



Walk to
Emmaus[®]
THE UPPER ROOM

Central Alabama Emmaus Community

the fourth day newsletter

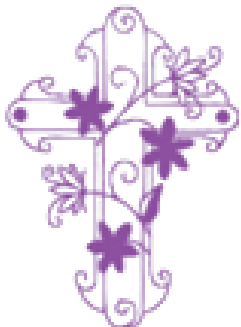
February 20, 2012

A MESSAGE FROM WALK #144 LAY DIRECTOR

On my drive to work the other day, I was listening to the Michael W. Smith song, Give it Away. I heard the lyrics..."Cause he could not understand that love wasn't love until you give it away." That made me think of the ONE theme that I really took away from my Walk to Emmaus. Love was given to me in such huge doses it was hard to comprehend. But, what that enormous love gave to me was a gift even greater than the gift itself...I learned how to impart that love to others. And then I began watching my brothers and sisters in Christ do the same thing. It is such a blessing to share that love. What God showed me at Emmaus and continues to show me through my service at Emmaus is that I am to love. Period. Just love. It isn't complicated, it doesn't come with a whole bunch of laws. I am called to love.

Matthew 22:35-40 says, "One of them, a lawyer, asked Him a question, testing Him, "Teacher, which is the great commandment in the Law?" And He said to him, " 'YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND.' This is the great and foremost commandment. The second is like it, 'YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF.' On these two commandments depend the whole Law and the Prophets."

Is it so difficult for us to love one another that God had to COMMAND it? I pray not. I pray that through Emmaus or other Christian functions we begin to really understand that love isn't love until we give it away. Let's give that love away during Walk #144 and bless these pilgrims beyond measure.



*Thank you and De Colores,
Kathy Nichols
CAEW #77 Table of Naomi*

"Then their eyes were opened and they recognized Him..." Luke 24-31a

Women's Walk #144

Feb 22-25

Kathy Nichols - Lay Director
Rev. Jamie Barkley
Spiritual Director
Selma Cluster

Times To Remember

Wednesday 7pm Send-Off

Friday 7pm Candlelight

Saturday 7am Serenade

Saturday 4pm Closing



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A MESSAGE FROM WALK #144 SPIRITUAL DIRECTOR

IT'S NOT ABOUT ME! IT'S NOT ABOUT ME! IT'S NOT ABOUT ME!
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IT'S ABOUT GOD!!

Jamie Barkley
Spiritual Director, Walk 144

Special Angels

When I walk upon this ground you
made my thoughts will drift away
To all the summer days gone by and in
my heart I hear you say—
Be still my child and listen for I am
watching you
Don't doubt what you have read or
heard or seen from your own
view.

When I put you in your mother's womb
I had a plan for you
From every strand of hair you have to
your beautiful eyes of blue.
I took from your mom her gentle heart
and from your dad his charm
With each of these I gave my love and
will protect you from all harm

Now as I go along and see the looks I
remember what He said
When all the hurtful words I hear keep
filling up inside my head.
I get confused when people stare and
sometimes I will cry

It really makes me angry to hear them
laugh and I wonder why.

Why did you make me like this Lord,
what did I do wrong
To make you give me these defects
knowing that I'm not strong?
It's in these times my mom will sit and
hold me to her side
She calms my fears and dries my tears
and gently she will guide

She tells me that I'm her angel God
sent me here this way
It's not my fault the way I look or how
my walk will sway.
She says that there are lots of us and
people don't understand
Why God has made us special to live
here on His land.

*Every creature of God is good, and
nothing is to be refused.*

~1 Timothy 4:4

2012 Walk Dates to Remember

Men's Walk #145 Mar 21-24
Frank Talbot - Lay Director
Montgomery Cluster

Women's Walk #146 Apr 18-21
Rene' Waldrop - Lay Director
East Alabama Cluster

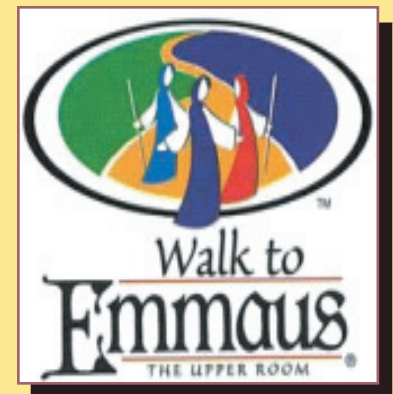
Men's Walk #147 May 16-19
Mike Whitt - Lay Director
Valley Cluster

