

Privacy Policy

Fitness for Life is committed to protecting your privacy. This policy explains how we use and safeguard your information when you join and use our services. Please read this policy carefully to understand our practices regarding your personal data.

Upon joining individuals and other family members who join are required to fill out a paper application with name, date of birth, address, phone number, and email address. The application also includes an optional health history questionnaire solely for the purpose of exercise prescriptions and emergency management. Bank ACH information is an optional payment choice for people who choose to pay for their membership via auto-monthly draft. This information is not required and we also offer pre-paid options with no automatic payments. We do not share your personal information with any other member or third party. Addresses and emails are only for the purpose of business communication and will not be given or sold to any other person or third party.

All member information is entered into an encrypted membership management software. We are required to go through annual PCI compliance through our payment processor (IPpay).

All paper applications are kept in a manilla folder and in a secure filing cabinet inside our facility office. The office is kept locked outside of office hours, monitored by security cameras, and a security access system.