

# Kittitas County EMS Division

## 2026 OTEP/CME Personal Record of Training

Name: \_\_\_\_\_ Certification: \_\_\_\_\_ Exp. Date: \_\_\_/\_\_\_/\_\_\_

### **QUARTER 1: KCEMS MCI PLAN / CARDS / START TRIAGE/AIR TRANSPORT SAFETY**

#### **Online KCEMS EMS Content via EMS CONNECT:**

- Kittitas County EMS MCI Plan Training (due before in-person session)
- ALNW Landing Zone Safety Training (due 3/31/26)
- MPD OTEP Guidelines/Expectations Video (TBA)

**Classroom Session/Skills:** MCI Tabletop and Triage Exercises

**Due:** 3/31/26

**Instructor/Class Coordinator Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### **QUARTER 2: MEDICAL EMERGENCIES / PEDS HPCPR/AIRWAY**

**Online EMS CONNECT:** due before in-person session

- Tox Talk: "What's Poisoning Your Patient?"
- GI: "Feeling Green-When the Belly Becomes the Battle"
- KCEMS: AHA Guideline Update - Pediatrics

**Classroom/Skills:** Medical Assessment, Pharmacology, Infant HPCPR (2025G), and Updates.

**Due:** 6/30/26

**Instructor/Class Coordinator Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### **QUARTER 3: CARDIOLOGY / AMS / ENVIRONMENTAL EMERGENCIES**

**Online EMS CONNECT:** due before in-person session

- AMS: "What Were They Like Before? The Art of Assessing AMS"
- BLS Pharmacology: "Pharmacology Fundamentals-What Every EMT Needs to Know"
- Cardiology Basics: "Cardiology Simplified-Street-Ready Skills for EMTs"
- Heat Illness & Stroke: "The Heat Factor: Recognizing Early Signs Before They're Critical"

**Classroom/Skills:** Medical Assessment/Treatment, Pharmacology, and Updates

**Due:** 9/30/26

**Instructor/Class Coordinator Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### **QUARTER 4: TRAUMA EMERGENCIES / BLS PHARMACOLOGY**

**Online EMS CONNECT:** due before in-person session

- All Things Trauma: "The Trauma Blueprint-Managing Chaos with Confidence"
- Orthopedic Emergencies: "Broken, Bent, & Busted: EMT Fundamentals of Ortho Emergencies"
- EMSC or KCEMS: Bleeding Emergencies

**Classroom/Skills:** Trauma Assessment/Treatment, Immobilization, Bleeding Control, Adult HPCPR/Airway, and Updates

**Due:** 12/31/26

**Instructor/Class Coordinator Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**NOTE:** Pharmacology Review & Update, EMS Protocols, EMS Local and Regional Operating Procedures, WA State Guidelines, and WAC updates will be included where applicable.

**MAINTAINING YOUR TRAINING RECORDS IS IMPORTANT. REQUEST A COPY WHEN NEEDED.**

**Students should keep their EMS ongoing training records for seven years.**

**IF YOUR CERT. IS EXPIRED OR INOPERABLE, YOU CANNOT PRACTICE AS AN EMS PROVIDER.**

[www.kittitascountyems.org/training.html](http://www.kittitascountyems.org/training.html)