

POWER NEWS

Important Dates:

- Feb 12- Parent Meeting at 6 PM
- Feb 16 – SC I Champs
- Feb 18- No Practice
- Feb 22- SCII Champs; modified practice schedule
- Feb 28 – T30

***** A Note from Meet Director Laura Freeman *****

*Power is hosting a meet in April and **we need your help!** We need 2 Computer Operators, a Colorado Timing System operator, a Clerk of Course, an Entry Chair, a Hospitality Chair, and a Concessions Chair. If you are interested in being a chair of any of these, please contact me (lauraeffiscool@gmail.com) and let me know! Also, please come to our **parent meeting** on February 12th at 6pm in the hall outside of the pool. We can't do this without you! Hope to see you there! - Laura Freeman*

******* High School Varsity Championship Meets *******

!!! STATE QUALIFIERS !!!

*Frederica Kizek and Kaylie Berkman will be representing their schools at the Texas UIL State Championships in Austin, February 15 & 16. **Kaylee Brosch** travels with her high school to the TAPPS Div 1 State Championships and has qualified in the 100 Fly and 200/ 400 Free Relays.*

Texas UIL Varsity Region V-6A

Frederica Kizek	200 IM	
	500 Fs	
Kaylie Berkman	100 Fly	11 th
	200 MR / Fly	
Vito Kiselev	200 MR / Fly	
Sebastian Barbosa	400 FSR / Lead	
Kevan Kennedy	200 Fs	
	400 FSR / Lead	

February 1 & 2

1 st	Advanced to State/Pool Record/Winter Jr Nats Cut
3 rd	Advanced to State
B Final	
	Advanced to State
B Final	
	B Final
11 th	B Final
	B Final

**Congratulations to
Frederica Kizek, Texas UIL
Varsity Region V-6A
Champion in the 200 IM**

KISD Varsity District Meet

Frederica Kizek	200 IM
	500 Fs
Kaylie Berkman	100 Fly
	200 MR Fly
Kevan Kennedy	200 Fs
	500 Fs
	400 FSR
Vito Kiselev	100 Breast / 100 Fly
	200 MR
Sebastian Barbosa	100 Fs
	400 FSR
Clint Foreman	100 Breast / 100 Fly
Matthew Crabtree	200 IM / 100 Breast
Colby Mann	50 / 100 Free
Alex Sung	200 Fs / 100 Back
Ivan Torres	200 / 500 Fs
Samantha Barton	200 IM / 100 Back


January 24 & 25

1 st	Advanced to Region Championships
3 rd	Advanced to Region Championships
6 th	Advanced to Region Championships
	Advanced to Region Championships
6 th	Advanced to Region Championships
	Personal Best Time
	Advanced to Region Championships
	Personal Best Time
	Advanced to Regional Championships
	Personal Best Time
	Personal Best Time
	Personal Best Time
	Personal Best Time
	Personal Best Time



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February  / March 

MON	TUES	WED	THURS	FRI	SAT/SUN
4 FALL Schedule	5 FALL Schedule	6 FALL Schedule	7 FALL Schedule	8 FALL Schedule	9/10
11 FALL Schedule	12 FALL Schedule PARENT MEETING	13 FALL Schedule	14 FALL Schedule	15 FALL Schedule	16/17 SHORT COURSE I CHAMPS (Sat Only)
18  No Practice	19 FALL Schedule	20 FALL Schedule	21 FALL Schedule	22 FALL Schedule SCII CHAMPS Modified practice schedule	23/24 SCII CHAMPS
25 FALL Schedule T30	26 FALL Schedule	27 FALL Schedule	28 FALL Schedule	1 FALL Schedule SCIII CHAMPS	2/3 SCIII CHAMPS
4 FALL Schedule	5 FALL Schedule	6 FALL Schedule	7 FALL Schedule	8 FALL Schedule	9/10

Save the Date!
**Spring Banquet and Senior
 Recognition Night**

March 29th

6 PM to 9 PM

Willow Fork Country Club

More details to follow soon!



SWIM UP TO SUMMER! A new program designed for summer league swimmers up to age 12
 Practice from 5:15 PM to 6:00 PM
 Three Practices Per Week -- Tues/Wed/Thurs
 \$135 per month (plus \$125 registration, includes t-shirt)
 Starts February 1st. Runs through April 30th.

Get in shape for summer swim with Coach Becky and Coach Andy! This new program is designed for summer league swimmers seeking a fitness program to get them in shape for their neighborhood season.

Swimmers must try out and must be able to pass the Shark School Level 3 test. (Meaning, swimmers in the **Swim Up to Summer** program must be competent swimmers just in need of technique and/or endurance training.)

Current Shark School swimmers may move to the earlier class provided they can pass the Level 3 exam.