Women's Walk #148 Aug 22-25
Rita Carswell - Lay Director
Prattville Cluster

Men's Walk #149 Sept 19-22
Waldo Edwards - Lay Director
Elmore Cluster

Women's Walk #150 Oct 17-20
Lynn Mitchell - Lay Director
Lake Martin Cluster

For additional Emmaus and Chrysalis
information and updates, periodically
refer to our website at www.caew.org
***Remember, God equips & gives you the
means & strength you need to serve, and
bring others to Christ.***



Sign Up For Emmaus Prayer Vigils

To sign up for a prayer vigil for Emmaus Walks
locally and around the world go to:

<http://www.3dayol.org>

click on the walk number on the schedule
and look for sign up information.

Community Prayer Requests

<http://www.caew.org>



Pilgrims of Women's Walk #144

Pilgrims		City	Church	Sponsor(s)	
Christine	Adams	Tuskegee	Auburn UMC	Sandra	Many
Maria	Black	LeGrange, GA	Auburn UMC	Lysha & Rob	Stanford
Kristi	Boone	Alex City	First Baptist	Gene	Blair
Amy	Brandon	Opelika	First Baptist Opelika	Cindy	Smith
Jayne	Burns	Montgomery	Eastmont Baptist	Deborah Messick	Pam Head
Hannah	Clay	Camp Hill	First Baptist Reeltown	Will	Clay
Courtney	Corum	Montgomery	Eastmont Baptist	Deborah	Messick
Lynne	Daeuble	Auburn	St. Michael Catholic	Ed	Kyser
Margaret	Day	Tallassee	Friendship Baptist	Donna	Goodwin
Jennifer	Erick	Opelika	Trinity UMC-Opelika	Jeff	Coffman
Lisa	Fitzgerald	LeGrange, GA	LaGrange First Baptist	Rita	Lane
Cathy	Fitzpatrick	Prattville	Grace Reformed	Tammy	Lacy
Sarah	Foreman	Opelika	Little Zion AME	Melissa	Harris
Susan	Godwin	Newnan, GA	Royal Baptist	Phillip & Kathy	McWhorter
Susan	Green	Jackson's Gap	First Baptist	Karen	McInnis
Kristi	Hanna	Alex City	Alex City UMC	Crystal	Wellborn
Rita	Harman	Opelika	Providence Baptist Church	Tanya	Rice
Rita	Huey	Alex City	Alex City UMC	Cindi	Blair
Monique	Jenkins	Opelika	Trinity UMC	Tammy Forbus, Karesa Adams, Gina Ivey	
Jeannie	Karabasz	Auburn	Cornerstone	Sharon	Irish
Ann	Ledet	Montgomery	Landmark COC	Joey	Ledet
Toni	Long	Opelika	Providence Baptist Church	Debra	Walters
Esther	Lucas	Tuscaloosa	Jubilation Worship Center	Bobbie	Walters
Heather	Lyons	West Point, GA	West Point UMC	David	Lyons
Nelda	Martin	Jackson's Gap	First UMC Alex City	Robert & Joan	Turner
Dawn	McLeod	Opelika	First Baptist Opelika	Heather	Hunt
Melissa	McCain	Opelika	Trinity UMC	Mike	McCain
Cheri	Parrish	Montgomery	Frazer UMC	Truman & Linda	Hornsby
Denita	Pasley	Alex City	Marshall Street COC	Linda	Williams
Stephanie	Prickett	Opelika	Trinity UMC	Holly	Dean
Sara	Shipp	Tuscaloosa	First UMC Tuscaloosa	Jared	Shipp
Diane	Smelley	Alex City	Hillabee Baptist	Dru & Charlotte	Mattox
Cindy	Smith	Cecil	Woodland UMC	Laura	Lane
Tracy	Smith	Hogansville, GA	Highland Baptist	Helen	Lane
Dianna	Stover	Montgomery		Charles & Susan	Stover
Cathy	Tate	Kellyton	Flint Hill UMC	Kim	Scott
Rene	Varnell	Auburn	Trinity UMC Opelika	Steven	Varnell

Conference Room - Women's Walk #144

Lay Director	Kathy Nichols
Assistant Lay Directors	Lynn Mitchell Rene' Waldrop Connie Parr Sandra Many
Spiritual Director	Rev. Jamie Barkley
Assistant Spiritual Directors	Rev. Suzie Beeson Rev. Mary Quillin Rev. Steve Dean Rev. Belinda Rives
Music	Kevin Parr Sharon Irish Karen Korb
Media	Rachel Colley
Table Leaders	Dru Washburn Martha Ellis Jackie Andrews Cindy Barkley Sharon Moore Michelle Templeton
Assistant Table Leaders	Jamie Brown Helena Britton Tanya Nelson Kay Walters Sherry Ingram Angelia Windsor
Board Rep.	Judy Lovelady



“Then the two from Emmaus told their story of how Jesus had appeared to them as they were walking along the road, and how they had recognized him as he was breaking the bread.”

