



Child Watch Center

2 months - 8yrs



Parents/Guardians must remain in facility when using the Childwatch.

Ambassador Wellness Center's Childwatch area is a **"Non-licensed"** childwatch area. The main goal of the childwatch is to provide supervision and a fun place to play while you exercise. The Childwatch is staffed by volunteers that, for the most part, are moms with children of their own. They have done an amazing job taking care of children. Please help them out by;

- Please limit bringing food and drinks
- Taking them to the bathroom before you leave the area,
- Childwatch Staff **will not change diapers** so please change them before you leave.
 - o Staff will come get you in the case of a diaper or clothes change.

DO NOT BRING SICK KIDS

Open hours	Monday - Thursday	Friday	Saturday
Morning	8:00 am - 11:00 am	8:00 am - 11:00 am	8:00 am - 10:00 am
Evening	4:30 pm - 7:30 pm	N/A	N/A

*if there is no child in the childwatch 30 minutes before scheduled closing, childwatch will close early.

Every effort has been made to provide a complete set of policies below, but not all situations can be covered here. All situations and decisions for anything not covered here will be made by the childwatch attendant and final decisions will be made by the Facility Director.

Availability: The Ambassador Child watch is available FREE to members (child must be on membership, therefore, at minimum, you must have a couple membership with the child).

**** Non members** may use the nursery for \$2.00 per child - *this includes non-member children of members.*

Check-In Procedures: All children must check in at the front desk before entering the nursery. For the safety of your child we require parents or guardians to sign the child in and out each day. Parents must also record where they will be in the facility and approximately what time they will return.

Time/Visit limits:

Infants under 1 year old: There is a 1-hour max time limit for infants under 1 year (see Infant policy)

Children 1yrs and older: There is a 2-hour time limit for all children 1 year and older.

Infant Policy:

Let's face it infants are cute BUT they are hard to take care of, especially when there are Multiple children running around, so we have a few extra rules for Infants:

- There is a **1 hour time limit** for infants 6 weeks to 1 yr. old.
There will be an infant limit of **2 infants** in the Childwatch Center at a time.
- **Reservations are required** for all infants 2 months to 1 year.
 - o **Currently there has not been a need for reservations for infants but if the need arises we will use the bleow process**
 - o Reservation as of now there has been no need to make reservations
 - o Reservations can be made up to 24 hours in advance.
 - o Since our classes start on either the hour or half hour, every effort will be made to work with a 5 minute window on either side of the class time, but members must work with us on this window and drop them off right before class and pick up right after class. Don't go sower after a class if you have an infant in there.
 - o If you arrive late for your reservation, **please remember that you still have to be back at the end of your reserved time.**
 - o If you make a reservation and find that you cannot use it, please call and cancel.
 - Repeated Failure to cancel reservations could result in disciplinary action including loss of child watch use privileges
- **FEED AND CHANGE YOUR BABY BEFORE YOU BRING THEM INTO THE CHILDWATCH CETNER**
 - o **Feed your baby before they come in, Bottles:** The staff **will not feed infants a bottle.** Due to having multiple children at one time, this is a hindrance to giving the best care for all the children in the child watch.
 - o Due to cleanliness, health, and legal issues the child watch staff **will not change diapers.** If the need arises that a diaper needs to be changed the parent will be notified that their child needs a change.

Reservations: To make sure that we have enough staff to take proper care of infants the Ambassador Wellness Center will require reservations for infants under 1 year old. Please call ahead to reserve your time. (See Infant policy for details). From time to time staffing may not be available.

Diaper Changing: Nursery staff **will not** change diapers of children in the nursery. If there is need for the child to be changed, the child's parent or guardian will be notified and they will need to change the child's diaper.

Illness: DO NOT BRING YOUR CHILD TO THE WELLNESS CENTER IF THEY ARE SICK OR ILL!

We will not accept children who have any illness associated with fever, coughs & gunky noses or any communicable conditions such as; ringworm, diarrhea, impetigo, head lice, pink eye, or scabies, etc...

Discipline: The staff of the Ambassador Wellness Center, LLC will use "time-out" for inappropriate behavior in the nursery. If problems persist, the parent will be notified and the situation will be discussed. Every effort will be made to work this out, but if there is a situation where a solution cannot be reached the child may not be allowed to come back in (time will be determined by Facility Manager). If there is behavior that jeopardizes the well-being and safety of other children then this child will not be allowed to be checked into the Childwatch.

If the Nursery staff is unable to console a child after 10-15 minutes of continuous distress, the parent will be contacted and asked to pick up the child from the Child Watch. We will make every effort to comfort the child, but do not want the child to have an unhappy experience.

The Staff will make every effort to ensure that no child is injured (i.e. punched, pinched, left alone, shaken, struck with any object, or bitten, etc.).

Personal Belongings: The Ambassador Wellness Center is not responsible for loss or damages to your items. We ask that you do not bring your child's toys from home to the nursery.

Food: Please feed your children before bringing them to the nursery. You may bring a sippy cup or a small **dry** snack in the event that you child becomes hungry during the time that they are here. Please ensure food you bring in does not pose a choking or allergy threat to other children (i.e. nuts, grapes, or popcorn). **NO BOTTLES:** Due to having multiple children at one time, this is a hindrance to giving the best care for all the children in the childwatch area. The staff will not feed infants a bottle.

Inclement Weather:

AM: If school is canceled or late start – morning Child watch will be closed.

PM: We will try to keep the nursery open; due to staffing and weather conditions please check for updates on status of Childwatch area for afternoon/evening. When weather is an issue and may affect staffing there may be a change in the maximum of # of children in the nursery.

Once again every effort has been made to provide a complete set of policies below, but not all situations can be covered here. All situations and decisions for anything not covered here will be made by the childwatch attendant and final decisions will be made by the Facility Director. All decisions will be based on what is best for the child and the Ambassador Wellness Center staff and facility.

If you have any questions please notify contact Mike @ 873-3337.