	FR	Mount Mercy University	19:50.1	6:23
56		Jared Wells	M	JR	Coe College	20:00.0	6:26
57		Benjiman Smith	M	JR	University of Dubuque	20:00.0	6:26
58	40	Nathan Zabel	M	FR	Scott Community College	20:06.9	6:28
59		Max Thomason	M	SO	Cornell College	20:22.2	6:33
60		Mahlon Steepleton	M	SO	Mount Mercy University	20:26.8	6:35
61	41	Luke Hobbs	M	SO	Southeastern Community College	20:33.8	6:37
62		Nathan Suell	M	SR	Coe College	20:47.9	6:42
63	42	Ryan Reid	M	SO	Southeastern Community College	21:16.6	6:51
64	43	Clay Herrman	M	FR	Scott Community College	21:36.8	6:57
65		Jon Andersen	M	SR	Mount Mercy University	21:37.0	6:57
66		Landon Kraus	M	SR	Coe College	21:50.2	7:02
67	44	Kyler Martin	M	FR	Southeastern Community College	21:53.6	7:03

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Place	Score	Name	Year	School	Time	Pace mpm	
68		Keaton Fleck	M	FR	Coe College	22:00.3	7:05
69		Gabe Varney	M	JR	Coe College	22:02.7	7:06
70		Blake Eilers	M	FR	Coe College	22:12.7	7:09
71		Cole Engel	M	FR	Coe College	22:13.5	7:09
72		Joe Nguyen	M	NA	MMU Alum	22:19.1	7:11
73		Hunter Hartshorne	M	JR	Coe College	23:21.0	7:31
74		Jayden Weber	M	FR	Coe College	25:38.6	8:15

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) Cornell College				7) Southeastern Community Colleg			
Score = 27				Score = 189			
1	Mason Wicker M, SR	15:32.3	5:00	25	Dalton Ellingboe M, FR	17:46.0	5:43
3	Austin Bach M, SR	15:45.5	5:04	37	Journey Rude M, SO	18:54.1	6:05
4	Caleb Wilson M, SR	15:46.1	5:05	41	Luke Hobbs M, SO	20:33.8	6:37
6	Cuyler Gabriel M, SR	16:20.0	5:15	42	Ryan Reid M, SO	21:16.6	6:51
13	Evan Mills M, SO	17:01.4	5:29	44	Kyler Martin M, FR	21:53.6	7:03
20	Landon Remington M, JR	17:27.8	5:37	Incomplete Teams:			
23	Aaron Davidson M, FR	17:38.6	5:41	MMU Alum			
	Henry Hallgren M, SR	17:44.3	5:43	52	Joel Althoff M, NA	19:33.6	6:18
	Evan Patten M, SO	18:14.5	5:52	53	Byran Jones M, NA	19:36.1	6:19
	Julian Wilson M, JR	18:36.6	5:59	72	Joe Nguyen M, NA	22:19.1	7:11
	Matthew McDermott M, SR	18:42.6	6:01				
	Luke Murray M, FR	18:46.9	6:03				
	Brady Tobin M, SR	19:02.1	6:08				
	Peter Weber M, FR	19:10.2	6:10				
	Matt Stoll M, JR	19:23.5	6:14				
	David Navarro M, FR	19:42.3	6:21				
	Max Thomason M, SO	20:22.2	6:33				
2) Mount Mercy University				3) University of Dubuque			
Score = 48				Score = 52			
5	James Lindstrom M, SR	15:50.2	5:06	2	Alec Bass M, SR	15:34.9	5:01
7	Aaron Golding M, JR	16:43.2	5:23	8	Mark Biechler M, FR	16:43.8	5:23
10	Cameron Steffens M, SO	16:56.7	5:27	11	Joseph Tobin M, JR	16:57.1	5:27
12	Colton Forster M, SR	16:58.3	5:28	15	Tyler Cernohous M, FR	17:12.2	5:32
14	Michael Marshall M, SR	17:04.3	5:30	16	Michael Orcutt M, SO	17:13.2	5:33
19	Jacob Blackmon M, JR	17:23.1	5:36	18	Brandon Sindt M, JR	17:16.6	5:34
30	Chase Kress M, SO	18:17.2	5:53	21	Jacob Heitter M, JR	17:28.7	5:38
	Josh Long M, JR	18:38.9	6:00		Tavian Rumpel M, JR	17:47.2	5:43
	Hunter Filloon M, SO	18:43.6	6:02		Jayden Oshirak M, FR	18:08.3	5:50
	Jared Tegeler M, FR	19:50.1	6:23		Benjiman Smith M, JR	20:00.0	6:26
	Mahlon Steepleton M, SO	20:26.8	6:35				
	Jon Andersen M, SR	21:37.0	6:57				
4) Iowa Track and Field Club				5) Coe College			
Score = 122				Score = 134			
9	Floyd Evans M, FR	16:50.5	5:25	17	McCoy Meshach M, JR	17:13.7	5:33
22	Garret Hinson M, SO	17:36.2	5:40	24	Ryan Izer M, SR	17:45.7	5:43
26	Adam Weis M, JR	17:46.9	5:43	28	Caleb Blevins M, SO	17:56.9	5:47
31	Alex Belzer M, JR	18:27.8	5:57	29	Coe Booker M, FR	18:07.7	5:50
34	Sam Werner M, SR	18:45.0	6:02	36	Sezar Carillo M, JR	18:48.8	6:03
35	Owen Millers M, FR	18:45.7	6:02	38	Jackson Varney M, FR	19:01.5	6:07
				39	Nick Poff M, SR	19:32.7	6:17
					Jared Wells M, JR	20:00.0	6:26
					Nathan Suell M, SR	20:47.9	6:42
					Landon Kraus M, SR	21:50.2	7:02
					Keaton Fleck M, FR	22:00.3	7:05
					Gabe Varney M, JR	22:02.7	7:06
					Blake Eilers M, FR	22:12.7	7:09
					Cole Engel M, FR	22:13.5	7:09
					Hunter Hartshorne M, JR	23:21.0	7:31
					Jayden Weber M, FR	25:38.6	8:15
6) Scott Community College							
Score = 175							
27	Brandon Ramos M, SO	17:49.2	5:44				
32	Justus Moss M, SO	18:30.5	5:57				
33	Zach Leonhart M, FR	18:34.6	5:59				
40	Nathan Zabel M, FR	20:06.9	6:28				
43	Clay Herrman M, FR	21:36.8	6:57				