Luke 24:35 (NLT)

Work Areas - Women's Walk #144

SUPPORT AREA	CHAIRPERSON
AGAPE	Julia Friday, Mickie Lane
BEDTAGS	Lynnie Kopp
BOOK COVERS / BAGS	Scott & Lynn Mitchell
BOOK TABLE	Bert Beers
CANDLELIGHT	Phillip & Kathy McWhorter
ENTERTAINMENT	Kathy Ward
FRIDAY NIGHT PARTY	GRACE Reunion Group
GREETERS	Jane & Jimmy Ferguson
HOUSING & REGISTRATION	David Hagood
LOGISTICS	Tripp Bowie
MEAL PREPARATIONS	Shelton Nichols
MEAL SERVICE	Stacy Deavor
NAME TAGS	Brenda Easterwood
NEWSLETTER	Sherry Watkins
PHOTOGRAPHY	David Hagood
REFRESHMENTS	Kent & Sherry Taylor
SERENADE	Charles Hall, Lorri Schoonover
SPEAKERS' PRAYER CHAPEL	Joy Beers
SPONSORS' HOUR	Allen & Linda Brewer
72 HOUR PRAYER VIGIL	Shawn Barker
WORSHIP	Raylaine Henderson



Agape Needs:

65 of each item for Women's Walks
65 of each item for Men's Walks



In Case Of Emergency
Camp Alamisco
256-825-9482

LOST YOUR BADGE?

Contact

Brenda Easterwood at

blyn56@gmail.com

The cost to replace a lost badge is \$2.



NEWSLETTER EDITOR

Sherry Watkins,

Sherry@Go2REassistant.com

334-320-7486

Please send me articles, updates, cluster & reunion group photos and information to share with the Emmaus community.

Address, contact phone, or email changes?

Help keep your information updated. Go to

www.CAEW.org

If you don't have email or computer access, call anyone in the Community to assist you with any update needed to your current address, phone or other information.

Emmaus Work	2012 Community
72 Hour Prayer Vigil	<u>Wendy Rajan</u>
Agape	<u>Lynnie Kopp</u>
Book Table	<u>Pat Barnt</u>
Candlelight	<u>Don Ingram</u>
Food Preparation	<u>Robert Turner</u>
Friday Night Party	<u>Tracie Starr</u>
Greeters	<u>Kathy Nichols</u>
Housing and Registration	<u>Kathy Nichols</u>
Logistics	<u>Danny Sanford</u>
Meal Service	<u>Rita Carswell</u>
Music & Media	
Photography	<u>Sharon Irish</u>
Refreshments	<u>Tracie Starr</u>
Serenade	<u>Michelle Granberry</u>
Speaker's Prayer Chapel	<u>Wendy Rajan</u>
Sponsor's Hour	<u>Kay Morris</u>
Supplies	<u>Judy Lovelady</u>
Worship	<u>Darrell Pearson</u>
Registrar - Men's	<u>Jim Snyder</u>
Registrar - Women's	<u>Lynn "Mo" Moseley</u>
Name Badge Coordinator	<u>Brenda Easterwood</u>
Community Website Coordinator	<u>Allen Brewer</u>
Community Newsletter	<u>Sherry Watkins</u>
Community Spiritual Director	<u>Jamie Barkley</u>
Community Lay Director	<u>Darrell Pearson</u>
Community ALD	<u>Don Ingram</u>
Community Treasurer	<u>Michelle Granberry</u>
Community Secretary	<u>Sharon Irish</u>
Communications Coordinator	<u>Pat Barnt</u>
Community ASDs	<u>Dru Mattox, Mike Wells</u>
	& <u>David Waldrop</u>
Chrysalis Committee Chairperson	<u>Angi Rhymes</u>

2012 CAEW—CLUSTER INFORMATION

East Alabama Emmaus Cluster: Contact – Sharon Irish
mail: sharonandart@bellsouth.net - 334-887-5762
Covered dish dinners are on the first Tuesday following each walk at 6pm at Auburn UMC or Trinity UMC (Opelika).

Elmore County Emmaus Cluster: Contact – Shirley Esco
email: dsesco9696@dishmail.net - 334-569-3909
Meets the 2nd Tuesday of each month at Elmore UMC.

Lake Martin Area Emmaus Cluster : Contact – Jim Ferguson
email: thefergusons73@gmail.com
Meets on Mondays following a walk at 6:30pm and have a covered dish dinner. Rotate between Flint Hill UMC, Dadeville FUMC, Trinity UMC, and Hillabee Baptist.

Millbrook Miracles Emmaus Cluster: Contact – Jamie Brown
email: jybsphr03@aol.com - 334-462-0300
Meets at 12 noon on the 4th Sunday of each month for a covered dish meal. Odd numbered months at Millbrook FUMC and even numbered months at Robinson Springs UMC.

Montgomery Emmaus Cluster: Contact Pat Barnt
pbarnt@gmail.com - 334-279-9112
Covered dish dinners are held at Aldersgate UMC on the 4th Tuesday of each month at 6:30pm

Prattville Walkers Emmaus Cluster: Contact Brad Zimanek
iowahawks22@msn.com - 334-717-0739
or
Ed Reschke – ereschke@hotmail.com
Bring snack and drink to share. Meetings on 3rd Thursday at 6:30pm at Trinity UMC in Prattville.

Selma Emmaus Cluster: Contact – Shelton Nichols
email: sheltononree@charter.net - 334-875-2252
Covered dish dinners held the first Tuesday of each month at 6:30pm at Church Street UMC in the fellowship hall.

Valley Emmaus Cluster: Contact – Gary Harris
Email: music@lumchurch.com
Covered dish dinners are held at various church locations at 6:30pm on the Tuesday following each walk. If walks are back to back, the two walks are combined in one dinner after the second walk.



Hey.....You wanna go on a Walk to Emmaus?

Do you like receiving invitations? I sure do. I always enjoy when one of the couples from our group invite us to their house for a gathering, and I rarely turn down an invitation to join my friends and colleagues for lunch. As our kids got older, they seemed to be receiving a large number of invitations to attend birthday parties; and my wife is always being invited to go to Bunko, Book Groups, or Pampered Chef parties. An invitation communicates that someone thought about us and wanted to include us in something special. Who doesn't like that? Invitations are the heart of Emmaus sponsorship, and they communicate that we have thought about someone we know and care about and want to include them in something that is special. Allow me to share four words with you that may serve as helpful suggestions regarding Emmaus sponsorship.

Pray

Follow the leading of the Holy Spirit. Ask Him to lay on your heart the names of people whom you might invite to attend the Walk. Over the past several weeks, there has been a person in my community whom the Holy Spirit was leading me to speak to about Emmaus. We had our first Emmaus conversation just a few days ago.

Ask

As you speak to the people to whom the Holy Spirit leads you, offer to be their sponsor. At the very least, encourage them to consider who they might want to sponsor them. When I talk to someone about Emmaus, I never suggest to them that I think they "need" an Emmaus Walk, because I think that can sound very condescending. Instead, I tell people I think they would enjoy the weekend and they deserve it. Always make sure you offer the individual the choice as to whether they go or not. No one wants to feel pressured to accept an invitation. And remember, going on an Emmaus walk is not a prerequisite to getting into Heaven!

Inform

Offer as much information to the potential pilgrim as you think they will need to make their decision. If they have questions, which most people do, answer them plainly. Be willing to offer an accurate description of what they can expect: 15 talks on basic principles of Christianity, great food, a lot of laughter, and some potentially emotional surprises that will let them know they are loved unconditionally. We all feel more comfortable when we can make an informed choice, don't we? The main thing to remember is to NOT be deceptive or give fake/false information. We do not want potential pilgrims to think that they are being manipulated or told lies about the Walk to Emmaus.

Encourage

Finally, encourage your friend to prayerfully consider your invitation. Sponsorship should be born out of our prayers; and likewise, the choice to attend the Walk to Emmaus should be born out of a candidate's prayers. Offer encouragement to them. An invitation is the heart of Emmaus that we call sponsorship. A life-changing experience for one of your closest friends or for someone that you barely know could be just an invitation away.

DeColores,
Allen Brewer, CAEW #52 – Table of Paul
Community Training Coordinator, rallenbrewer@charter.net